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# Immune response profile of primary tumour, sentinel and non-sentinel axillary lymph nodes related to metastasis in breast cancer: an immunohistochemical point of view. --Manuscript Draft--

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Abstract:	Approximately 1.67 million new cases of breast cancer (BC) are diagnosed annually, and patient survival significantly decreases when the disease metastases. The axillary lymph nodes (ALNs) are the main doorway for BC tumoral cell escape, through which cells can disseminate to distant organs. The immune response, which principally develops in the lymph nodes, is linked to cancer progression, and its efficacy at controlling tumoral growth is compromised during the disease. Immunohistochemistry (IHC) is one of the most widely used research techniques for studying the immune response. It allows the measurement of the expression of particular markers related to the immune populations. This review focuses on the role of the immune populations in the primary tumour in the locoregional metastasis of the ALN, and the relationship of the immune response in these regions to distant metastasis. We considered only studies of immune cells using IHC techniques. In particular, lymphocytes, macrophages and dendritic cells all play important roles in BC and have been extensively studied. Although further research is needed, there is much evidence of their role in the invasion of the ALN and distant organs. Their association with tumoral growth or protection has not yet been demonstrated decisively and is very likely to be determined by a combination of factors. Moreover, even though IHC is a widely used technique in cancer diagnosis and research, there is still room for improvement, since its quantification needs to be properly standardized.				
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	1	Immune response profile of primary tumour, sentinel and non-
1 2	2	sentinel axillary lymph nodes related to metastasis in breast
3 4	3	cancer: an immunohistochemical point of view
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#### 1 Abstract

Approximately 1.67 million new cases of breast cancer (BC) are diagnosed annually, and patient survival significantly decreases when the disease metastases. The axillary lymph nodes (ALNs) are the main doorway for BC tumoral cell escape, through which cells can disseminate to distant organs. The immune response, which principally develops in the lymph nodes, is linked to cancer progression, and its efficacy at controlling tumoral growth is compromised during the disease. Immunohistochemistry (IHC) is one of the most widely used research techniques for studying the immune response. It allows the measurement of the expression of particular markers related to the immune populations. This review focuses on the role of the immune populations in the primary tumour in the locoregional metastasis of the ALN, and the relationship of the immune response in these regions to distant metastasis. We considered only studies of immune cells using IHC techniques. In particular, lymphocytes, macrophages and dendritic cells all play important roles in BC and have been extensively studied. Although further research is needed, there is much evidence of their role in the invasion of the ALN and distant organs. Their association with tumoral growth or protection has not yet been demonstrated decisively and is very likely to be determined by a combination of factors. Moreover, even though IHC is a widely used technique in cancer diagnosis and research, there is still room for improvement, since its quantification needs to be properly standardized. 

19 Keywords: Breast cancer; immune response; tumoral microenvironment;
 20 immunohistochemistry; lymphocytes; macrophages; dendritic cells

## 1 Introduction

Cancer is the second leading cause of death worldwide (WHO 2018). In 2012, 14.1 million new cases and 8.2 million deaths were estimated to have happened globally (Ferlay et al. 2015), while in 2018, cancer mortality increased to 9.6 million deaths (WHO 2018). The most frequent cancer in women is breast cancer (BC), which accounted for approximately 15% of all cancer deaths in 2018 (WHO 2018). It has been estimated that approximately 12.4% of women will be diagnosed with BC during their lifetime (SEER Cancer Stat Facts: Female Breast Cancer 2018).

Distant metastasis is the main cause of death in BC patients, and lymph nodes (LNs) are the main doorway for tumoral cell escape from the primary site to other regions of the body (Lorusso and Ruegg 2012). In particular, the sentinel lymph nodes (SLNs) are the type of lymph node to which cancer is most likely to spread from the primary tumour, and become part of the locoregional metastasis of the tumour, since the cancer cells appear first in the SLN before spreading to other LNs, mainly in the axilla (Maguire and Brogi 2016). The presence of tumoral cells in the axillary lymph nodes (ALNs) is a bad prognosis factor (Zhang et al. 2017). Two-thirds of the patients diagnosed with ALN metastasis will develop distant metastases, and approximately 6% of BC patients present distant metastases at diagnosis (Lorusso and Ruegg 2012). By then, distant metastatic BC is usually incurable (Nienhuis et al. 2015) and, according to data from the National Cancer Institute, 73% of women with distant BC metastasis succumb to the disease within 5 years of their diagnosis (SEER Cancer Stat Facts: Female Breast Cancer 2018).

The low survival rate of patients with metastatic cancer highlights the utmost importance of understanding the mechanisms that lead to the spread of BC, first to the ALNs and later to distant sites. The immune system plays an important role in the cancer progression, detecting and eliminating tumour cells, and thereby protecting against tumour outgrowth (Gardner and Ruffell 2016; Hanahan and Coussens 2012; Zitvogel et al. 2008). Nevertheless, cancer development stimulates a particular microenvironment in the affected area that suppresses the immune response of the host, either by activating specific regulatory pathways related to the inhibition of the immune system, or by developing characteristics to prevent it being recognised by the immune cells (Chen and Mellman 2017; Gajewski et al. 2006; Mittal et al. 2014). Scientists have paid particular attention to this immune microenvironment because of its potential role in the treatment of cancer (Spranger et al. 2013), although further research is needed. Even though BC is not considered as a highly immunogenic tumour (Gingras et al. 2015), several studies have highlighted the important role played by the immune response in prognosis (Denkert et al. 2010; Gu-Trantien et al. 2013; Loi 2013; Loi et al. 2013), tumour progression, pathological complete response to neoadjuvant therapy, and the relapse and survival of BC patients (de la Cruz-Merino et al. 2013).

A range of techniques are being used to study BC tissues (Song et al. 2016). In particular, immunohistochemistry (IHC), one of the most widely applied techniques in the field of pathology (Peng et al. 2017; Van Bockstal et al. 2018), is used as a biomarker diagnostic tool. As well as providing differential diagnostics, IHC can be used to identify prognostic and predictive markers and to decide specific treatments for cancer patients (Slodkowska and Rojo 2011). In the last twenty years, the number of studies using IHC has tripled (Kalyuzhny 2009). Screening for biomarkers related to patients' outcomes places more responsibility on the pathologist in making decisions about therapy (Kalyuzhny 2009; Slodkowska and Rojo 2011). The uses of IHC in BC patients include the classification of their molecular profile, the determination of the best therapy or approach to the disease, and the characterization of specific cell populations (Burugu et al. 2017). In particular, many scientists use IHC to study the immune response and microenvironment in cancer in order to predict its behavior and outcome (Burugu et al. 2017; Fridman et al. 2011; Goto et al. 2018).

Taking into account the high percentage of deaths in BC patients with distant metastasis, the implications of the immune response in BC development, and the widespread use of IHC in pathology departments, we decided to collect information related to studies that have evaluated the immune infiltrates in BC patients using IHC. Thus, the scope of this review was to produce a comprehensive summary and to consider the most recent updates about the immune microenvironment in the primary tumor, ALNs and distant metastases, and the role played by the immune response in the SLN and ALNs in the development of distant metastases (Fig 1.).

# Locoregional nodal metastasis: involvement of the immune response in the primary tumour and axillary lymph nodes

Several types of immune cell are involved in the inflammatory and immune response in tumours, making up part of what is known as the tumoral microenvironment (Soysal et al. 2015). Some of these immune cells can increase the likelihood of tumoral distant metastasis, particularly by stimulating lymphangiogenesis and lymphatic vessel enlargement through the secretion of factors such as vascular endothelial growth factors C and D (VEGF-C, VEGF-D) (Kerjaschki 2005; Schoppmann et al. 2002; Stacker et al. 2014). Nevertheless, before the spread of the tumour to the distant sites, the new lymphatic vessels in the primary tumour are used by tumoral cells to reach the LNs and promote tumour cell dissemination and distant metastasis (Padera et al. 2016; Zhang et al. 2016). This process is promoted by the immune population, which, besides stimulating angiogenesis and lymphangiogenesis, can activate an inflammatory response in the tumour that promotes cancer dissemination into the LNs (Nathanson et al. 2015).

Metastasis in the ALN plays a decisive role in spreading metastatic cells to distal LNs and organs (Ran et al. 2010), and the distinct immune response in these regions determines antitumoral immunity (Kim et al. 2006). This evidence further highlights the role of the immune response in BC outcome. In fact, some studies have shown that, in BC, VEGF-C expressed by

the tumour strongly activates lymphangiogenesis in the SLN, even before the metastasis in this region takes place, and thereby prepares the node for future tumoral spread (Zhao et al. 2012). However, neither the precise mechanism and function of the immune response in the metastasis from the primary tumour to the axillary node, nor the relationship between the immune response in the axillary node and distant metastases is fully understood.

### 6 Lymphocytes

Lymphocytes, which are determinants of the innate and adaptive immune system, have been categorized as part of the anti-cancer immune response, correlating positively with cancer survival (de Melo Gagliato et al. 2017; Pruneri et al. 2018). For this reason, tumour-infiltrated lymphocytes (TILs), including their subtypes, are now of particular interest to researchers and pathologists as promising biomarkers for BC prognosis and treatment (de Melo Gagliato et al. 2017; Pruneri et al. 2018). As previously mentioned, the presence of ALN metastasis is a bad prognostic factor, since it means that the tumoral cells have started to spread to other regions of the body. The role of lymphocytes in this initial spread to the LNs has not been widely studied. Nevertheless, some studies have evaluated both the primary tumour and the ALN, and analysed how the lymphocytes could be involved in this first stage of BC dissemination (Table 1).

In particular, *Matkowski et al.* found a strong positive correlation of CD4 and CD8 lymphocytes in the primary tumour with the appearance of ALN metastasis (Matkowski et al. 2009). Other studies have yielded contradictory results, whereby both markers have been found in higher proportions in patients with non-metastatic ALNs compared with those with metastatic ALNs (La Rocca et al. 2008). These differences might be attributed to the differences in sample sizes, since La Rocca and colleagues evaluated a cohort of only 35 patients (La Rocca et al. 2008).

On the other hand, there is evidence that T reg (FOXP3<sup>+</sup>) lymphocytes are associated with a weaker immune response to the cancer and a higher probability of metastasis to the SLN. Miyan et al. showed in an IHC study of human BC that high densities of FOXP3<sup>+</sup> cells, cytotoxic (CD8<sup>+</sup>), functional ( $\zeta$ -chain<sup>+</sup>), and CD3 T lymphocytes in the primary tumours and their SLNs, are associated with more aggressive tumours, hormone receptor negativity and higher levels of proliferation, histological grade and lymphovascular invasion (LVI) (Miyan et al. 2016). These results are in accordance with the report of a higher LVI increasing the likelihood of metastasis in the SLN (Karahalli et al. 2017; Malter et al. 2018). The latter study also showed that the variability in the cited immune markers between the different BC subtypes was less than that between primary tumours when only the metastatic SLNs were analysed (Miyan et al. 2016). These results are relevant because although a higher frequency of immune markers was found in more aggressive tumours, FOXP3+ T reg lymphocytes are known to inhibit the immune response against cancer by suppressing effector T cells or secreting cytokines that inhibit antigen presentation (Shou et al. 2016).

Related to the metastasis in the ALN, Nakamura et al., showed that Foxp3<sup>+</sup> T reg lymphocytes in the SLN clearly distinguished between SLN molecular metastasis-negative and -positive BC patients, and reported that a high Foxp3<sup>+</sup> T reg lymphocyte content in SLNs is associated with the presence of pathologically undetectable micrometastasis in the SLN (Nakamura et al. 2009). These authors suggested that the presence of Foxp3<sup>+</sup> T reg lymphocytes in the SLN could be used as an effective IHC biomarker for BC prognosis (Nakamura et al. 2009). This is further explained by Mansfield et al., who showed that levels of Foxp3+ T reg lymphocytes in the metastasis-positive SLNs were higher than in metastasis-negative SLNs of BC patients, and that these might be attracted or induced by indoleamine-2,3-dioxygenase (IDO), even before the SLN metastasis starts (Mansfield et al. 2009). Similarly, a meta-analysis of IHC studies found a positive correlation between the level of infiltrated Foxp3<sup>+</sup> T reg lymphocytes in the primary tumour and LN positivity (Shou et al. 2016). Contradictory results have been reported by Gökmen-Polar et al., who found the concentration of Foxp3<sup>+</sup> T reg lymphocytes in the SLN to be similar when comparing metastatic and metastasis-free SLN, suggesting that these cells might not affect tumoral growth in the SLN (Gokmen-Polar et al. 2013). However, they suggested that there might be an increase in the T helper 2 lymphocyte (Th2) response in the metastatic SLN (Gokmen-Polar et al. 2013). The variation in the published results might arise from differences in the total pool of patients, the number of cases or the sampling; also, as previously mentioned, tumour malignancy and differences between BC molecular subtypes can affect the immune response. These studies demonstrate that we are still far from reaching a clear conclusion about the specific role of T reg cells in lymph nodes containing metastasized BC cells and their value as a predictive marker in IHC studies.

Considering in greater detail the important role of T reg, only in invasive ductal BC, an association was observed between the number of T reg lymphocytes in SLN and the primary tumour size. However, this correlation was not seen when there was metastasis in the SLN, suggesting that the presence of T reg lymphocytes in the SLN might be caused by factors produced by the primary tumour that travel through the LNs (Gupta et al. 2011). All these studies support the idea that there is a direct communication of signalling factors between the primary tumour and the SLN, even before tumoral invasion starts. Other authors have already proposed that changes in the LNs can precede metastasis, and that the primary tumour influences the metastatic niche of the SLN or LNs, but further research is needed to address these aspects (Kohrt et al. 2005). 

Regarding the inhibition of the immune response of lymphocytes, some studies focused on novel biomarkers that can be analysed by IHC. In this context, molecules such as the Programmed Death-Ligand 1 (PD-L1), secreted by the tumour, can interact with the Programmed Death 1 (PD-1) receptors in T lymphocytes, which inhibit the immune response (Kim and Chen 2016). Baptista et al. found that PD-L1 expression in BC was related to better overall survival (OS), but not to disease-free survival (DFS), while PD-L2 was not associated with either (Baptista et al. 2016). Additionally, the authors reported that 50% of BC patients in 

their study expressed PD-L1, and that it was more likely to be expressed in the primary tumour of patients with positive SLN (Baptista et al. 2016). Hou and co-workers studied HER-2 BC patients and also found that higher PD-L1 levels were linked to longer OS, although, unlike other studies, they reported a correlation between PD-L1 and the absence of LN metastasis (Hou et al. 2018), which might be explained by the particular molecular subtype involved. This aspect has been studied further by Tatara et al., who found that almost all metastatic positive and negative SLN of BC patients expressed PD-1+ lymphocytes, although metastasis-positive SLNs featured more PD-1<sup>+</sup> lymphocytes than the downstream SLNs without metastasis (Tatara et al. 2018). At the same time, Li et al. published similar results, but from triple-negative BC patients. Since the primary tumour is negative for PD-L1 in a high proportion of cases, the authors proposed that it might be more appropriate to evaluate the LNs, in which PD-L1 is more strongly represented and positively expressed (Li et al. 2018). They also noted a link between the presence of PD-L1 in the LN and a poorer prognosis, independently of primary tumour PD-L1 expression, which is also consistent with the higher frequency of TILs they found in the node and with the results obtained by other authors (Muenst et al. 2014; Qin et al. 2015). Although these are the first studies to relate PD-1 expression in the SLN or LNs of BC patients to metastasis, studies of melanoma have also found that a high percentage of PD-1 lymphocytes is associated with poor prognosis (Kakavand et al. 2015). These results imply that this molecule could be a good biomarker of BC outcome and that the tumour is capable of modulating the immune response. Together, these lines of evidence suggest that PD-L1 is a promising molecule for studying BC prognosis, since there are many results showing its association with OS or metastasis in the ALNs. Even so, PD-L1 research is still relatively new and further evidence is needed to understand its role in BC progression and ALN metastasis.

#### 24 <u>Macrophages</u>

 Macrophages are one of the major populations of immune cells present in BC (Solinas et al. 2009). When found in a tumour, they are identified as tumour-associated macrophages (TAMs), which accumulate in the tissue, stimulated by chemotactic molecules secreted by the tumoral cells (Komohara et al. 2016). Macrophages can usually be divided into M1 and M2 phenotypes. M1 macrophages are capable of activating the type I T lymphocyte response; they also exhibit cytotoxic activity against neoplastic cells and are favourable antigen-presenting cells. By contrast, M2 macrophages have a lower antigen-presenting capacity, can promote angiogenesis and are capable of inhibiting the immune response of M1 macrophages (Solinas et al. 2009). For these reasons, M2 macrophages are believed to be detrimental in cancer (Mantovani et al. 2017). Even so, this established distribution of TAMs does not fully represent all subtypes, and a spectrum model would more accurately describe the array of phenotypes, many of which still need to be characterised (Aras and Zaidi 2017). 

Several studies have shown the role of TAMs in the prognosis and treatment of cancer (Table 2). In particular, it has been shown that monocytes develop into different mature macrophages depending on the tumour environment to which they are exposed (Bogels et al. 2012).

Furthermore, in BC, TAM infiltration of the primary tumour, which is generally measured with the CD68<sup>+</sup> marker, is associated with LN invasion (Jubb et al. 2010) and is known to stimulate lymphatic metastasis, and thereby to be negatively correlated with BC prognosis (Yang et al. 2015). CD68<sup>+</sup> cells in the tumour are associated with the mindbomb E3 ubiquitin protein ligase 1 (MIB1), an enzyme involved in regulating apoptosis and associated with tumour size and proliferation, linking the CD68 cell marker to a more aggressive tumour phenotype (Heiskala et al. 2018).

Regarding LN infiltration, the density of CD169<sup>+</sup> macrophages, also known as M1 macrophages, and the CD169<sup>+</sup>/CD68<sup>+</sup> macrophage ratio in the regional LNs of BC patients are positively correlated with better disease prognosis, including the absence of LN metastasis (Shiota et al. 2016). In fact, CD169 is thought to be decisive for the activation of CD8 lymphocytes in the LNs during BC, since it is involved in the antigen-presentation process (Asano et al. 2011). Another study reported that low concentrations of CD163+ macrophages (M2 phenotype) in SLN are associated with a higher risk of metastatic invasion in the node, and that, in already metastatic SLNs, high levels of CD163<sup>+</sup> cells are linked to a low level of CD8<sup>+</sup> cell infiltration (Mansfield et al. 2012), which is considered a negative factor in BC (Burugu et al. 2017). In effect, primary tumour might stimulate macrophages to secrete indoleamine-pyrrole 2,3-diogenase (IDO), an enzyme able to induce immune tolerance by inhibiting T-cell function. Under these conditions, even though the normal function of CD163<sup>+</sup> macrophages is to offer protection against metastasis in the SLN, their function can be reprogrammed by factors secreted from the primary tumour, with the consequence that IDO+ macrophages might be deleterious to metastasis protection (Mansfield et al. 2012). In accordance with this, a recent study of luminal B BC, one of the most aggressive BC subtypes, found that CD163<sup>+</sup> macrophages in the primary tumour and the SLN, in conjunction with the C-X-C chemokine receptor type 4 and the chemokine (C-X-C motif) ligand 1 axis (CXCR4/CXCL12), stimulate cell migration and metastasis (Raschioni et al. 2018).

Contrary to what was detected in other parts of the tumour, Buldakov et al. found that a high content of CD68<sup>+</sup> TAMs in the gaps (stromal tissue) between the different foci of the ductal tumour structures of BC patients was negatively associated with the appearance of metastases in regional LNs (Buldakov et al. 2017; Pinder 2010). They attributed this to the lack of stabilin-1, which marks M2 macrophages, and proposed that these macrophages had not been affected by the tumour, but maintained their capacity to reject the metastatic invasion, thus, protecting against cancer progression (Buldakov et al. 2017). 

Macrophages are being extensively studied in BC progression, and several studies relate their function to the metastatic spread in the ALNs (Mansfield et al. 2012; Raschioni et al. 2018; Shiota et al. 2016; Yang et al. 2015). The proinflammatory role of macrophages could increase the presence of metastatic ALNs, as observed in some studies of the CD68 marker (Heiskala et al. 2018; Yang et al. 2015). Nevertheless, there are also specific macrophage phenotypes that offer protection against metastatic spread into the ALN (Buldakov et al. 2017; Mansfield et al. 

2012; Shiota et al. 2016), which further supports the idea of the extensive array of macrophage
 subtypes and their different roles in BC progression.

## 3 <u>Dendritic cells</u>

4 Dendritic cells (DCs) are essential to the immune response; they are involved in antigen 5 presentation and the secretion of co-stimulatory signals and cytokines (Waisman et al. 2017). In 6 cancer, DCs exhibit both pro- and anti-tumorigenic activities, depending on the 7 microenvironment to which they are exposed. For this reason, their functions in cancer as an 8 indicator of tumour development and prognosis (Hansen and Andersen 2017), and as a 9 mechanism to activate the T lymphocyte response against the tumour (Gardner and Ruffell 10 2016), are being closely studied (Table 3).

Plasmacytoid DC (pDC) infiltration of the primary tumour is closely correlated with poor outcome of patients with BC (Mansfield et al. 2011; Treilleux et al. 2004). Higher percentages of pDC are found in BC tissues of patients with metastatic LN than in those with non-metastatic LN. This is believed to stimulate pathways involved in cell migration from the primary tumour to the LNs (Gadalla et al. 2019)

More in relation to the LNs and their invasion by metastatic cells, SLNs with metastasis present fewer mature DCs than do SLNs without metastasis. Even so, the total number of DCs, irrespective of the maturation state, is similar in metastatic and non-metastatic SLNs (Mansfield et al. 2011; Poindexter et al. 2004), suggesting that there is inefficient antigen presentation in the former group of patients, leading to a weaker immune response to the tumoral cells (Mansfield et al. 2011; Poindexter et al. 2004). This is further explained by Ammar et al., who reported that a higher frequency of immature DCs in BC helps to differentiate patients at higher risk of developing local, regional or distant recurrences within 60 months (Ammar et al. 2011), while the presence of DC-lamp, a marker of mature DCs in the SLN of BC patients, is associated with a lower or null risk of LN metastases (Bembenek et al. 2008). Accordingly, a study that analysed CD1a, a marker of DCs such as Langerhans or LN-interdigitating cells, detected more DCs in the stroma of the primary tumour and the LNs of patients with negative LNs than in patients with positive LNs (La Rocca et al. 2008).

In addition to the quantity and maturation level of the DCs, factors such as clustering are also related to the immune response to cancer. The study by Chang et al. compared intra-mammary helathy lymph nodes (HLNs) of healthy subjects obtained from prophylactic mastectomy or breast reductions with metastatic and non-metastatic ALN (non-SLN) of BC patients. The results showed that CD83<sup>+</sup> DCs tend to aggregate in large clusters in healthy HLNs, while fewer small clusters of mature DCs, or no clusters at all, were detected in the ALN of BC patients. Moreover, greater clustering in metastatic ALNs of BC patients was associated with longer DFS (Chang et al. 2013). 

1 Distant/systemic metastasis: involvement of the immune response present in the

# 2 primary tumour and axillary lymph nodes

Distant or systemic metastasis require the completion of different steps in which the malignant cells spread from the primary tumour to neighbouring or distant tissues. Tumoral cells travel in the blood or lymph, extravasate the vessels in a different organ or tissue, stimulate angiogenesis and start proliferation, giving rise to the metastasis (Scully et al. 2012). It is thought that primary tumours prepare the soon-to-be metastatic tissues through various cells or by the secretion of factors (Liu and Cao 2016). In particular, immune cells play an important role in metastatic progression, participating in the epithelial-to-mesenchymal transition, facilitating the migration and intravasation of tumoral cells and, among other functions, preparing the microenvironment of the target tissue to establish the metastasis (Smith and Kang 2013). Few studies have so far compared or related the immune response in the distant metastasis with that in the primary tumour using IHC, but we summarise the most relevant of these in this section (Table 4).

Researchers have found that TILs are less numerous in metastatic than in primary tumours. Specifically, Ogiya et al. noted that in HER2+ and triple-negative breast cancer (TNBC), metastatic tumours contained fewer TILs and CD8<sup>+</sup> and CD4<sup>+</sup> cells than did the corresponding primary tumours. They also showed that metastatic tumours with a lower frequency of TILs are associated with patients with shorter OS, compared to patients with higher percentages of TILs (Ogiya et al. 2016). This was also reported by other authors in various BC subtypes (Cimino-Mathews et al. 2013; Sobottka et al. 2016). Sabottka et al. found that the proportion of TILs in the metastasis reflected those of the primary tumour, indicating that the primary tumour might influence the immune response at the metastatic site (Sobottka et al. 2016). Furthermore, as Ogiya et al. pointed out, the fact that the metastasis shows a weaker immune response to the tumoral cells, draws further attention to the importance of immune escape, as favoured by the primary tumour, in tumour metastasis (Ogiya et al. 2016). A murine study found that a relatively small subset of "unconventional" T cells defined by expression of heterodimeric T-cell receptors composed of y and  $\delta$  chains, the IL-17-producing y $\delta$  T lymphocytes, might be involved in distant metastasis in BC. These IL-17-producing  $\gamma\delta$  T lymphocytes appear to up-regulate the production of neutrophils and the alteration of neutrophil phenotype. These phenotypically altered neutrophils produce iNOS, which suppresses the activity of anti-tumour CD8<sup>+</sup> T cells, promoting a pre-metastatic niche that helps metastatic cells become established in peripheral organs (Coffelt et al. 2015).

Apart from the interaction between the primary tumour and the distant metastasis, there is also evidence suggesting that ALNs influence the metastatic spread of the BC. In fact, the LNs are believed to be one of the principal paths for metastatic spread in BC (Lorusso and Ruegg 2012; Nathanson et al. 2015; Ran et al. 2010), and its immune populations may have a decisive role in cancer progression (Kim et al. 2006). The content of B (CD20<sup>+</sup>) and T lymphocytes (CD3<sup>+</sup>) in

SLNs is associated with a higher DFS in the patient (Blenman et al. 2018). Similar results have been observed with CD8 and cytotoxic lymphocytes, since their intratumoral infiltration in nodenegative BC patients has been linked to an overall better prognosis, such as cancer-specific OS and DFS, independent of other relevant parameters such as age at diagnosis and histological grade (Chen et al. 2014). There have been few studies using IHC to predict systemic metastasis using the immune populations in the ALNs, but they have yielded promising results.

Macrophages, which are present at all stages of tumour progression, have been demonstrated to be a key driver of cancer progression and metastasis (Nielsen and Schmid 2017). Heiskala et al. showed that macrophages are good indicators of the outcome of a tumour, whereby CD14+ TAMs, in the presence of CCL2-positive tumoral cells, are associated with tumour recurrence (Heiskala et al. 2018). Similarly, CD163<sup>+</sup> macrophages have been linked to metastatic spread, since patients with this marker in the primary tumour develop metastasis early (Shabo et al. 2008). The authors argue that the migration capacity of these cells might facilitate the dissemination of tumoral cells.

15 There is a lack of studies of the role of DC in BC distant metastasis, which further emphasises 16 the need for this kind of research in BC. Considering the importance of DC in locoregional 17 metastasis, we hope this review will inspire readers to undertake research into this crucial field.

## 18 Challenges of immunohistochemistry as a diagnostic and predictive tool

IHC is a demonstrably good technique for diagnosing BC in conjunction with other diagnostic tools, such as gene expression analysis (Van Bockstal et al. 2018). IHC techniques are also used for the study of the tumoral microenvironment and the immune response to cancer. Even so, the use of IHC can pose particular problems and challenges, such as choosing the appropriate marker of study, or the correct antibody (Walker 2008). Moreover, the use of new markers or antibodies, or their utilisation in a new tissue requires thorough validation, which takes time and effort (Miettinen 1990; Walker 2008). Other difficulties with this technique are the false-positive results it generates and the problem of reproducibility (Pillai et al. 1993), which are principally related to the lack of standardised controls or reference standards (Torlakovic et al. 2015). This lack of standards as well as the differences in the immunostaining protocols, the number of cases analysed and the cut-off used, among others, may explain the discrepancies observed in some studies mentioned in this review (Matkowski et al. 2009; Shabo et al. 2008).

The problem of proper reproducibility is one we have become particularly aware of in writing this review. Apart from using protocols from different commercial companies, different markers are sometimes used to identify the same cell population, while an antibody specifically designed to bind a particular epitope might also bind to others (Baker 2015). In addition, quantifying reproducibility also poses a problem, since no proper method of standardization exists (Jaraj et al. 2009; Sompuram et al. 2015), although some scientists have proposed reliable methods (Jaraj et al. 2009; Sompuram et al. 2015) and the use of automated analysis in recent decades

has improved this issue (Walker 2006). This makes IHC evaluation a subjective technique with
problems of its application in research and clinical evaluation (Jaraj et al. 2009).

On the other hand, we consider that the differences in the results between studies for the same marker can also be caused by the patients themselves, the use of either tissue microarrays (TMAs) or whole biopsies, manual or computerized evaluation, or by the choice of cut-off value of markers related to OS or DFS, among other factors. These aspects make the search for solutions and improvements of IHC evaluation a priority.

# 8 Conclusions

The immune system, particularly TILs, TAMs and DCs, determine the capacity of the tissue to fight tumour growth. Even so, the specific niche stimulated by the malignant cells can turn this system against the organism, promoting tumoral establishment, invasion into nearby tissues and metastasis. This review summarizes the principal results of cancer research into the immune response, from the point of view of IHC. Although further research is needed, there is evidence that a diverse range of immune cells are active first in the invasion of the sentinel or axillary LNs, and then in the metastatic spread to distant organs. Our wish is to open the door to a new line of research, focusing on the LN as the turning point of BC progression, and as a decisive organ of great relevance to the study of biomarkers of prognosis. Future research should focus on establishing the differences in the immune response in each BC molecular subtype and on exploring the role of immune cells in preparing the niche for metastatic spread.

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#### **Conflict of interest**

11 The authors declare that they have no conflict of interest.

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# $\frac{22}{2.3}$ Table 1. Studies showing the role of lymphocytes and PD-L1 on the immune response to the primary tumour and the lymphatic node.

Authors	Adjuvancy/Neoadjuvancy	, Diagnosis	Biopsies studied	Number of cases	Subtype	IHC	Main results
2 <sup>-4</sup> Matkowski et al. 2009 25	Adjuvancy	Invasive ductal breast carcinoma	Primary tumour	88 cases	Heterogeneous	CD4, CD8	Correlation between CD8 <sup>+</sup> and CD4 <sup>+</sup> lymphocytes with unfavourable prognosis, including ALN invasion
26 27 <sup>La Rocca et al. 2008</sup> 28 29	Non specified	Invasive ductal breast carcinoma	Primary tumour and regional lymph nodes	35 cases	Heterogeneous	CD1a, CD4, CD8, CD20	CD1a+ cells in the primary region correlate with those in the regional LN. Moreover, CD4 <sup>+</sup> and CD8 <sup>+</sup> cells are more highly expressed in lymphatic nodes without detectable metastasis
30 Miyan et al. 2016 32	Adjuvancy	Primary unilateral invasive breast cancer without clinical signs of regional or distant metastasis.	Whole tissue section of primary tumour and SLN	177 cases	Luminal A, B, B Her2, Her2, Basal-like	CD3, ζ-chain, FoxP3, CD8	High densities of CD8 <sup>+</sup> , FoxP3 <sup>+</sup> , ζ-chain <sup>+</sup> , CD3 <sup>+</sup> lymphocytes are associated with more aggressive subtypes
3 3 <sub>Nakamura</sub> et al. 2009 3 4 3 5	Adjuvancy	Ductal breast carcinoma in situ and invasive ductal breast carcinoma	Positive and negative SLN	30 cases (training set) - 129 samples (validation set)	Heterogeneous	Foxp3, CD4, CD8	Foxp3 <sup>+</sup> Treg lymphocytes correlate with pathological undetectable micrometastasis in the SLN
36 Mansfield et al. 2009 37 38	Non specified	Ductal, lobular and other carcinoma	Positive and negative SLN	47 cases	Heterogeneous	Foxp3, IDO, CD3, CD4	Positive SLN have a higher proportion of Foxp3 than negative SLN
3 9 <sup>Gökmen-Polar et al.</sup> 2013 4 0	Adjuvancy	Infiltrating ductal carcinoma and infiltrating lobular carcinoma	Positive and negative SLN	70 cases	Heterogeneous	Foxp3	No differences in Treg between positive and negative SLN
41Gupta et al. 2011 42 43	Non specified	Invasive breast carcinoma: ductal, lobular and mixed	Positive and negative SLN	121 cases	Heterogeneous	Foxp3	In invasive ductal carcinoma, the number of Foxp3 Treg in the SLN correlates with the size of the primary tumour, but not with SLN metastases
4 4Baptista et al. 2016 4 5	Adjuvancy	Non defined	Primary tumour	192 cases	Heterogeneous	PD-L1, PD-L2	PD-L1 is associated with higher overall survival and positive LN, but not with disease free survival.
46 <sub>Hou et al.2018</sub> 47 48	Adjuvancy	Primary HER2-positive breast carcinoma	Primary tumour	216 cases	HER2	Multiplex: PD-L1, PD1, CD8, CD163, CD3	PD-L1 and CD8 <sup>+</sup> cells are good predictors of HER2 breast cancer prognosis. PD-L1 correlates with overall survival and the absence of LN metastasis
49 <sub>Tatara et al. 2017</sub> 50	Non specified	Non defined	Positive and negative SLN	65 cases	Luminal A-like, luminal B- like, HER2 and TNBC	PD-1	Positive SLN express more PD-1+ lymphocytes than downstream negative SLN
51 52 <sup>Li et al. 2018</sup> 53	Adjuvancy	Invasive ductal carcinoma with at least one tumour-positive axillary lymph node	Primary tumour and axillary lymph node-positive	101 cases	TNBC	PD-L1	PD-L1 expression is higher in the positive LN than in the corresponding primary tumour. PD-L1 in the LN is linked to a lower prognosis
54 55 56	Non specified	Invasive ductal, invasive lobular, mucinous, and other breast carcinoma	Primary tumour	650 cases	Luminal A, B, B Her positive, HER2 and Basal-like	PD-L1	PD-L1 is associated with poor prognosis
5 7Qin et al. 2015 5 8	Neoadjuvancy and Adjuvancy	Invasive breast carcinoma	Primary tumour	870 cases	Heterogeneous	PD-L1	PD-L1 is associated with poor prognosis, larger tumour size, grade, positive LN status, and ER and PR status

<sup>D</sup>HC Immunohistochemistry, ALN Axillary lymph node, SLN Sentinel lymph node, LN Lymph node, HER-2 human epidermal growth factor receptor 2, IDO Indoleamine 2,3-dioxygenase, PD-L1 programmed death ligand 1, PD-L2 programmed death ligand 2, PD1 Programmed cell 59death protein 1, TNBC Triple-negative breast cancer, ER Oestrogen receptor, PR Progesterone receptor

Fable 2. Studies showing the role of macrophages on the immune response to the primary tumour and the lympha	tic node.
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Authors	Adjuvancy/Neoadjuvancy	Diagnosis	Biopsies studied	Number of cases	Subtype	IHC	Main results
<sup>2-1</sup> Jubb et al. 2010 25	Adjuvancy	Breast adenocarcinoma	Primary tumour	296 cases	Heterogeneous	CD68, CD14, neutrophil elastase, DC-SIGN, CD31, CA9, CD123 and DIM	DII4 is a significant prognostic factor. CD68 and CD31 expression in the primary tumour are associated with LN invasion
20							
27 Yang et al. 2015 28	Non specified	Invasive breast carcinoma	Normal and malignant breast tissue and LN	100 cases	Heterogeneous	CD68	CD68 <sup>+</sup> macrophage infiltration correlates with worse survival and stimulates LN invasion
29							
3 0 <sup>Shiota et al. 2016</sup>	Adjuvancy	In situ or invasive ductal carcinoma	Primary tumour and negative regional LN	167 cases	Heterogeneous	CD68, CD8 and CD169	M1 macrophages (CD169 <sup>+</sup> ) and the proportion of M1/CD68 <sup>+</sup> macrophages correlates with a better
31							prognosis and no LN metastasis
32							
3 3 <sup>Mansfield et al. 2012</sup>	Non specified	Ductal, lobular or other breast carcinoma	Positive and negative SLN	47 cases	Heterogeneous	CD163, ANK-1, IDO, CD3, CD8, Foxp3 and CD123	Increased CD163 <sup>+</sup> macrophages in the SLN are linked to a higher risk of metastatic invasion of the SLN. In positive SLN, CD163 correlates with decreased infiltration of CD8 <sup>+</sup>
34							
35							Cells
36 Raschioni et al. 2018 37	Non specified	Invasive ductal luminal B breast carcinoma	Primary tumour and SLN	40 cases in the discovery cohort and	Luminal B	Vimentin, CD163, CXCR4, CXCI 12	M2 macrophages (CD163 <sup>+</sup> ) and the regulation of CXCR4 and CXCI 12 in the primary tumour and the SLN are
38				150 cases in the validation cohort		0.0112	partially responsible for the aggressiveness of luminal B BC cells
39							
40 <sub>Buldakov et al. 2017</sub>	Adjuvancy	Nonspecific invasive breast	Primary tumour: soft fibrous	37 cases	Heterogeneous	CD68, stabilin-1	High concentrations of CD68 <sup>+</sup> in the gaps of ductal
41		carcinoma T1-4N0-3M0	stroma, coarse fibrous stroma,		Ū	,	tumour structures is protects against metastases in the
42			maximum stromal-and-				regional LN
43			parenchymal elements and gaps				
44			of ductal tumour structures				

4 5/HC Immunohistochemistry, DC-sign Dendritic cell-specific Intercellular adhesion molecule-3-Grabbing Non-integrin (CD209), DII4 Delta-like ligand 4, LN Lymph node, SLN Sentinel lymph node, CXCR4 C-X-C chemokine receptor type 4, CXCL12 C-X-C motif ligand 12, ANK-1 Ankyrin-1, *IDO* Indoleamine 2,3-dioxygenase,

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2	<b>Jable 3.</b> Studies showing the role of dendritic cells on the immune response to the primary tumour and	d the lymphatic node.

_ Authors	Adjuvancy/Neoadjuvancy	Diagnosis	Biopsies studied	Number of cases	Subtype	IHC	Main results
<sup>24</sup> Mansfield et al. 2011 25	Non specified	Ductal, lobular and other breast carcinoma	Positive and negative SLN	47 cases	Heterogeneous	CD1a, CD8, CD123 and CD208	In positive SLN, DC maturation is arrested
26 Freilleux et al. 2004 27 28	Adjuvancy	Invasive non-metastatic breast carcinoma	Primary tumour	1996 series: 152 cases. 1997 series: 103 cases	Heterogeneous	CD3, CD68, CD1a, CD208/DC-LAMP, CD207, hCCL19 and hCCL21	pDCs in breast cancer correlate with poor prognosis
2 9 Gadalla et al. 2019 3 0	Adjuvancy	Breast carcinoma	Primary tumour, ALN and blood samples	35 cases	Heterogeneous	CD303 and SDF-1	pDC stimulate cell migration and are found in higher proportions in patients with LN <sup>+</sup>
3 L 3 Žoindexter et al. 3 Ž004 3 3	Neoadjuvancy and adjuvancy	Breast carcinoma	Positive and negative SLN	50 cases (6 received chemotherapy before the biopsy)	-	CD3, HLA class II, CD83, CD1a, IL-10, IL-12	Negative SLN present a higher number of mature DC (CD83*) compared to positive SLN
3 <b>4</b> mmar et al. 2011 3 5	Non specified	Primary invasive breast carcinoma	Primary tumour, tonsil and LN	148 cases	-	Stabilin-1, CD209, CD83 and CD68	Immature DC in the primary tumour are related to a higher risk of recurrence
3 Gembenek et al. 3 <b>7</b> 008	Adjuvancy	Breast carcinoma	SLN and non-SLN (ALN)	79 cases	-	CD3, DC-LAMP, CD1a	Mature DC (DC-Lamp) in the SLN are related to decreased or negative metastasis in the SLN
38 4a Rocca et al. 2007 39 40 41	Non specified	Invasive ductal breast carcinoma	Primary tumour and regional lymph nodes	35 cases	Heterogeneous	CD1a, CD4, CD8, CD20	CD1a <sup>+</sup> cells in the primary region correlate with those in the regional LN. Moreover, CD4 <sup>+</sup> and CD8 <sup>+</sup> cells are more highly expressed in lymphatic nodes without detectable metastasis
4 2 chang et al. 2013 4 3 4 4	Adjuvancy	Breast carcinoma	Positive and negative SLN	59 cases	Luminal A, B, HER2, Basal, Unknown	Pan-cytokeratin AE1/AE3, CD1a, CD83, CD3,	In negative SLN, DC aggregate into large clusters of mature DCs, while in positive SLN, DCs are unclustered and have fewer mature DCs. Moreover, high clustering is related to DFS.

<sup>4</sup> *π*/*μ*C Immunohistochemistry, *SLN* Sentinel lymph node, *DC-LAPM* Dendritic cell lysosomal associated membrane glycoprotein, *hCCL19* Human chemokine (C-C motif) ligand 19, *hCCL21* Human chemokine (C-C motif) ligand 21, *DC* Dendritic cells, *pDC* Plasmacytoid dendritic <u>4</u> *6* ells, *SDF-1* Stromal cell-derived factor 1, *ALN* Axillary lymph node, *LN* Lymph node, *DFS* Disease-free survival

# 2. **Jable 4.** Studies showing the role of immune cells and the immune response in the primary tumour and the lymphatic nodes on distant metastasis.

Authors	Adjuvancy/Neoadjuvancy	Diagnosis	Biopsies studied	Number of cases	Subtype	IHC	Main results
<sup>2</sup> <sup>2</sup> timino-Mathews et 2 <b>5</b> 1. 2013	Neoadjuvant and adjuvant	Invasive ductal carcinoma and invasive lobular carcinoma	Primary tumour and metastasis collected after death (autopsy)	15 cases	Heterogeneous	CD3, CD4, CD8, CD20. FoxP3	Metastatic tumours have a lower concentration of TILs than the primary tumour, suggesting an increase in the
26							tumoral immunosuppression during metastatic spread
27 <sub>giya et al.</sub> 2016 28	Neoadjuvant (after collection of sample) and	Early breast carcinoma and subsequent distant recurrence	Primary tumour and distant metastasis	25 cases	TNBC and HER2 <sup>+</sup>	CD4, CD8, PD-L1, PD-L1, HLA class 1	Metastasis show a lower percentage of TILs, CD8 <sup>+</sup> and CD4 <sup>+</sup> T cells compared to primary tumours
29 30 <sup>Sobottka</sup> et al. 2016 31	adjuvant Neoadjuvant and adjuvant	Invasive-ductal or invasive- lobular breast carcinoma	Primary tumour and distant metastasis	87 cases	Heterogeneous	CD4, CD8, CD20,	TILs are found at a lower quantity in the metastatic site compared to the primary tumour, but follow a similar pattern of immune markers than the primary site
32 3	Not treated	Invasive lobular breast carcinoma. Orthotopic transplantation of tumour pieces	Primary tumour, lymph node and distant metastasis	Variable	-	Ly6B, Ly6G, CD34	γδ T cells activate neutrophil accumulation and differentiation into a phenotype that suppresses CD8⁺ lymphocytes, promoting metastasis
35 36 37	Non specified, but always after collection of sample	into female recipient mice. Non defined	SLN, tumour-invaded nodes compared to tumour-free lymph nodes, whole tissue section	76 cases/21 cases (validation cohort)	Heterogeneous/TNBC (validation cohort)	Multiplexed IHC: CD3, CD20, CD1a	High number of T cells and B cells predict longer DFS/ Lower number of B cells in the SLN were associated with poor prognosis
38 39 <sup>6hen et al. 2014</sup>	Non-treated	LN negative breast cancer	Primary tumour	396 cases	ER-, ER+, HER2 <sup>-</sup> , HER2+, TNBC	CD8	CD8 <sup>+</sup> lymphocytes in the intratumoral region show protective effects against cancer
40 41Heiskala et al. 2018	Non specified	Ductal and lobular breast cancers	Primary tumours and metastasis	137 cases	Heterogeneous	CD68, CD14, CD163, CD206, CD80 and CCL2,	CD14 <sup>+</sup> macrophages are associated with rapid tumour metastasis
42 43 habo et al. 2008 44	Adjuvant	Stage II breast cancer	Primary tumour	133 cases	Heterogeneous	CD163	CD163 <sup>+</sup> macrophages in the primary tumour are linked to a higher occurrence of distant metastases

4 #HC Immunohistochemistry, TILs Tumour infiltrating lymphocytes, TNBC Triple-negative breast cancer, HER-2 Human epidermal growth factor receptor 2, PD-L1 Programmed death ligand 1, Ly6B Lymphocyte antigen 6b precursor, Ly6G Lymphocyte antigen 6 complex locus G6D  $\frac{1}{4}$  SLN Sentinel lymph node, DFS Disease-free survival, ER Oestrogen receptor, PR progesterone receptor, CCL2 C-C Motif chemokine ligand 2

Fig. 1 Involvement of the immune microenvironment in the lymphatic node metastasis. A higher accumulation of tumour infiltrating lymphocytes (TIL), mainly CD4<sup>+</sup> and CD8<sup>+</sup>, and plasmacytoid DC (pDC) is linked to a metastatic lymphatic node. At the same time, pDC, Foxp3<sup>+</sup> T lymphocytes and CD68<sup>+</sup> macrophages present in the primary tumour seem to be involved in the migration of tumoral cells from the primary tumour to the regional lymphatic nodes (LN). The tumour expresses Programmed Death-Ligand 1 (PD-L1), which interacts with Programmed Death 1 (PD-1) receptors in T lymphocytes, inhibiting the immune response. In the metastatic LN, pDC are found at higher concentrations and are correlated with an increased number of Foxp3+ lymphocytes, and a lower activation of CD8<sup>+</sup> T lymphocytes. The lower activation of CD8<sup>+</sup> T lymphocytes is also affected by the secretion of indoleamine-pyrrole 2,3diogenase (IDO) from CD163<sup>+</sup> M2 macrophages, which are stimulated by the primary tumour. Metastatic LN also have a higher concentration of immature DC, which suggests an inefficient antigen presentation and so, a deficient immune response. The CD1a<sup>+</sup> DC and those expressing the mature markers DC-Lamp, as well as the CD169<sup>+</sup> M1 macrophages are found in greater numbers in the primary tumour and LN of patients with non-metastatic LN, than in metastatic patients, which suggest a more efficient immune response against the tumour.





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Tortosa, 28 June 2019

Dear Reviewer,

Thank you for your clear revisions and valuable comments, which have enabled us to improve our manuscript.

We have modified the 3 small corrections.

- 1. Page 3, line 14: "other LNs"
- 2. Page 3, line 33: considered "as" a highly
- 3. Page 6, line 6: biomarker "for"

Yours faithfully,

Carlos López.