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**CHICKPEA CHELATING PEPTIDES INHIBIT COPPER-MEDIATED LIPID
PEROXIDATION**

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26 **ABSTRACT**

27 **BACKGROUND**

28 Transition metals produce radical oxygen species (ROS) promoting lipid
29 peroxidation processes that favor the development of cardiovascular and
30 neurodegenerative diseases. In addition, the oxidation of lipids present in food
31 may affect the quality of food products. Therefore, antioxidants counteracting
32 these metals pro-oxidant effects may have high potential for pharmacology and
33 food industries. In this work, we studied the capability to inhibit the copper
34 mediated lipid peroxidation of peptides fractions purified from a chickpea protein
35 hydrolysate in different lipids substrates: β -carotene, mixture of unsaturated
36 fatty acids and low density lipoprotein (LDL).

37 **RESULTS**

38 Peptide fractions with the highest histidine content are the most
39 antioxidant. This antioxidant effect is mainly due to the capability of histidine to
40 bind copper and act as hydrogen donor through its imidazole ring.

41 **CONCLUSIONS**

42 These results suggest that chickpea proteins are a potential source of
43 antioxidant peptides which may be included as ingredients into functional foods
44 with beneficial health effects. In addition, these antioxidant peptides may be
45 useful to protect food products from lipid peroxidation processes increasing their
46 quality and shelf life.

47

48 **KEY WORDS:** Chickpea, Protein hydrolysate, Antioxidant peptides,
49 Chelating peptides, LDL.

50

51 INTRODUCTION

52 Copper is an essential transition metal that is implicated in several metabolic
53 process such as mitochondria respiration, iron metabolism or free radical
54 detoxification ¹. This metal acts as cofactor of many enzymes involved in redox
55 reactions, such as cytochrome c oxidase, ascorbate oxidase, or superoxide
56 dismutase. Following to its absorption from the diet, copper is bounded to
57 proteins such as serum albumin and storage in the liver or delivered to cells
58 through the bloodstream ². In addition, similarly to others metals such as iron,
59 copper may produce reactive oxygen species (ROS) via Fenton reactions,
60 causing damage in biomolecules (DNA, lipids and proteins) and promoting the
61 development of different diseases such as atherosclerosis, cardiovascular
62 diseases, cancer and neurological degenerative diseases³. On the other hand,
63 ROS may also contribute to the oxidation of lipids present in food via lipid
64 peroxidation processes, which involve chain reactions of free radicals with
65 polyunsaturated fatty acids. These lipid peroxidation processes have a negative
66 impact in flavor, texture, nutritive value, and shelf life of foods products and may
67 produce toxins under extreme conditions⁴.

68 In the last years, the use of natural antioxidants is becoming of interest. In
69 particular, bioactive peptides with antioxidant activity have been extensively
70 studied (for review see ^{5, 6}). Bioactive peptides are amino acids sequences,
71 between 2 and 15 residues, which are inactive within the original protein but
72 may exert beneficial effects once that they are released during the
73 gastrointestinal digestion or by enzymatic hydrolysis process ⁷. Thus, peptides
74 with several beneficial activities such as antioxidant, opioid, antimicrobial,
75 immunomodulators, antithrombotic, hypocholesterolemic, antihypertensive, or

76 chelating have been reported ⁸⁻¹⁰. Food products containing bioactive peptides
77 would increase their nutritional value. Therefore, once that bioactive peptides
78 bioavailability is demonstrated, which depends of their resistant to intestinal
79 absorption and gastrointestinal digestion, these bioactive peptides may be
80 potentially used as functional food ingredients. Milk proteins, such as caseins or
81 whey proteins, have been the most used source of bioactives peptides ^{6, 11, 12}.
82 However, bioactive peptides isolated from vegetable proteins hydrolysates are
83 becoming important since they are a more economical and accessible
84 alternative that proteins from animal sources ¹³.

85 Several studies have described the production of chelating peptides, which
86 also exert antioxidant activity in the presence of transition metals, from plant
87 proteins such as *Phaseolus vulgaris* (bean) ¹⁴, *Jatropha curcas* (physic nut) ¹⁵,
88 *Helianthus annuus* (sunflower) ¹⁶, *Zea mays* (corn) ¹⁷ *Ginkgo biloba* (maidenhair
89 tree) ¹⁸ or *Ipomoea batatas* (sweet potato)¹⁹. Also, in previous studies we have
90 shown that hydrolysis of *Cicer arietinum* L. (chickpea) proteins with the
91 digestive enzymes pepsin and pancreatin produced copper and iron chelating
92 peptides which were purified by affinity chromatography through immobilized
93 copper ^{20, 21}. These peptides may prevent the pro-oxidant effect of transition
94 metals by metal ion chelation. Hence, in the present work we study the
95 capability of these chickpea chelating peptides to inhibit the copper-mediated
96 lipid peroxidation in three different lipid systems: β -carotene, unsaturated fatty
97 acids mixture and low density lipoprotein (LDL). These peptides may be of high
98 interest for the pharmacology industry to treat or prevent diseases related with
99 the oxidative damage or mineral deficiencies. In addition, they also may have
100 potential for the food industry to be included into functional foods with

101 antioxidant and mineral fortification properties as well as to increase the quality
102 and shelf life of food products.

103 **MATERIALS AND METHODS**

104 **Materials.**

105 Kabuli Chickpea seeds were purchased in a local market. β -carotene,
106 low density lipoprotein (LDL), butylated-hydroxy-toluene (BHT), sodium dodecyl
107 sulphate (SDS), fatty acids mixture and thiobarbituric acid (TBA) were from
108 Sigma (Sigma Chemical Co., MO, USA). Tween 20 was from VWR. Reagents
109 were of analytical grade and purchased from Sigma and Merck (Darmstadt,
110 Germany).

111 **Methods.**

112 **Purification of chickpea chelating peptides.**

113 Chickpea chelating peptides were purified as previously described ²⁰.
114 Briefly, chickpea protein isolate (5%, w/v) was sequentially hydrolyzed with the
115 digestive enzymes pepsin and pancreatin (E/S 1/20, w/w) at 37°C using a
116 hydrolysis reactor (B. Braun Biotech Internacional GMBH, Melsungen,
117 Germany). Hydrolysis with pepsine was carried out at pH 2.5 for 180 min. Next,
118 pancreatin was added and the pH was increased to 7.5. After 180 min,
119 hydrolysis was inactivated at 80°C for 20 min. Next, peptides fractions were
120 purified from this chickpea protein hydrolysate by affinity chromatography in a
121 FPLC AKTA-purifier system (GE Healthcare, Little Chalfont, Buckinghamshire,
122 United Kingdom) using copper as immobilized ligand. Peptides retained by the
123 copper column were eluted by pH gradient (7.4 to 4.0) in 50 mM sodium
124 acetate, 0.5 M sodium chloride buffer at 1 mL/min flow. Finally, peptides

125 fractions collected were further fractioned by size exclusion chromatography
126 using a Superdex-peptide 10/300 GL column (GE Healthcare) (**Figure 1**).

127 **β -carotene bleaching assay.**

128 This assay is a widely method used for the indirect determination of
129 antioxidant activity and is based on the determination of the oxidative
130 degradation of β -carotene²². A β -carotene solution at 4 mg/mL was prepared in
131 chloroform and mixed with Tween 20 (1:1, v/v). Following to chloroform
132 evaporation under nitrogen, absorbance at 470 nm of the β -carotene solution
133 was adjusted to 1 through addition of 100 mM phosphate buffer (pH 7).
134 Chickpea protein hydrolysate and peptide fractions were incubated with β -
135 carotene solution containing 50 μ M CuSO₄ in a 96 well microplate for 1 h at
136 50°C. Controls in presence and absence of 50 μ M CuSO₄ were included as
137 negative and positive control respectively. In addition, the synthetic antioxidant,
138 butylated hydroxytoluene (BHT) was used as an extra positive control. The
139 degradation of β -carotene is evaluated by measuring the decrease in
140 absorbance at 470 nm at different times using a microplate spectrophotometer
141 (Multiskan Spectrum, Thermo). Data was analysed using GraphPad Prism
142 software (PRISM 5.0; GraphPAD Software Inc.).

143 **Thiobarbituric acid reactive substances (TBARS) assay.**

144 This assay is based in the monitoring of malondialdehyde (MDA) that is
145 produced by oxidation of polyunsaturated fatty acids. At low pH and high
146 temperature conditions, MDA is involved in a nucleophilic addition reaction with
147 thiobarbituric acid (TBA) generating a red fluorescent adduct with maximum
148 absorption at 532 nm. TBARS assay was carried out in two lipid model systems,

149 fatty acids mixture and low-density lipoprotein (LDL), according to Moon &
150 Shibamoto²³ with modifications:

151 - Fatty acids: 25.1 mM unsaturated fatty acids solution (70% linolenic acid, 25%
152 linoleic acid and 5% oleic acid) was prepared in 50 mM phosphate buffer (pH 7)
153 containing 11.4 mM Tween 20. Following to sonication for 1 minute to remove
154 turbidity, chickpea protein hydrolysate and peptide fractions were incubated with
155 unsaturated fatty acids solution containing 5 μ M CuSO₄ at 37°C for 24 h. Then,
156 50 μ L samples were taken at 0, 4, 8 and 24 h and incubated with an aqueous
157 solution containing 600 μ L of TBARS reagent (26 mM TBA, 918 mM
158 trichloroacetic acid and 0.25 N HCl) and 250 μ L of SDS 1% (w/v) in 0.1 N NaOH
159 at 80° C for 15 min. TBA-MDA adduct was monitored by measured of
160 absorbance at 535 nm. Fatty acids solution containing 5 μ M CuSO₄ in presence
161 and absence of BHT were included as positive and negative control
162 respectively. The assay was carried out in triplicate and the results expressed in
163 MDA concentration (μ M), which was calculated from a standard MDA curve.

164 - LDL: LDL solution (1 mg/mL) prepared in 50 mM M phosphate buffer (pH 7)
165 was dialyzed at 4°C for 48 h to remove EDTA and salts. Next, LDL solution was
166 diluted to 0.5 mg LDL/mL in 0.05 M phosphate buffer (pH 7). Chickpea protein
167 hydrolysate and peptide fractions were incubated with LDL solution containing 5
168 μ M CuSO₄ at 37°C for 24 h. TBARS assay was carried out in triplicate as
169 described above for fatty acids. Results are expressed as nmoles MDA
170 generated per mg of LDL.

171 Data was analysed using GraphPad Prism software (PRISM 5.0; GraphPAD
172 Software Inc.).

173

174 **Statistical analysis**

175 Statistical analyses were performed using SPSS software (IBM SPSS
176 statistics 20). Statistical analyses for the β -carotene bleaching assay were
177 carried out using a one-way ANOVA with Bonferroni correction post hoc test.
178 Differences between the mean values were considered significant at $P < 0.05$. In
179 addition, statistical significant levels are subsequently depicted as follows:
180 *indicating $P < 0.05$, ** indicating $P < 0.01$ or *** indicating $P < 0.001$.

181

182 **RESULTS**

183 **Inhibition of copper mediated β -carotene oxidation.**

184 β -carotene belongs to the group of red, orange, and yellow pigments
185 named carotenoids. These compounds are very susceptible to free radical
186 mediated oxidation due to several double bonds within their structure, which are
187 responsible of their absorbance at 470 nm and characteristic color. These
188 double bonds are lost when β -carotene is oxidized by light (photo-oxidation) or
189 in the presence of ROS, producing a decreased absorbance at 470 nm. Hence,
190 antioxidants counteracting β -carotene oxidation will show a lower decrease in
191 the absorbance. In this case, we used copper as catalyst for β -carotene
192 oxidation.

193 **Figure 2A** shows the copper mediated oxidation, expressed as decrease
194 in absorbance at 470 nm, in presence of BHT and increasing concentration of
195 chickpea protein hydrolysates (CPH) (0.12 mg/mL, 0.16 mg/mL and 0.24
196 mg/mL). The synthetic antioxidant BHT (0.12 mg/mL) counteracted the copper
197 mediated oxidation showing a decreased absorbance at 470 nm similar to the
198 positive control (β -carotene in absence of copper). Increasing CHP

199 concentrations produced an increased inhibition of copper-mediated β -carotene
200 oxidation. However no significant differences are found along the inhibition
201 activity at the different doses tested in this assay. Therefore, CPH showed only
202 a trend to inhibit copper-mediated oxidation in a dose dependent manner. $P <$

203 In addition, purified chickpea chelating peptide fractions, F1, F2 and F3,
204 also showed capability to inhibit copper mediated β -carotene oxidation with a
205 higher efficacy than the original protein hydrolysate (**Figure 2B**). Thus, while at
206 0.12 mg/mL CPH produced a not significant inhibition of copper mediated β -
207 carotene oxidation of 18.2% as compared to negative control, F1, F2 and F3
208 fractions showed a significant inhibition of 36% ($P < 0.01$), 45.5% ($P < 0.001$) and
209 40.3% ($P < 0.001$), respectively (**Figure 2C**). In addition, BHT showed a
210 significant inhibition ($p < 0.001$) of β -carotene oxidation of 69.3% as compared to
211 negative control (**Figure 2C**).

212 On the other hand, some peptides fractions purified by size exclusion
213 chromatography from fractions F1, F2 and F3 also showed inhibition of copper
214 mediated β -carotene oxidation at assay concentration (0.12 mg/mL) (**Figure 3**).
215 Thus, within fractions purified from F1, F1A and F1F showed no decreased
216 absorbance at 470 nm with respect to the negative control and, therefore, no
217 antioxidant effect. In contrast, F1B, F1D and F1E showed a significant inhibition
218 of copper mediated β -carotene oxidation with respect to the negative control by
219 50.7% ($P < 0.01$), 63.6% ($P < 0.001$) and 62.6% ($P < 0.001$) respectively (**Figure**
220 **3A**). Furthermore, F2A, F2B, F2C and F2D fractions showed similar antioxidant
221 activities decreasing significantly ($P < 0.001$) the β -carotene oxidation with
222 respect to the negative control by 50.6, 56.4, 55.4 and 43.2% respectively
223 (**Figure 3B**). Finally, within F3 fractions, F3A and F3B were pro-oxidant

224 whereas F3C, F3D and F3E fractions showed a significant ($p < 0.001$)
225 antioxidant activity inhibiting the copper mediated β -carotene oxidation by 67.9,
226 85.2 and 78% respectively. In addition, F3D and F3E showed a higher
227 antioxidant activity than BHT, which showed a significant ($p < 0.001$) inhibition of
228 copper mediated β -carotene oxidation of 70.4% at assay concentration (0.12
229 mg/mL).

230 **Inhibition of copper mediated fatty acids oxidation.**

231 Antioxidant activity of chickpea chelating peptides was further analysed in
232 a mixture of unsaturated fatty acids. Malondialdehyde (MDA) is one of the end
233 products of the peroxidation of polyunsaturated fatty acids and, therefore, its
234 quantification is considered a good index of lipid peroxidation process. The
235 most widely used method to measure MDA formation is the “thiobarbituric acid
236 reactive substances” (TBARS) assay²⁴. Copper mediated MDA generation was
237 determined after incubation of copper with fatty acids and chickpea chelating
238 peptides for 4, 8 and 24 hours.

239 **Figure 4A** shows fatty acids peroxidation, expressed as MDA formation
240 (μ M), in presence of BHT and CPH. CPH showed a decreased MDA formation,
241 as compared to the control, in a dose dependent manner. Thus, after 24 h, CPH
242 displayed a decreased MDA formation as compared to control by 12.4, 69.8 and
243 75.4% at 1, 2.5 and 5 mg/mL respectively. However, BHT showed a decreased
244 MDA formation as compared to control of 97.4% at 0.1 mg/mL, being 10-fold
245 more effective than the protein hydrolysate.

246 On the other hand, chickpea copper chelating peptide fractions, F1, F2
247 and F3, showed a higher decreased MDA formation than the original protein
248 hydrolysate (**Figure 4B**). Hence, F1 decreased copper mediated fatty acid

249 oxidation by 45.4% as compared to control. In addition, F2 as well as F3
250 showed a full inhibition of the fatty acid peroxidation after 24 h and at the
251 maximum assayed concentration (0.2 mg/mL). Moreover, F3 was the most
252 active peptide fraction showing this antioxidant effect also at lower
253 concentration (0.15 mg/mL), similarly to the synthetic antioxidant BHT (**Figure**
254 **4B**).

255 Inhibition of MDA formation by size exclusion peptide fractions purified
256 from F1, F2 and F3 was also studied (**Figure 5**). F1 fractions did not show
257 antioxidant activity at assay concentration (0.03 mg/mL). Moreover, F1A
258 fractions showed a pro-oxidant effect, which was also observed in the β -
259 carotene assay (**Figure 5A**). Among F2 fractions, F2A did not show antioxidant
260 activity. However, F2C and F2D showed full inhibition of fatty acids peroxidation
261 at 0.03 mg/mL after 24 h. F2B also displayed a potent antioxidant effect
262 decreased MDA formation of 94.1% as compared to control (**Figure 5B**) at the
263 same assay conditions. Finally, among F3 fractions, just F3D and F3E showed
264 antioxidant activity letting to a decrease in MDA formation as compared to
265 control of 100 and 93.6% respectively (**Figure 5C**).

266 **Inhibition of copper mediated low-density lipoprotein oxidation.**

267 Low-density lipoprotein (LDL) is highly sensitive to lipid oxidation by
268 transition metals, such as copper, due to its high content in polyunsaturated
269 fatty acids. Oxidation of LDL plays an important role in the development of
270 atherosclerosis. Hence, potential prevention of LDL oxidation by nutraceuticals
271 is becoming of interest for the food industry. Protein hydrolysates from different
272 natural sources have shown inhibitory activity of LDL oxidation in the presence
273 of copper. Thus, pepsin hydrolysates of algae ²⁵, egg white proteins ²⁶ and

274 *Ipomoea* proteins ²⁷ have been reported to show antioxidant activity. However,
275 this is the first time to our knowledge that copper chelating peptides have been
276 assayed for their LDL protective activity against copper mediated oxidation.
277 Copper binds to apolipoprotein B-100 present in LDL promoting its oxidation
278 through lipid radical generation ²⁸.

279 **Figure 6A** shows copper mediated LDL oxidation expressed as nmoles
280 MDA obtained per mg LDL, in presence of BHT and chickpea protein
281 hydrolysate. CPH showed inhibition of copper mediated LDL oxidation in a dose
282 dependent manner. Thus, after 24 h incubation, CPH decreased MDA formation
283 as compared to control by 26.8 and 73.9% at 0.02 and 0.1 mg/mL respectively.
284 However, this antioxidant effect was more than 10-fold lower than for BHT,
285 which showed full MDA formation inhibition at 0.01 mg/mL.

286 However, copper chelating peptide fractions F1, F2 and F3 showed an
287 antioxidant effect comparable to BHT, displaying full inhibition of copper
288 mediated LDL oxidation at 0.02 mg/mL after 24 h incubation (**Figure 6B**).

289 On the other hand, F1E and F1F provided the highest antioxidant activity
290 among size exclusion F1 fractions inhibiting MDA formation after 24 h by 53.5
291 and 37.4% as compared to control at assay concentration (0.03 mg/mL) (**Figure**
292 **7A**). F2 fractions showed a higher antioxidant activity being F2B the most active
293 (**Figure 7B**). Thus, F2B showed full inhibition of the copper mediated LDL
294 oxidation as compared to control at assay concentration (0.03 mg/mL) after 24
295 h incubation. F2A, F2C and F2D showed a reduced MDA formation as
296 compared to control by 77.1, 89.5 and 82.8% respectively, at the same assay
297 conditions (**Figure 7B**). Finally, F3C, F3D and F3E showed full inhibition of

298 copper mediated LDL after 24 h at assay concentration, showing similar efficacy
299 than BHT (**Figure 7C**).

300 **DISCUSSION**

301 In this work we show, for first time to our knowledge, the antioxidant
302 activity of peptide fractions purified from a chickpea protein hydrolysate
303 obtained by sequential hydrolysis with the digestive enzymes pepsin and
304 pancreatin. In particular, we have studied the capability of these peptide
305 fractions to inhibit the copper mediated oxidation in three different lipid systems:
306 β -carotene, mixture of unsaturated fatty acids and low density lipoproteins
307 (LDL).

308 In general, an increased antioxidant activity is observed from the parental
309 protein hydrolysate to peptides fractions purified by affinity and size exclusion
310 chromatography. We hypothesized that this is due to an increased proportion of
311 antioxidant peptides along the purification process. Accordingly, a
312 heterogeneous mixture of peptides is present in the parental hydrolysate
313 protein, including no active peptides that may produce antagonist effects
314 decreasing the antioxidant activity. In contrast, peptide fractions are more
315 homogeneous, evading these antagonist effects and increasing possible
316 agonist effects between active peptides.

317 Some of these peptides fractions have previously shown copper chelating
318 activity²⁰ and, therefore, they are expected to inhibit copper pro-oxidant effects.
319 Thus, a positive correlation between copper chelating activity and antioxidant
320 activity is observed reinforcing that antioxidant effects are mainly due to the
321 formation of copper chelates which counteract the pro-oxidant effect of this
322 metal. Hence, F2B, F2C, F2D, F3D and F3E, which were reported to be the

323 most copper chelating peptide fractions, were the most antioxidant peptide
324 fractions. This antioxidant activity may be due to the high histidine content of
325 these peptide fractions (15-34%) (**Table 1**). Histidine binds copper through its
326 imidazole ring inhibiting the copper mediated reactive oxygen species (ROS)
327 production ²⁸. In addition, these antioxidant effects may be also due to the
328 capability of this imidazole ring to act as hydrogen donor reducing lipid radicals
329 that are produced in lipid peroxidation process ²⁹.

330 On the other hand, F1D and F1E have also shown capability to inhibit
331 copper mediated oxidation in β -carotene and LDL lipid systems. However, these
332 fractions are not rich in histidine and, with the exception of F1D, did not show
333 copper chelating activity ²⁰. Nevertheless, this antioxidant effect may be due to
334 their arginine content (18-31%) (**table 1**). Arginine has shown antioxidant
335 properties due to its guanidine group ³⁰⁻³². On the other hand, F1F (27.5% Arg)
336 showed capability to inhibit the copper mediated oxidation only in the LDL
337 system. This may be due to the small molecular size of this fraction, which is
338 approximately in the free amino acids range ²⁰, that does not favour the
339 hydrogen donation from the guanidine group with the same efficiency than
340 peptides of 3-4 amino acids. In addition, different studies have shown that when
341 testing amixtures of amino acids found in antioxidant peptides, in the same ratio
342 than in the original amino acidpeptide sequence, the antioxidant effect was not
343 preserved ³³⁻³⁵. Therefore, the amino acid sequence is essential for the activity.

344 **CONCLUSION**

345 In conclusion, copper chelating peptides fractions purified from an
346 extensive chickpea protein hydrolysate have shown capability to inhibit the
347 copper mediated lipid peroxidation in three representative systems: β -carotene,

348 mixture of unsaturated fatty acids and low density lipoprotein. This antioxidant
349 effect is mainly due to the formation of copper chelates through the imidazole
350 ring of the amino acid histidine.

351 These peptide fractions may have high potential as ingredients for
352 functional food with antioxidant properties preventing the development of
353 different diseases related with lipid peroxidation process such as cardiovascular
354 and neurodegenerative diseases. In addition, they may also be of high interest
355 for the food industry increasing the nutritive value and shelf life of foods
356 products. Nevertheless, size exclusion peptide fractions were obtained in limited
357 amounts and, therefore, purification procedure with an increased efficacy might
358 be developed for industrial scale production. Furthermore, bioactive peptides
359 bioavailability studies to demonstrate their resistant to intestinal absorption and
360 gastrointestinal digestion might be also carried out before application in
361 functional food. Hence, further investigation regarding bioavailability, cost,
362 efficacy and safety studies might be done previously to their industrial
363 application.

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370

371

372 **CONFLICT OF INTEREST**

373 The Author(s) declare(s) that they have no conflicts of interest to disclose.

374

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463 **TABLE LEGENDS**

464 **Table 1.** Histidine and arginine content of chickpea protein hydrolysate
465 and chickpea peptides fractions.

466 **FIGURE LEGENDS**

467 **Figure 1.** Chickpea copper chelating peptides purification procedure.

468 **Figure 2.** Inhibition of copper mediated β -carotene oxidation by chickpea
469 protein hydrolysate (CPH) (0.12, 0.16 and 0.24 mg/mL) (**A**) and chickpea
470 peptides fractions purified by copper affinity chromatography, F1, F2 and F3
471 (0.12 mg/mL). Controls in presence and absence of copper were included as
472 negative (-C) and positive control (+C) respectively (**B**). Copper mediated β -
473 carotene oxidation decrease as compared to negative control (all samples at
474 0.12 mg/mL) (**C**). Graph represents the mean \pm standard error of the mean
475 (SEM) of a representative experiment with each concentration point performed
476 in duplicate. Copper mediated β -carotene oxidation was depicted as decrease
477 in absorbance at 470 nm along 60 min incubation. *** $P \leq 0.001$, ** $P \leq 0.01$,
478 * $P \leq 0.05$ as compared to negative control.

479 **Figure 3.** Inhibition of copper mediated β -carotene oxidation by size
480 exclusion peptide fractions purified from F1 (**A**), F2 (**B**) and F3 (**C**). Graph
481 represents the mean \pm SEM of a representative experiment with each
482 concentration point performed in duplicate. Copper mediated β -carotene
483 oxidation was depicted as decrease in absorbance at 470 nm along 60 min
484 incubation. *** $P \leq 0.001$, ** $P \leq 0.01$, * $P \leq 0.05$ as compared to negative control. All
485 samples assayed only at 0.12 mg/mL due to limited amount of samples.

486 **Figure 4.** Inhibition of copper mediated lipid peroxidation in unsaturated
487 fatty acids mixture (linolenic:linoleic:oleic 70:25:5) by chickpea protein
488 hydrolysates (CPH) (1, 2.5 and 5 mg/mL) (**A**) and chickpea peptide fractions F1,
489 F2 and F3 purified by copper affinity chromatography (0.15 and 0.2 mg/mL) (**B**).
490 Copper mediated lipid peroxidation was depicted as malondialdehyde (MDA)
491 formation after 4, 8 and 24 h incubation. Graph represents the mean \pm SEM of a
492 representative experiment with each concentration point performed in triplicate.
493 BHT: 0.1 mg/mL.

494 **Figure 5.** Copper mediated lipid peroxidation of unsaturated fatty acids mixture
495 (linolenic:linoleic:oleic 70:25:5) in presence of peptide fractions purified by size
496 exclusion peptide fractions purified from F1 (**A**), F2 (**B**) and F3 (**C**) (0.03
497 mg/mL). Copper mediated lipid peroxidation was depicted as malondialdehyde
498 (MDA) formation after 4, 8 and 24 h incubation. Graph represents the mean \pm
499 SEM of a representative experiment with each concentration point performed in
500 triplicate. BHT: 0.03 mg/mL.

501 **Figure 6.** Inhibition of copper mediated lipid peroxidation in low density
502 lipoprotein (LDL) by chickpea protein hydrolysates (CPH) at different
503 concentrations (**A**) and chickpea peptide fractions F1, F2 and F3 purified by
504 copper affinity chromatography (0.02 and 0.04 mg/mL) (**B**). Copper mediated
505 lipid peroxidation was depicted as nanomoles malondialdehyde (MDA)/mg LDL
506 after 4, 8 and 24 h incubation. Graph represents the mean \pm SEM of a
507 representative experiment with each concentration point performed in triplicate.
508 BHT: 0.01 mg/mL.

509 **Figure 7.** Inhibition of copper mediated lipid peroxidation in low density
510 lipoprotein (LDL) by size exclusion peptide fractions purified from F1 (**A**), F2 (**B**)
511 and F3 (**C**) (0.03 mg/mL). Copper mediated lipid peroxidation was depicted as
512 nanomoles malondialdehyde (MDA)/mg LDL after 4, 8 and 24 h incubation.
513 Graph represents the mean \pm SEM of a representative experiment with each
514 concentration point performed in triplicate. BHT: 0.03 mg/mL.

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Table 1

	His (%)	Arg (%)
CPH	3,0 ± 0,0	0,5 ± 0,1
F1	3,2 ± 0,0	24,9 ± 0,3
F2	17,4 ± 0,1	5,8 ± 0,2
F3	22,9 ± 0,0	5,9 ± 0,1
F1A	3,0 ± 0,3	4,7 ± 0,9
F1B	6,2 ± 1,0	7,1 ± 1,1
F1C	8,1 ± 0,1	10,5 ± 1,5
F1D	8,1 ± 0,2	18,2 ± 3,4
F1E	6,3 ± 2,2	30,9 ± 0,2
F1F	3,6 ± 3,5	27,5 ± 8,1
F2A	8,8 ± 0,1	6,4 ± 0,8
F2B	15,3 ± 0,4	3,9 ± 0,1
F2C	23,7 ± 0,7	5,2 ± 0,9
F2D	33,4 ± 2,3	7,1 ± 0,9
F3A	6,4 ± 3,2	6,3 ± 0,1
F3B	18,7 ± 4,7	5,7 ± 0,1
F3C	23,2 ± 3,2	5,1 ± 0,1
F3D	25,1 ± 11,3	5,2 ± 0,0
F3E	59,8 ± 5,3	9,7 ± 0,1

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Modified from Torres-Fuentes, Alaiz and Vioque (2011).

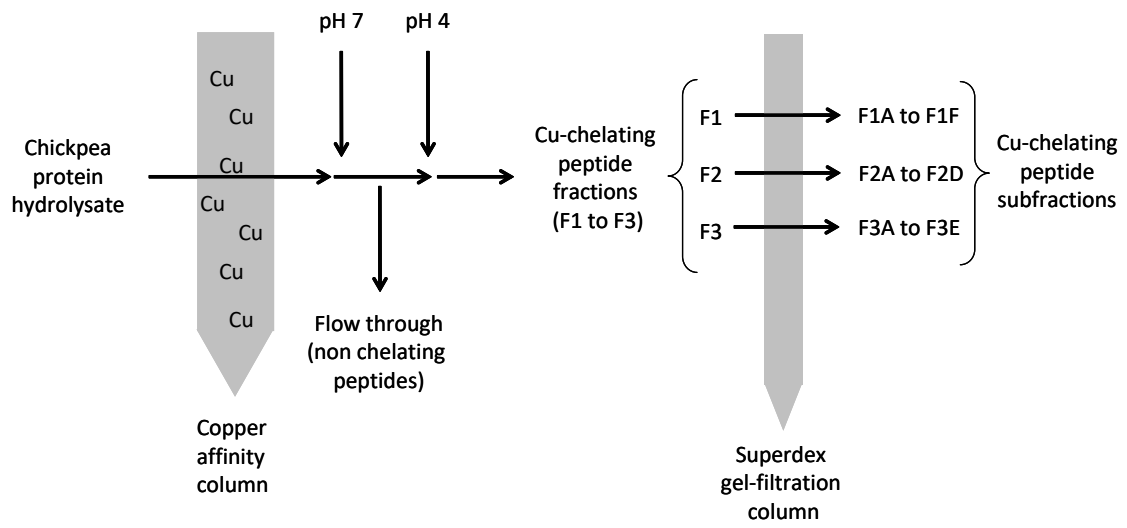


FIGURE 1

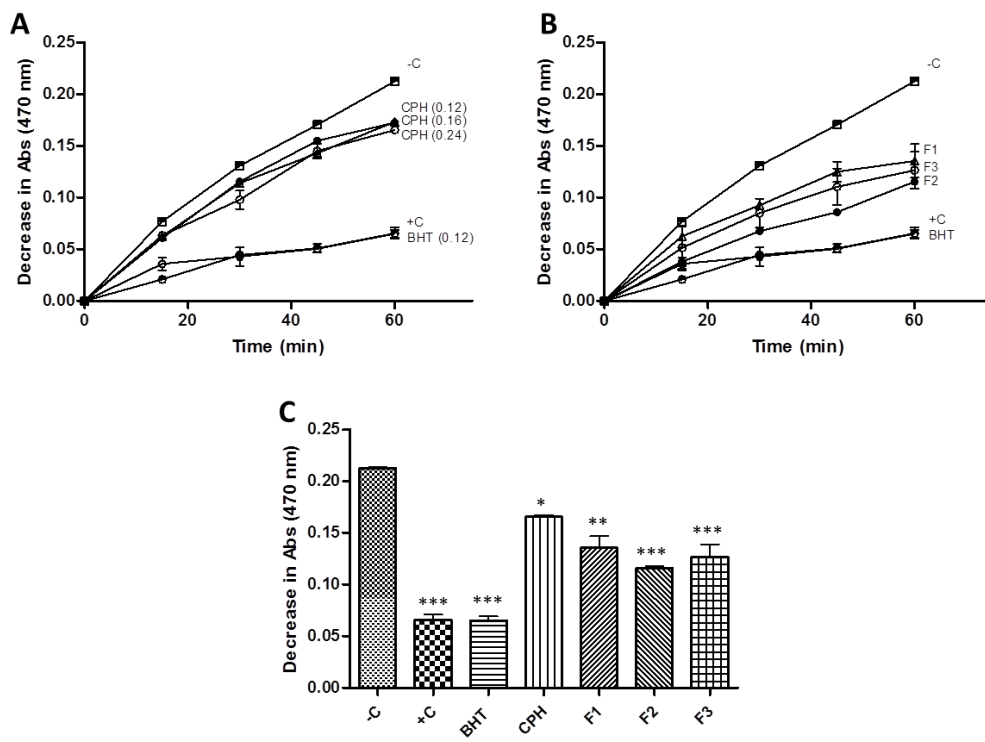


FIGURE 2

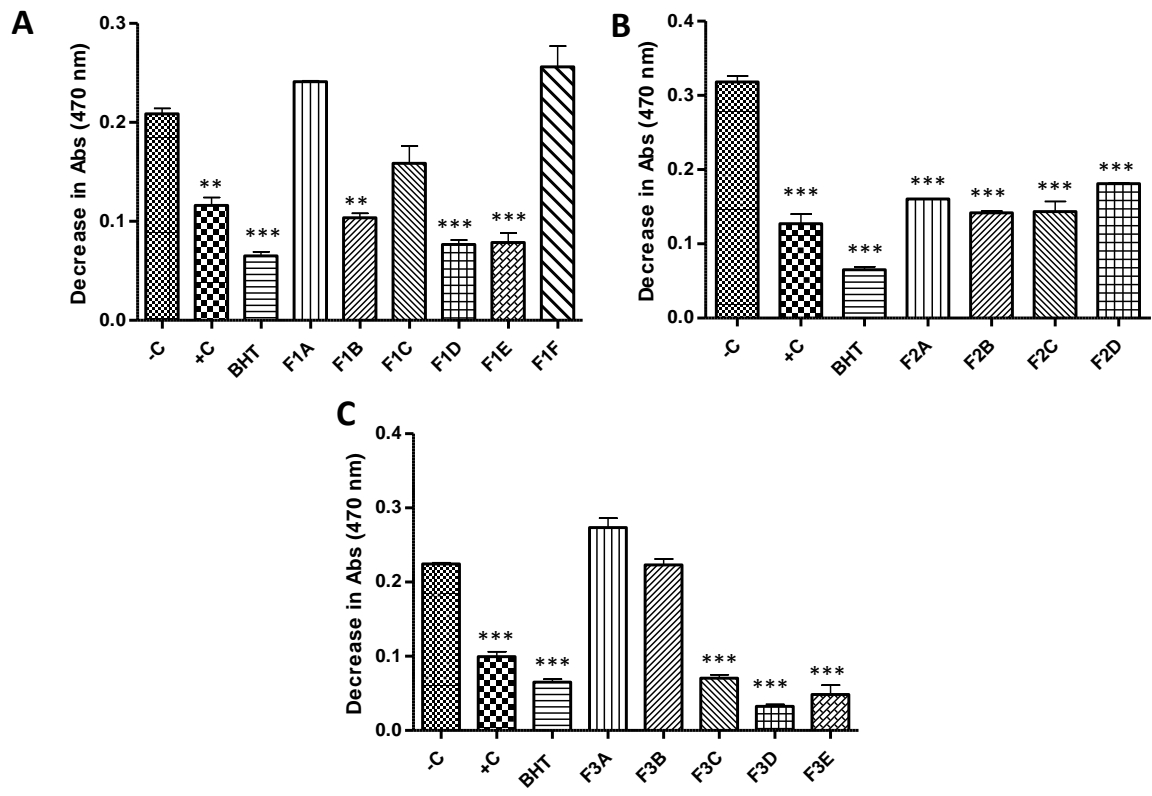


FIGURE 3

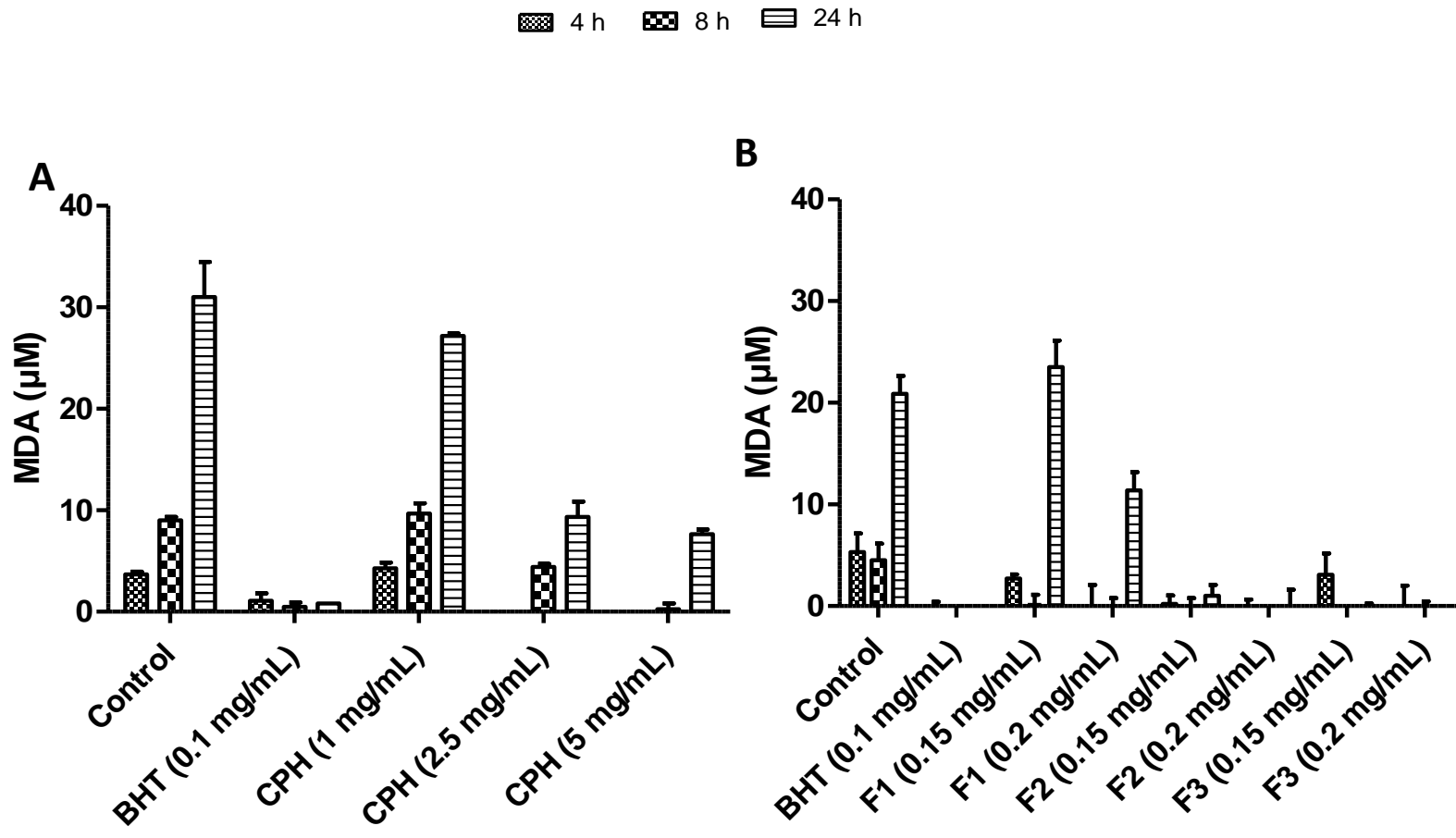


FIGURE 4

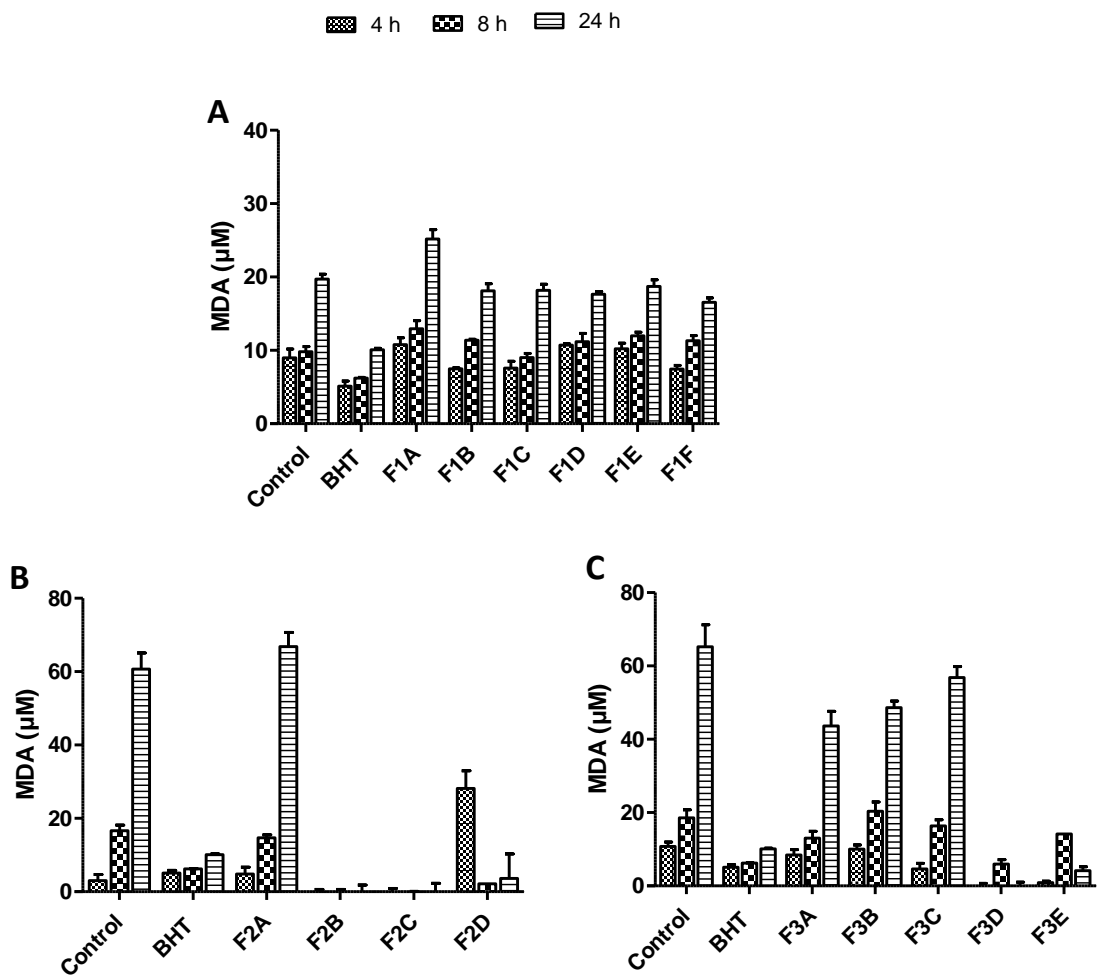


FIGURE 5

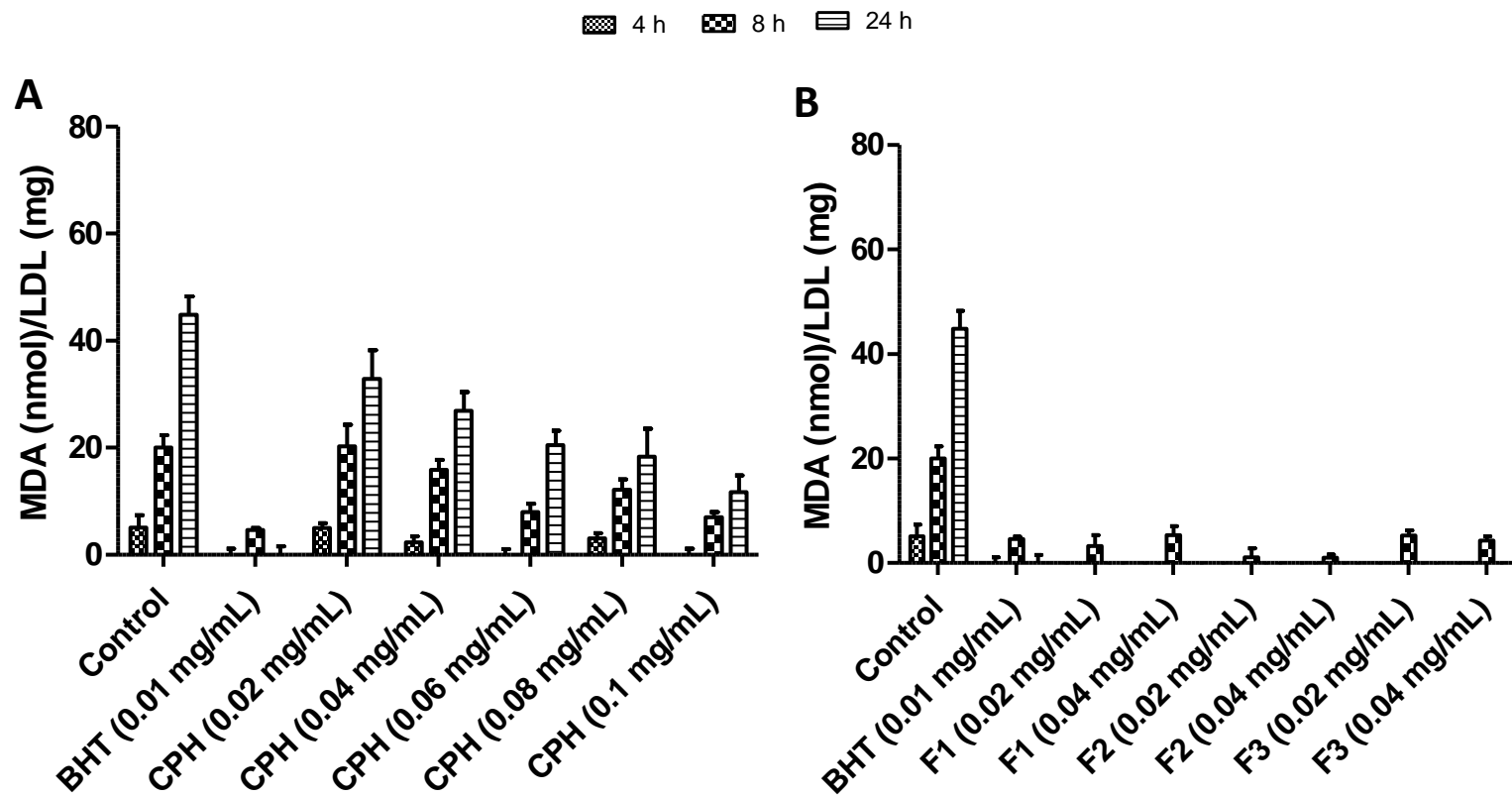


FIGURE 6

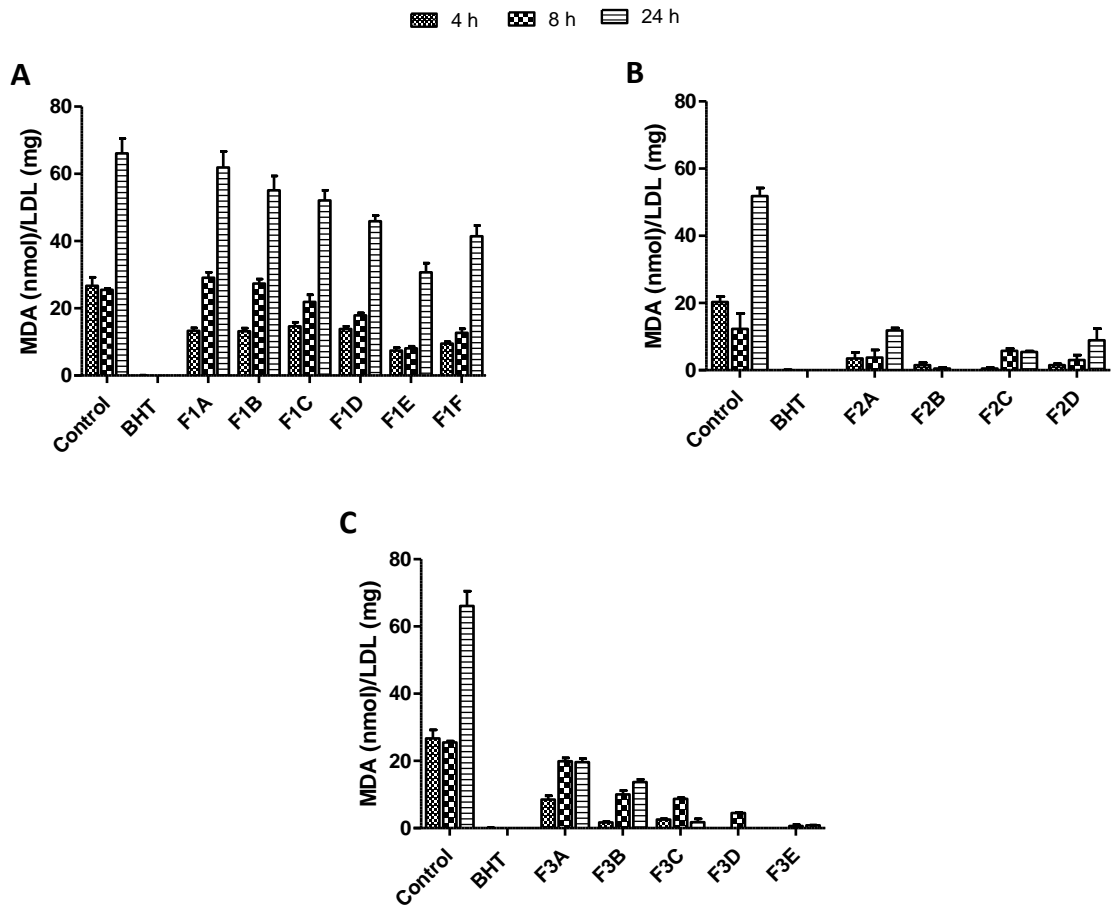


FIGURE 7