

1 **A disposable, simple, fast and low-cost paper-based biosensor and its application**
2 **to the determination of glucose in commercial orange juices.**

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11 **Abstract**

12 A new biosensor for monitoring glucose levels in beverages is presented. The
13 measurements are performed using potentiometric detection. Working electrodes
14 are made using platinised paper as support and a biocompatible polymeric
15 membrane made of a mixture of polyvinyl alcohol and chitosan containing glucose
16 oxidase as the recognition layer. The system is based on the detection of the
17 hydrogen peroxide generated by an enzymatic reaction performed in a highly
18 sensitive, selective and simple way. The biosensors display suitable analytical
19 performance (sensitivity -119.6 ± 6.4 mV/dec in the 0.03-1.0 mM range with a limit
20 of detection of 0.02 mM). Determination of glucose in commercial orange juices is
21 presented. These results were validated against conventional standard methods,
22 showing good accuracy and fast analytical response. The methodology presented

23 herein does not require complex samples treatment, offering an alternative to
24 conventional methods, particularly for determinations performed with minimal
25 expertise and without a laboratory infrastructure.

26 **Highlights**

- 27 ● A paper-based biosensor for monitoring the levels of glucose in beverages is
28 introduced.
- 29 ● The system shows high sensitivity, selectivity and fast response.
- 30 ● GOx entrapped in a biocompatible polymeric membrane enhances the sensor
31 long term stability.
- 32 ● The system allows the accurate, fast and ultra-low cost determination of
33 glucose without the need of an analytical laboratory.

34

35 **1. Introduction**

36 Glucose is one of the most important monosaccharides **found** in nature, either as a
37 monomer or as a part of more complex structures that serve as energy reserves in
38 animals and plants. From a metabolic perspective, glucose is involved in some of
39 the most fundamental processes, such as the photosynthesis **and respiration**. In the
40 food industry, glucose is employed in a wide range of applications, such as a
41 substrate for yeast in the fermentation process, as a flavour enhancer, etc. (Galant,
42 Kaufman, & Wilson, 2015). In fermentation processes such as winemaking,
43 monitoring the concentration of compounds such as glucose in the ferment broth is
44 important to control the evolution of the process. Fluctuations of the glucose
45 concentration are closely related to contamination of microorganisms as well as to

46 the quality of the final product (Mao, Wu, & Ying, 2008). For the food industry, the
47 quality of the products must be periodically evaluated and controlled in order to
48 preserve the product properties along the production and supply chain as well as to
49 optimize economic aspects, etc. Besides, the importance of monitoring the process
50 comes from consumer demanding safety products as well as the regulations from
51 the government. Conventional methods for quality control and food safety involve
52 analytical techniques that are expensive, time consuming, and require specific
53 equipment and trained people. Official methods for measuring glucose in different
54 products such as fruit juices, syrups, honey and non-alcoholic beverages include
55 chemical, volumetric and polarimetric methods, and gas and anion exchange
56 chromatographic methods (Official Methods of Analysis of AOAC INTERNATIONAL,
57 2005). For this reason, developing simpler, faster and cheaper methods for detecting
58 and quantifying glucose has gained great importance in food analysis (Monosik,
59 Stredansky, Tkac, & Sturdik, 2012; Neethirajan & Jayas, 2010; Walker & Lupien,
60 2000).

61 Electrochemical biosensors could have a significant impact on food quality control
62 by providing devices for faster monitoring during food production, packing, storage
63 and even transport (Galant et al., 2015; Mannino & Wang, 1992). The most popular
64 electrochemical biosensors make use of an enzymatic reaction coupled to
65 amperometric detection. This technique is highly sensitive, although it usually
66 requires the use of more than one enzyme and additional chemical compounds. For
67 this reason, alternative approaches that combine good analytical performance,
68 simplicity and low-cost are sought **after**. Potentiometric methods, for example, show

69 significant advantages. Potentiometry, based on the measurement of the difference
70 of electrical potential between a working and a reference electrode under almost
71 zero current conditions, is relatively fast, label free and has a wide linear range. With
72 an instrumentation that is fairly inexpensive, with very low power consumption and
73 simple to operate, potentiometric methods are robust, simple and compact.
74 Furthermore, recent advances in printed electronics and nanotechnology have
75 allowed the development of paper-based, ultra low-cost sensors (Novell, Parrilla,
76 Crespo, Rius, & Andrade, 2012). Indeed, potentiometry is an ideal tool for performing
77 field, on-site and out of the lab chemical measurements (Bakker & Bu, 2000; Bakker
78 & Pretsch, 2007; Janata, 2009).

79 Direct potentiometric measurements are ubiquitously used to monitor pH (glass
80 electrode), ions (ion-selective electrodes) and the redox potential of a system
81 (Oxidation reduction potential – ORP electrodes - which are often as simple as a
82 platinum probe). Indirect potentiometric measurements monitor a change produced
83 as a result of a specific reaction with the analyte. The use of enzymes as a highly
84 specific recognition event has been proposed decades ago. Potentiometric
85 biosensors based on monitoring the changes in pH (Timur & Telefoncu, 2004) or in
86 the redox potential (Tasca et al., 2007) have been proposed, but their impact has
87 been scarce. In the case of pH, the buffer capacity of a sample limits the applicability
88 of the technique. For the redox sensors, the interference produced by the presence
89 of redox-active substances has traditionally been considered a serious obstacle.
90 Nevertheless, with the increasing need for simpler, cheaper and robust sensors, the
91 interest in potentiometric tools has revived. Potentiometric biosensors are scarcely

92 used in food analysis. Some examples, such as the use of an ISE for the detection
93 of NH_4^+ to measure urea in milk (Trivedi et al., 2009) was reported. A promising
94 approach using enzyme-based potentiometric sensors immobilized on ZnO
95 nanostructures have been proposed, although no validation with real samples has
96 been yet reported (Usman Ali, Nur, Willander, & Danielsson, 2010). Very recently,
97 our group has proposed an alternative approach by monitoring the change in the
98 redox potential produced by the use of an oxidase enzyme (Parrilla, Cánovas, &
99 Andrade, 2017). Since this type of enzymes generates hydrogen peroxide, the
100 change on the redox potential was monitored by a Pt electrode coated with a Nafion
101 membrane. Nafion is a sulfonated fluoropolymer that acts as a permselective barrier
102 and thus minimizes interferences produced by redox active anions (Romero,
103 Ahumada, Garay, & Baruzzi, 2010), such as ascorbate, a substance commonly used
104 as a food preservative (Sung & Bae, 2006). Also, it has been reported that the
105 generation of a Donnan potential due to the ion-exchange capacity of Nafion leads
106 to an enhancement of the sensitivity of the detection, which is increased more than
107 5 times when compared to the bare Pt electrodes (Parrilla, Cánovas, & Andrade,
108 2016). Thus, in the simplest form, an enzyme trapped on the Nafion coating is used
109 as a potentiometric biosensor.

110 Potentiometric electrodes with immobilized enzymes are a promising tool to address
111 the growing interest in the food industry for the development of robust, fast, simple
112 and affordable methods to generate biochemical information without the need of a
113 laboratory. For this reason, this work presents for the first time a paper-based
114 potentiometric biosensor for monitoring glucose in drinks and beverages. The

115 biosensor is based on the use of platinized paper as substrate in order to reduce the
116 manufacturing cost, a Nafion coating to increase the sensitivity and minimizing the
117 interference on glucose measurements, and a layer of chitosan/PVA blend for the
118 immobilization of the enzyme, which enhances the enzyme activity and improves the
119 stability of the sensor. As a proof of concept, orange juice has been selected, since
120 the bulk of organic citrus juice consists of orange juice and is one of the most popular
121 among consumers due to its organoleptic properties (Liu, 2003; Spreen, 2001).

122 This work present the construction and analytical optimization of this sensor for the
123 direct determination of glucose in orange juice. The results show that the device is
124 robust, simple and fast, opening a new avenue for the use of potentiometric tools in
125 the food industry.

126 **2. Materials and methods**

127 2.1. Reagents

128 Glucose oxidase from *Aspergillus niger* with activity of 138 U/mg solid (EC 1.1.3.4),
129 Nafion 5 wt. % (in mixture of lower aliphatic alcohols and water contains 45 % water),
130 glucose, methanol, acetic acid (99-100 %), calcium carbonate, polyvinyl alcohol
131 (PVA) and chitosan with 75-85 % of deacetylation were purchased from Sigma-
132 Aldrich, Spain. Analytical grade salts of dibasic sodium (Na_2HPO_4) monobasic
133 potassium (KH_2PO_4) phosphate, potassium chloride (KCl) and sodium chloride
134 (NaCl) were purchased from Sigma-Aldrich. All solutions were prepared using
135 double distilled deionized water ($18.1 \text{ M}\Omega\cdot\text{cm}^{-1}$) produced by Milli-Q water system
136 (Millipore Corporation, Bedford, MA). Phosphate buffer saline (PBS) was prepared
137 by dissolving 0.100 M of Na_2HPO_4 ; 0.018 M of KH_2PO_4 ; 0.14 M of NaCl and 0.003

138 M of KCl in double distilled deionized water and adjusting the pH to 7.4.

139 2.2. Sensor preparation

140 2.2.1. Enzymatic membrane cocktail preparation.

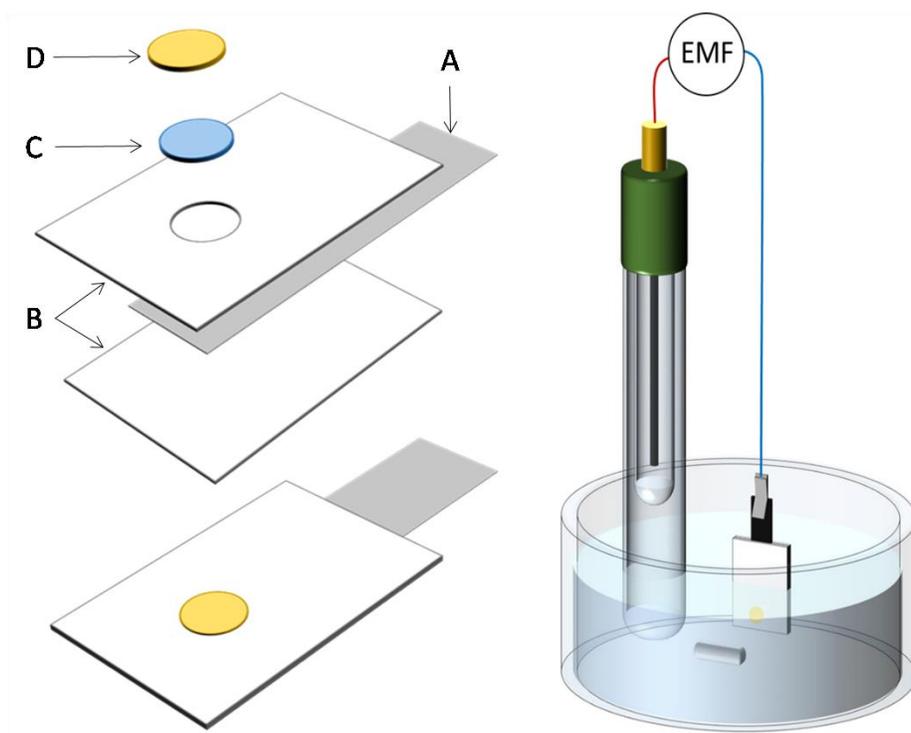
141 Three different solutions with variable amount of enzyme were prepared in order to
142 have final concentrations of 0.14, 0.41 and 0.69 Units/ μL of the enzymatic cocktail.
143 First, glucose oxidase was dissolved in 1.0 mL of a solution of 1 % wt of PVA in
144 water. Thereafter, 2.0 mL of a solution containing 1 % wt chitosan in 1 % wt acetic
145 acid were added. The solution was thoroughly mixed with a vortex mixer until a
146 homogenous solution was obtained. The mixture was always freshly prepared
147 before it was drop casted onto the platinised paper.

148 2.2.2. Sensor construction.

149 To build the redox-sensitive substrate, a 100 nm layer of platinum was
150 sputtered onto one side of a conventional filter paper (Whatman number 5)
151 using a radiofrequency sputtering source (ATC Orion 8-HV, AJA International)
152 operated at 3 mTorr, for 65 s at 200 W.

153 The conductive paper was then cut into strips of 0.5 cm x 2.0 cm and then
154 sandwiched between two 1.0 cm x 1.5 cm plastic masks (ARcare 8565, Adhesives
155 Research Inc., Limerick, Ireland) as shown in Figure 1. The top mask has an orifice
156 of 0.3 cm in diameter that leaves exposed the electroactive platinized window to cast
157 the membrane, as described elsewhere (Novell, Guinovart, Blondeau, Rius, &
158 Andrade, 2014; Novell et al., 2012). Thereafter, two aliquots of 5 μL of Nafion
159 solution at 2.5 % in methanol were subsequently drop casted onto the electroactive
160 window and dried at room temperature for at least 3 hours. Finally, 8 μL of the

161 enzymatic membrane cocktail was drop casted. The sensor was placed in an oven
162 at 37 °C for 2 hours. Figure 1 shows a scheme of the sensor with the different layers.
163 The sensor is stored at 4 °C in a desiccator with CaCO₃ until use.



164

165 **Figure 1** Schematic representation of glucose sensor construction (left): strip of platinised paper (A)
166 sandwiched between two plastic masks (B), with a Nafion layer (C), and a layer of enzymatic
167 membrane made with GOx/Chitosan/PVA (D). Illustration of the measuring setup (right).

168

169 2.3. Electrochemical measurements

170 Electromotive force (EMF) was measured with a high input impedance ($10^{15} \Omega$)
171 EMF16 multichannel data acquisition device (Lawson Laboratories, Inc. Malvern) at
172 room temperature in a stirred 100 mM phosphate buffer solution (PBS at pH 7.4). A
173 double junction Ag/AgCl/KCl 3 M (type 6.0726.200 Methrom AG) containing 1 M of
174 lithium acetate was used as the reference electrode. The paper electrode was
175 connected to the measuring instrument with a small clamp that makes contact with

176 the exposed platinised end of the paper. The electrode was immersed until the
177 membrane was fully covered by the solution. All the experiments were conducted at
178 room temperature (approximately 23°C) Measurements were performed by adding
179 a suitable amount of sample (or standard), and the reading was performed once a
180 stable signal was obtained.

181 2.4. Enzymatic assay

182 As a reference method, a commercial glucose assay kit (Sigma-Aldrich, GAGO20-
183 1KT) was used. The analytical procedure was performed according to the
184 manufacturer's instructions. Absorbance measurements were carried out in an 8453
185 UV-Vis spectrophotometer from Agilent Technologies (Barcelona, Spain) with a 10
186 mm light path glass cuvette (Hellma Analytics, Germany).

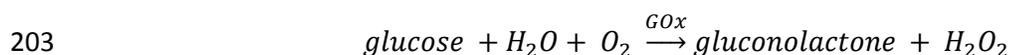
187 2.5. Analysis of real samples

188 To validate the sensor response, the proposed potentiometric method was applied
189 to the determination of glucose in 10 different brands of orange juice. The samples
190 were shaken before opening and used without any pre-treatment. The sensors were
191 first calibrated and rinsed 3 times with PBS, and finally applied to the measurement
192 of the samples. Samples were diluted 1:1000, and 1:500 with buffer solution (100
193 mM PBS, pH 7.4) depending on the concentration of glucose stated on the
194 packaging; some samples were low-carbohydrate thus requiring less dilution to fall
195 within the linear range. A proper amount of juice was added to the cell containing
196 PBS to achieve the dilutions. The values reported are the average of the
197 measurements performed using 3 different sensors.

198 3. Results and discussion

199 3.1. Principle of detection of glucose

200 The oxidation of β -D-glucose to gluconic acid catalysed by the enzyme glucose
201 oxidase (GOx) uses oxygen as an electron acceptor and generates hydrogen
202 peroxide (H_2O_2) as a reaction by-product:



204 A plethora of approaches using this reaction for the determination of glucose have
205 been proposed and are now in use. Most of the current methods make use of a dual
206 enzymatic system, where the hydrogen peroxide generated is used as a substrate
207 of a second reaction. In the spectrophotometric techniques, for example, the H_2O_2
208 generated is used to oxidize a chromophore in a secondary reaction with horseradish
209 peroxidase, with a resulting change of colour that can be measured (Johnson,
210 Lambert, Johnson, & Sunderwirth, 1964; Trinder, 1969). The same is true for the
211 amperometric techniques, where the peroxide cannot be detected directly because
212 of the interference of oxygen. Evidently, the need to incorporate an additional
213 enzymatic reaction to detect peroxide adds complexity to the system. In this work,
214 on the other hand, the hydrogen peroxide can be directly detected by the change
215 produced on the redox potential of the solution. Indeed, as a generic ORP detector,
216 Pt probes are sensitive to changes on the redox potential. In the case of the peroxide,
217 the reaction



219 produces a change that can be followed by the Pt electrode (Kumar, Kulkarni,
220 Dhaneshwar, & D'Souza, 1994). Thus, the concentration of glucose can be

221 calculated directly from the change in the redox potential produced by the hydrogen
222 peroxide generated (Wingard, Castner, Shang, Wolfson, Drash & Liu, 1984).
223 Nevertheless, because of the interferences produced by any other redox-active
224 species in the sample, this potentiometric approach has very limited applications.

225 In a recent work we have proposed a solution to this problem by using a Pt electrode
226 coated with a Nafion membrane. Nafion is a polyelectrolyte with negatively charged
227 sulfonate groups that act as a permselective barrier towards large anions. We have
228 previously demonstrated that this approach minimizes the interference of typical
229 redox-active anions, such as ascorbate (Parrilla et al., 2016) while **it** also significantly
230 enhances the sensitivity for the detection of peroxide (and therefore, for glucose).
231 This approach has shown optimum results for the determination of glucose in serum
232 and whole blood. Therefore, after proper optimization, it should be expected that it
233 could also be applied to the analysis of beverages.

234 3.2. Sensor construction

235 The immobilization of the receptor is a crucial step for the construction and
236 performance of the sensor. In particular, enzyme immobilization has been largely
237 studied (Brady & Jordaan, 2009; Brena & Batista-Viera, 2013). One of the
238 approaches often used is the entrapment or encapsulation via inclusion of the
239 enzyme in a polymer lattice such as chitosan, carboxymethyl cellulose, agarose or
240 starch (Sheldon, 2007). Chitosan and polyvinyl alcohol (PVA) are very attractive
241 materials for immobilization of enzymes due to their high affinity for proteins, easy
242 preparation and biodegradability. Moreover, chitosan is a natural
243 polyaminosaccharide soluble in aqueous acidic media at pH lower than 6.5, which

244 is commonly used for the immobilization of enzymes using the solvent evaporation
245 method. On the other hand, PVA is a synthetic polymer that has been widely used
246 in biochemical and biomedical applications. The high compatibility between PVA and
247 chitosan caused by intermolecular hydrogen bonding interactions allows a
248 membrane **to be obtained** with good characteristics for the entrapment of the GOx
249 (Batista, Marques, Yamashita, & Flávia, 2013; Kumar et al., 2010; Ming, Yu, Lang,
250 & Chien, 2004; Srinivasa, Ramesh, Kumar, & Tharanathan, 2003).

251 We therefore introduce here a sensor based on two layers: first, the Nafion layer that
252 provides sensitivity enhancement and selectivity and second, the recognition layer
253 based on the GOx entrapped in the biocompatible chitosan/PVA matrix that
254 enhances the stability on time. The optimization of the sensor response was studied
255 as a function of the GOx load, then the analytical parameters were characterized
256 and the sensor was validated with real samples, and **stability over time**.

257 3.3. Optimization of the response

258 For the optimization of the GOx load, three different enzymatic solutions were
259 prepared in order to afford 1.1, 3.3 and 5.5 Units of GOx per sensor. Figure 1S (see
260 supplementary information) shows the behaviour of the sensor in terms of sensitivity
261 when increasing the GOx amount on the surface of the sensor. As it can be
262 observed, as the enzyme load was increased (measured in units of enzymatic
263 activity), no significant improvement was detected. For the highest amount of GOx,
264 a slight sensitivity decrease was observed showing a sensitivity of -110.3 ± 10.3
265 mV/dec, and the linear range was narrower (from 0.03 to 0.3 mM), which may be
266 related to a decrease in the enzyme activity due to active site blocking (Bankar, Bule,

267 Singhal, & Ananthanarayan, 2009). Therefore, the subsequent experiments were
268 performed using 0.14 U/ μ L of GOx i.e. 1.1 Units of GOx per sensor. However, the
269 standard deviation of the sensitivity did not follow a clear trend and it could not be
270 assumed that it came from the enzyme amount. It could probably be more related to
271 the sensor construction process that involves several manual steps. Moreover, the
272 storage time between the construction and the use of the sensors maybe a relevant
273 parameter for this issue. This parameter will be indeed evaluated in the following
274 sections.

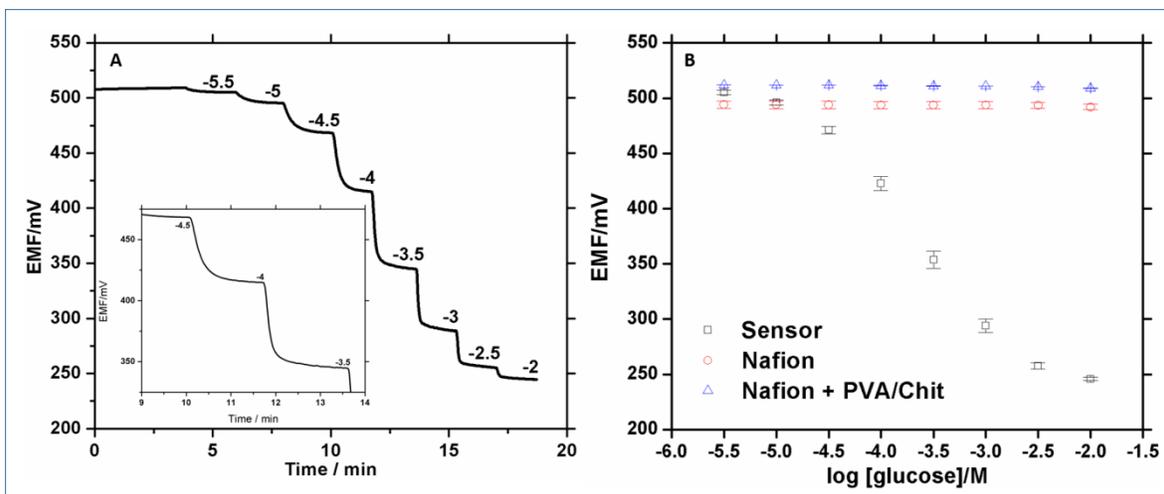
275 3.4. Analytical performance

276 The performance of the sensors was assessed by monitoring the change in
277 electrochemical potential produced when increasing the concentration of glucose.
278 Figure 2A shows the potentiometric time trace of a glucose sensor that shows that
279 the EMF decreases as the concentration of glucose increases, as it could be
280 expected from the reaction of oxidation of peroxide. The EMF was measured in a
281 range from $10^{-5.5}$ to 10^{-2} M of glucose. Variation in concentrations above 10^{-2} M did
282 not produce any significant change. Figure 2B displays the calibration curve for the
283 glucose sensor and two control experiments (blank electrodes): (a) an electrode
284 made only with a layer of Nafion over the platinised paper and (b) an electrode made
285 with the layer of Nafion and the immobilization membrane (Chitosan/PVA) without
286 the enzyme. None of the blank electrodes shows a response to the addition of
287 glucose due to the absence of enzymatic activity, i.e., since there is no generation
288 of H_2O_2 , no change in response of the platinised paper occur.

289 Optimized figures of merit for the determination of glucose are summarized in Table

290 1. The sensor shows a sensitivity of -119.6 ± 6.4 mV/dec in the 0.03 to 1 mM linear
291 range with a limit of detection of 0.02 ± 0.01 mM, in agreement with what has been
292 already reported (Parrilla et al., 2017). It should be stressed that the relatively high
293 sensitivity obtained is the result of the use of Nafion membrane. Indeed, bare Pt
294 electrodes show responses in the order of 20-40 mV/decade (depending on the
295 condition of the Pt surface) (Parrilla et al., 2016). This enhanced sensitivity is the
296 result of the Donnan potential created by the polymeric membrane, which enhances
297 the sensitivity for the detection of Pt. Therefore, this coated platinised paper-based
298 sensor presents better figures of merit than some other amperometric sensors
299 (Mignani, Scavetta, & Tonelli, 2006), and clearly a much simpler construction and
300 operation.

301 In terms of the limit of detection, the concentration of glucose in many beverages is
302 well above the limit of detection, thus encouraging further development of the sensor.
303 The response time of the sensor is between 20 to 30 seconds, much faster than the
304 conventional enzymatic assay that usually requires as much as 30 minutes for the
305 development of the colorimetric reaction. In addition, the potentiometric paper-based
306 sensor requires less reagents and equipment compared to the standard methods,
307 such as the enzymatic assay or chromatography, making the new sensor a simple,
308 faster and low cost method.



309

310 **Figure 2** Potentiometric response for the glucose sensor. (A) Time trace for the sensor upon
 311 increasing glucose concentration and (B) calibration plot for the sensor and blank electrodes (mean
 312 \pm S.D., N=3).

313 **Table 1** Analytical performance of glucose sensor (N=3).

	Glucose sensor (N=3)
Sensitivity (mV/dec)	-119.6 ± 6.4
Linear Range (mM)	0.03 to 1.0
LOD (mM)	0.02 ± 0.01
Response time (s)	20-30

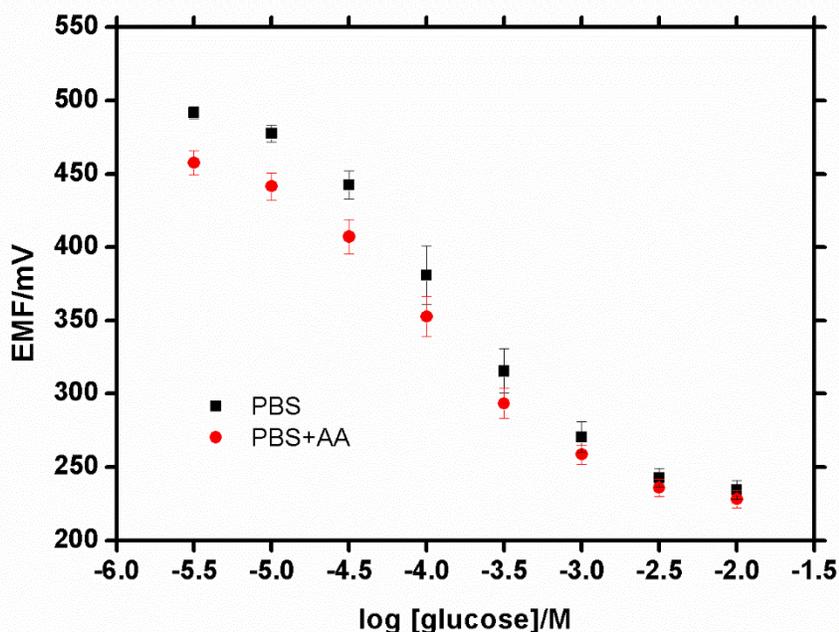
314

315 These analytical parameters are compared with the ones reported for other
 316 potentiometric glucose biosensors in Table 1S. The developed sensor has the
 317 highest sensitivity, which is crucial for the detection of glucose in real samples. The
 318 linear ranges are comparable in most of the examples reported although some
 319 previous works reports much lower limit of detection. Nevertheless, the usefulness
 320 of both the linear range and limit of detection should be focused on the detection in
 321 real samples, i.e. a low limit of detection would be relevant for determination of
 322 glucose in saliva for instance. In the selected reports, only half of the works displayed
 323 detection in real samples. For the detection of glucose in beverages, the
 324 performance of the proposed sensor meets the required analytical standards. Lastly,

325 if we compare the response time, there are sensors with response time lower than
326 10s, our sensor response is 20-30s. In addition, traditional methods used in the food
327 and beverage fields typically require in the order of 30 minutes only for the enzymatic
328 reaction to be completed. Therefore, a sensor with a response time below the single
329 minute is very promising.

330 3.5. Interferences

331 Reducing agents -such as ascorbic acid (AA)- might interfere with the sensor
332 response. Ascorbic acid is often employed in food industry as a preservative. In
333 drinks and beverages it can be found in a range from 0.14 to 2.44 mM of fruit juice
334 (Kabasakalis, Siopidou, & Moshatou, 2000). This is a very high concentration that
335 may have a significantly negative effect on the measurements. However, since
336 samples have to be diluted to fit within the linear range of the sensors, the effect of
337 the ascorbic acid is also minimized. The concentration of ascorbic acid used is 0.01
338 mM, which corresponds to the highest amount of AA found in a diluted sample of
339 fruit juice according to the values reported. This issue is demonstrated in Figure 3
340 where calibration curves with and without AA background are reported. There is a
341 decrease in the initial potential from 491.8 ± 4.0 to 457.6 ± 8.3 mV and the sensitivity
342 of the electrodes decreased from -116.2 ± 2.9 down to -100.9 ± 3.8 mV/dec when AA
343 is added as background. However, the linear range as well as the limit of detection
344 remain the same (Table 2S, supplementary information).



345

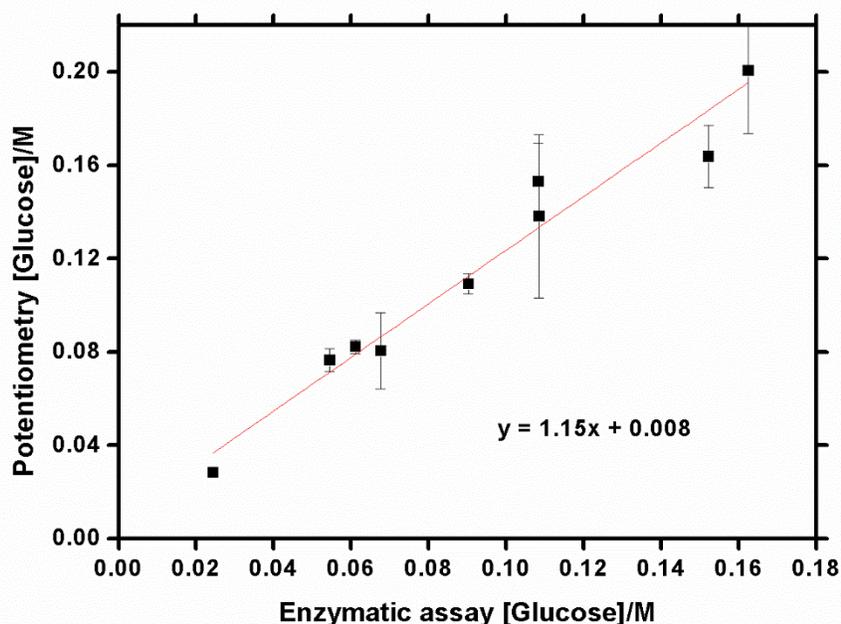
346 **Figure 3** Calibration plot for sensors using PBS and PBS with ascorbic acid (0.01 mM) used as a
347 background (mean \pm S.D., N=3).

348

349 3.6. Analysis of real samples and validation

350 Figure 4 shows the comparison between the values obtained using two different
351 methods: the potentiometric sensor and the commercial enzymatic assay. Nine
352 different samples of commercial orange juices (3 of them sold as reduced sugar
353 content) were measured by both methods and compared. As it can be seen, the
354 correlation between the methods was linear, with a slope close to 1 and an
355 intersection close to 0, which confirms the good correlation between the two
356 methods. The slight difference between the values could be related to the standard
357 solutions of glucose used (see values in the supplementary information Table 3S).
358 The solution provided with the enzymatic kit contains benzoic acid as a preservative,
359 which was not added to the potentiometric standard solutions. In order to confirm

360 this issue, solutions of 0.3 mM were prepared from the enzymatic kit and together
361 with the potentiometric standard solutions were measured with the paper-based
362 sensors. The response obtained for the standard solution of the kit was higher by
363 3.3% (in mV) than the response for the standard solution used for potentiometry.
364 When the response in potential was converted into glucose concentration (M) the
365 overestimation for the standard solution for potentiometry was 19 % higher than the
366 one calculated for the standard solution of the kit. Further studies are in process to
367 overcome this issue. The supplementary information contains the summarized
368 values and the values with a preliminary correction made taking into consideration
369 the possible effect caused by the benzoic acid (Figure 3S). The difference between
370 the measurement made by our sensor and the reference method is indeed caused
371 for the benzoic acid, which was already reported in the past (Hall & Keuler,
372 2009). The concentration of glucose measured with the sensors is in agreement with
373 the concentration obtained with the reference method, making the proposed sensor
374 useful to measure the glucose concentration in real samples without the interference
375 of AA.



376

377 **Figure 4** Prediction of glucose (M) in real samples by the sensor and enzymatic assay.

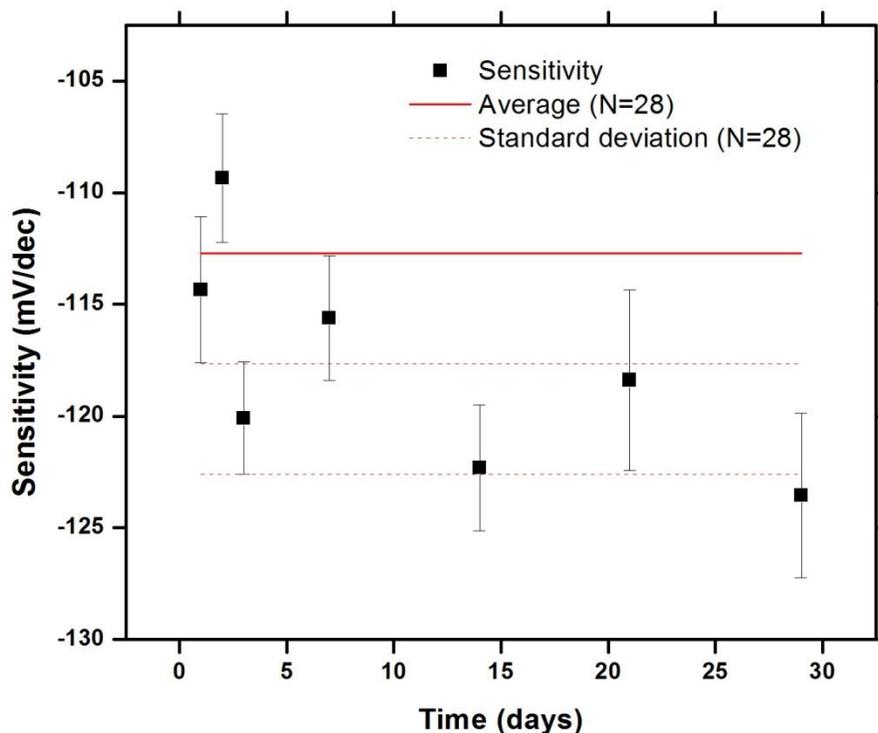
378

379 3.7. Shelf life of sensors.

380 The shelf life of the sensor was assessed by evaluating the performance after 1, 2,
381 3, 7, 14, 21 and 28 days. A batch of 28 electrodes was used for this study. All of
382 them were prepared on the same day and under the same conditions. A set of four
383 electrodes was evaluated (sensitivity, LR and LOD) every day (storing the others in
384 the fridge). Figure 5 shows the average of the sensitivity obtained during a month
385 with a standard deviation as low as 4.9 mV/dec. Therefore, the performance of the
386 sensors does not deteriorate over time. The linear range (from 0.03 to 1 mM) as well
387 as the limit of detection (LOD) remains in the same interval during the whole study.
388 Sensitivity and LOD values for each day of evaluation, with the standard deviation
389 corresponding to each set of 4 electrodes, are shown in supplementary information

390 (Table 4S). The shelf life of the sensor depends on the conservation of the enzymatic
391 activity. Using biocompatible polymeric membranes to immobilize the enzyme may
392 enhance its stability in the sensor. The value of sensitivity on day 28 (-123.5 ± 3.7)
393 confirms that the enzyme activity has remained constant. This improvement could
394 be related to the structure of the chitosan/PVA matrix because the structure of the
395 polymeric lattice protects the enzyme from variations of the chemical surrounding
396 during the storage time such as pH and temperature that may denature it (Batista et
397 al., 2013; Brena & Batista-Viera, 2013; Mateo, Palomo, Fernandez-Lorente, Guisan,
398 & Fernandez-Lafuente, 2007; Sheldon, 2007). The sensor can be used for at least
399 one month after its construction if stored at 4 °C under minimal controlled humidity
400 conditions. Moreover, the concentration of glucose of one selected brand of orange
401 juice previously evaluated (sample 9, supplementary information) was measured
402 every day with the sensors previously calibrated. Even on the final days of
403 measurements, that is when the paper-based sensors present higher standard
404 deviation, the glucose concentration value obtained for the tested juice is in
405 accordance with the value obtained by the reference method (Table 4S,

406 supplementary information).



407

408 **Figure 5** Sensitivity (mV/dec) average values with its standard deviation over time. The average value
409 of all the sensors with the standard deviation are represented by the horizontal lines (N=28).

410

411 **4. Conclusion**

412 The development of a low cost potentiometric enzyme-based electrode for the
413 determination of glucose in fruit juices has been described. Using a low amount of
414 enzyme, we have achieved the development of a sensor with high sensitivity for the
415 analyte. This sensor also reports sufficient selectivity to perform the measurements
416 in real samples without any complex pre-treatment of the sample. What is more, no
417 special reagents nor equipment is required. The combination of the potentiometric
418 detection with paper-based sensors and the use of a Nafion membrane which allows
419 direct detection of hydrogen peroxide makes this system a low-cost alternative for

420 conventional methods. For example, from an instrumental point of view, an existing
421 pH-meter device or a simple voltmeter could be used to monitor the signal.”This work
422 **provided** the basis for taking the analysis out of the laboratory, which can be an
423 improvement for the food industry as well as for the wine industry. We are currently
424 working on the enzyme immobilization method to reach direct potentiometric
425 measurements (without any treatment, dilution etc.). Eventually, the versatility of the
426 approach could be demonstrated by the incorporation of other enzymes of great
427 interest for the agro-food field.

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