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Abstract

Human activity, such as the operation of nuclear power plants (NPPs) and the use of radionuclides in nuclear medicine, results in the presence of artificial radionuclides in surface waters, which may even reach potable water treatment plants (PWTPs) and waste water treatment plants (WWTPs). In this study, water and sludge samples from a PWTP are radiologically monitored. The incoming water of the plant is influenced by the presence of an NPP upstream. Two WWTPs receiving wastewater from medical centres and other origins are also studied. As a result, ^{131}I , ^{60}Co and ^{137}Cs have been determined in the dewatered sludge samples from the PWTP, while ^{131}I , $^{99\text{m}}\text{Tc}$, ^{67}Ga and ^{111}In were detected in the sludge samples from the WWTPs. The radionuclide activities in the influent water from the WWTPs studied were lower than the minimum detectable activity values. Therefore, on the basis of our results, the analysis of sludge samples is very useful as it enables the concentration of any radionuclides that may be present in the incoming water. Lastly, as higher activity of ^{131}I was detected in the samples studied, the total effective dose was assessed for WWTP workers, as they handle dewatered sludge containing this radionuclide. It can be concluded that there is no risk in terms of total exposure.

Keywords	water treatment plant, artificial gamma radionuclides, sludge, nuclear power plant, nuclear medicine
Taxonomy	Inhalation Dose, External Radiation Exposure, Radioactivity in Urban Environment
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Highlights

- ^{131}I , $^{99\text{m}}\text{Tc}$, ^{67}Ga , ^{111}In , ^{60}Co , ^{137}Cs were determined in sludge from WWTP and PWTP.
- It was reported that ^{131}I was present in all the analysed sludge samples.
- The radioisotopes activity in water can be estimated through the values obtained for sludge.
- The exposure to sludge samples by the workers does not constitute any risk for them.

1 **Abstract**

2 Human activity, such as the operation of nuclear power plants (NPPs) and the use of
3 radionuclides in nuclear medicine, results in the presence of artificial radionuclides in
4 surface waters, which may even reach potable water treatment plants (PWTPs) and
5 waste water treatment plants (WWTPs).

6 In this study, water and sludge samples from a PWTP are radiologically monitored. The
7 incoming water of the plant is influenced by the presence of an NPP upstream. Two
8 WWTPs receiving wastewater from medical centres and other origins are also studied.
9 As a result, ^{131}I , ^{60}Co and ^{137}Cs have been determined in the dewatered sludge samples
10 from the PWTP, while ^{131}I , $^{99\text{m}}\text{Tc}$, ^{67}Ga and ^{111}In were detected in the sludge samples
11 from the WWTPs. The radionuclide activities in the influent water from the WWTPs
12 studied were lower than the minimum detectable activity values. Therefore, on the basis
13 of our results, the analysis of sludge samples is very useful as it enables the
14 concentration of any radionuclides that may be present in the incoming water.

15 Lastly, as higher activity of ^{131}I was detected in the samples studied, the total effective
16 dose was assessed for WWTP workers, as they handle dewatered sludge containing this
17 radionuclide. It can be concluded that there is no risk in terms of total exposure.

18

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20 **Keywords:** water treatment plant, artificial gamma radionuclides, sludge, nuclear power
21 plant, nuclear medicine

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PRESENCE OF ARTIFICIAL RADIONUCLIDES IN SAMPLES FROM POTABLE WATER AND WASTEWATER TREATMENT PLANTS

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1 **1. Introduction**

2 The population is exposed to ionizing radiations, of which radiation originating from
3 medical applications is the main artificial source of exposure in the world. In a report by
4 the United Nations Environment Programme (UNEP, 2016), the medical sources of
5 radiation to which humans are exposed are quantified as 20% of the total.

6 Nuclear medicine involves the administration of radionuclides to patients in order to
7 treat or diagnose diseases. The main and most common medical radionuclides are those
8 shown in **Table 1**. Gamma-ray emitters with short half-lives are used in diagnostic
9 applications, with ^{99m}Tc being the most widely used in gamma-ray imaging
10 (International Atomic Energy Agency, 2010; Piñero García, 2013). Beta-emitting
11 radionuclides, with a longer half-life than gamma-ray emitters, are used for therapeutic
12 treatments. For example, ^{131}I , which is a beta emitter, is mainly administered as a
13 therapeutic radiopharmaceutical to treat thyroid alterations (Veliscek Carolan *et al.*,
14 2011).

15 Besides those of medical origin, radionuclides from nuclear applications, such as
16 nuclear power plants (NPPs), also contribute to population exposure, but to a lesser
17 extent (Sohrabi *et al.*, 2013). One area of concern is the release of radionuclides from
18 NPPs under normal operating conditions or in the event of an accident. The most
19 common radionuclides originating from such waste streams are also presented in **Table**
20 **1**. In this case, they are mainly beta and gamma-ray emitters, usually with longer half-
21 lives than those used in nuclear medicine. They are fission products and some are
22 activation products.

23 As a result of all medical and NPP discharges, radioactive effluents can reach
24 wastewater treatment plants (WWTPs) and potable water treatment plants (PWTPs). In
25 the case of medical centres, the administered radiopharmaceuticals are incorporated into
26 the patient's body via different routes depending on the examination: intravenously,
27 orally or via inhalation. Depending on the administration route, the excretion pathway
28 differs (Andersson, 2017). As one of the excretion pathways is urine, radionuclides
29 generally reach the sewer system. This may be through direct patient discharges if a
30 diagnostic dose is administered, or after radioactively decaying in hospital waste storage
31 tanks if the patient remains in hospital after therapeutic treatment. During the normal
32 operation of NPPs, very small quantities of certain radionuclides are released via liquid

33 and aerosol discharges and can reach the environment. PWTPs may receive these liquid
34 radioactive effluents if the NPP is located upstream in its water catchment area.

35 Recent studies on this topic conclude that, once radionuclides have entered PWTPs or
36 WWTPs, some of them may associate and concentrate on organic particles settled
37 during the water treatment process (Montaña *et al.*, 2013; Palomo *et al.*, 2010b; Palomo
38 *et al.*, 2007). In this way, the radiological analysis of sludge samples is extremely useful
39 because it can provide valuable information about the presence of radionuclides in the
40 incoming water samples treated at these plants without needing to analyse them directly.
41 Therefore, sludge samples can be used as a sensitive indicator of the radiological
42 content of the incoming water samples (Sundell-Bergman *et al.*, 2008). With respect to
43 the environmental fate of sludges, they are reused for agricultural purposes, gardening,
44 manufacturing fertilizers and fuel, or they are disposed of in landfill sites. In Spain, the
45 management and agricultural use of the generated sludge is regulated by Royal Decree
46 1310/1990 (*Royal Decree 1310/1990U - Use of sludge from purification processes*,
47 1990). This legislation establishes the parametric values of heavy metals and other
48 parameters in the sludge generated in WWTPs. There is also national legislation to
49 protect workers, specifically due to their activity, as well as members of the public
50 (*Royal Decree 783/2001, of 6th July, which approves the Regulations on sanitary*
51 *protection against ionizing radiation*, 2001), specifying the limits of radiation doses
52 coming from an artificial or natural source.

53 Previous studies have radiologically characterized liquid effluents and solid samples
54 from WWTPs (Camacho *et al.*, 2012; Krawczyk *et al.*, 2013; Rose *et al.*, 2012), but
55 there is still limited information related to the fate and behaviour of certain
56 radionuclides in these plants, such as the case of ^{131}I (Cosenza *et al.*, 2015). In view of
57 the above and in order to contribute towards increasing the data in the field, the main
58 objective of this study is to monitor the occurrence of gamma-ray-emitting artificial
59 radionuclides in samples from a PWTP located in L'Ampolla and from two different
60 WWTPs, one located in Reus and the other in Tarragona. All these facilities are
61 influenced by the possible discharge of artificial radionuclides. In the case of the PWTP,
62 which collects water directly from the River Ebre, the main source of the potentially
63 encountered radionuclides is a NPP located upstream from the water treatment plant.
64 For the two WWTPs, the possible radiological influence is the result of the presence of
65 hospitals, the discharges from which may reach these plants. Consequently, it is

66 expected that some of the radionuclides present in the incoming waters of all these
67 plants are concentrated in the sludge generated. In addition, their presence can be
68 detected in the different compartments of the water treatment processes and handling of
69 the sludge generated may pose a potential radiological risk to workers. For this reason,
70 an exposure radiation assessment is also performed.

71 **2. Materials and methods**

72 **2.1. Studied area and sample collection**

73 The presence of artificial gamma-ray emitters was evaluated in water, wastewater and
74 sludge samples obtained from a PWTP located in L'Ampolla and from two WWTPs in
75 Reus and Tarragona.

76 The L'Ampolla PWTP, in the south of Catalonia (Spain), collects its influent water
77 directly from the River Ebre in Campredó, 70 km downstream from an NPP. The water
78 treatment performed in this facility comprises the following steps: (a) the pre-ozonation
79 of the influent water, (b) coagulant treatment with FeCl_3 , (c) flocculation of the particles
80 in suspension adding PoliDADMAC as the flocculant, (d) flocculation and lamellar
81 decantation, (e) filtration with sand bed, (f) post-ozonation, (g) filtration with granular
82 active carbon and (h) post-chlorination. The average daily water production is 2 m³/s.
83 For this study, twelve single influent water samples (2 L) were collected from this
84 PWTP, with one sample taken every month throughout 2016 (point 1, **Figure 1a**). At
85 the same plant, twelve dewatered sludge samples were collected from the centrifuge
86 (point 2, **Figure 1a**). Each sludge sample was a mixture of one single sample collected
87 once a week over the course of a month, throughout 2016.

88 The Reus WWTP receives wastewater from domestic effluents, as well as the liquid
89 effluents of a leading hospital in the field of nuclear medicine. Most of the treatments
90 performed in the hospital are diagnostic and so low therapeutic doses are administered.
91 Consequently, it is common practice to discharge radioactive effluents directly into the
92 sewage system.

93 The plant biologically treats activated sludge, performing anaerobic digestion followed
94 by dewatering with a press filter. It has an average daily flow of about 25,000 m³/day
95 for an equivalent population of 195,833 inhabitants. In short, the water treatment
96 consists of a bar screen and grit chamber, a primary settling stage and a biological

97 treatment followed by a secondary settling stage. All the solids settled in the primary
98 settling are put into a gravity sludge thickener, while those from the secondary settling
99 are put into a flotation sludge thickener. Once extracted from the digester, the sludge
100 passes through a press filter to separate the water from the solids. As shown in **Figure**
101 **1b**, six different sampling points were considered. Point 1 corresponds to hospital
102 wastewater collected from the sewage outlet pipe of the medical centre. From this
103 sampling point, a total of six samples were taken on three different days, collecting two
104 grab samples per day. As one of our objectives is to study the radioactive profile of the
105 hospital discharges, sampling was performed at 08:00 and 16:00. In the case of the rest
106 of the points (sampling points 2, 3, 4, 5 and 6), these correspond to samples taken at
107 different points in the WWTP installations. Point 2 corresponds to a wastewater sample
108 from the influent water that has previously flowed through the bar screen and the grit
109 chamber to eliminate the materials with a higher gravity than the organic biodegradable
110 solids. From this sampling point, ten samples were taken, each one being a 24 h
111 composite sample. The other sampling points (3, 4, 5, and 6) correspond to the sludge
112 line. Point 3 and point 4 correspond to the thickened sludge samples. Five samples were
113 taken from primary and secondary thickeners as grab samples, respectively. Five grab
114 samples of digested sludge were also taken (point 5). The samples from sampling points
115 3, 4 and 5 had a dry matter content below 4% (discussed in more detail in Section 3.2)
116 so they were almost liquid. Lastly, at point 6, five dewatered sludge samples from the
117 press filter were also collected. From each sampling point at the WWTP, 2 L of sample
118 was collected in polyethylene bottles between May and August 2016.

119 The incoming water at the Tarragona WWTP includes wastewater from different towns
120 in the area, but is characterized by receiving some industrial effluents and influenced by
121 a medical centre with a nuclear medicine department. As in the case of the Reus
122 WWTP, it biologically treats activated sludge and performs anaerobic digestion. It has
123 an average daily flow of about 35,000 m³/day for an equivalent population of 175,000
124 inhabitants. The water and the sludge treatment processes are similar to those followed
125 in the other WWTP (Reus). In this plant, five grab samples of dewatered sludge samples
126 were collected after the centrifuge process (point 1, **Figure 1c**). 2 L of sample was
127 collected in polyethylene bottles during August 2016.

128

129

2.2. Instrumentation

130 Gamma-ray emitters were measured with a high-resolution germanium detector (HPGe)
131 (model 2020, Canberra Industries, Meriden, USA), equipped with a standard
132 multichannel analyser. The operating conditions were: a voltage of 4,500 V, negative
133 polarity and relative efficiency of 20%. Genie 2000 software (Canberra Industries,
134 Meriden, USA) was used to acquire and analyse the information provided by the
135 gamma-ray spectra. A monoenergetic gamma-ray radionuclide GC2 cocktail (^{241}Am ,
136 ^{109}Cd , ^{139}Ce , ^{57}Co , ^{60}Co , ^{137}Cs , ^{54}Mn and ^{113}Sn), covering the energy range of 59.54 to
137 1,332.49 keV, supplied by CIEMAT (Centro de Investigaciones Energéticas,
138 Medioambientales y Tecnológicas) was used to prepare the different geometries to
139 perform this study for the energy/efficiency calibration which were: a 100 mL
140 polyethylene beaker, a 500 mL Marinelli beaker, a folded plastic film and a filter
141 geometry. The counting efficiency of the detector was determined for each photoelectric
142 peak and for each geometry used in this work in accordance with the specifications of
143 the Spanish Standard UNE-EN ISO 10703 (AENOR, 2016). For example, the efficiency
144 calibration of ^{137}Cs (661.7 KeV) is 0.0128, 0.0125, 0.0269 and 0.0338 for the 100 mL
145 polyethylene beaker, 500 mL Marinelli beaker, folded plastic film and filter geometries,
146 respectively.

147

2.3. Sample preparation and gamma-ray spectrometry measurement

148 Different methodologies for sample preparation were carried out depending on the type
149 of sample. In the case of water from the River Ebre, samples were concentrated using an
150 evaporation method (Gilfillan and Timmers, 2012; Korun, 2008; Krawczyk *et al.*, 2013;
151 Rose *et al.*, 2013), consisting of pouring 2 L of sample on a tray previously covered
152 with plastic film, before being dried at 70°C in an oven. The film containing the dry
153 residue was then folded and stored in a Petri box, which was measured for 144,000 s
154 (72,000 s for each side of the Petri box).

155 To identify and quantify artificial radionuclides with a short half-life, the wastewater
156 samples from the hospital sewage outlet pipe and the Reus WWTP influent were
157 processed immediately after arrival at the laboratory. They were placed in a 500 mL
158 Marinelli beaker and acidified with HCl 37% to pH 2 and then measured by gamma-ray
159 spectrometry. ^{131}I is generally present in water samples at environmentally low activity
160 levels (Jiménez *et al.*, 2011b), so a preconcentration step was applied to the samples.

161 This procedure consisted of vacuum filtering 1 L of each sample using glass fibre and
162 cellulose filters. Once filtered, the samples were then acidified with HCl 37% to pH < 2.
163 Next, the procedure used for ¹³¹I precipitation described by Baeza *et al.* (Baeza *et al.*,
164 2004) was applied, which basically consists of two steps. The first involves the addition
165 of 10 mL of KI at a concentration of 1.3 g/L, 0.5 g of Na₂SO₃, to reduce iodine to
166 iodide, and 5 mL of H₂SO₄ conc. Then, 10 mL of AgNO₃ at a concentration of 3.2 g/L
167 and 10 mL of H₂O₂ at a concentration of 0.3 g/L are added to obtain an Ag⁺ excess in
168 the media and eliminate S₂O₃²⁻, respectively. This pretreatment is followed by the
169 procedure established by ISO 10703:1997 (AENOR, 2016) in which 4M NaOH is used
170 to increase the pH to 9. Once the ¹³¹I is precipitated, it is collected onto eight glass-fibre
171 filters and stored in a 5 cm i.d. Petri box and then measured by gamma-ray
172 spectrometry. The counting time was 144,000 s (72,000 s for each side of the Petri box).

173 In the case of the samples from the sampling points 3, 4 and 5 (corresponding to
174 primary, secondary and digested sludge samples from the Reus WWTP), gamma-ray
175 spectrometry measurement was performed as soon as they arrived at the laboratory.
176 Each sample was placed in a 500 mL Marinelli beaker, treated with formaldehyde (to
177 prevent bacteriological growth), homogenized and then measured directly.

178 Lastly, dewatered sludge samples from the Reus WWTP filter press, Tarragona WWTP
179 centrifuge and L'Ampolla PWTP centrifuge were dehydrated in accordance with the
180 method for soil samples described by Camacho *et al.* (Camacho *et al.*, 2012). Wet
181 samples were dried at 100°C, then crushed in a ball mill and sifted using a 250 µm sieve
182 for homogenization. The samples were measured by gamma-ray spectrometry using a
183 100 mL polyethylene beaker in the case of WWTP samples and a 500 mL Marinelli
184 beaker in the case of PWTP sludge.

185 The sludge samples had different water content as well as organic matter. For this
186 reason, the procedures described in Standard Methods (APHA, 2012) focusing on the
187 determination of total solids (TS) and volatile solids (VS) were performed on each
188 sludge sample. Briefly, the TS procedure consists of evaporating the sample to dryness
189 at 105°C for 1 h. In order to determine VS content, the dry residue obtained from TS
190 procedure was then heated in a muffle furnace to 550°C for 1 h. In both procedures,
191 once the samples were at room temperature, they were weighed and then the
192 corresponding calculation was performed.

193

2.4. Gamma-ray spectrometry measurement validation

194 In order to validate the measurement under these conditions, a tap water sample taken
195 from Seibersdorf (Austria) from an intercomparison exercise conducted in 2017 by the
196 International Atomic Energy Agency (IAEA) was spiked onto eight fibre-glass filters.
197 This sample contains ^{133}Ba (the gamma-ray emission of which is 356.02 keV, similar to
198 that of ^{131}I , 364.50 keV) and ^{152}Eu , with certified activities of 0.074 Bq/filter and 0.075
199 Bq/filter, respectively. The Z-score value obtained following our method was below one
200 in both cases, with a relative bias of 2.2% and 2.3%, respectively.

201 $^{99\text{m}}\text{Tc}$ was also determined in water samples from hospital sewage and the measurement
202 was validated using a tap water sample from Seibersdorf, spiked with a mixture of fresh
203 fission products (^{95}Zr , $^{99\text{m}}\text{Tc}$, ^{99}Mo , ^{103}Ru , ^{132}I , ^{140}Ba , ^{141}Ce , ^{143}Ce , ^{144}Ce , ^{147}Nd , ^{239}Np)
204 (IAEA, 2017). The $^{99\text{m}}\text{Tc}$ certified activity value was 53.8 ± 2.0 Bq/L. In this case, the
205 Z-score value was around zero, with a relative bias of 5.4%.

206 Altogether, the results from the intercomparison of sample measurements indicate that
207 our procedure is robust and satisfactory.

208

209 3. Results and discussion

210 3.1. Activity levels in PWTP samples

211 As mentioned above, the influent water from the L'Ampolla PWTP is influenced by the
212 presence of an NPP upstream on the River Ebre, as well as from effluent from
213 municipal WWTPs discharged along the river.

214 The Program of Environmental Radiological Monitoring (PVRA) conducted by the
215 Nuclear Security Council in Spain (CSN) publishes annual figures on the effluents
216 discharged into the environment by NPPs. The incoming water of the evaluated PWTP
217 is supplied as drinking water after treatment. Therefore, the radiological quality of the
218 River Ebre water should be monitored as it is influenced by radioactive effluents from
219 the NPP. In previous studies focusing on the PWTP in L'Ampolla, such as the work by
220 Palomo *et al.* (Palomo *et al.*, 2007), tritium was quantified in almost all the samples
221 measured. The same authors obtained tritium activity values below the minimum
222 detectable activity (MDA < 0.6 Bq/L) in water from rivers not affected by the presence

223 of an NPP. This radionuclide has a cosmogenic origin and it is also released from the
224 NPP. This beta-emitting radionuclide has also been detected in two samples of our
225 study, with an activity of 3.3 Bq/L and 43.4 Bq/L, suggesting the influence of the NPP
226 on the influent water of the L'Ampolla PWTP. The tritium activity of the remaining
227 samples was below the MDA value, which is 2 Bq/L. However, it was not possible to
228 detect the presence of any artificial gamma-ray-emitting radionuclide, despite being
229 preconcentrated (MDA showed in **Table 2**). This is probably due to the low activity
230 levels at which these radionuclides are present in the evaluated samples, or larger
231 sample volumes and longer counting time are required.

232 Artificial radionuclides were also determined in dewatered sludge from the same
233 PWTP, which is influenced by the presence of a NPP upstream on the River Ebre, as it
234 has been previously confirmed by some studies performed by our research group. In
235 particular, different fission and activation products were found, such as ^{54}Mn , ^{58}Co ,
236 ^{60}Co , $^{110\text{m}}\text{Ag}$ and ^{137}Cs (Palomo *et al.*, 2010b), ^{90}Sr (Mola *et al.*, 2014) and ^{55}Fe and ^{63}Ni
237 (Fonollosa *et al.*, 2016) in PWTP sludge. In the present study, ^{60}Co and ^{137}Cs could be
238 quantified with activity levels ranging from 1.5 - 12.3 Bq/kg_{dw} (5.5 Bq/kg_{dw} average
239 activity) and 0.4 - 1.1 Bq/kg_{dw} (0.6 Bq/kg_{dw} average activity), respectively. Moreover, in
240 some of the analysed samples, ^{131}I was also found. The maximum activity level
241 determined was 1.5 Bq/kg_{dw}. The possible origin of this radionuclide is not clear. As
242 previously discussed, the River Ebre is influenced by discharges from the NPP located
243 upstream. According to the CSN, the annual ^{131}I activity released from liquid and
244 gaseous effluents of Spanish NPPs is around 1-10 MBq/y (Luque *et al.*, 2015). In view
245 of these discharges, the presence of this radionuclide in dewatered sludge is expected on
246 a monthly basis. However, the variations in the activity levels may suggest additional
247 anthropogenic contributions, probably due to discharges from outpatients treated with
248 ^{131}I living in the area (Connan *et al.*, 2008). Usually, a patient is administered a 296
249 MBq dose of ^{131}I for diagnostic purposes and the dose for treatment ranges from 555
250 MBq (outpatient) to 7,400 MBq. Annually, in Spain, the activity used for these
251 treatments is 44.40 Gb/y for diagnostic purposes and ranges between 69.38 Gb/y
252 (outpatient) and 740,000 Gb/y for therapeutic purposes (SEFM, 2002), which are higher
253 than the annual activity discharged by a Spanish NPP under normal conditions.

254

3.2. Activity levels in sewage and WWTP samples

256 In the case of hospital wastewater (point 1, **Figure 1b**), the results are shown in **Table**
257 **3**. As shown in the table, two radionuclides commonly used in nuclear medicine were
258 quantified at almost all the analysed samples: ^{99m}Tc , which is the most common
259 radionuclide used for single photon emission computed tomography studies, and ^{67}Ga ,
260 which is less commonly used in the same diagnostic treatment (Qaim, 2017). In general,
261 higher activity values were observed for ^{99m}Tc than for ^{67}Ga . The obtained values for
262 ^{99m}Tc suggest a radioactive profile of the hospital discharges, as sampling was
263 performed at different times on the same day. Based on the data provided by the
264 medical staff (personal communication, March 30th, 2018), diagnostic treatments with
265 ^{99m}Tc were mainly performed in the morning, although, on some occasions, patients
266 were also treated in the afternoon. However, in the case of ^{67}Ga , the activity levels
267 remain the same at the different times evaluated. On the sampling days, the hospital did
268 not perform any diagnostic treatment with this radionuclide. However, some days
269 before, a patient was treated with ^{67}Ga to diagnose an inflammatory lesion. Due to their
270 disease, the patient remained in the hospital for several days. Therefore, the possible
271 origin of ^{67}Ga in the analysed samples could be attributed to the excretion via that
272 patient's urine. With respect to ^{131}I , it is administered at low doses to patients who
273 require therapeutic treatments. They do not therefore remain in hospital, so the excretion
274 of this radionuclide mainly occurs away from the hospital. This explains why ^{131}I was
275 not detected in the hospital wastewater.

276 The hospital sewage enters the public sewage system and then reaches the Reus WWTP
277 (point 2, **Figure 1b**). For this reason, it was also necessary to determine the artificial
278 gamma-ray radionuclides in the influent wastewater of this plant. The possible
279 radioisotopes present in this sample may come from the hospital sewage but also from
280 outpatients. Of the ten samples collected at this sampling point, ^{131}I was the only
281 radionuclide detected in two of them, with activities of 0.07 ± 0.01 Bq/L and $0.39 \pm$
282 0.07 Bq/L. For the other samples, ^{131}I was not detected, with an MDA < 0.004 Bq/L. No
283 other radioisotopes were detected. This can be explained by the dilution that the hospital
284 sewage undergoes when mixed with domestic discharges before entering the WWTP,
285 and also by the short half-life of the isotopes used for medical purposes.

286 The results obtained in this work are in line with studies by other authors who have
287 analysed hospital effluents and WWTP influents (Chang *et al.*, 2011; Cosenza *et al.*,
288 2015; Jiménez *et al.*, 2011b; Krawczyk *et al.*, 2013). For example, Jiménez *et al.*
289 (Jiménez *et al.*, 2011b) detected the presence of ^{131}I in influent WWTP samples using a
290 precipitation method followed by liquid scintillation counting (LSC). The maximum ^{131}I
291 activity found in the influents was 2.6 Bq/kg. In another study performed by Krawczyk
292 *et al.* (Krawczyk *et al.*, 2013), $^{99\text{m}}\text{Tc}$, ^{67}Ga and ^{131}I were detected using gamma-ray
293 spectrometry in three hospital effluents from Spain (Andalucía). $^{99\text{m}}\text{Tc}$ activity levels
294 ranged from 148.7 to 2,510 Bq/L and this radionuclide was found in all hospital
295 effluents, while ^{131}I and ^{67}Ga were only found occasionally, with activity levels of 59.29
296 and 17.28 Bq/l, respectively.

297 In the case of sewage sludge samples, ^{131}I , $^{99\text{m}}\text{Tc}$, ^{67}Ga and ^{111}In were quantified in both
298 WWTPs evaluated in this study. The activity values are shown in **Table 4**. In the case
299 of the Reus WWTP, different types of sludge samples resulting from the sewage
300 treatment process were analysed. Higher activities of ^{131}I were obtained for the
301 secondary sludge than for the primary sludge. This can be justified because, even
302 though the residence time is longer, sludge is recirculated to the aerobic tank and is in
303 continuous contact with influent water. Moreover, during the digestion process with
304 anaerobic microorganisms, the organic matter present is partially eliminated as new
305 sludge is continuously added to the digester tank with a residence time of 21 days. For
306 this reason, the ^{131}I activity recorded in the digested sludge is lower than in the
307 secondary sludge. With respect to the diagnostic radionuclides, as they were detected in
308 hospital sewage samples, there were expected to be determined in the sludge samples.
309 $^{99\text{m}}\text{Tc}$ could be found intermittently in primary, secondary and digested sludge samples
310 at levels of 119.6 Bq/L, 2.6 Bq/L and 3.4 Bq/L, respectively. The heterogeneity of the
311 measured values is probably due to the fact that the medical administration of this
312 radionuclide depends on the frequency and the number of patients receiving diagnostic
313 treatments. Moreover, decay takes place during WWTP processes and this clearly
314 influences its presence. ^{67}Ga and ^{111}In were occasionally quantified at low activity
315 levels and this is logical considering that, of all the medical radionuclides found, these
316 are used to a lesser extent.

317 Dewatered sludge is the most widely studied sample from PWTPs and WWTPs in the
318 literature (Cosenza *et al.*, 2015; Montaña *et al.*, 2013; Ortiz *et al.*, 2004) because its use

319 as fertilizer or its incineration may pose a risk to the population. Therefore, this kind of
320 samples was analysed, as the evaluated WWTPs are both influenced by medical centres.
321 In our samples, ^{131}I was detected at average values of 192.35 Bq/kg_{dw} in Reus and 13.13
322 Bq/kg_{dw} in Tarragona. The higher activity values at the Reus WWTP may be attributed
323 to the fact that the Tarragona WWTP is mainly influenced by domestic and industrial
324 wastewaters and, to a lesser extent, by a medical centre. It is suspected that ^{131}I
325 therapeutic treatments are performed less frequently here. Occasionally, ^{67}Ga was
326 detected in the dewatered sludge from Reus and Tarragona, while ^{111}In was only
327 determined in Tarragona (**Table 4**).

328 ^{131}I was found in all sludge samples from the WWTP compartments. In the case of the
329 Reus WWTP, ^{131}I activity seems to follow the pattern: point 3 (Bq/L) < point 5 (Bq/L) <
330 point 4 (Bq/L) (**Table 4**). This may be related to the content of the volatile solids that
331 corresponds to the organic particles present in the sample, as stated by Cosenza *et al.*
332 (Cosenza *et al.*, 2015), who also explained that the highest organic matter content
333 corresponds to the highest ^{131}I activity because this is mainly associated with it. In our
334 case, the VS values of all the sludge samples were as follows. 1 kg of digested sludge
335 (point 5) was composed of 56 g of dry solids, 60% of which were VS. This sample
336 displayed the lowest % VS because, during the digestion process, which takes place
337 under anaerobic conditions, organic material is transformed into CO₂ and CH₄ (Appels
338 *et al.*, 2008). The VS content of primary (point 3) and secondary (point 4) sludge was
339 70% and 81%, respectively, but the TS content was too low. For this reason, although
340 the VS content was higher at points 3 and 4 than at points 5 and 6, these samples have
341 the lowest ^{131}I activity. Digested sludge (point 5) displayed lower ^{131}I activity than
342 secondary sludge (point 4). Digested sludge is held in a digester tank which is
343 continuously fed with a mix of primary and secondary sludge. Consequently, digested
344 sludge is continuously removed. The sludge remains in the digester for 21 days and
345 decay takes place. Secondary sludge has a shorter retention time but decay is also taking
346 place. This sample recirculates from the secondary settling tank to the aerobic tank,
347 which can enrich the sludge in terms of ^{131}I .

348 High levels of ^{131}I were been detected in dewatered sludge samples. This sample was
349 obtained after the dewatering process on digested sludge performed over a short period
350 of time. For this reason, it could be said that the digested sludge and dewatered sludge
351 are the same sample differentiated by their humidity content, which influences the

352 radionuclide activity concentration. Both samples were dry and analysed by gamma-ray
353 spectrometry and the same ^{131}I activity was determined.

354 It has been shown that sludge acts as a concentrator of some of the radionuclides present
355 in the incoming water of the PWTP and WWTP (Camacho *et al.*, 2012; Fonollosa *et al.*,
356 2016, 2014; Montaña *et al.*, 2013) and this was observed in the present work. Sludge
357 samples can be used as a source to estimate the theoretical activity concentration in
358 water. To illustrate this, a simple calculation can be performed to determine the activity
359 levels in the water samples. 1 L of influent water of the Reus WWTP generates 1 g of
360 dewatered sludge and 1 L of influent water from the L'Ampolla PWTP generates 0.014
361 g of dewatered sludge. The data are provided by the technical staff from those facilities
362 (personal communication, November 30th, 2017). Based on this technical information,
363 the ^{131}I activity in the water samples can be estimated. In the case of the Reus WWTP
364 and L'Ampolla PWTP, the estimated activity values are 561.8 mBq/L and 0.02 mBq/L,
365 respectively. These values relate to the activity level in the sludge samples from the
366 Reus WWTP and L'Ampolla PWTP (213.9 Bq/kg_{dw} and 1.5 Bq/kg_{dw}, respectively).
367 Therefore, using obtained activity values from sludge samples to estimate the activity in
368 water is a useful strategy because it avoids working and handling high volume of
369 samples, which is time-consuming. In this respect, Connan *et al.* (Connan *et al.*, 2008)
370 quantified ^{131}I in river water in the range of 0.4 to 11.0 Bq/L. However, in order to be
371 able to obtain these activity values, 100 L of river water was used.

372 **3.3. Exposure radiation assessment**

373 The presence of artificial radionuclides in PWTP and WWTP sludge samples is a
374 concern because workers are exposed to them when handling this kind of samples. For
375 this reason, it is important to assess the potential risk of radiological impact due to long
376 term exposure for the workers. Although different radionuclides have been found in the
377 sludge samples, our focus was the exposure due to the presence of ^{131}I in dewatered
378 sludge from the WWTP because the obtained activity levels for this isotope were
379 noticeably higher than the others and it was also present in all the analysed samples.
380 Two possible exposure pathways for workers are inhalation due to resuspended sludge
381 dust and external radiation due to proximity to the sample.
382 Using the ICRP 60 1990 formula, the effective dose from inhalation of ^{131}I was
383 calculated:

384 $E_{131I, inh} = h_{131I, inh} * J_{131I, inh} \quad (1)$

385 Where $J_{131I, inh}$ is the inhalation intake activity in Bq, using a ^{131}I activity equal to 213.9
386 Bq/kg_{dw}, which is the highest concentration of this radioisotope determined in dewatered
387 sewage sludge in this study. $h_{131I, inh}$ is the committed effective dose per unit intake for
388 inhaled ^{131}I equal to $1.10 \cdot 10^{-8}$ Sv/Bq (value published in Directive 96/29/Euratom
389 (Council of the European Union, 1996)). According to Jiménez *et al.* (Jiménez *et al.*,
390 2011a), a conservative value for the yearly amount of dust that a worker inhaled was
391 estimated to be 9,000 mg/y. The effective dose from inhalation is $2.12 \cdot 10^{-5}$ mSv/y,
392 which is lower than 1 mSv/y (the exposure limit for unexposed workers).

393 The total effective dose from external radiation as a consequence of the ^{131}I sludge
394 content is calculated using equation (2) from the work mentioned above.

395 $E_{ext} = \frac{\Gamma_{131I} \cdot A \cdot f}{d^2} \quad (2)$

396 Where $\Gamma_{131I} = 52.20 \mu\text{Gy} \cdot \text{m}^2 / \text{GBq} \cdot \text{h}$ is the ^{131}I specific gamma-ray constant (Ninkovic
397 and Adrovic, 2005). $A = 1,46 \text{ MBq}$ is ^{131}I activity of the daily dry sewage sludge
398 produced, with the average daily production being 25,000 kg. It is calculated
399 considering a maximum concentration of 213.9 Bq/kg_{dw} of ^{131}I and taking into account
400 its humidity content. $f = 2,000 \text{ h}$ per year is the conservative annual exposure time
401 (equivalent to the total number of working hours per year) and $d = 1 \text{ m}$ is the distance in
402 metres between the radioactive source and the worker. The total effective dose from
403 external radiation is $1.52 \cdot 10^{-2}$ mSv/y, which is below the dose limit for the general
404 population (1 mSv/y).

405 The total dose to which a WWTP worker is exposed is obtained by adding up the
406 previously calculated doses (effective dose from inhalation plus total effective dose
407 from external radiation), giving a total of $1.53 \cdot 10^{-2}$ mSv/y. This calculation estimates
408 the total dose exposure in the worst-case scenario, assuming that a WWTP worker is
409 dealing 2,000 h per year the highest ^{131}I activity determined in dewatered sludge. It can
410 therefore be concluded that there is no risk to WWTP workers.

411

412 **4. Conclusions**

413 The detection of artificial radionuclides in water samples is difficult due to their low
414 concentration, as waste effluents are diluted. However, evaporating and performing a
415 measurement on the dry residue significantly reduced the MDA compared to
416 measurements performed using a 500 mL Marinelli beaker. Artificial radionuclides

417 were detected in water samples collected at the sampling points at which the sample was
418 not mixed with sewage. Further studies should conduct longer collection schemes in
419 order to perform this radioisotope detection procedure on discrete hospital discharges.
420 The detection of some radionuclides in sludge samples is feasible because of the
421 accumulation capacity of the matrix. In particular, ^{131}I was detected in all sludge
422 samples, with dewatered sludge displaying the highest activity. Moreover, activity
423 levels in water could theoretically be estimated through the analysis of the
424 corresponding sludge sample, thereby simplifying the sample pretreatment procedures.
425 Although ^{131}I activity levels were found in sludge and water samples, the dewatered
426 sludge may be used for agricultural purposes and the WWTP effluent is suitable for
427 irrigating fields due to the short half-life of this radioisotope. According to the exposure
428 radiation assessment performed, it can be concluded that, from a radiological protection
429 point of view, there is no risk to WWTP workers in terms of total exposure and that the
430 main contribution to the dose to which workers are exposed is via the external exposure
431 pathway.

432

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436 Reus WWTP and Tarragona WWTP.

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562 **Table 1** Physical characteristics of common radionuclides from nuclear medicine and NPPs
 563 (Gruppen, 2010; Vertés *et al.*, 2011).

Radionuclide	Half-life	Mode of decay	E_{γ} keV (% intensity)	Origin
^{67}Ga	3.26 d	γ EC, no β^+	93.3 (39) 184.6 (21) 300.2 (16)	Diagnostic
$^{99\text{m}}\text{Tc}$	6 h	γ	141 (89)	Diagnostic
^{111}In	2.83 d	γ EC, no β^+	245.5 (94) 171.3 (90)	Diagnostic
^{131}I	8.02 d	γ, β^-	364.5 (81)	Therapeutic and diagnostic. Fission product
^3H	12.33 y	β^-		Fission product. Cosmogenic
^{54}Mn	312.19 d	EC, γ	834.8 (99)	Fission product
^{60}Co	5.27 y	β^-, γ	1173.24 (99.85) 1332.50 (99.99)	NPP reactor's steel structures
^{90}Sr	28.80 y	β^-		Fission product
^{137}Cs	30.05 y	β^-, γ	661.66 (85)	Fission product

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565

566 **Table 2** MDA from all the gamma-ray geometries used and their respective counting time

Radionuclide	Gamma-ray calibration geometries			
	100 mL beaker ^a [Bq/kg]	500 mL beaker ^a [Bq/L]	Folded plastic film ^b [Bq/L]	Filter ^b [Bq/L]
⁶⁰ Co	1.200	0.250	0.010	0.005
⁶⁷ Ga	1.500	0.510	0.100	0.005
^{99m} Tc	1.800	0.200	0.040	0.002
¹¹¹ In	0.800	0.150	0.040	0.003
¹³¹ I	1.100	0.200	0.060	0.004
¹³⁷ Cs	1.200	0.250	0.080	0.004

567 ^a Counting time: 72,000 s

568 ^b Counting time: 144,000 s

569

570 **Table 3** ^{99m}Tc and ^{67}Ga activities in daily integrated hospital sewage effluent samples (Bq/L)

Day	Sampling collection time	^{99m}Tc	^{67}Ga
1	08:00	11.7 ± 1.1	n. d. ^a
	16:00	0.9 ± 0.6	n. d. ^a
2	08:00	1268.5 ± 42.0	10.0 ± 0.6
	16:00	70.3 ± 2.4	16.9 ± 0.6
3	08:00	1738.9 ± 55.7	2.1 ± 0.6
	16:00	34.8 ± 2.7	16.4 ± 0.3

571 n.d. not detected

572 ^a ^{67}Ga MDA <0.51 Bq/L

Table 4 Gamma-ray emitting radionuclide activity in sludge from Reus and Tarragona WWTPs.

Isotopes	Reus WWTP				Tarragona WWTP
	Primary sludge [Bq/L]	Secondary sludge [Bq/L]	Digested sludge [Bq/L]	Dewatered sludge [Bq/kg _{dw}]	Dewatered sludge [Bq/kg _{dw}]
¹³¹ I	0.5 - 4.2 (1.9)	4.2 - 28.7 (18.9)	2.1 - 7.0 (5.3)	176.5 - 213.9 (192.4)	12.9 - 13.4 (13.1)
^{99m} Tc	119.6 ± 3.7*	2.6 ± 0.3*	3.4 ± 0.2*		
⁶⁷ Ga	2.9 ± 0.4*	0.8 ± 0.2*	0.8 ± 0.3*	20.4 ± 2.0*	11.4 ± 0.5*
¹¹¹ In			0.20 ± 0.03*		3.3 ± 1.1*
⁶⁰ Co					
¹³⁷ Cs					
Sludge residence time	6 - 24 h	6 - 24 h	21 d	21 d	21 d
TS (%)	4	3	1	17	
VS (%)	70	81	60	65	

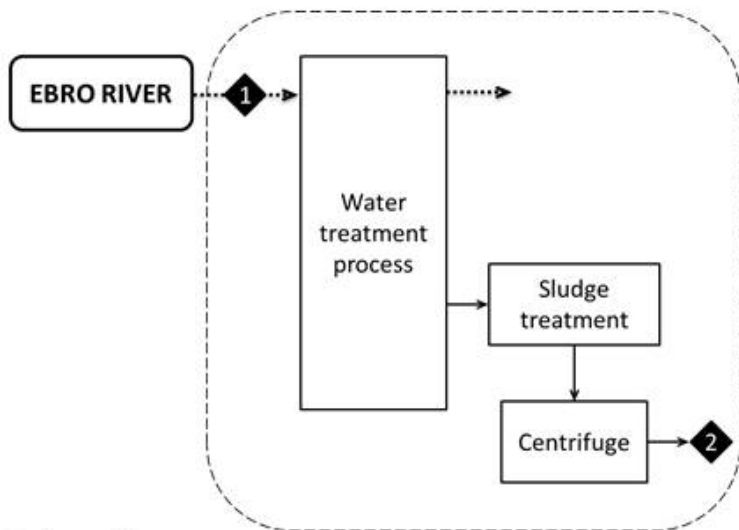
Activity expressed as minimum – maximum. Average indicated in parentheses

*Activity found in single samples. The figures refer to expanded uncertainty (k=2)

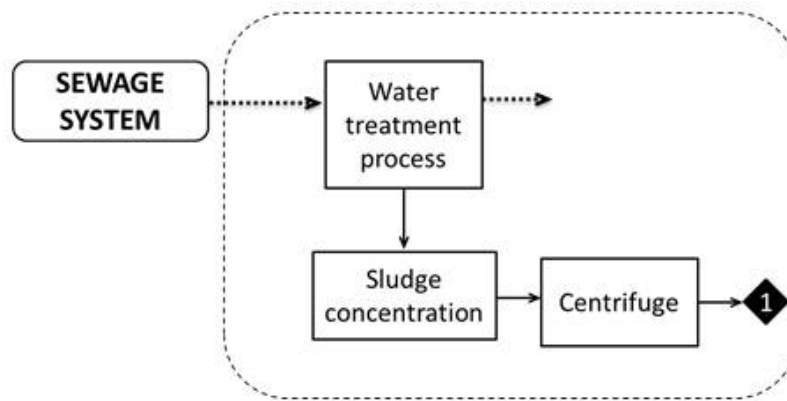
573 **FIGURE CAPTION**

574 **Fig. 1** Schematic representation of the different sampling collection points in a) the L' Ampolla
575 PTWP; b) the Reus WWTP; c) the Tarragona WWTP.

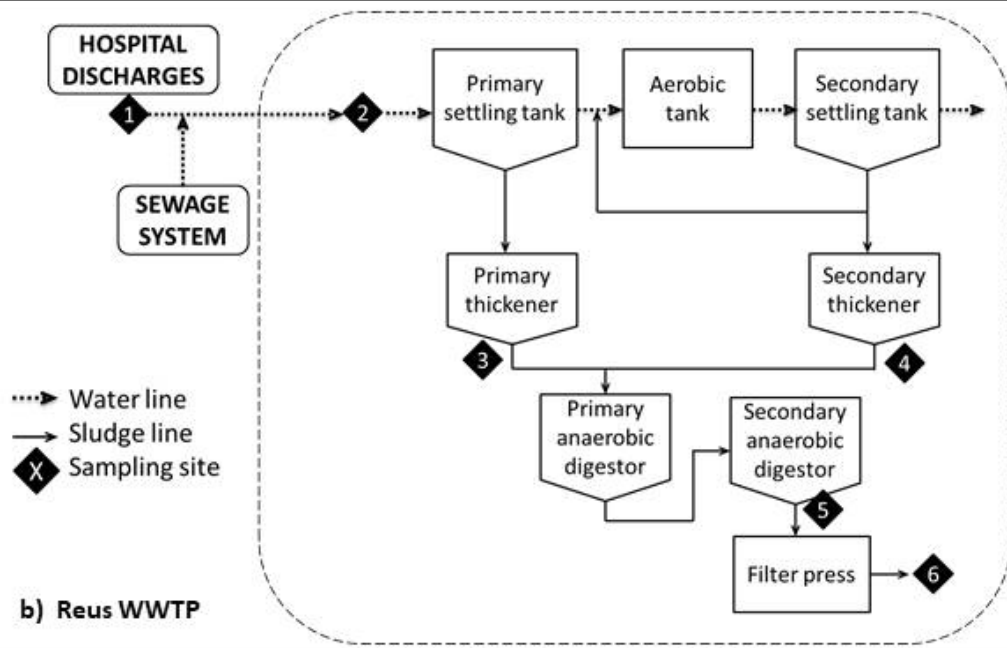
576



a) L'Ampolla PWTP



c) Tarragona WWTP



b) Reus WWTP

