



**Exogenous FABP4 increases breast cancer cell proliferation and activates the expression of fatty acid transport proteins.**

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**Title: Exogenous FABP4 increases breast cancer cell proliferation and activates the expression of fatty acid transport proteins.**

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**Abstract**

Adipose tissue plays an important role in tumour progression, through providing nutrients and adipokines to proliferating cells. FABP4 (Fatty acid binding protein 4) is a key adipokine for fatty acid transport. In metabolic pathologies, FABP4 plasma levels are increased. Despite this, the role of the circulating protein is unknown. Recent studies have demonstrated that FABP4 might have a role in tumour progression, but the molecular mechanisms involved are still unclear. In this study, we analysed the role of eFABP4 (exogenous FABP4) in breast cancer progression. MCF-7 and MDA-MB-231 breast cancer cells did not express substantial FABP4 protein, but intracellular FABP4 levels increased after eFABP4 incubation. Moreover, eFABP4 enhanced the

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3 proliferation of these breast cancer cells but did not have any effect on MCF-7 and  
4 MDA-MB-231 cell migration. Furthermore, eFABP4 increased cell viability in MDA-MB-  
5 231 cells and decreased cell cytotoxicity in MCF-7 cells. Additionally, eFABP4 induced  
6 the AKT and MAPK signalling cascades in breast cancer cells, and the inhibition of  
7 these pathways reduced the cell proliferation induced by eFABP4. Interestingly,  
8 eFABP4 increased the levels of the FoxM1 transcription factor and the fatty acid  
9 transport proteins CD36 and FABP5 in MCF-7 cells. In summary, we showed that  
10 eFABP4 plays a key role in tumour proliferation and activates the expression of fatty  
11 acid transport proteins in MCF-7 breast cancer cells.  
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### 23 Introduction

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25 Breast cancer is the most frequent malignancy in women and the second leading  
26 cause of cancer-related deaths [1]. Epidemiologic studies have indicated that obesity is  
27 associated with a higher risk of certain cancers, including postmenopausal breast  
28 cancer. This positive association may be partly explained by insulin resistance,  
29 hyperinsulinemia, sustained hyperglycaemia, glucose intolerance, oxidative stress and  
30 inflammation. Emerging research has also begun to focus on the role of circulating  
31 adipokines (i.e., adipocyte secreted factors) in breast cancer [2–4] Moreover, patients  
32 with metabolic syndrome and diabetes are at increased risk of developing  
33 postmenopausal breast cancer [5,6].  
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43 FABP4 (Fatty Acid Binding Protein 4) is an adipokine that transports fatty acids to  
44 various cellular compartments to exert their metabolic functions [7,8]. FABP4 is  
45 implicated in several critical cellular processes, such as the uptake and intracellular  
46 storage of fatty acids and the regulation of gene expression, cell proliferation, and  
47 differentiation [7].  
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53 FABP4 has gained increasing interest in recent years because we and others identified  
54 circulating FABP4 as a metabolic and vascular risk biomarker. FABP4 is released from  
55 adipocytes and macrophages and is present in human blood. High levels of this protein  
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3 are associated with some metabolic diseases, such as obesity, metabolic syndrome,  
4 type 2 diabetes and atherosclerosis, making FABP4 a good prognostic marker in the  
5 plasma for these pathologies [9–17]. Moreover, we have described that eFABP4 is  
6 involved in the control of proliferation and migration of human smooth muscle cells from  
7 the coronary artery [18].  
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10 While FABP4 was initially described in adipocytes and macrophages, current evidence  
11 has demonstrated its expression in different cell types and some tumours [19–21].  
12 FABP4 has an increasingly important role in tumour progression, but few studies have  
13 explored the relationship between FABP4 and breast cancer. FABP4 has been  
14 described as a new prognostic factor in bladder cancer, in residual disease of ovarian  
15 cancer and in obese patients with breast cancer [22–24]. Moreover, FABP4 is  
16 overexpressed in glioblastoma and could have a pro-angiogenic role, being regulated  
17 by VEGF and bFGF [20,21].  
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19 FABP4 is a mediator of interactions between bone marrow adipocytes and prostate  
20 tumour cells [25]. Exogenous FABP4 (eFABP4) promotes tumour progression in  
21 prostate cancer [26]. Finally, FABP4 is a key protein in the migration of ovarian cancer  
22 cells and is a very good target protein for the prevention or treatment of some types of  
23 cancer [19].  
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25 While much effort has been focused on uncovering the role of FABP4 in recent years,  
26 the role of eFABP4 in breast cancer is still unknown. The objective of this study is to  
27 analyse the role of eFABP4 in breast cancer progression.  
28

## 29 **Results**

### 30 **eFABP4 is internalized by breast cancer cells**

31 We demonstrated previously that eFABP4 is internalized in different cell line models  
32 [18,27]. Here, we examined the role of eFABP4 in breast cancer. First, we analysed the  
33 expression of FABP4 in MCF-7 and MDA-MB-231 cells. These breast cancer cells did  
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3 not express FABP4 protein at considerable levels (Fig 1a). Next, we assessed whether  
4 eFABP4 is internalized by breast cancer cells. We added 100 ng/ml of recombinant  
5 eFABP4 in the culture medium, and we detected eFABP4 expression by western blot  
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7 (Fig 1a; 36.79-fold increase in MCF-7 cells,  $p < 0.0001$ ; 19.13-fold increase in MDA-MB-  
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9 231 cells,  $p = 0.0002$  vs unstimulated cells) and immunofluorescence (Fig 1b, 100% in  
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11 MCF-7 and 85.14% in MDA-MB-231 cells,  $**p < 0.005$  vs unstimulated cells). These  
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13 results showed that eFABP4 is internalized in MCF-7 and MDA-MB-231 cells.  
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### 18 **eFABP4 induces breast cancer cell proliferation**

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20 After demonstrating that eFABP4 is internalized by breast cancer cells, we investigated  
21 whether eFABP4 induces breast cancer cell proliferation. A cell proliferation assay by  
22 BrdU incorporation was performed. We observed that eFABP4 increased breast cancer  
23 cell proliferation in a dose-dependent manner (Fig 2a and 2b). eFABP4 treatment (20-  
24 100 ng/ml) significantly ( $****p < 0.0001$ ) increased BrdU incorporation in MCF-7 cells  
25 compared with untreated MCF-7 cells. Moreover, 100 ng/ml of eFABP4 induced an  
26 increase in BrdU incorporation in MDA-MB-231 ( $*p = 0.0169$ ) vs untreated MDA-MB-  
27 231 cells, but lower concentrations of eFABP4 did not have this effect. eFABP4  
28 induced MCF-7 and MDA-MB-231 cell proliferation.  
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40 Next, we analysed the effect of eFABP4 on breast cancer cell migration by wound-  
41 healing assay. However, eFABP4 treatment (20-100 ng/ml) did not have any effect on  
42 MCF-7 and MDA-MB-231 cell migration at any time (6 h and 24 h) (Fig 3a and 3b),  
43 suggesting that eFABP4 does not have any effect on breast cancer cell migration.  
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48 Moreover, we also determined the effect of eFABP4 on cell cytotoxicity and viability. To  
49 define cell cytotoxicity, we used an LDH detection kit. We observed a significant  
50 reduction in LDH secretion at 48 h after eFABP4 treatment (100 ng/ml) in MCF-7 cells.  
51 On the other hand, when we examined the effect of eFABP4 on cell viability, we  
52 observed a significant increase in cell viability in MDA-MB-231 cells at 48 h after  
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3 eFABP4 treatment (100 ng/ml) (Fig 4a and 4b; \* $p < 0.05$  vs untreated cells). Thus,  
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5 eFABP4 slightly increases cell viability in MDA-MB-231 cells and reduces cell  
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7 cytotoxicity in MCF-7 cells.  
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### 9 **eFABP4 induces the AKT and MAPK pathways in breast cancer cells**

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12 The MAPK and AKT pathways play an important role in cancer progression, so we  
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14 analysed the role of eFABP4 in MAPK and AKT activation. After 5-15 min of eFABP4  
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16 treatment (100 ng/ml), we observed phosphorylation of ERK and AKT proteins (Fig 5a  
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18 and 5b; 3.09-fold increase in AKT and 4.31-fold increase in MAPK in MCF-7 cells;  
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20 2.80-fold increase in AKT and 1.67-fold increase in MAPK in MDA-MB-231 cells;  
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22 \* $p < 0.05$  and \*\* $p < 0.005$  vs. unstimulated cells), indicative of their activation.  
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26 As shown above, eFABP4 induced cell proliferation in breast cancer cells. Therefore,  
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28 we analysed whether this induction is mediated by the MAPK and AKT pathways. We  
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30 performed proliferation experiments with eFABP4 in the presence or absence of the  
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32 PI3K/AKT (LY-294002, 5  $\mu\text{M}$ ) or MAPK (PD98059, 10  $\mu\text{M}$ ) inhibitors. eFABP4 was  
33  
34 unable to induce cell proliferation in breast cancer cells in the presence of either  
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36 PI3K/AKT or MAPK inhibitors (Fig 6a MCF-7 and Fig 6b MDA-MB-231; \*\*\*\* $p < 0.0001$ ,  
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38 \* $p = 0.0169$  and # $p < 0.05$  vs untreated cells). Therefore, eFABP4 mediates cell  
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40 proliferation by MAPK and AKT pathway activation.  
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### 43 **eFABP4 increases the expression of FoxM1 in MCF-7 cells**

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45 FoxM1 is a transcription factor that controls key processes in cancer progression, such  
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47 as cell proliferation [28]; therefore, we next analysed whether eFABP4 could regulate  
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49 this transcription factor. After 24 h of treatment, eFABP4 (100 ng/ml) increased the  
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51 expression of FoxM1 protein (Fig 7a; 4.64-fold increase \* $p = 0.028$  vs untreated cells) in  
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53 MCF-7 cells. In contrast, the levels of FoxM1 in MDA-MB-231 cells did not change  
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55 significantly (Fig 7b).  
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### eFABP4 induces the expression of FABP5 and CD36 in MCF-7 cells

Because fatty acid transport proteins have been implicated in cancer progression [29], we examined whether eFABP4 has any effect on the regulation of other fatty acid transport proteins, such as FABP5 and CD36. To this end, we treated breast cancer cells with 100 ng/ml of eFABP4 for 24 h, and total cell extracts were analysed for the expression of FABP5 and CD36 by Western blotting. eFABP4 increased FABP5 and CD36 protein levels in MCF-7 cells, but not in MDA-MB-231 cells (Fig 7a and Fig 7b; 1.685-fold increase of FABP5 and 27.03-fold increase of CD36; \*\*\*\* $p < 0.0001$ , \*\*\* $p = 0.0001$  and \* $p < 0.05$  vs untreated cells). Moreover, MCF-7 and MDA-MB-231 cells were incubated with eFABP4 for 24 h, and immunofluorescence staining with anti-FABP5 and anti-CD36 was performed. Immunofluorescence images showed an increased presence of FABP5 and CD36 in MCF-7 cells that were incubated with eFABP4 compared to control cells, but no changes were found in MDA-MB-231 cells (Fig 7c and Fig 7e \*\*\*\* $p < 0.0001$  and \* $p < 0.05$  vs untreated cells for MCF-7 cells and Fig 7d and Fig 7e for MDA-MB-231 cells). Therefore, lipid metabolism-related proteins are differentially expressed and regulated in these breast cancer cell lines.

### Discussion

Adipocytes are active and important modulators of the tumour microenvironment by direct contact with neighbouring cells or by secreted adipokines [25]. In this manner, the role of some adipokines in cancer has been established [30]. Recent studies have demonstrated that autocrine, endocrine, and paracrine adipokines may contribute to the regulation of breast cancer development and progression [31,32].

FABP4 is a fatty acid transport protein implicated in some metabolic disorders. Moreover, FABP4 has been implicated in cancer cell growth and metastasis [33,34]. Despite this data, little is known about the role of FABP4 in breast cancer. In this study, we examined the role of eFABP4 in breast cancer progression.

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3 Previously, we and others have described increased levels of circulating FABP4 in  
4 individuals with some metabolic diseases. Moreover, FABP4 has a direct effect on  
5 peripheral tissues and can interact with the plasma membrane by CK1 [27]. These  
6 previous results demonstrated that circulating FABP4 is not simply a biomarker but that  
7 it may have a causal function by interacting with other cell types.  
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11 To define the role of eFABP4 in breast cancer progression, we assessed whether  
12 eFABP4 is internalized by breast cancer cells. Our results demonstrated that eFABP4  
13 was internalized in MCF-7 and MDA-MB-231 cells (Fig 1). These results agree with  
14 Uehara et al 2014 and our previous data [18,27], reinforcing the idea that eFABP4  
15 could have a central role in breast cancer cells, while FABP4 is not highly expressed in  
16 these breast cancer cells.  
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20 Next, we analysed the role of eFABP4 in cell proliferation and migration. We found that  
21 eFABP4 increased cell proliferation but not cell migration in MCF-7 and MDA-MB-231  
22 cells (Fig 2 and Fig 3). In fact, cell proliferation was affected in a dose-dependent  
23 manner. BrdU incorporation was increased with 20 to 100 ng/ml eFABP4 in MCF-7  
24 cells with 100 ng/ml eFABP4 in MDA-MB-231 cells. These concentrations are  
25 physiologically relevant because Hancke et al 2010 [24] described serum FABP4 levels  
26 of 41.16 ng/ml in obese (BMI > 25) and 24.95 ng/ml in non-obese women (BMI < 24.9).  
27 Importantly, there is a significant difference between the 20 and 100 ng/ml eFABP4  
28 results ( $p < 0.001$ ), hinting to the importance of the presence of the protein and the  
29 concentration as well.  
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33 Cell growth can be promoted by activation of a signalling network that induces  
34 pathways that are mediated by phosphoinositide 3-kinase (PI3K-AKT) and extracellular  
35 signalling kinase (MAPK-ERK). For this reason, we analysed whether eFABP4 can  
36 activate these two pathways. eFABP4 induced AKT and MAPK pathway activation  
37 defined by the detection of phospho-AKT (Ser<sup>473</sup>) and phospho-p42/p44 (Thr<sup>202</sup>/Tyr<sup>204</sup>)  
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3 (Fig 5). Therefore, eFABP4 induces cell proliferation by activating these two key  
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5 pathways.  
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8 The FOXM1 transcription factor has a central function in cell cycle progression and cell  
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10 proliferation. Moreover, FOXM1 overexpression has been identified in many types of  
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12 cancers, including breast cancer. In addition, there is also a key role for FOXM1 in  
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14 tumorigenesis, cancer progression and drug resistance [28]. We assessed whether  
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16 eFABP4 has any role in FOXM1 regulation; 100 ng/ml of eFABP4 induced FOXM1  
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18 expression in MCF-7 cells but did not have any effect in MDA-MB-231 cells. Thus,  
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20 eFABP4 can regulate cancer cell proliferation by different mechanisms: the activation  
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22 of PI3K-AKT and MAPK-ERK pathways and the induction of FOXM1 expression in  
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24 MCF-7 cells.  
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27 Several proteins have been identified to facilitate the uptake of fatty acids into cells,  
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29 and these proteins are deregulated in some cancers, such as breast cancer [29].  
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31 Accordingly, we analysed whether eFABP4 is able to induce the expression of other  
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33 fatty acid transport proteins. We described that eFABP4 increased the levels of CD36  
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35 and FABP5 in MCF-7 cells but not in MDA-MB-231 cells. MCF-7 and MDA-MB-231  
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37 breast cancer cells have differences in the regulation of lipid metabolism pathways [35].  
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39 Therefore, lipid metabolism-related proteins are differentially expressed and regulated  
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41 in these breast cancer cell lines.  
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44 The role of FABP4 in some tumours has been described previously, but in this paper,  
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46 we described a new role for eFABP4 in breast cancer. Adipose tissue has a crucial role  
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48 in breast cancer development. In fact, some adipokines from this tissue have been  
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50 implicated in breast cancer progression [2–4]. Now, we describe the role of eFABP4 in  
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52 breast cancer progression, emphasising the role of eFABP4 in cell proliferation and  
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54 regulation of expression of fatty acid transport proteins. FABP4 could have three roles  
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56 in the control of breast cancer development: 1) FABP4 could induce angiogenesis in  
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3 breast cancer tissue, as has been shown in glioblastoma [20,21]; 2) FABP4 could be  
4 over-expressed in breast cancer tissue [36], even though other authors have described  
5 the opposite expression [37]; and 3) eFABP4 from surrounding adipose tissue could  
6 have a central role in cancer progression, as we have described in this paper, and  
7 Nieman et al 2011, Uehara et al 2014 and Mauro et al 2015 previously described in  
8 ovarian and prostate cancer [19,26,31]. Moreover, the majority of FABP4 in circulation  
9 is generated from the stromal compartment [38], so the adipose tissue could have a  
10 central role in breast cancer progression.  
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20 Finally, the cross-talk between adipokines/adipose tissue and breast cancer tissue  
21 should be reciprocal. Breast cancer cells could induce fatty acid and adipokine  
22 mobilization from adipose tissue. This process could be through the control of FABP4  
23 secretion in adipose tissue by regulating the lipolysis secretory pathway [39] or the  
24 calcium-dependent secretion mechanism [40]. Moreover, interestingly, increased  
25 FABP4 release from adipose tissue has been observed in adipocytes exposed to  
26 hypoxia [41]. This condition is frequently found in tumour tissue and adipose tissue in  
27 obesity.  
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37 In summary, we described a novel role for eFABP4 in breast cancer progression.  
38 eFABP4 induces breast cancer cell proliferation by activating the PI3K-AKT and  
39 MAPK-ERK pathways. Moreover, in MCF-7 cells, eFABP4 induces the expression of  
40 the potent oncogene FOXM1 and fatty acid transport proteins CD36 and FABP5.  
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47 Thus, FABP4 might act as a paracrine adipokine and might be one of the key  
48 molecules to understand the mechanisms underlying the obesity–breast cancer  
49 progression link and the cross-talk between cancer cells and adipose tissue in non-  
50 obese patients.  
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## 54 55 **Figures**

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3 Figure 1. eFABP4 is internalized by breast cancer cells. MCF-7 and MDA-MB-231  
4 (231) cells were treated with 100 ng/ml of eFABP4 (eF100). After 24 h, the cells were  
5 lysed with 2% SDS buffer, and western blot (Fig 1a) or immunofluorescence (Fig 1b)  
6 was performed. The results are expressed as the mean  $\pm$  SEM of three independent  
7 experiments. \*\*\*\*  $P < 0.0001$  and \*\*\* $p = 0.0002$  vs untreated cells.  
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13 Figure 2. Effect of eFABP4 on the proliferation of breast cancer cells. Effect of eFABP4  
14 (20-100 ng/ml) on the proliferation of MCF-7 (Fig 2a) and MDA-MB-231 (Fig 2b) cells  
15 was assessed by BrdU incorporation. The results are expressed as the mean  $\pm$  SEM of  
16 three independent experiments run in quintuplicate. \*\*\*\* $p < 0.0001$ , \*\*\* $p < 0.0002$  and  
17 \* $p = 0.0169$  vs untreated cells.  
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23 Figure 3. Effect of eFABP4 on the migration of breast cancer cells. After reaching  
24 confluence, MCF-7 and MDA-MB-231 cells were treated with eFABP4 (20-100 ng/ml)  
25 at different times. A wound-healing assay was performed, and the % of migration was  
26 measured in MCF-7 (Fig 3a) and MDA-MB-231 (Fig 3b) cells. The results are  
27 expressed as the mean  $\pm$  SEM of three independent experiments run in quintuplicate.  
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33 Figure 4. Effect of eFABP4 on cytotoxicity and cell viability of breast cancer cells. Effect  
34 of eFABP4 (100 ng/ml) on cytotoxicity was assessed using an LDH detection kit at 24 h  
35 and 48 h. Moreover, the effect of eFABP4 (100 ng/ml) on cell viability was assessed  
36 using the Cell Titer Glo Detection Kit at the same times. Cytotoxicity (Fig 4a) and cell  
37 viability (Fig 4b) were measured in MCF-7 and MDA-MB-231 cells. The results are  
38 expressed as the mean  $\pm$  SEM of three independent experiments run in triplicate  
39 (\* $p < 0.05$ ).  
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51 Figure 5. Effect of eFABP4 on the AKT and MAPK pathways in breast cancer cells.  
52 The effect of eFABP4 (100 ng/ml) on the AKT (Fig 5a. MCF-7 left, MDA-MB-231 right)  
53 and MAPK (Fig 5b. MCF-7 left, MDA-MB-231 right) pathways was assessed by  
54 western blot at short times. Representative western blots and relative densitometric  
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3 analyses are shown. The results are expressed as the mean  $\pm$  SEM of three  
4 independent experiments. \* $p < 0.05$  and \*\* $p < 0.005$  vs. unstimulated cells (control).  
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8 Figure 6. Effect of AKT and MAPK pathway inhibition on eFABP4 cell proliferation  
9 induction in breast cancer cells. AKT (LY-294002, 5  $\mu$ M) and MAPK (PD98059, 10  $\mu$ M)  
10 inhibitors were added to breast cancer cells to assess the pathways activated upon  
11 eFABP4 (100 ng/ml) treatment. BrdU incorporation was analysed. The results are  
12 expressed as the mean  $\pm$  SEM of three independent experiments. \*\*\*\* $p < 0.0001$ ,  
13 \* $p = 0.0169$  and # $p < 0.05$  vs untreated cells.  
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21 Figure 7. Regulation of the expression of fatty acid transport proteins by eFABP4.  
22 MCF-7 and MDA-MB-231 (231) cells were treated with 100 ng/ml of eFABP4 (eF100).  
23 After 24 h, the cells were lysed with 2% SDS buffer, and western blot (Fig 7a and Fig  
24 7b; \*\*\*\* $p < 0.0001$ , \*\*\*  $p = 0.0001$  and \* $p < 0.05$  vs untreated cells) or immunofluorescence  
25 (Fig 7c-MCF-7 cells, 7d-MDA-MB-231 cells and 7e; \*\*\*\* $p < 0.0001$  and \* $p < 0.05$  vs  
26 untreated cells) was performed. The results are expressed as the mean  $\pm$  SEM of three  
27 independent experiments.  
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## 35 36 **MATERIALS AND METHODS**

### 37 38 **Cell culture and reagents**

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40 Human MCF-7 and MDA-MB-231 breast cancer cells were kindly provided by  
41 Professor Eric W. Lam (Department of Surgery and Cancer, Imperial College London,  
42 Hammersmith Hospital Campus, London, UK). The cells were cultured in Dulbecco's  
43 modified Eagle's medium (DMEM) supplemented with 10% foetal calf serum, 1 mM  
44 glutamine, 1 mM penicillin-streptomycin and 1 mM NEAA (Biowest, Nuaille, France) in  
45 a humidified incubator at 37°C with 5% CO<sub>2</sub>. Before the initiation of the assays, the  
46 cells were changed into DMEM supplemented with 0.1% FBS for 24 h.  
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3 MCF-7 and MDA-MB-231 cells were treated with increasing concentrations (20, 40 and  
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5 100 ng/ml) of recombinant FABP4 (eFABP4) (Biovendor, Brno, Czech Republic) for 24  
6  
7 h. To study the activation of proliferation pathways in these cells, the PI3K inhibitor  
8  
9 LY294002 (5  $\mu$ M) and the MAPK inhibitor PD98059 (10  $\mu$ M) (Calbiochem-Merck,  
10  
11 Darmstadt, Germany) were used.

### 12 13 14 **Western blotting**

15  
16 MCF-7 and MDA-MB-231 cells were lysed in 2% SDS buffer (2% SDS and 67 mmol/l  
17  
18 Tris HCl pH 6.8). Protein concentrations were determined using the Lowry assay. Thirty  
19  
20 micrograms of total protein were separated on 10% SDS-PAGE gels and transferred to  
21  
22 nitrocellulose membranes using an iBlot® Dry Blotting System (Life Technologies,  
23  
24 Madrid, Spain). Antibodies against AKT, pAKT (Ser473), p44/p42 MAPK (Erk1/2), p-  
25  
26 p44/p42 MAPK (Erk1/2) (Thr202/Tyr204) and GAPDH were obtained from Cell  
27  
28 Signalling Technology, Inc. (Beverly, MA, USA). The FOXM1 (C-20) antibody was  
29  
30 obtained from Santa Cruz Biotechnology (Dallas, Texas, USA). The FABP5 antibody  
31  
32 was obtained from (R&D Systems, Inc., Minneapolis, USA). The CD36 antibody was  
33  
34 obtained from (Abcam plc, Cambridge, UK). Membranes were incubated with the  
35  
36 appropriate HRP-conjugated secondary antibody (Dako, Glostrup, Denmark). The  
37  
38 bands were visualized using ECL reagents (GE Healthcare Europe GmbH, Barcelona,  
39  
40 Spain) with the ChemiDoc image system and quantified with Image Lab software,  
41  
42 version 5.2 (Bio-Rad, USA). The ratio of target proteins to GAPDH was used to reflect  
43  
44 the relative levels of the target proteins.

### 45 46 47 **Immunofluorescence microscopy**

48  
49 MCF-7 and MDA-MB-231 cells were incubated in chambered slides (Nunc, Roskilde,  
50  
51 Denmark) with or without eFABP4 (100 ng/ml) for 24 h, fixed with 4%  
52  
53 paraformaldehyde (Sigma-Aldrich, USA) for 15 min at room temperature and washed  
54  
55 at each step three times with DPBS (GIBCO®, Life Technologies, Alcobendas-Madrid,  
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Spain). The cells were permeabilized after fixation with a solution containing DPBS, 2% FBS, 0.1% BSA, and 0.1% Triton X-100 for 5 min at RT. Then, blocking solution was added for 20 min at RT. The cells were incubated for 1 h at 37°C with FABP4, FABP5 and CD36 antibodies and further incubated with Alexa Fluor® 488 anti-goat and rhodamine anti-mouse antibodies (Invitrogen Life Technologies, Alcobendas-Madrid, Spain) for 1 h at RT. The antibodies were diluted in blocking solution (DPBS, 2% FBS, and 0.1% BSA). The cells were incubated with the nuclear stain DAPI (4',6-diamidino-2-phenylindole, dilactate) (Life Technologies, Alcobendas-Madrid, Spain) for 5 min. Immunofluorescence images were captured with an Olympus IX71 inverted microscope, processed with Cell<sup>^</sup>F Software (Olympus, Shinjuku-ku, Tokyo, Japan) and quantified with ImageJ (Fiji, Madison, WI, USA).

### **Cell proliferation studies**

The cell proliferation assay was performed with a colorimetric bromodeoxyuridine (BrdU) enzyme-linked immunosorbent assay (ELISA) kit (Roche Diagnostics, Basel, Switzerland), according to the manufacturer's instructions. Briefly, 10,000 cells were seeded into a 96-well microplate and cultured with increasing concentrations of eFABP4 (20-200 ng/ml) and LY294002 (5  $\mu$ M) or PD98059 (10  $\mu$ M) for 24 h. The cells were labelled with BrdU labelling reagent overnight. After fixation, the cells were incubated with an anti-BrdU antibody for 90 min. Finally, 100  $\mu$ l of substrate (tetramethylbenzidine) was added to each well, and the plates were incubated at room temperature for 30 min. The absorbance at 450 nm was measured with an ELISA reader (Synergy H4, Biotek, USA).

### **In vitro wound-healing assay**

MCF-7 and MDA-MB-231 cells were cultured in 12-well plates until they reached confluence. Then, the cells were maintained for 24 h in 0.1% FBS medium. A single scratch wound was created in the centre of the cell monolayer by gently removing the

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2  
3 attached cells with a sterile plastic pipette tip. The cells were incubated with eFABP4  
4 (20-200 ng/ml), and images were taken at 0 h and then every 2 h until 24 h of  
5 treatment; the images were compared to quantify the migration rate of the cells. The  
6 closure of the wound represented 100% migration. The cell images were captured  
7 using a microscope (Olympus IX71, Spain) and analysed using imaging software  
8 (Xcell).  
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### 11 12 13 14 15 16 **Viability analysis**

17  
18 MCF-7 and MDA-MB-231 cells were seeded at 7,500 cells/cm<sup>2</sup> in p96 plates. The cells  
19 were starved in 0.1% FBS-containing medium for 24 h and treated with eFABP4 (20-  
20 200 ng/ml). The CellTiter-Glo® Luminescent Cell Viability Assay was performed  
21 according the manufacturer's protocol. To determine the number of viable cells in  
22 culture, the amount of ATP present was quantitated (Promega Biotech Ibérica, SL.,  
23 Alcobendas, Madrid).  
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### 32 **Cytotoxicity analysis**

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34 MCF-7 and MDA-MB-231 cells were seeded at 10,000 cells/cm<sup>2</sup> in p96 plates. The  
35 cells were starved in 0.1% FBS-containing medium for 24 h and treated with eFABP4  
36 (20-200 ng/ml). A cytotoxicity assay was performed by analysing LDH release into the  
37 medium using the Cytotoxicity Detection Kit (Roche Diagnostics, Roche Diagnostics,  
38 Sant Cugat del Valles-Barcelona, Spain).  
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### 45 **Statistics**

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47 The results represented the means  $\pm$  SEM of at least 3 separate experiments.  
48 Differences between the means were determined using a t test (2-tailed). The  
49 differences were considered significant at  $p < 0.05$ . GraphPad Prism 6.01 software  
50 (GraphPad Software Inc., La Jolla, CA, USA) was used for the statistical analyses.  
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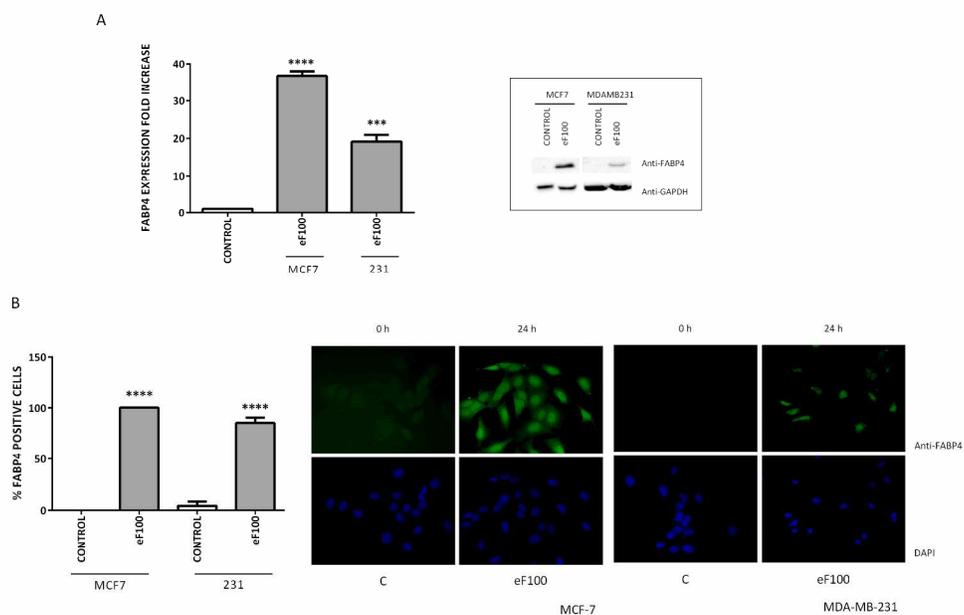
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For Peer Review



29 Figure 1. eFABP4 is internalized by breast cancer cells. MCF-7 and MDA-MB-231 (231) cells were treated  
 30 with 100 ng/ml of eFABP4 (eF100). After 24 h, the cells were lysed with 2% SDS buffer, and western blot  
 31 (Fig 1a) or immunofluorescence (Fig 1b) was performed. The results are expressed as the mean  $\pm$  SEM of  
 32 three independent experiments. \*\*\*\*  $P < 0.0001$  and \*\*\*  $p = 0.0002$  vs untreated cells.

281x181mm (300 x 300 DPI)

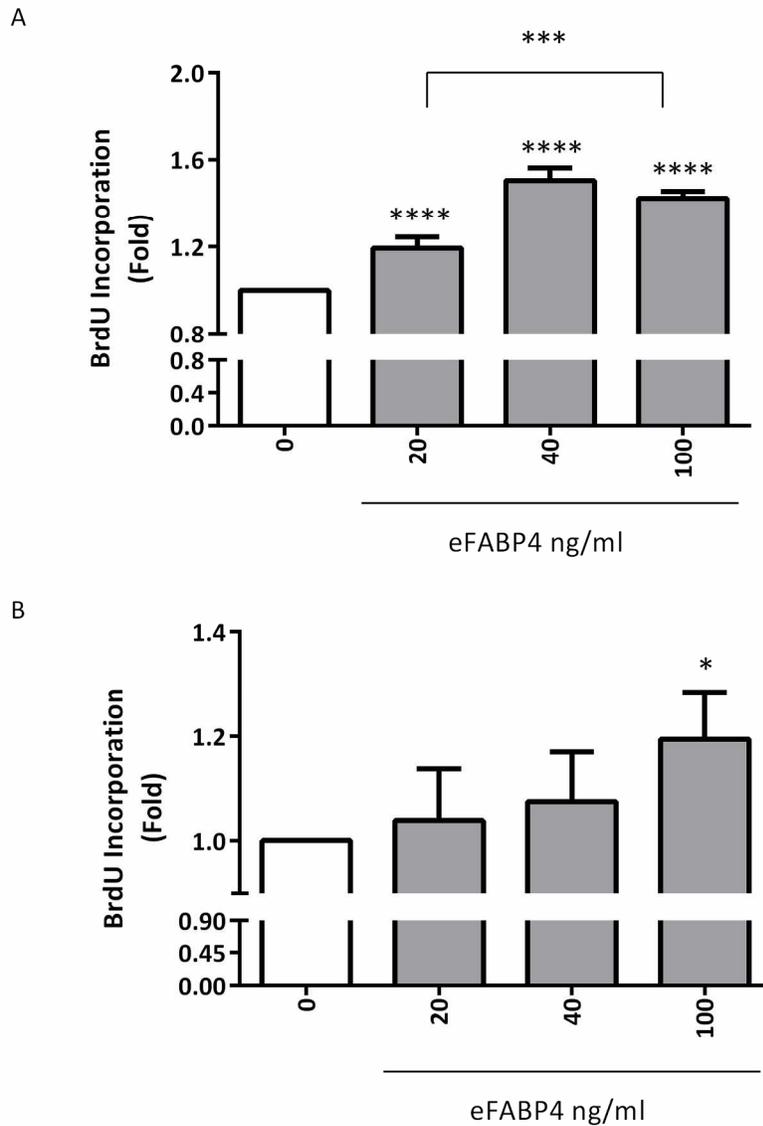


Figure 2. Effect of eFABP4 on the proliferation of breast cancer cells. Effect of eFABP4 (20-100 ng/ml) on the proliferation of MCF-7 (Fig 2a) and MDA-MB-231 (Fig 2b) cells was assessed by BrdU incorporation. The results are expressed as the mean  $\pm$  SEM of three independent experiments run in quintuplicate.

\*\*\*\* $p < 0.0001$ , \*\*\* $p < 0.0002$  and \* $p = 0.0169$  vs untreated cells.

150x215mm (300 x 300 DPI)

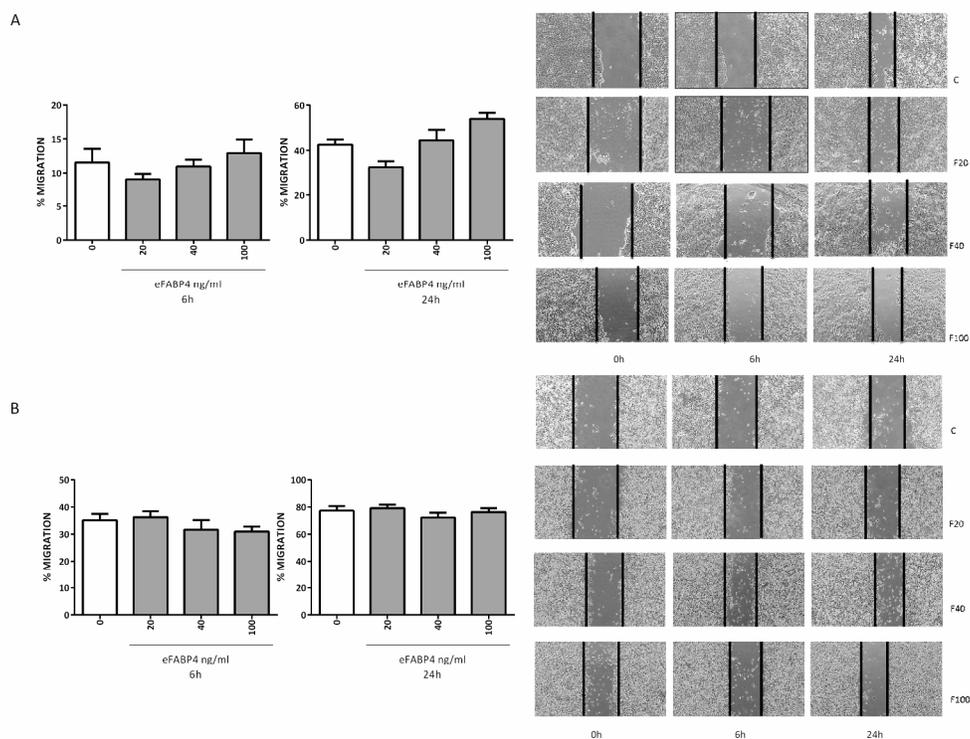


Figure 3. Effect of eFABP4 on the migration of breast cancer cells. After reaching confluence, MCF-7 and MDA-MB-231 cells were treated with eFABP4 (20-100 ng/ml) at different times. A wound-healing assay was performed, and the % of migration was measured in MCF-7 (Fig 3a) and MDA-MB-231 (Fig 3b) cells. The results are expressed as the mean  $\pm$  SEM of three independent experiments run in quintuplicate. 281x215mm (300 x 300 DPI)

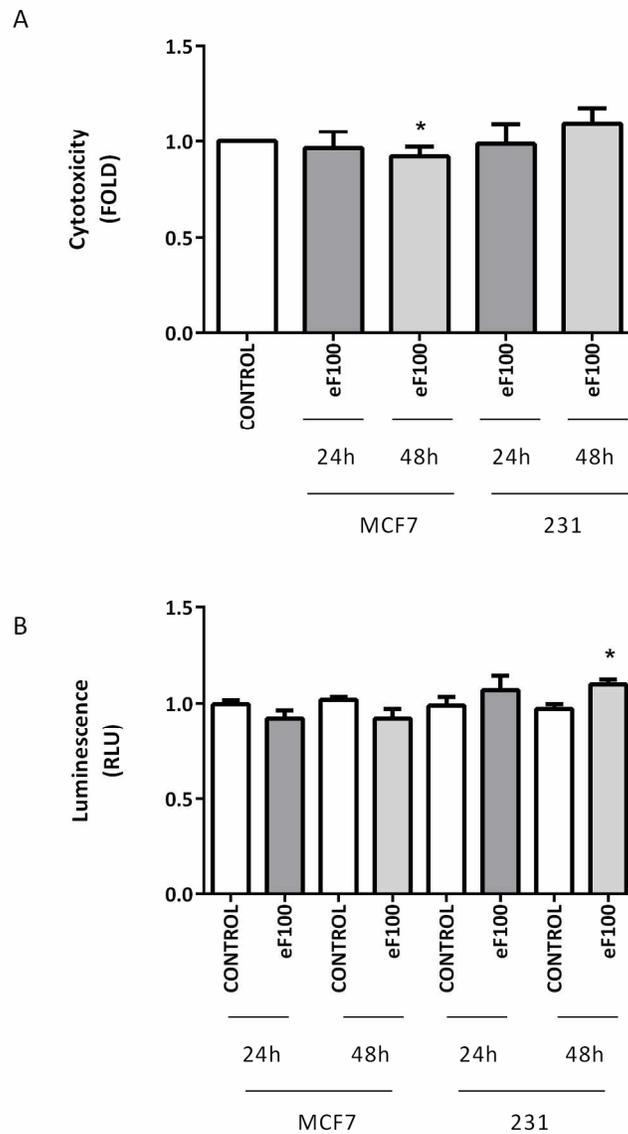
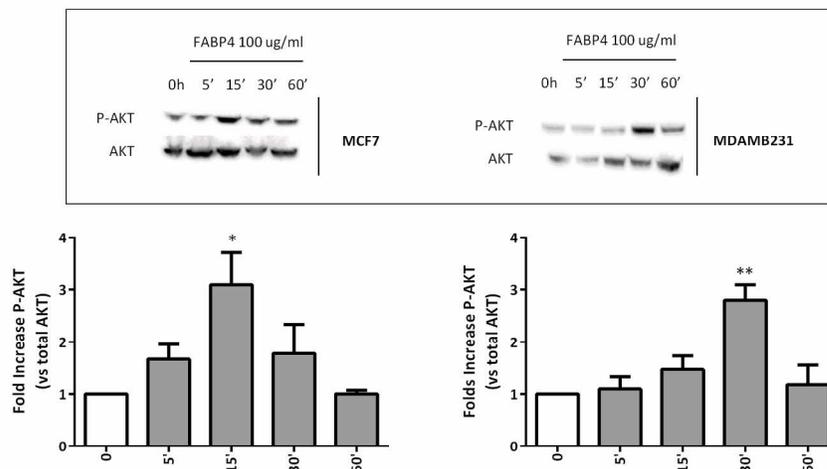


Figure 4. Effect of eFABP4 on cytotoxicity and cell viability of breast cancer cells. Effect of eFABP4 (100 ng/ml) on cytotoxicity was assessed using an LDH detection kit at 24 h and 48 h. Moreover, the effect of eFABP4 (100 ng/ml) on cell viability was assessed using the Cell Titer Glo Detection Kit at the same times. Cytotoxicity (Fig 4a) and cell viability (Fig 4b) were measured in MCF-7 and MDA-MB-231 cells. The results are expressed as the mean  $\pm$  SEM of three independent experiments run in triplicate (\* $p < 0.05$ ).  
121x211mm (300 x 300 DPI)

A



B

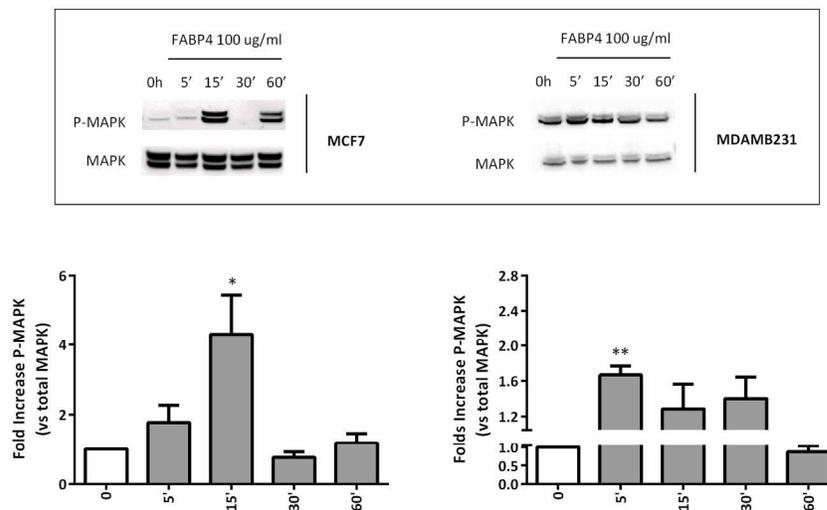


Figure 5. Effect of eFABP4 on the AKT and MAPK pathways in breast cancer cells. The effect of eFABP4 (100 ng/ml) on the AKT (Fig 5a. MCF-7 left, MDA-MB-231 right) and MAPK (Fig 5b. MCF-7 left, MDA-MB-231 right) pathways was assessed by western blot at short times. Representative western blots and relative densitometric analyses are shown. The results are expressed as the mean  $\pm$  SEM of three independent experiments. \* $p < 0.05$  and \*\* $p < 0.005$  vs. unstimulated cells (control).

181x206mm (300 x 300 DPI)

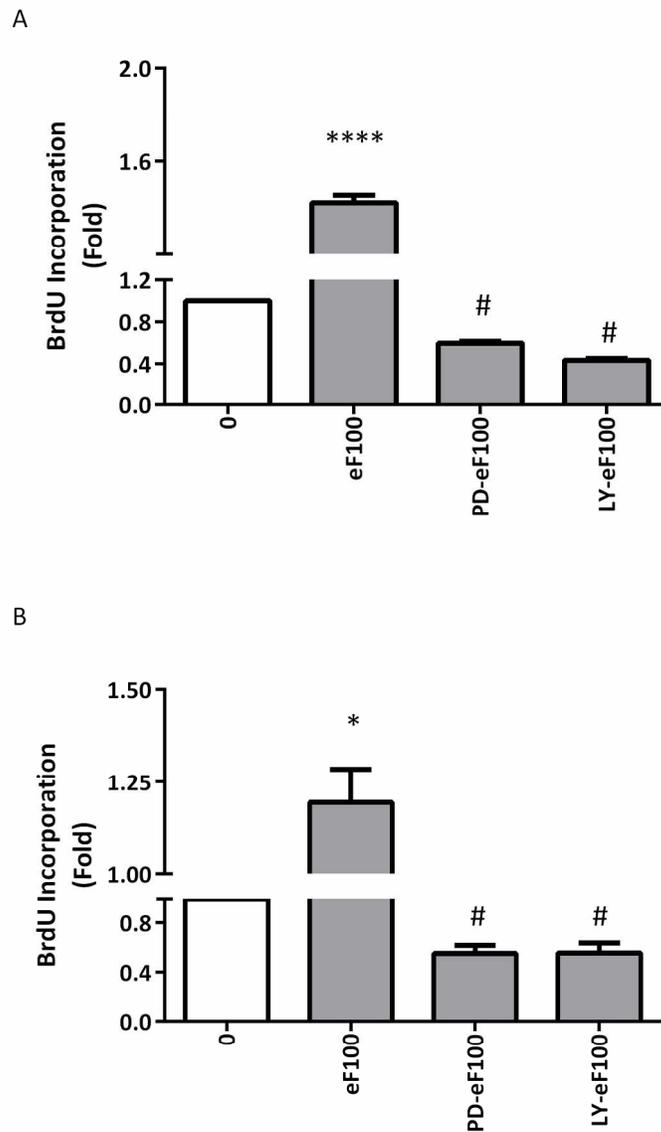
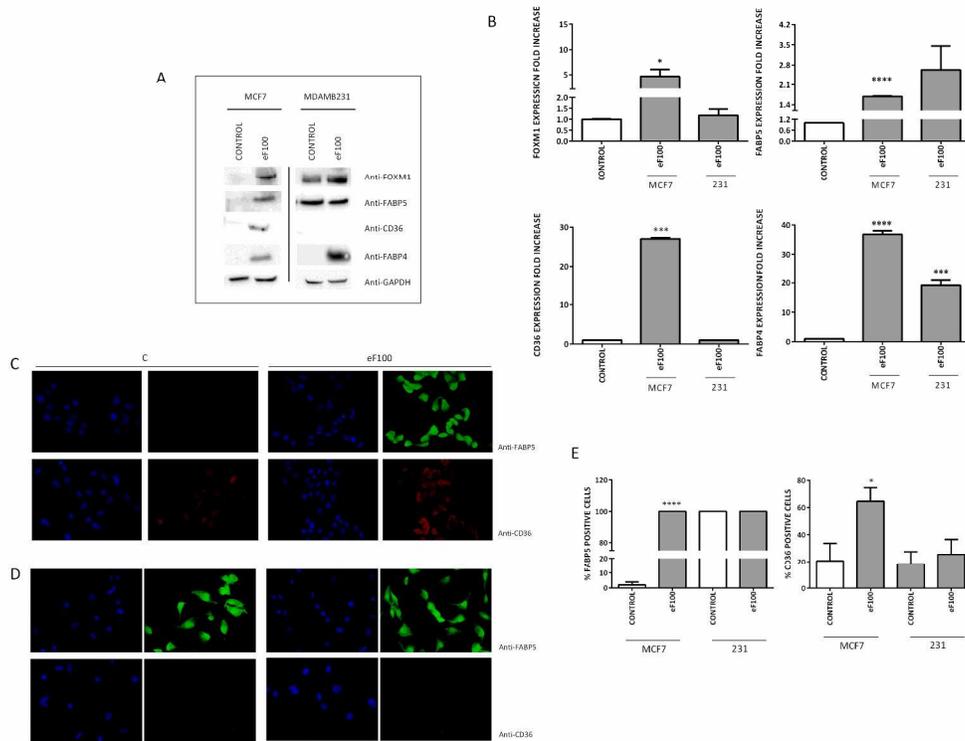


Figure 6. Effect of AKT and MAPK pathway inhibition on eFAPB4 cell proliferation induction in breast cancer cells. AKT (LY-294002, 5  $\mu$ M) and MAPK (PD98059, 10  $\mu$ M) inhibitors were added to breast cancer cells to assess the pathways activated upon eFAPB4 (100 ng/ml) treatment. BrdU incorporation was analysed. The results are expressed as the mean  $\pm$  SEM of three independent experiments. \*\*\*\* $p$ <0.0001, \* $p$ =0.0169 and # $p$ <0.05 vs untreated cells.  
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33 Figure 7. Regulation of the expression of fatty acid transport proteins by eFABP4. MCF-7 and MDA-MB-231  
34 (231) cells were treated with 100 ng/ml of eFABP4 (eF100). After 24 h, the cells were lysed with 2% SDS  
35 buffer, and western blot (Fig 7a and Fig 7b; \*\*\*\*p<0.0001, \*\*\* p=0.0001 and \*p<0.05 vs untreated cells)  
36 or immunofluorescence (Fig 7c-MCF-7 cells, 7d-MDA-MB-231 cells and 7e; \*\*\*\*p<0.0001 and \*p<0.05 vs  
37 untreated cells) was performed. The results are expressed as the mean  $\pm$  SEM of three independent  
38 experiments.

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