### **RESEARCH ARTICLE**

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# $M_1$ and $M_2$ mAChRs activate PDK1 and regulate PKC $\beta I$ and $\epsilon$ and the exocytotic apparatus at the NMJ

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### Abstract

Neuromuscular junctions (NMJ) regulate cholinergic exocytosis through the  $M_1$  and  $M_2$  muscarinic acetylcholine autoreceptors (mAChR), involving the crosstalk between receptors and downstream pathways. Protein kinase C (PKC) regulates neurotransmission but how it associates with the mAChRs remains unknown. Here, we investigate whether mAChRs recruit the classical PKC $\beta$ I and the novel PKC $\epsilon$  isoforms and modulate their priming by PDK1, translocation and activity on neurosecretion targets. We show that each  $M_1$  and  $M_2$  mAChR activates the master kinase PDK1 and promotes a particular priming of the presynaptic PKC $\beta$ I and  $\epsilon$  isoforms.  $M_1$  recruits both primed-PKCs to the membrane and promotes Munc18-1, SNAP-25, and MARCKS phosphorylation. In contrast,  $M_2$  downregulates PKC $\epsilon$  through a PKA-dependent pathway, which inhibits Munc18-1 synthesis and PKC phosphorylation. In summary, our results discover a co-dependent balance between muscarinic autoreceptors which orchestrates the presynaptic PKC and their action on ACh release SNARE-SM mechanism. Altogether, this molecular signaling explains previous functional studies at the NMJ and guide toward potential therapeutic targets.

### **KEYWORDS**

muscarinic receptors, neuromuscular junction, PDK1, PKC, SNAP-25

**Abbreviations:** ACh, acetylcholine; Atr, atropine;  $Ca^{2+}$ , calcium; cPKC, classic PKC isoform; Dk, donkey; M<sub>1</sub>, muscarinic acetylcholine receptor 1 subtype; M<sub>2</sub>, muscarinic acetylcholine receptor 2 subtype; mAChR, muscarinic acetylcholine receptor; MARCKS, myristoylated alanine-rich C-kinase substrate; Met, methoctramine; Ms, mouse; Munc18-1, mammalian homologue of UNC-18; NMJ, neuromuscular junction; nPKC, novel PKC isoform; Pir, pirenzepine; PKC, protein kinase C; PKC $\beta$ I, protein kinase C isoform Bi; PKC $\epsilon$ , protein kinase C isoform  $\epsilon$ ; RACK1, receptor for activated C-kinase 1; Rb, rabbit; SNAP-25, synaptosome-associated protein 25;  $\beta$ IV<sub>5-3</sub>, PKC $\beta$ I inhibitor peptide;  $\epsilon$ V<sub>1-2</sub>, PKC $\epsilon$  inhibitor peptide.

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### SEBJOURNAL **INTRODUCTION** 1

Neuromuscular junctions (NMJ) express muscarinic acetylcholine receptors (mAChR) to sense how much acetylcholine is released and tune exocytosis in feedback. This coordination is achieved through the potentiating and inhibitory actions of M<sub>1</sub> and M<sub>2</sub> mAChR subtypes, respectively.1 In general, the M1 mAChR is classically associated to  $G\alpha_{\alpha}$  proteins and protein kinase C (PKC), whereas the M<sub>2</sub> mAChR is linked to Ga<sub>i</sub> proteins and protein kinase A (PKA) inhibition. However, this essential signaling is highly complex because it involves multiple downstream transduction pathways and the crosstalk between receptor subtypes. An example of this complexity at the NMJ is that the  $M_2$  muscarinic receptor needs the association to  $M_1$  to regulate the neuromuscular PKA molecular dynamics.<sup>2</sup> Also, the selective inhibition of both mAChR subtypes induce PKC action on NMJ neurotransmission<sup>1</sup> in which PKC plays an essential role.<sup>3,4</sup> At the adult NMJ, PKC coupling to ACh release requires a stimulus like calcium, presynaptic stimulation or the modulation of mAChR.<sup>1,3,5</sup> However, the molecular PKC signaling coupled to the ACh release associated to these signals, including the mAChR regulation, remains to be elucidated.

Previously to its activation, PKC undergoes a process of maturation (priming) to become competent to respond to second messengers.<sup>6,7</sup> PKC maturation involves three phosphorylation steps: the first is mediated by the phosphoinositide-dependent kinase 1 (PDK1) in the activation loop of the catalytic domain and the second and third are PKC autophosphorylations in the turn and hydrophobic motifs of the carboxy-terminal region.<sup>8,9</sup> Once matured, PKC stays in the cytosol in an inactive conformation ready to be activated.9-11 Although PKC maturation was initially seen as constitutive, further studies found several stimuli which can induce it.<sup>12-15</sup> Finally, PKC activation requires its recruitment to the membrane, which is driven by binding to calcium, diacylglycerol and phosphatidylserine for classical PKC isoforms (cPKCs) and diacylglycerol and phosphatidylserine for novel PKC isoforms (nPKCs).<sup>16</sup> To end their signal, active PKCs are prone to be ubiquitinated and undergo activationinduced degradation.<sup>17-20</sup>

PKC phosphorylates many targets, which participate in general intracellular processes as well as neurotransmitter release. However, little is known about the role of each PKC isoform. Determining how extracellular receptors recruit specific PKC isoforms is crucial to predict how cells respond to extracellular signals. The cell components of the NMJ express different PKC isoforms, which likely help to finely regulate ACh release.<sup>21-23</sup> Of particular interest are PKCBI and PKCE, which are exclusive of the presynaptic nerve terminal and essential for ACh release.<sup>22,24</sup> For example, PKC phosphorylates the Ser<sup>306</sup> and Ser<sup>313</sup> of the

accessory SNARE protein Munc18-1 (mammalian homologue of UNC-18), an essential, neuron-specific protein involved in neurotransmitter release<sup>25-28</sup> to prime vesicle fusion and increase the pool available for release.<sup>29,30</sup> At the NMJ, PKCBI and PKCE isoforms coordinately regulate Munc18-1 activity-dependent phosphorylation.<sup>31</sup> Another PKC substrate is SNAP-25 (synaptosome-associated protein 25), a component of the SNARE core complex. PKC phosphorylates SNAP-25 on Ser<sup>187</sup>, a critical residue for calcium-triggered exocytosis.<sup>28,32-36</sup> This phosphorylation occurs after synaptic activity and high intracellular calcium and promotes vesicle pool refilling.4,36,37 At the NMJ, PKCe regulates its activity-dependent phosphorvlation.<sup>38</sup> Another example is MARCKS (myristoylated alanine-rich C-kinase substrate), a widely distributed PKC substrate which rearranges actin in the cytoskeleton in response to extracellular signals. Its phosphorylation is a marker of PKC activation in vivo<sup>39</sup> and it is also implicated in cholinergic neurosecretion and membrane trafficking.<sup>40</sup> At the NMJ, MARCKS phosphorylation has been linked with PKCe activity.23

Although PKC plays an essential role at the neurotransmission at the NMJ,<sup>1</sup> it is unknown the molecular PKC signaling coupled to the ACh release associated to its inducer signals, including the mAChR regulation. In the present work, we investigate whether M<sub>1</sub> and M<sub>2</sub> mAChRs regulate the PDK1-induced priming and recruit the classical PKCBI and the novel PKCe isoforms and modulate their maturation, membrane translocation and the phosphorylation of Munc18-1, MARCKS, and SNAP-25, crucial targets for neurosecretion. To analyze it, we studied the effect of muscarinic blockade on PDK1, PKCBI, and PKCE isoforms and their targets. Our results show a novel link between M<sub>1</sub> and M<sub>2</sub> signaling and the master kinase PDK1 and highlight the relevance of the balance between the presynaptic muscarinic autoreceptors M<sub>1</sub> and M<sub>2</sub> to influence a pool of PKC isoforms, which finely tuned the ACh release SNARE-SM mechanism.

#### 2 **MATERIALS AND METHODS**

#### 2.1 Animal welfare

The animals were cared for in accordance with the European Community Council Directive guidelines for the humane treatment of laboratory animals. Adult Sprague-Dawley rats (40-80 days; Criffa, Barcelona, Spain) were euthanized for tissue harvest and analysis. Animals were randomly assigned to the different treatments and at least three animals  $(n \ge 3)$  were used as biological replicates for every experiment detailed below. All animal work was approved by the Ethics Comitee of Animal Experimentation of the Universitat Rovira i Virgili.

### 2.2 | Chemicals

Muscarinic inhibition. Pirenzepine dihydrochloride (Tocris): 10 mM stock and used at 10  $\mu$ M. Methoctramine tetrahydrochloride (Sigma): 1 mM stock and used at 1  $\mu$ M. Atropine (Sigma): 200  $\mu$ M stock and used at 2  $\mu$ M.

PKC inhibition. The activity of PKC isoforms was blocked with PKC-derived peptides which compete for the receptor for activated C-kinase 1 (RACK1) binding and disrupt the cellular targeting of PKC isoforms. The PKCBI inhibitor βIV<sub>5-3</sub> peptide<sup>41,42</sup> was kindly provided by Dr Mochly-Rosen from Stanford University and the PKC $\varepsilon$  inhibitor  $\varepsilon V_{1,2}$  peptide<sup>43</sup> from MERCK. Both peptides are <40 amino acids (βIV<sub>5-3</sub>, CKLFIMN; εV<sub>1-2</sub>, EAVSLKPT). Briefly, blocking PKCβI with βIV<sub>5-3</sub> did not affect PKCβII<sup>44</sup> and blocking PKC $\varepsilon$  with  $\varepsilon V_{1-2}$  did not affect the novel PKC $\delta$  or classical PKC isoforms.  $\frac{143,45,46}{12}$  Furthermore,  $\epsilon V_{1-2}$  peptide has been validated with PKCe knockout mice.<sup>47,48</sup> Also, multiple sequence alignment reveals that  $\beta IV_{5.3}$  peptide shares 100% identity with PKCBI (Uniprot ID: P68403-1) and 0% identity with PKC $\varepsilon$  (Uniprot ID: P09216). Additionally,  $\varepsilon V_{1-2}$  peptide shares 0% identity with PKCBI and 100% identity with PKCE. Working concentrations were optimized to 10 µM for  $\beta IV_{5,3}^{22}$  and 100  $\mu M$  for  $\epsilon V_{1,2}^{23}$ . The difference in concentration was due to  $\beta IV_{5-3}$  peptide being connected to a deliverer peptide to enhance cell penetration.

PDK1 inhibition. PDK1 activity was blocked with GSK2334470, from MERCK. This highly specific inhibitor, only inhibited PDK1 activity without affecting 93 other kinases screened, including PKC and PKA.<sup>49</sup> GSK2334470 was made as 5 mM stock in DMSO and used at 2  $\mu$ M on excised diaphragm muscles.

PKA inhibition. PKA activity was blocked with N-[2-((p-bromocinnamyl)amino)ethyl]-5-isoquinolinesulfonamide dihydrochloride (H89, Calbiochem). H89 was made as 5 mM stock and used at 5  $\mu$ M.

All chemicals were diluted in Ringer as specified and both control and drug-containing solutions contained dimethyl sulfoxide as vehicle at a final concentration of 0.1% (v/v).

### 2.3 | Treatments

The treatments were performed ex-vivo on excised diaphragm muscles. The experimental design was pairwise: one hemidiaphragm underwent the treatment while the other served as its paired control. In single-inhibitor treatments, the treated preparation was incubated for 60 minutes in Ringer solution containing the inhibitor. We used double-inhibitor treatments to study the implication of PKC in muscarinic signaling. In these, the treated hemidiaphragms were first preincubated for 30 minutes in Ringer solution containing a kinase inhibitor ( $\beta IV_{5-3}$ ;  $\epsilon V_{1-2}$  or H89) and afterwards for further 30 minutes in Ringer solution containing the kinase inhibitor plus the muscarinic inhibitor indicated. The control pairs of the doubly inhibited preparations were incubated for 60 minutes in Ringer solution containing the appropriate kinase inhibitor to normalize its effects.

### 2.4 Sample processing and fractionation

The diaphragm muscle was obtained from adult Sprague-Dawley rats (P40-60) immediately after euthanasia. Unconsciousness was induced by an intraperitoneal injection of tribromoethanol 2% (0.15 mL/10 g body weight) and afterwards euthanasia was performed through anaesthesic overdose. As indicated in the Directive 2010/63/EU and the Real Decreto 53/2013, death was confirmed by exsanguination. Diaphragms were excised with the phrenic nerve, taking special care to isolate the same nerve length and avoid connectivity damage.

Whole cell lysate. After treatment, muscles were immediately frozen in liquid nitrogen. Homogenization was performed with an overhead stirrer (VWR International, Clarksburg, MD) in ice-cold lysis buffer (in mM: NaCl 150, Tris-HCl (pH 7.4) 50, EDTA 1, NaF 50, PMSF 1, Na<sub>3</sub>VO<sub>4</sub> 1; NP-40 1%, Triton X-100 0.1%, and protease inhibitor cocktail 1% (Sigma, Saint Louis, MO, USA)). Insoluble materials were removed with two centrifugations at 4°C: 1000g for 10 minutes and 15000g for 20 minutes. The final supernatant contained the whole cell fraction lysate.

Membrane/cytosol fractionated lysates. For membranecytosol fractionation, samples were immediately homogenized without freezing to avoid membrane damage before purification. The lysis buffer did not contain detergents (in mM: NaCl 150, Tris-HCl (pH 7.4) 50, EDTA 1, NaF 50, PMSF 1,  $Na_3VO_4$  1; and protease inhibitor cocktail 1%). Insoluble materials were removed by centrifugation at 1000 gfor 15 minutes at 4°C. The resulting supernatant was further centrifuged at 130 000 g for 1 hour. The new supernatant corresponded to the cytosolic fraction while the pellet to the membrane fraction. The latter was resuspended in lysis buffer (in mM: NaCl 150, Tris-HCl (pH 7.4) 50, EDTA 1, NaF 50, PMSF 1, Na<sub>3</sub>VO<sub>4</sub> 1; NP-40 1%, Triton X-100 0.1%, and protease inhibitor cocktail 1%). The purity of the subcellular fractionation was determined with the cytosol-specific GAPDH and the membrane-specific  $Na^+/K^+$ -ATPase.

### 2.5 Antibodies

The primary and secondary antibodies used are listed in Table 1. The anti-PKC $\varepsilon$  and anti-PKC $\beta$ I antibodies were raised against their C-terminal region (human peptide), which share a low identity percentage (45%) between each

4 of 23

EB JOURNAL

Target	Immunogen	Origin	Company (ref)	Dilution
PDK1	Hu PDK1 residues 229-556	Ms mAb	Santa Cruz (sc-17765)	1/1000
pPDK1 (pSer <sup>241</sup> )	Hu PDK1 residues around pSer <sup>241</sup>	Rb pAb	CST (3061)	1/1000
ΡΚCβΙ	Hu PKCβI C-terminus	Rb pAb	Santa Cruz (sc-209)	1/1000
pPKCβI (pThr <sup>642</sup> )	Hu PKCβI residues 640-644	Rb pAb	Abcam (ab75657)	1/1000
ΡΚϹε	Hu PKCɛ C-terminus	Rb pAb	Santa Cruz (sc-214)	1/1000
pPKCε (pSer <sup>729</sup> )	Hu PKCɛ residues around pSer <sup>729</sup>	Rb pAb	Santa Cruz (sc-12355)	1/1000
ΡΚCα	Hu PKCα C-terminus	Rb pAb	Santa Cruz (sc-209)	1/1000
pPKCα (pSer <sup>657</sup> )	Phosphopeptide corresponding to the residues 654-663	Rb pAb	Upstate (06-822)	1/1000
Munc18-1	Hu Munc18-1 residues around Tyr <sup>157</sup>	Rb mAb	CST (13414)	1/1000
pMunc18-1 (pSer <sup>313</sup> )	Hu Munc18-1 residues 307-319	Rb pAb	Abcam (ab138687)	1/1000
SNAP-25	Hu SNAP-25 residues around Gln <sup>116</sup>	Rb mAb	CST (5309)	1/1000
pSNAP-25 (pSer <sup>187</sup> )	Rat SNAP-25 residues around pSer <sup>187</sup>	Rb pAb	Abcam (ab169871)	1/1000
MARCKS	Hu MARCKS residues 2-66	Ms mAb	Santa Cruz (sc-100777)	1/1000
pMARCKS (pSer <sup>152/156</sup> )	Rat MARCKS residues around pSer <sup>152/156</sup>	Rb pAb	Sigma (07-1238)	1/1000
GAPDH	Rb GAPDH	Ms mAb	Santa Cruz (sc-32233)	1/2000
ATPase	Chicken ATPase residues 27-55	Ms mAb	DSHB (a6f)	1/2000
Secondary antibodies	Anti-Rb conjugated HRP	Dk pAb	711-035-152	1/10000
	Anti-Ms conjugated HRP	Rb pAb	A9044	1/10000
	Anti-goat conjugated Alexa fluor 568	Dk pAb	A-11057	1/500

TABLE 1 Primary antibodies

Note: Antibodies used in this study and procedure specifications.

Abbreviations: Dk, donkey; Hu, human; mAb, monoclonal antibody; Ms, mouse; pAb, polyclonal antibody; Rb, rabbit.

other. These antibodies were validated in Hurtado et al and Simó et al.<sup>22,31</sup> In brief, the incubation with the  $\epsilon V_{1-2}$  peptide for 30 minutes decreases PKC $\epsilon$  and pPKC $\epsilon$  levels and the incubation with the  $\beta IV_{5-3}$  peptide decreases PKC $\beta I$ 

and pPKC $\beta$ I levels. The anti-Munc18-1 antibody epitope, the residues surrounding Tyr<sup>157</sup>, is not conserved in other Munc18 isoforms, and the anti-pMunc18-1 Ser<sup>313</sup> antibody was raised against a synthetic peptide corresponding to the

human Munc18-1 region 307-319, around the PKC target. The anti-SNAP-25 antibody was raised against the human peptide surrounding residues of Gln<sup>116</sup>, which are not conserved in other SNAP family members (identity percentages in rat: SNAP-25 100%; SNAP-23 63%; SNAP-47 25%; SNAP-29 13%). SNAP-25 antibody showed the typical pattern of tissue expression previously known, different from SNAP-23,<sup>50</sup> making cross-reactivity less likely. On the other hand, phosphorylated SNAP-25 (pSNAP-25) at Ser<sup>187</sup>, was detected with an antibody raised against the residues 182-192 of the protein. This sequence differs from SNAP-23 (identity percentage in rat: 73%); SNAP-47 (9%), and SNAP-29 (27%). Sequences were aligned using ClustalW (http://www.ebi.ac.uk/clustalw).<sup>51</sup> Moreover, the phosphospecificity was proven by the absence of signal after incubation with the antigen phosphopeptide<sup>52</sup> and after treatment with lambda phosphatase (manufacturer's datasheet).

As a control for western blot, when primary antibodies were omitted, the membranes never revealed staining due to the secondary antibody. Pretreatment of a primary antibody with the appropriate blocking peptide (between three- and eightfold by weight) in skeletal muscle tissue prevented immunolabeling. The incubation with the specific  $\varepsilon V_{1-2}$  peptide for 30 minutes decreases PKC $\varepsilon$  and pPKC $\varepsilon$  levels, whereas the incubation with the  $\beta IV_{5-3}$  peptide decreases PKC $\beta I$  and pPKC $\beta I$  levels.<sup>31</sup> As a control for immunohistochemistry, several muscles were incubated omitting the primary antibody, which always abolished any positive staining.

### 2.6 Western blotting

Sample protein content was determined with the DC protein assay (Bio-Rad, CA, USA). Volumes containing 30 µg of protein were separated at 110 V through 8% SDS-PAGE gels (10% to detect SNAP-25) and electrotransferred to PVDF membranes (Bio-Rad, CA, USA). Blocking solutions were tris-buffered saline with Tween-20 containing 5% nonfat dry milk or 5% BSA. Primary antibodies were incubated overnight at 4°C and HRP-conjugated secondary antibodies for 1 hour. Chemiluminescence was revealed with an ECL kit (GE Healthcare Life Sciences, UK) and imagined with the ChemiDoc XRS+Imaging System (Bio-Rad, CA, USA).

The optical density of the bands was calculated with ImageJ software, always from the same immunoblot image. The values were normalized to the background value and to the total protein transferred, analyzed with SYPRO Ruby protein blot stain, (Bio-Rad, CA, USA). Foldchanges between treatment and control were always calculated from the same immunoblot image. All presented data derive from densitometry measurements made of 3-10 separate replicates, plotted against controls.

### 2.7 | Immunohistochemistry

The NMJ of diaphragm and levator auris longus (LAL) muscles were analyzed by immunohistochemistry with identical outcomes. The thinness of LAL muscles improves image quality and analysis of NMJs. Whole muscle mounts were fixed with 4% paraformaldehyde for 30 minutes. After fixation, the muscles were rinsed with PBS and incubated in 0.1 M glycine in PBS. The following incubations were performed overnight at 40°C: first, permeabilization with 1% Triton X-100 in PBS. Then, blocking of nonspecific binding with 4% BSA in PBS. Next, muscles were incubated also overnight with the appropriate primary antibody. After five washing steps, the muscles were incubated at 4°C with the appropriate secondary antibody together with  $\alpha$ -bungarotoxin  $(\alpha$ -BTX) conjugated with TRITC, to detect nicotinic acetylcholine receptors (nAChRs). Immunolabeled NMJs from the whole-mount muscles were viewed with a laser-scanning confocal microscope (Nikon TE2000-E). Special consideration was given to the possible contamination of one channel by another. In experiments involving negative controls, the photomultiplier tube gains and black levels were identical to those used for a labeled preparation made in parallel with the control preparations. Images were assembled using Adobe Photoshop software (Adobe Systems, San Jose, CA) and neither the contrast nor brightness were modified.

### 2.8 | Statistics

The ratio between the experimental and control samples was calculated densitometry measures of the same image Values are presented as mean  $\pm$  standard deviation (SD). Shapiro-Wilk test was used to test sample normality. Statistical difference was determined with paired Student's *t* test or its non-parametric alternative Wilcoxon test. Multiple comparisons were corrected with the Holm-Sidak method (GraphPad Prism, San Diego, USA). The significance threshold was \*P < .05, \*\*P < .01, and \*\*\*P < .001.

### 3 | RESULTS

## 3.1 | $M_1$ associates to PKC $\beta$ I and PKC $\epsilon$ and $M_2$ to PKC $\epsilon$

First, we studied how  $M_1$  and  $M_2$  mAChR affect PKC $\beta$ I and PKC $\epsilon$  isoforms at the NMJ. We used antibodies with high specificity for the corresponding protein at the predicted molecular weight: pPKC $\beta$ I (Thr<sup>641</sup>) 77 kDa, PKC $\beta$ I 79 kDa, pPKC $\epsilon$  (Ser<sup>729</sup>) 90 kDa, PKC $\epsilon$  82 kDa (Figure 1A). The antipPKC $\beta$ I antibody detected a second band corresponding to the PKC catalytic domain. This band was not affected by



FIGURE 1 PKCβI, PKCε, and PKCα levels and maturation after muscarinic blockade. A, Molecular weight of the phosphorylated and total PKC βI isoform (pPKCβI and PKCβI) and PKC ε isoform (pPKCε and PKCε) at the rat diaphragm. Immunofluorescence-stained neuromuscular junctions of LAL muscle visualized at the confocal microscope. The images at the right are a confocal optical section of the left NMJ. NMJ with double labeling:  $\alpha$ -bungarotoxin ( $\alpha$ -BTX) conjugated with TRITC in red and PKC $\beta$ I in green or PKC $\epsilon$  in green. Scale bars = 10 µm. B, Western blot bands of PKC isoforms. C, Effect of M<sub>1</sub> inhibition (pirenzepine, Pir). D, Effect of M<sub>2</sub> inhibition (methoctramine, Met) and M<sub>2</sub> inhibition after a pretreatment with the PKA blocker H89. E, Effect of M1/M2 inhibition with atropine (Atr) and with a mixture of pirenzepine and methoctramine (Pir+Met). F, Molecular weight of the phosphorylated and total PKC  $\alpha$  isoform (pPKC $\alpha$  and PKC $\alpha$ ) at the rat diaphragm and effect of the muscarinic inhibitors. M<sub>1</sub> promotes the priming and activation of PKCβI whereas M<sub>2</sub> promotes PKCε. H89: PKA blocker. Data are expressed as percentage of protein levels after treatment. Mean value  $\pm$  SD. \*P < .05, \*\*P < .01, \*\*\*P < .001

the treatments and in 8% SDS-PAGE gels it could be welldistinguished from the predicted 79 kDa full-length pPKCβI band. The PKCβI and PKCε are exclusively presynaptic at the NMJ<sup>22,23</sup> and here we also show that their immunohistochemical staining is limited to the presynaptic region over the nicotinic acetylcholine receptors (nAChRs) (see arrows in the confocal section image of PKCβI) and does not surpass areas outside the NMJ endplate. The first two indicators of PKC activity that we studied were PKC phosphorylation, which indicates PKC priming, and protein level, which indicates PKC synthesis or activity-induced degradation (Figure 1B). PKC turnover is activity-dependent and can be used as marker of its activity.<sup>17-20</sup>

 $M_1$  blockade with pirenzepine (Pir) decreased PKCβI Thr<sup>641</sup> phosphorylation and increased its protein amount (Figure 1C). This increase in PKCβI levels along with the decrease in PKCβI priming could indicate an accumulation of the inactive kinase. Additionally,  $M_1$  blockade decreased PKCε Ser<sup>729</sup> phosphorylation without affecting its protein amount. Altogether, this suggests that  $M_1$  signaling promotes the priming of both PKC βI and ε isoforms and probably reduces PKCβI levels due to activity-dependent degradation at basal conditions.

M<sub>2</sub> blockade with methoctramine (Met) did not affect PKC<sub>β</sub>I phosphorylation or its total levels (Figure 1D). Surprisingly, M<sub>2</sub> inhibition decreased the phosphorylation of PKCe and upregulated its total amount. Because the action of  $M_2$  on pPKC $\varepsilon$ /PKC $\varepsilon$  is similar to that of  $M_1$  on pPKC $\beta$ I/ PKC $\beta$ I (Figure 1C-D), M<sub>2</sub> could be inducing the priming of PKCE and decreasing its protein level. To understand if M<sub>2</sub> acts directly on PKCe or it involves the classic mediator PKA, we used the inhibitor H89, a blocker of PKA catalytic subunits. A previous incubation with H89 before methoctramine abolished the increase in PKC protein levels without altering the decrease in PKCe phosphorylation (Figure 1D). Altogether, these results show that M<sub>2</sub> signaling modulates PKCε rather than PKCβI, involving PKA to decrease PKCε levels and promoting PKCe phosphorylation through a mechanism that does not require PKA.

The combined action of  $M_1$  and  $M_2$  mAChR pathways can be determined with atropine (Atr), a well-known muscarinic pan-inhibitor. In particular, atropine has the same affinity for  $M_1$  and  $M_2$  and its effect on ACh release and PKA signaling is mimicked by a mixture of Pir +Met at NMJs.<sup>2,53</sup> The comparison between the effects of subtype-selective inhibitors versus atropine reveals which subtype has higher overall impact on each PKC isoform. Figure 1E shows that  $M_1/M_2$  blockade with Atr did not affect PKC $\beta$ I but increased the total levels of PKC $\varepsilon$  and decreased its phosphorylation. Compared to the results of the selective inhibitions, both  $M_1$ and  $M_2$  inhibitions are responsible for the downregulation of PKC $\varepsilon$  priming, whereas  $M_2$  inhibition is responsible for the increase in PKC $\varepsilon$  protein levels. Interestingly, atropine does not replicate the effects of pirenzepine on PKC $\beta$ I. This might suggest that M<sub>1</sub> inhibition needs an active M<sub>2</sub> to prime PKC  $\beta$ I and decrease its levels. In addition to Atr, we used a mixture of pirenzepine and methoctramine (Pir+Met) to check the implication of both M<sub>1</sub> and M<sub>2</sub> mAChRs over PKC $\beta$ I. The Pir+Met treatment minimizes the participation of other mAChR subtypes (Figure 1E). Therefore, it is useful to check if the effect of atropine can be explained by mainly M<sub>1</sub> and M<sub>2</sub> blockade or, otherwise involves other mAChR subtypes. We found that Pir+Met incubation did not modify PKC $\beta$ I protein levels and phosphorylation, mimicking atropine's effect. This reinforces that M<sub>1</sub> mAChR needs an active M<sub>2</sub> to modify PKC $\beta$ I levels.

To check the scope of muscarinic signaling, we studied how muscarinic inhibition affects the PKC $\alpha$  isoform, which is mostly expressed at the post-synaptic muscle.<sup>5,54,55</sup> Unlike the presynaptic PKC $\beta$ I and PKC $\varepsilon$ , pirenzepine and atropine did not affect PKC $\alpha$  (Figure 1F). However, M<sub>2</sub>-blockade increased both PKC $\alpha$  protein levels and phosphorylation. This result indicates that M<sub>2</sub> signaling reduces PKC $\alpha$  priming and protein amount.

In summary,  $M_1$  promotes the priming of PKC $\beta$ I and PKC $\epsilon$  and downregulates PKC $\beta$ I probably through activationinduced degradation, which needs an active  $M_2$ . On the other hand,  $M_2$  promotes PKC $\epsilon$  priming and decreases its protein levels through PKA.

## **3.2** | $M_1$ translocates PKC $\beta$ I and PKC $\epsilon$ whereas $M_2$ only PKC $\epsilon$

Next, we studied how muscarinic signaling modulates the subcellular location of PKC isoforms in the membrane, which is a surrogate measure of PKC isoform activation.<sup>56</sup> To test the action of  $M_1$  and  $M_2$ , we separated the membrane (particulate) and cytosolic (soluble) fractions of the samples after treatment. The membrane fraction contains detergent-insoluble compartments, including the plasma membrane, intracellular vesicles and other intracellular membranous compartments. We checked the fractionation purity with the cytosol marker GAPDH and the membrane marker Na<sup>+</sup>/K<sup>+</sup>-ATPase, which were highly enriched in their corresponding fraction and essentially undetectable on the opposite.

Figure 2 shows the distribution of the PKC isoforms between the membrane and cytosol. We set the value of control samples as 100% (membrane + cytosol) and calculated the treatment values in relation to the control. PKC $\beta$ I and PKC $\epsilon$ isoforms were more associated to the membrane regardless of their phosphorylation (proportion membrane–cytosol from control samples: pPKC $\beta$ I 79-21% ± 4; PKC $\beta$ I 79-21% ± 3; pPKC $\epsilon$  81-19% ± 5; PKC $\epsilon$  68-32% ± 5).

The effect of  $M_1$  inhibition with Pir on PKC $\beta$ I was limited to the membrane, decreasing its phosphorylation and



FIGURE 2 Distribution of the PKC isoforms between the membrane (particulated) and cytosol (soluble) fractions after muscarinic blockade. A, Western blot bands of PKC isoforms and effect of M<sub>1</sub> inhibition (pirenzepine, Pir). B, Western blot bands of PKC isoforms and effect of M<sub>2</sub> inhibition (methoctramine, Met). PKC $\beta$ I membrane association is orchestrated by M<sub>1</sub> whereas that of PKC $\epsilon$  is modulated by M<sub>1</sub> and M<sub>2</sub>. Data are expressed as percentage of protein levels before and after treatment (mean value ± SD). Control value (Ctrl) is set at 100% (membrane + cytosol) and the treatment value is calculated in relation to the control. \*P < .05, \*\*\*P < .001

increasing the total protein levels (Figure 2A). The small amount of cytosolic PKCBI both before and after pirenzepine treatment makes translocation unlikely to explain the great increase in the membrane. Therefore, after M<sub>1</sub> blockade, PKCBI is accumulated on the membrane. Regarding PKC $\varepsilon$ , M<sub>1</sub> blockade decreased the phosphorylated PKC $\varepsilon$  in the membrane, accumulated total PKCE in the membrane and decreased it from the cytosol (see discussion) These results indicate that M<sub>1</sub> inhibition downregulates PKCe phosphorylation and induces its accumulation at the membrane.

 $M_2$  inhibition with Met (Figure 2B) did not affect the subcellular distribution of pPKCβI or PKCβI, reinforcing the pervious conclusion that M<sub>2</sub> signaling does not involve PKCβI. Regarding PKCε, M<sub>2</sub> inhibition downregulated PKCe phosphorylation and increased its protein levels in the membrane fraction. In summary, M2 blockade seems to inhibit the priming of PKCE and accumulate PKCE levels on the membrane.

#### 3.3 Both M<sub>1</sub> and M<sub>2</sub> activate PDK1

After observing that pirenzepine decreased the phosphorylation of PKCBI and PKCE and methoctramine decreased the phosphorylation of PKC $\varepsilon$ , we wondered if that was caused by an effect of muscarinic signaling over the priming of PKC. Thus, we studied the PKC-priming kinase PDK1 and its phosphorylation on Ser<sup>241</sup> after M<sub>1</sub> and M<sub>2</sub> blockade. The antibodies detected a band of 60 kDa for both pPDK1 and PDK1 (Figure 3A). PDK1 is a synaptic kinase<sup>15</sup> and here we demonstrate that it is localized in the presynaptic region over postsynaptic nAChRs gutters (see the confocal section image at the right) and does not surpass areas outside the NMJ endplate.

The phosphorylation of PDK1 decreased after both pirenzepine and methoctramine treatments without affecting PDK1 protein levels (Figure 3B). The treatment with the pan-inhibitor atropine also decreased PDK1 phosphorylation without



**FIGURE 3** PDK1 protein levels and phosphorylation after muscarinic blockade. A, Molecular weight of the phosphorylated and total PDK1 (pPDK1 and PDK1) at the rat diaphragm. At the right: immunofluorescence-stained neuromuscular junctions of LAL muscle visualized at the confocal microscope. The images at the right are a confocal optical section of the left NMJ. NMJ with double labeling:  $\alpha$ -bungarotoxin ( $\alpha$ -BTX) conjugated with TRITC in red and PDK1 in green. Scale bars =10 µm. B, Effect of M<sub>1</sub> inhibition (pirenzepine, Pir), M<sub>2</sub> inhibition (methoctramine, Met) and M<sub>1</sub>/M<sub>2</sub> inhibition (atropine, Atr). Both M<sub>1</sub> and M<sub>2</sub> pathways promote the phosphorylation of PDK1. C, Effect of PDK1 inhibition (GSK2334470) over the phosphorylated and total PDK1. D, Effect of PDK1 inhibition over the phosphorylated and total PKC $\beta$ I and PKC $\epsilon$  isoforms. Data are expressed as percentage of protein levels after treatment. Mean value  $\pm$  SD. \**P* < .05, \*\*\**P* < .001

affecting PDK1 protein levels. This decrease in PDK1 phosphorylation correlates with the accompanying decrease in phospho-PKC previously detected (note that  $M_2$  only affects PKC $\epsilon$ ; Figure 1D). To understand whether the signaling of both  $M_1$  and  $M_2$  mAChRs might be promoting PKC priming through PDK1, we studied the effect of PDK1 blockade. The specific PDK1 inhibitor GSK2334470 decreased the phosphorylation of PDK1 Ser<sup>241</sup> without changing its protein levels (Figure 3C). Next, we tested whether PDK1 inhibition affects the downstream PKC isoforms. PDK1 inhibition decreased PKC $\beta$ I phosphorylation and increased its protein levels (Figure 3D). PDK1 inhibition per se seems to reproduce the effect that  $M_1$  inhibition with pirenzepine has over PKC $\beta$ I. Regarding the PKC $\epsilon$ isoform, PDK1 inhibition decreased its phosphorylation.

## **3.4** | M<sub>1</sub> and M<sub>2</sub> mAChR subtypes control PKC substrates

Because  $M_1$  and  $M_2$  mAChRs recruit specific PKC isoforms, they likely influence PKC substrates differently. Thus, we studied how  $M_1$  and  $M_2$  blockade affected the PKC targets Munc18-1 (Ser<sup>313</sup>), SNAP-25 (Ser<sup>187</sup>) and MARCKS (Ser<sup>152/156</sup>) (Figure 4A-B).

 $M_1$  inhibition downregulated the phosphorylation of all PKC substrates: Munc18-1 phospho-Ser<sup>313</sup>, SNAP-25 phospho-Ser<sup>187</sup> and MARCKS phospho-Ser<sup>152/156</sup> without affecting their protein amount (Figure 4C). Along with the decrease in the PKC-priming kinase PDK1, this result supports the interpretation that the changes observed over PKC $\beta$ I and

PKC $\varepsilon$  after  $M_1$  inhibition correspond to a decrease in PKC activity.

FASEBJOURNAL

In opposition of  $M_1$  inhibition,  $M_2$  blockade increased the phosphorylation of some PKC substrates. This is the case of Munc18-1, whose phosphorylation and protein levels were increased by Met (Figure 4D). This suggests that  $M_2$  signaling downregulates Munc18-1 synthesis, which possibly affects its phosphorylation levels. On the other hand,  $M_2$  inhibits MARCKS phosphorylation, which is shown by  $M_2$  inhibition upregulating MARCKS phosphorylation without changing its protein levels. In contrast,  $M_2$  inhibition did not affect SNAP-25 Ser<sup>187</sup> phosphorylation or its total protein levels, being the only substrate not affected by  $M_2$  signaling.

Once determined the role of  $M_1$  and  $M_2$  subtypes per se, we proceeded to study their combined action on PKC substrates (Figure 4E). The  $M_1/M_2$  inhibition with Atr decreased



**FIGURE 4** Munc18-1, SNAP-25, and MARCKS phosphorylation and protein levels after muscarinic blockade. A, Molecular weight of the phosphorylated and total Munc18-1 (pMunc18-1 and Munc18-1), SNAP-25 (pSNAP-25 and SNAP-25), and MARCKS (pMARCKS and MARCKS) at the rat diaphragm. B, Western blot bands of Munc18-1, SNAP-25 and MARCKS. C, Effect of  $M_1$  inhibition (pirenzepine, Pir). D, Effect of  $M_2$  inhibition (methoctramine, Met). E, Effect of  $M_1/M_2$  inhibition (atropine, Atr). F, Effect of  $M_1/M_2$  inhibition with a Pir and Met mixture (Pir+Met). G, Effect of PDK1 inhibition (GSK2334470).  $M_1$  promotes the phosphorylation of all PKC substrates Munc18-1, SNAP-25, and MARCKS whereas the  $M_2$  inhibits Munc18-1 levels and MARCKS phosphorylation. Both receptors converge on PDK1, whose activity promotes the phosphorylation of SNAP-25 and MARCKS and inhibits that of Munc18-1. Data are expressed as percentage of protein levels after treatment. Mean value  $\pm$ SD. \**P* < .05, \*\**P* < .01, \*\*\**P* < .001

the phosphorylation of Munc18-1 and increased the total levels of Munc18-1. After comparing with the subtype selective inhibitors, M<sub>1</sub> inhibition seems responsible for the decrease in pMunc18-1, while the increase in Munc18-1 seems caused by M2 inhibition. The M1/M2 inhibition with atropine did not change MARCKS phosphorylation or protein levels. This outcome on pMARCKS is in line with the action of Pir and Met and is possibly the result of the balance between the M<sub>1</sub>-increasing and M<sub>2</sub>-decreasing actions. Moreover, SNAP-25 pSer<sup>187</sup> remained unaltered after M<sub>1</sub>/M<sub>2</sub> blockade. Interestingly, atropine does not replicate the effect of pirenzepine, which may indicate that M<sub>1</sub> needs M<sub>2</sub> active to promote SNAP-25 phosphorylation. Alternatively, atropine could affect other receptors like M4 mAChR which could counter the action of M<sub>1</sub>. To rule out the effect of atropine on other muscarinic receptors, we tested the effect of a mixture of pirenzepine and methoctramine (Pir + Met) (Figure 4F). An incubation with Pir + Met replicated the same results as atropine over Munc18-1, SNAP-25 and MARCKS, reinforcing the participation of solely the M<sub>1</sub> and M<sub>2</sub> mAChR subtypes.

Finally, because we determined that  $M_1$  and  $M_2$  selective blockers downregulate PDK1 activity at the NMJ, we analyzed whether the inhibition of PDK1 per se could also affect the downstream PKC substrates (Figure 4G). PDK1 inhibition with GSK2334470 increased the phosphorylation of Munc18-1 without affecting its protein amount. On the other hand, PDK1 inhibition decreased the phosphorylation of SNAP-25 pSer<sup>187</sup> and MARCKS pSer<sup>152/156</sup> without affecting their total levels. These data show that PDK1 blockade replicates the effect of 11 of 23

 $M_2$  inhibition over Munc18-1 and the effect of  $M_1$  inhibition over SNAP-25 and MARCKS, reinforcing that PDK1 is at the crossroad between  $M_1$  and  $M_2$  signaling over PKC.

## **3.5** | M<sub>1</sub> signaling involves PKCβI and PKCε to phosphorylate Munc18-1, MARCKS, and SNAP-25

To determine the  $M_1$  and  $M_2$  mAChR pathways more accurately, we investigated the involvement of PKC isoforms by studying if the specific competitive peptides  $\beta IV_{5-3}$  (inhibitor of PKC $\beta I$ ) and  $\epsilon V_{1-2}$  (inhibitor of PKC $\epsilon$ ) could prevent the effects of the selective muscarinic blockades. Also, because we detected that PKA was involved in the regulation of  $M_2$  on PKC and some PKC substrates have PKA phosphorylation sites (see discussion), we also used H89 to determine the PKA role.

A previous incubation with  $\beta IV_{5-3}$  or  $\epsilon V_{1-2}$  before pirenzepine (Figure 5A) abolished the effect of M<sub>1</sub> blockade on Munc18-1 phosphorylation (Figure 5B). This indicates that both PKC $\beta I$ and PKC $\epsilon$  are necessary for M<sub>1</sub> mAChR action on Munc18-1 at the NMJ. In contrast, H89 did not prevent pirenzepine from reducing Munc18-1 phosphorylation, which indicates that PKA does not participate in M<sub>1</sub>/Munc18-1 phosphorylation.

All previous inhibition of PKC $\beta$ I, PKC $\varepsilon$  or PKA prevented pirenzepine from reducing SNAP-25 phosphorylation (Figure 5C). This indicates that M<sub>1</sub> mAChR action on SNAP-25 needs both PKC and PKA kinases, suggesting that it is more controlled than Munc18-1 phosphorylation.



**FIGURE 5** Effect of PKC and PKA inhibitors on the action of  $M_1$  over PKC substrates. A, The specific inhibitors of PKC $\beta$ I ( $\beta$ V<sub>5-3</sub>), PKC $\epsilon$  ( $\epsilon$ V<sub>1-2</sub>), and PKA (H89) were pre-incubated before  $M_1$  blockade (pirenzepine, Pir) to determine the requirement of each kinase. B, Western blot bands and optical densitometry of phosphorylated (pMunc18-1) and total Munc18-1. C, Western blot bands and optical densitometry of phosphorylated (pSNAP-25) and total SNAP-25. D, Western blot bands and optical densitometry of phosphorylated (pMARCKS) and total MARCKS. Data are mean values ±SD. \*\*P < .01, \*\*\*P < .001



**FIGURE 6** Effect of PKC and PKA inhibitors on the action of  $M_2$  over PKC substrates. A, The specific inhibitors of PKC $\beta$ I ( $\beta$ V<sub>5-3</sub>), PKC $\epsilon$  ( $\epsilon$ V<sub>1-2</sub>), and PKA (H89) were pre-incubated before  $M_2$  blockade (methoctramine, Met) to determine the requirement of each kinase. B, Western blot bands and optical densitometry of phosphorylated (pMunc18-1) and total Munc18-1. C, Western blot bands and optical densitometry of phosphorylated (pSNAP-25) and total SNAP-25. D, Western blot bands and optical densitometry of phosphorylated (pMARCKS) and total MARCKS. Data are mean values ±SD. \*\*P < .01. \*\*P < .001

Finally, the previous incubation with  $\beta$ IV<sub>5-3</sub> abolished the downregulation of pirenzepine on MARCKS phosphorylation without modifying MARCKS protein levels (Figure 5D). A previous blockade of PKC $\epsilon$  also prevented pirenzepine from affecting MARCKS phosphorylation and protein levels. This indicates that M<sub>1</sub> mAChR action on MARCKS needs both PKC $\beta$ I and PKC $\epsilon$ . In contrast, deleting PKA activity with H89 did not prevent pirenzepine from reducing MARCKS phosphorylation. Surprisingly, we found a decrease in MARCKS levels. Because PKA is involved in protein translation (see discussion), shutting down PKA from the system might be revealing a MARCKSdegrading pathway induced by M<sub>1</sub> mAChR.

# **3.6** | M<sub>2</sub> signaling involves PKCε and PKA to reduce Munc18-1 level and MARCKS phosphorylation

We previously found that  $M_2$  blockade upregulated Munc18-1 levels and phosphorylation, probably by enhancing Munc18 synthesis and, hence, its phosphorylation levels. The PKC $\beta$ I isoform is dispensible for this mechanism, because a previous incubation of the PKC $\beta$ I inhibitor  $\beta$ IV<sub>5-3</sub> did not prevent the effect of methoctramine (Figure 6A-B). Instead, Munc18-1 upregulation was abolished by a previous inhibition of PKC $\epsilon$  ( $\epsilon$ V<sub>1-2</sub>) and PKA (H89). This indicates that M<sub>2</sub> mAChR requires PKC $\epsilon$ and PKA, but not PKC $\beta$ I, to decrease Munc18-1 at the NMJ. In line with the previous results, where M<sub>2</sub> inhibition did not affect SNAP-25, none of the PKC and PKA inhibitors added any effect on the methoctramine treatment (Figure 6C).

We also studied the PKC and PKA role on the upregulation of phospho-MARCKS after  $M_2$  inhibition (Figure 6D). Previously blocking PKC $\beta$ I did not prevent  $M_2$  modulation, because Met still increased MARCKS phosphorylation. However, a previous inhibition of PKC $\epsilon$  ( $\epsilon V_{1-2}$ ) and PKA (H89) abolished the upregulation of phospho-MARCKS after  $M_2$  inhibition. This indicates that  $M_2$  mAChR requires PKC $\epsilon$  and PKA, but not PKC $\beta$ I, to decrease pMARCKS at the NMJ. Interestingly, without PKA,  $M_2$ blockade decreased Munc18-1 and MARCKS phosphorylation, which is coincident with the decrease in phospho-PKC $\epsilon$  on the same conditions (Figure 1D).

### 3.7 | Muscarinic subtypes induce the translocation of Munc18-1, SNAP-25, and MARCKS

We investigated the distribution between the membrane and cytosol of Munc18-1, MARCKS and SNAP-25 after muscarinic inhibition to clarify the implications of the previous regulations (Figure 7). At basal conditions, Munc18-1 was strongly associated to the membrane, both in its phosphorylated form pMunc18-1 (membrane– cytosol, 85-15%  $\pm$  4) as well as its total levels (76-24%  $\pm$  3). Similarly, pSNAP-25 Ser<sup>187</sup> was also associated to the membrane (77-23%  $\pm$  3) as well as total SNAP-25  $(77-23\% \pm 4)$ . Phosphorylated MARCKS was equally distributed between the two fractions  $(55-45\% \pm 5)$  and MARCKS slightly more to the cytosol  $(38-62\%\pm 6)$ .

The decrease in Munc18 phosphorylation after  $M_1$  inhibition was located at the membrane fraction (Figure 7A). This reduction in pMunc18-1 was accompanied by a translocation of the total Munc18-1 species from the membrane to the cytosol. The decrease in SNAP-25 phosphorylation after  $M_1$  inhibition occurred at the membrane fraction. However, this decrease did not affect the distribution of the total SNAP-25. Similar to SNAP-25,  $M_1$  inhibition also decreased MARCKS phosphorylation on the membrane compartment without affecting the distribution of the total MARCKS. Altogether, these results indicate that  $M_1$  signaling promotes Munc18 (Ser<sup>187</sup>) phosphorylation and its association to the membrane.  $M_1$  also induces the phosphorylation of SNAP-25 and MARCKS on the membrane without affecting their membrane translocation.

 $M_2$  inhibition with Met increased the phosphorylation of Munc18-1 in the membrane without affecting it on the cytosol (Figure 7B). Additionally,  $M_2$  inhibition also upregulated

the total protein Munc18-1 levels in the membrane fraction rather than in the cytosol. In consistency with the previous results, the blockade of  $M_2$  did not affect SNAP-25 Ser<sup>187</sup> phosphorylation and it did not induce the translocation of its protein levels. Finally, the increase in MARCKS phosphorylation by Met was concentrated in the membrane fraction without affecting the phosphorylation on the cytosol. This  $M_2$  modulation did not affect the total levels of MARCKS, which remained unchanged in both the membrane fraction and in the cytosol.

# 3.8 | The synaptic region contains the $M_2$ signaling on PKC $\beta$ I, PKC $\epsilon$ , Munc18-1, and SNAP-25

To study the muscarinic signaling that occurs at the presynaptic terminal, we selected PKC isoforms that participate in neurotransmitter release and are exclusively expressed at the presynaptic terminal of the NMJ.<sup>5,22,24</sup> However, it is not possible to isolate the phrenic nerve and preserve its



**FIGURE 7** Distribution of the PKC substrates between the membrane (particulated) and cytosol (soluble) fractions after muscarinic blockade. A, Western blot bands and optical densitometry of PKC substrates after  $M_1$  blockade (pirenzepine, Pir). B, Western blot bands and optical densitometry of PKC substrates after  $M_2$  blockade (methoctramine, Met).  $M_1$  promotes Munc18 phosphorylation and translocation to the membrane. Additionally,  $M_1$  induces SNAP-25 and MARCKS phosphorylation on the membrane without affecting their translocation. Data are expressed as percentage of protein levels before and after treatment (mean value  $\pm$  SD). Control value (Ctrl) is set at 100% (membrane + cytosol) and the treatment value calculated in relation to the control. \*P < .05, \*\*P < .01, \*\*\*P < .001

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physiological conditions, so the biochemical studies must be carried out in whole muscle samples. Indeed, we show that M<sub>2</sub> signaling can affect post-synaptic proteins like PKCα. Thus, to better define the location of the presynaptic PKCBI and PKCE signaling in this study, we separated the synaptic-enriched region of the hemidiaphragms from the extrasynaptic regions. This can be done by adding  $\alpha$ -bungarotoxin conjugated to TRITC to the medium at the last 10 minutes of treatment and then dissecting under the microscope the tissue region positive in AChRs (synaptic region) from the region without AChR-marking (extrasynaptic region) (Figure 8A). Although α-BTX-TRITC is added in a non-blocking low concentration, the results could be influenced by the presence of this nicotinic AChR blocker (see Discussion). As expected, PKC<sub>β</sub>I, PKC<sub>ε</sub>, Munc18-1, SNAP-25, and their phosphorylated forms were enriched in the synaptic region and significantly lower in the extrasynaptic region (Figure 8B-F). The presence of these

molecules in the extrasynaptic region could be due to their presence in axon branches, muscle spindles and, feasibly, distant or non-stained NMJs that cannot be excluded from the extrasynaptic region. M<sub>2</sub> blockade did not affect PKCβI phosphorylation or its total levels (Figure 8C). On the other hand, the effect of methoctramine over PKCE was restricted at the synaptic region, reducing PKCe phosphorylation and upregulating PKCe total protein levels (Figure 8D). The levels of PKCe at the extrasynaptic region were lower than at the synaptic region and methoctramine did not induce any effect. With regard to Munc18-1, methoctramine increased its protein levels and phosphorylation in the synaptic region (Figure 8E). Although Munc18-1 was enriched in the synaptic region of the diaphragm, this molecule was more abundant than the others in the extrasynaptic area (around 65% versus control values). In contrast, SNAP-25 was more specific for the synaptic region than Munc18-1 and, in concordance with the whole muscle samples, it was not affected



**FIGURE 8** Synaptic localization of the effects of M<sub>2</sub> signaling. A, Representation of the synaptic and extrasynaptic regions of the rat diaphragm. B, Western blot bands of the phosphorylated and total levels of PKC $\beta$ I, PKC $\epsilon$ , Munc18-1, and SNAP-25 in the synaptic and extrasynaptic regions of the diaphragm before and after M<sub>2</sub> blockade (methoctramine, Met). C–F, Effect of M<sub>2</sub> blockade over the phosphorylation and total levels of (C) PKC $\beta$ I, D, PKC $\epsilon$ , (E) Munc18-1, and (F) SNAP-25. G–H, immunofluorescence-stained neuromuscular junctions of LAL muscle visualized at the confocal microscope. The images at the right are a confocal optical section of the left NMJ. NMJ with double labeling:  $\alpha$ -bungarotoxin ( $\alpha$ -BTX) conjugated with TRITC in red and Munc18-1 in green (G) and SNAP-25 in green (H). Scale bars = 10 µm. Data are expressed as percentage of protein levels before and after treatment (mean value ± SD). The control value (Ctrl) from the synaptic region is set at 100% and the rest are calculated in relation to the control. n.s. not significant, \**P* < .05, \*\**P* < .01, \*\*\**P* < .001

by methoctramine (Figure 8F). In concordance to the presence of Munc18-1 at the extrasynaptic region, Figure 8G shows that Munc18-1 is expressed at the presynaptic component of the NMJ and also in nerve terminals, which extend outside the synaptic region. The optical section shows that Munc18-1 immunostaining is concentrated at the presynaptic component, over the nAChR postsynaptic gutters (Figure 8G right). SNAP-25 was exclusively located in the presynaptic component of the NMJ (Figure 8H). The optical section shows that SNAP-25 green immunolabeling is concentrated over the nAChR postsynaptic gutters (Figure 8H right). Altogether, these results demonstrate the effect of M<sub>2</sub> blockade on PKCβI, PKCε, Munc18-1, and SNAP-25 is associated to the synaptic area of the diaphragm, reinforcing that this particular signaling occurs at the presynaptic terminal.

### 4 | DISCUSSION

The  $M_1$  and  $M_2$  muscarinic receptor subtypes induce opposed outcomes on ACh release at the NMJ.  $M_1$  increases whereas  $M_2$  decreases the end-plate potential.<sup>1</sup> Interestingly, both subtypes couple PKC to neurotransmission when inhibited with selective blockers such as pirenzepine or methoctramine. The  $M_1$  and  $M_2$  muscarinic receptors are specifically expressed at the nerve terminal and Schwann cells,<sup>57</sup> where they likely modify several PKC isoforms. Until now, it was unknown if muscarinic receptors had different preference for particular PKC isoforms. In this study, we selected the PKC $\beta$ I and PKC $\varepsilon$  as representatives of classical and novel PKC families because they are exclusively expressed at the presynaptic terminal <sup>21-23</sup> and participate in synaptic transmission.<sup>22,24,31,34,38</sup> A summary of the main findings is represented in Figure 9.

### 4.1 | M<sub>1</sub> signaling on PKC

The  $M_1$  muscarinic signaling potentiates ACh release at many cholinergic synapses, including the neuromuscular junction.<sup>1,53,58</sup>  $M_1$  muscarinic receptors are linked to  $G_q$  protein signaling and PLC $\beta$  activation.<sup>59</sup> In turn, PLC $\beta$  activates PKC through the production of inositol 1,4,5-triphosphate (IP<sub>3</sub>), which mobilizes Ca<sup>2+</sup>, and the phorbol ester diacylglycerol.<sup>60</sup> Then, neurotransmitter release is enhanced through PKC, which phosphorylates numerous targets of the exocytotic machinery, but also by other phorbol ester-sensitive proteins like Munc13.<sup>26,61,62</sup>

Our results show that  $M_1$  signaling promotes the maturation (priming) of both PKC $\beta$ I and PKC $\epsilon$  isoforms. This could



**FIGURE 9** Summary of  $M_1$  and  $M_2$  muscarinic regulation of PKC signaling at the NMJ. The  $M_1$  mAChR promotes the phosphorylation of PDK1 and the maturation of the presynaptic PKC isoforms PKC $\beta$ I and PKC $\epsilon$  at the membrane compartment of the NMJ.  $M_1$  also activates PKC isoforms through PLC $\beta$ , causing PKC $\beta$ I protein degradation at the membrane and PKC $\epsilon$  release to the cytosol (see Discussion for the role of PDK1 on PKC translocation). This signaling pathway triggers the PKC phosphorylation of Munc18-1 (Ser<sup>313</sup>), SNAP-25 (Ser<sup>187</sup>), and MARCKS (Ser<sup>152/156</sup>) and their recruitment to the membrane (SNAP-25 phosphorylation by  $M_1$  requires PKA activity). In parallel to  $M_1$ , the  $M_2$  mAChR signaling also promotes the phosphorylation of PDK1 and the priming of the PKC isoform PKC $\epsilon$  at the membrane. However,  $M_2$  downregulates PKC $\epsilon$  protein levels at the membrane through a PKA-dependent pathway. This inhibition extends to the PKC substrates Munc18-1 and MARCKS. If the PKA-dependent pathway of  $M_2$  is blocked,  $M_2$  signaling is still able to promote PKC $\epsilon$  maturation, which enhances Munc18-1 and MARCKS phosphorylation, similarly to  $M_1$  signaling. Therefore,  $M_1$  and  $M_2$  muscarinic receptors balance PKC $\beta$ I and PKC $\epsilon$  priming, protein levels, and activity on the mediators of the synaptic vesicle release machinery



be mediated by PI3K/PDK1 because M1 signaling activates PI3K in rat hippocampal neuron cultures<sup>63</sup> and we accordingly found that M<sub>1</sub> increases PDK1 Ser<sup>241</sup> phosphorylation and PDK1 promotes both PKCBI and PKCE phosphorylations. On the other hand, M<sub>1</sub> mAChR regulates differently the levels of PKCBI and PKCE isoforms. It downregulates PKCBI in the total and in the membrane fraction but does not affect PKCE total protein levels and translocates it to the cytosol. Several reasons indicate that M<sub>1</sub> might be inducing PKCBI degradation after activation rather than inhibiting PKC $\beta$ I synthesis. First, M<sub>1</sub> associates to the G<sub>a</sub> protein and PKC activation, which leads to PKC activity-dependent degradation.<sup>17-20</sup> In concordance, we previously found at the NMJ that PKCBI degradation occurs after being activated by phrenic nerve stimulation to potentiate ACh release.<sup>5,22</sup> Another finding supporting that M<sub>1</sub> mAChR triggers PKC<sub>β</sub>I activity and its turnover is that the PKC downregulation occurs at the membrane fraction, the compartment where studies in cell cultures found activity-dependent PKCBI ubiquitination and degradation.<sup>17</sup> Additionally, we found that M1 mAChR requires PKCBI activity to induce the phosphorylation of the SNARE regulator Munc18-1 (Ser<sup>313</sup>), the SNARE core protein SNAP-25 (Ser<sup>187</sup>) and the cytoskeletonrelated MARCKS (Ser<sup>152/156</sup>). In relation to Munc18-1 and PKC<sub>β</sub>I, experiments with the same <sub>β</sub>I inhibitor used here demonstrated that PKCBI is also necessary for the increase of Munc18-1 phosphorylation caused by nerve stimulation but not for the increase of Munc18-1 levels.<sup>31</sup> Also, the enhance of Munc18-1 PKC-phosphorylation is closely related to neurotransmission<sup>26</sup> and adds to our knowledge about how M<sub>1</sub> enhances acetylcholine release at the NMJ.<sup>1</sup> On the other hand, SNARE complex formation and neurotransmission is also regulated by SNAP-25 PKC-phosphorylation.<sup>33,36,64</sup> Our results show that M1 mAChR uses PKCBI to phosphorylate SNAP-25, reinforcing the previously demonstrated role of the βI isoform on the neurotransmission at the NMJ as the inhibition of PKC $\beta$ I decreases the size of end-plate potentials.<sup>22</sup> M<sub>1</sub> promotion of PKC phosphorylation over MARCKS has been determined in literature.<sup>40</sup> Multiple PKC isoforms can phosphorylate MARCKS in vitro and in vivo.<sup>23,65</sup> Here, we determine that, at the NMJ,  $M_1$  requires the presynaptic PKC $\beta$ I to phosphorylate MARCKS. Additionally, we found that the phosphorylation of Munc18-1, SNAP-25 and MARCKS by M<sub>1</sub> signaling occurs at the membrane and that M<sub>1</sub> also induces the translocation of Munc18-1 from the cytosol to the membrane. These changes in the membrane are concordant with an activation of all three substrates, which is closely related to their membrane association. 33,66,67

Contrary to PKC $\beta$ I, M<sub>1</sub> inhibition did not affect PKC $\epsilon$ protein levels. This distinct behavior between PKC $\beta$ I and PKC $\epsilon$  could be because PKC $\epsilon$  is less sensitive to activitydependent degradation. Indeed, PKC $\epsilon$  rate of downregulation is 3-fold slower than other PKC isotypes.<sup>68</sup>

Alternatively, PKCe activity-dependent degradation can be modulated by other PKC isoforms.<sup>69</sup> In this regard, we know that the inhibition of PKCBI in basal conditions downregulates PKCe levels at the neuromuscular junction.<sup>31</sup> Thus, the blockade of M<sub>1</sub>/PKCβI with pirenzepine could reduce PKCE and counter an accumulation of PKCE levels after  $M_1$  inhibition. The PKC $\varepsilon$  isoform is crucial to facilitate and trigger multiple mechanisms involved in ACh release at the NMJ.<sup>23,24,31,38</sup> This isoform generally participates in the first signaling steps of multiple receptors, acting like an early kinase of various signaling cascades.<sup>24</sup> This is also the case for muscarinic signaling, where PKCe inhibition prevents mAChRs from modulating ACh release if it is performed before, but PKCE inhibition does not influence the NMJ release after mAChR blockade.<sup>24</sup> In concordance, here we inhibited PKCe before muscarinic blockade to demonstrate the dependency of  $M_1$  on PKC $\varepsilon$  activity at the molecular level. Here we found that M1 muscarinic signaling uses PKCe to phosphorylate the three substrates Munc18-1, SNAP-25, and MARCKS, demonstrating the facilitatory role of this kinase for M<sub>1</sub>. In concordance, PKCe activity has been previously linked to the phosphorylation of Munc18-1,<sup>31</sup> SNAP-25,<sup>38</sup> and MARCKS.<sup>23,65</sup> The results also show that M1 inhibition decreases the primed pPKCe form and enhances total PKCe in the membrane. We interpret this result as that, after  $M_1$  inhibition, PKC $\varepsilon$ isoform is not allowed to perform its facilitating role and therefore it does not undergo activity-induced degradation at the membrane,<sup>17-20,23,38</sup> resulting in an accumulation of the inactive isoform in the membrane. Altogether, these molecular results support the previous electrophysiological findings showing that PKCe is necessary for M<sub>1</sub> to increase ACh release.<sup>24</sup> Because the membrane fraction that we studied contains the insoluble membrane compartments like the plasma membrane, synaptic vesicles, and mitochondria, it is possible that inhibited PKCE becomes more associated to the cytoskeleton (insoluble fraction)<sup>70,71</sup> or translocates between different cell compartments.<sup>72</sup> On the other hand, PKC priming by PDK1 acts on cytoskeletonassociated PKC enzymes (in the insoluble membrane fraction) and releases them to the cytosol.<sup>70,71</sup> Therefore, it is possible that the PDK1 inhibition by pirenzepine contributes to the association of total non-phosphorylated PKCe to the membrane fraction (in this case associated to the insoluble cytoskeleton). In addition, it should not be discarded that the increase of PKCE in the membrane after Pir could induce some activity on another substrate which we did not study here. Previous work at the NMJ suggested that the treatment with pirenzepine, although it downregulates IP<sub>3</sub>/ Ca<sup>2+</sup> signaling and PKC activity, also couples at least some PKC isoform to participate in ACh release.<sup>1</sup> Our research drives us to think that this isoform could be PKCe acting on different p-substrates than Munc18-1, MARCKS, and

SNAP-25, as it seems to integrate different receptor signaling pathways at the NMJ<sup>23,24,31,38</sup> and here we find that it is recruited to the membrane. Together with our translocation data, the translocation of PKCE to the membrane after M<sub>1</sub> inhibition could be responsible for the coupling of PKC after M<sub>1</sub> inhibition. However, further research on the role of PKCe and its targets is needed to comprehend this complex mechanism. On the other hand, it is not surprising that both PKCBI and PKCE could phosphorylate these substrates, considering that all PKC isoforms show a high degree of sequence similarity in their kinase domain.<sup>65</sup> It is very interesting that both PKCBI and  $\varepsilon$  isoforms are necessary to phosphorylate these substrates, but they do not replace themselves (necessary but not sufficient). In coincidence, the activity of the novel PKCe isoform is a prerequisite necessary for classic PKC activity at the NMJ.<sup>24</sup> This remarks the importance of studying the differences and cooperation between PKC isoforms.

PKA activity is essential for maintaining neurotransmission at the NMJ and it has recently been linked with M1 muscarinic signaling.<sup>2,63</sup> Here we show that M<sub>1</sub> signaling does not require PKA activity to promote the PKC phosphorylation of Munc18-1. However, PKA participates in Munc18-1 expression and we discuss it in the next section about M<sub>2</sub> signaling. In regard to MARCKS, PKA does not promote the M<sub>1</sub>/PKC phosphorylation but it maintains its protein levels. This is because, without PKA activity, M1 blockade caused a decrease in MARCKS levels. PKA is involved in protein translation and shutting down PKA from the system might be revealing a MARCKS-degrading pathway induced by M<sub>1</sub> mAChR inhibition. Interestingly, M<sub>1</sub>/PKC phosphorylation of SNAP-25 Ser<sup>187</sup> requires PKA activity. PKA is known to phosphorylate SNAP-25 on Thr<sup>138</sup>.<sup>37,73</sup> We previously determined that blocking the neuromuscular PKA with H-89 decreases SNAP-25 Thr<sup>138</sup> phosphorylation.<sup>2</sup> Together with the present results, this might indicate that PKA SNAP-25 Thr<sup>138</sup> favors PKC phosphorylation on SNAP-25 Ser<sup>187</sup>.

Therefore, at the neuromuscular junction,  $M_1$  activates PDK1 and induces the maturation of the classical PKC $\beta$ I and the novel PKC $\epsilon$ . Besides,  $M_1$  uses  $G_q$ /PLC $\beta$  and calcium mobilization to trigger PKC $\beta$ I activity and its consequent degradation.  $M_1$  needs PKC $\epsilon$  activity to facilitate the  $M_1$  downstream signaling. Both PKC isoforms regulate the phosphorylation of Munc18-1, MARCKS, and SNAP-25 substrates (the latter with the help of PKA), which associate to the membrane and participate in neurotransmission at the NMJ and other cellular processes.

### 4.2 | M<sub>2</sub> signaling on PKC

The  $M_2$  muscarinic signaling reduces the neurotransmission from cholinergic synapses, including the neuromuscular

FASEBJOURNAL

junction.<sup>1,53</sup> M<sub>2</sub> receptors are generally linked to Gi proteins, which inhibit adenylate cyclase and block PKA activity by downregulating cAMP production.<sup>58</sup> One of the consequences we recently demonstrated is that M<sub>2</sub> signaling decreases the PKA phosphorylation of SNAP-25 Thr<sup>138</sup> at the NMJ.<sup>2</sup> Besides the PKA pathway, further studies revealed that PKC activity is also necessary for the M<sub>2</sub> muscarinic signaling in various neuromuscular models.<sup>1,74,75</sup>

In the present work, we studied how  $M_2$  influences the PKC isoforms that are exclusive of the presynaptic terminal.<sup>21-23</sup> In particular, we show that  $M_2$  signaling does not affect the classical PKC $\beta$ I isoform priming, levels or subcellular distribution and this PKC isoform is not required for any substrate phosphorylation affected by  $M_2$  blockade that we studied. In concordance, a previous study in portal vein myocytes shows that  $M_2$  recruits novel instead of classical PKC isoforms.<sup>76</sup> Our study concurs with this idea, because we found that the novel PKC $\epsilon$  isoform participates in many  $M_2$  downstream regulations at the NMJ.

M2 signaling induces PKCe phosphorylation priming at the membrane fraction as well as the phosphorylation of the PKC master kinase PDK1, in the same way as M1. This could be linked to  $M_2$ /PI3K activation through the G $\beta\gamma$  subunit<sup>74,76</sup> and here we demonstrate that PDK1 promotes PKCe phosphorylation. On the other hand, M<sub>2</sub> signaling downregulates PKCe protein levels in the membrane fraction. These modulations of PKCE and pPKCE by M2 occur at the synaptic region of the hemidiafragm, in consistency with the presynaptic location of the isoform.<sup>21,23</sup> As mentioned before, the increase of PKC levels can be interpreted as an accumulation of the inactive kinase or, on the contrary, as more synthesis. M<sub>2</sub> activity is unlikely to induce PKCe activity and degradation, as the PKCE isoform is not very sensitive to activity-dependent degradation<sup>68</sup> and M<sub>2</sub> inhibition activates and couples PKC to participate in acetylcholine release at the NMJ.<sup>1</sup> Besides, evidence demonstrate that PKC $\varepsilon$  is active. We observed that M<sub>2</sub> blockade induces PKC activity, upregulating Munc18-1 PKCphosphorylation, Munc18-1 protein levels and MARCKS PKC-phosphorylation. In concordance, PKCe activity at the NMJ upregulates both Munc18-1 phosphorylation and protein levels<sup>31</sup> and phosphorylates MARCKS.<sup>23</sup> Also, here we verified that PKCE activity is required for M2 blockade to upregulate Munc18-1 and MARCKS. Thus, the increase in PKCE by M2 inhibition is consistent with enhanced PKC activity and it is possibly caused through protein synthesis (see below for the implication of PKA).

To identify the components of  $M_2/PKC\varepsilon$  pathway, we investigated the effect of PKA inhibition. Our results show that  $M_2$  blockade uses PKA activity to increase PKC $\varepsilon$  levels but does not need PKA to decrease PKC $\varepsilon$  phosphorylation. This reveals that  $M_2$  signaling affects PKC $\varepsilon$  through two different pathways: a PKA-dependent pathway where  $M_2$  down-regulates PKC $\varepsilon$ , and a PKA-independent pathway where

M<sub>2</sub> induces PKCe maturation through phospho-PDK1. The mentioned PKA-independent pathway is concordant with the previous studies linking M<sub>2</sub> and novel PKC through the Gβy subunit and PI3K activation,<sup>74,76</sup> hence does not need G<sub>i</sub> protein and PKA activity. On the other hand, M<sub>2</sub> reduces PKCe levels via G<sub>i</sub> protein and PKA inhibition and, when M<sub>2</sub> is blocked, PKA activity increases and upregulates PKCe. The phosphorylation of PKCe does not increase along with the total level because the PDK1-induced phosphorylation remains downregulated by Met. Because the PKCe isoform is exclusively expressed at the synaptic terminal of NMJs,<sup>24</sup> where gene expression does not take place, the upregulation of its protein levels might be caused by a posttranscriptional mechanism. Concordantly, PKA activity has been associated to the modulation of mRNA translation through the phosphorvlation of the eukaryotic elongation factor 2 kinase, inducing a general reduction of mRNA translation but increasing the translation rate of a small subset of synaptic proteins.77,78 Also, PKA promotes the translation of various proteins via phosphorylation of polypyrimidine tract-binding protein 1.<sup>79</sup>

Regarding the span of M<sub>2</sub> signaling, this mAChR subtype is specifically expressed at the nerve terminal and Schwann cells.<sup>57</sup> Here we describe a molecular pathway confined in the nerve endings, because the participating PKCBI and PKC $\varepsilon$  are exclusively presynaptic<sup>5,22,23</sup> and the end-targets are Munc18-1 and SNAP-25, neurotransmision modulators unique to the nerve endings.<sup>31,38</sup> We observed that M<sub>2</sub> signaling only affects the synaptic region of the hemidiaphragm, where both PKC isoforms, Munc18-1 and SNAP-25 were enriched. Munc18-1 was quite detectable in the extrasynaptic area (around 65% versus control value). This is in line with our previous report that Munc18-1 is also present in the nerve axons,<sup>31</sup> which stretch outside the synaptic region. In fact, when studying the effect of methoctramine in the extrasynaptic region, we observed a tendency to increase Munc18-1 protein levels (P = .8) that was not significant. However, muscarinic signaling may extend further than the presynaptic terminal and affect postsynaptic proteins. Here we show that M<sub>2</sub> mAChR downregulates the levels and priming of PKC $\alpha$ , an isoform which is mainly expressed at the postsynaptic site. M<sub>2</sub> mAChR at the NMJ induces an auto-inhibitory feedback over ACh release and our data suggest that M2 signaling on PKCa could be linked to a reduction of the postsynaptic responsiveness to ACh. Other findings showing that synaptic events influence pre- and post-synaptic kinases are that mAChR signaling controls the widely expressed PKA<sup>2</sup> and that phrenic-induced activity under blocked postsynaptic contraction induces the degradation of the presynaptic PKCβI and the post-synaptic PKCβII.<sup>5</sup>

In this study we found that  $M_2$  does not affect SNAP-25 Ser<sup>187</sup> phosphorylation by PKC at the NMJ. Indeed,  $M_2$  signaling rather regulates SNAP-25 through the PKAphosphorylation at Thr<sup>138.2</sup> Here, we also demonstrate that PKA activity is required for M<sub>2</sub> to modulate Munc18-1 and MARCKS. Interestingly, we found that all PKC phosphorylations inhibited by M2, and hence attributed to PKCE, require PKA activity. This further supports the idea that M<sub>2</sub>/ PKA pathway modulates upstream the activity of PKCe over those substrates,<sup>23,31</sup> which provide a molecular clue to the functional results about the PKA-dependent pathway on M<sub>2</sub> outcomes.<sup>80</sup> Interestingly, we also found that a previous inhibition of PKA shifts M2 to perform an M1-like signaling in relation to Munc18-1 and MARCKS phosphorylation. This is because after H89 preincubation, M<sub>2</sub> blockade decreases both Munc18-1 and MARCKS phosphorylation which is the result of M<sub>1</sub> inhibition. This is concordant with previous functional studies that showed when PKA is previously inactivated, blocking either M1 or M2 leads to a similar reduction in transmitter release.<sup>1</sup> Indeed, this result unmasks the PKAindependent pathway described before where M<sub>2</sub> induces PKCe phosphorylation. In this, M2 blockade would downregulate PKCe phosphorylation through PDK1 (our results) and  $G\beta\gamma/PI3K^{74,76}$  and, without PKA activity in the system, this PKC inhibition would decrease Munc18-1 and MARCKS phosphorylation.

## 4.3 | Muscarinic balance on PKC at the NMJ

We examined the joint action of  $M_1$  and  $M_2$  receptors with the pan-muscarinic inhibitor atropine. We found that atropine affects PKC $\varepsilon$  but not PKC $\beta$ I, a similar effect to inhibit  $M_2$  with the selective inhibitor methoctramine. Atropine's affinity is practically the same for both  $M_1$  and  $M_2$  mammalian subtypes,<sup>58</sup> which could indicate that  $M_2$  inhibition has a greater overall effect on the protein levels of PKC than  $M_1$ . Concordantly, previous studies showed that atropine increases ACh release at the NMJ in the same way as methoctramine.<sup>1,53</sup> Alternatively, the fact that atropine does not replicate the effect of  $M_1$  inhibition on PKC $\beta$ I protein levels might indicate that  $M_1$  needs an active  $M_2$  to modulate PKC $\beta$ I turnover.

The upregulation of PKC $\varepsilon$  by atropine can be explained by the opposite action of M<sub>1</sub> and M<sub>2</sub>. On the one hand, atropine blocks M<sub>1</sub> thus decreasing PKC $\varepsilon$  activity and the phosphorylation of its substrate Munc18-1 (discussed in more detail below). However, the accompanying M<sub>2</sub> blockade by atropine also liberates PKA activity, which upregulates PKC $\varepsilon$ levels and buffers the action of M<sub>1</sub>. This M<sub>1</sub>/M<sub>2</sub> counter regulation probably balances PKC $\varepsilon$  activity and protects the synapse from an excessive or insufficient PKC activity.

Regarding PKC priming, atropine decreases the phosphorylation of the upstream kinase PDK1, indicating that the overall action of  $M_1$  and  $M_2$  muscarinic receptors activates PDK1 at the NMJ. Interestingly, atropine causes the

same decrease in PDK1 levels as the decrease observed when  $M_1$  or  $M_2$  are inhibited separately. The lack of additive effect suggests that both mAChR subtypes could be using the same pathway. As mentioned before, both M<sub>1</sub> and M<sub>2</sub> muscarinic receptors have been shown to activate PI3K.63,74,76 which could be a common mechanism to activate PDK1. We previously demonstrated that PKC priming phosphorylation at the NMJ is enhanced by presynaptic stimulation and that the resulting muscle contraction increases it further,<sup>22</sup> suggesting a postsynaptic retrograde regulation. However, tropomyosin-related kinase B (TrkB) receptor signaling was not responsible for this priming and, contrarily, it rather acted downregulating PKCa and PKCBI phosphorylation levels.<sup>22</sup> That suggested the existence of a different pathway, activated by neuromuscular activity, which was promoting PKC phosphorylation and compensating TrkB downregulation. In the current study, we found that M1 and M2 muscarinic receptors promote PDK1 activity as well as PKC maturation at the NMJ. These receptors, whose action is triggered by the ACh released at the NMJ, could explain how neuromuscular activity enhances PKC maturation in an activity-dependent manner.

Atropine action over the PKC activity can be observed by studying PKC substrates. In this study we observed that atropine downregulates Munc18-1 phosphorylation, increases Munc18-1 protein levels, and it does not affect the levels or phosphorylation of SNAP-25 and MARCKS. Comparing these results with the selective inhibitions suggests that  $M_1$ blockade is responsible for the decrease in phospho Munc18-1, via PKC $\beta$ I and PKC $\epsilon$ , whereas M<sub>2</sub> blockade is responsible for the increase in Munc18-1 protein levels, via PKCE and PKA. Therefore, the activities of both mAChRs balance each other: M<sub>1</sub> promotes Munc18-1 phosphorylation whereas M<sub>2</sub> signaling controls the levels of this regulatory synaptic protein. Regarding SNAP-25, it is a key synaptic molecule which is difficult to modulate with treatments due to the multiple mechanisms finely regulating it.2,37,38,81 Interestingly, here we show that M<sub>1</sub> blockade decreases SNAP-25 Ser<sup>187</sup> phosphorylation, although we could not observe this effect with the general muscarinic inhibitor atropine. This suggests that M<sub>1</sub> signaling needs M<sub>2</sub> active to promote SNAP-25 PKCphosphorylation. Interestingly, the PKA phosphorylation of SNAP-25 (Thr<sup>138</sup>) follows a similar regulation, where M<sub>2</sub> downregulates it and needs the activity of M<sub>1</sub>.<sup>2</sup> If the inhibitory M<sub>2</sub> signaling on PKA/SNAP-25 is necessary for the M<sub>1</sub>/ PKC phosphorylation of SNAP-25, the current results might indicate that PKA hinders the action of PKC over SNAP-25. However, further research is needed to shed light on this complex mechanism and clarify the complementary role of PKC and PKA on SNAP-25. Regarding the third substrate examined, the absence of effect over MARCKS phosphorylation is probably the result of the counter regulation between M<sub>1</sub> and M<sub>2</sub>: the decreasing effect of M<sub>1</sub> blockade and

the increasing effect of  $M_2$  blockade probably cancel each other out. MARCKS phosphorylation is related to PKC $\epsilon^{23}$ and, concordantly, here we demonstrated that both mAChR subtypes modulate PKC $\epsilon$  and require its activity to modulate MARCKS.

As a pan-muscarinic inhibitor, atropine also inhibits other mAChR subtypes like  $M_3$ ,  $M_4$  and  $M_5$ . However, studies at the adult NMJ show that mainly  $M_1$  and  $M_2$  orchestrate the NMJ neurotransmitter release, <sup>53,82-84</sup> whereas other mAChR subtypes like  $M_3$  and  $M_4$  only participate during the development of the newborn NMJ.<sup>83,85,86</sup>  $M_1$  and  $M_2$  implication can be determinated with a mixture of Pir+Met. In the frog NMJ, this mixture fully mimmicks the effects of atropine on neurotransmitter release<sup>53</sup> and in rat hippocampal place cells, where the mixture replicated the effects of scopolamine, another known pan-muscarinic inhibitor.<sup>87</sup> As expected, we observed that Pir + Met incubation causes the same effects as atropine over PKC $\beta$ I, Munc18-1, SNAP-25, and MARCKS protein levels and phosphorylation, reinforcing the major participation of  $M_1$  and  $M_2$  in the muscarinic signaling.

Finally, the role of PDK1 activity at the NMJ also demonstrates the balance between  $M_1$  and  $M_2$  receptors. Overall, PDK1 blockade per se has effects similar to  $M_1$  inhibition, regulating in an equal manner PKC $\beta$ I, PKC $\varepsilon$ , and the substrates SNAP-25 and MARCKS. This supports that  $M_1$ signaling relies mainly on the PKC pathway, where PDK1 activity plays an important role. On the other hand,  $M_2$ blockade also inhibits PDK1 activity and we observed that PDK1 blockade per se induces effects similar to  $M_2$  inhibition over Munc18-1 phosphorylation. Interestingly, atropine does not induce the same modulations as PDK1 inhibition. This is probably because PDK1 inhibition only disrupts PKC priming, one step of PKC activation, whereas atropine induces a pan-muscarinic inhibition, involving both the PKC pathway—including PDK1—and the PKA pathway.

### 4.4 **Conclusion and future prospects**

The present results demonstrate a signaling pathway that  $M_1$  and  $M_2$  mAChRs use to regulate neurotransmission. The  $M_1$  mAChR signaling promotes the phosphorylation of PDK1 and the priming of the presynaptic PKC isoforms PKC $\beta$ I and PKC $\epsilon$  at the NMJ, which occurs at the membrane compartment. On the same subcellular compartment,  $M_1$  activation of PKC induces PKC $\beta$ I protein degradation and displaces PKC $\epsilon$  from the membrane, without changing PKC $\epsilon$  total protein levels. This signaling pathway triggers the PKC phosphorylation of Munc18-1 (Ser<sup>313</sup>), SNAP-25 (Ser<sup>187</sup>), and MARCKS (Ser<sup>152/156</sup>) and their recruitment to the membrane. On the other hand, the  $M_2$  mAChR signaling also promotes the phosphorylation of PDK1 and the priming of PKC $\epsilon$  at the membrane compartment. However,  $M_2$ 

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signaling downregulates PKC $\varepsilon$  protein levels at the membrane compartment through a PKA-dependent pathway. This inhibition extends to the PKC substrates Munc18-1 and MARCKS. Interestingly, when PKA is blocked, M<sub>2</sub> signaling is able to promote Munc18-1 and MARCKS phosphorylation like M<sub>1</sub> signaling. The complementary activities of M<sub>1</sub> and M<sub>2</sub> muscarinic receptors balance PKC $\beta$ I and PKC $\varepsilon$  priming, protein levels, and activity on mediators of the synaptic vesicle release machinery. Altogether this provides for the first time a molecular clue of M<sub>1</sub> and M<sub>2</sub> muscarinic and PDK1/PKC regulation of neurotransmitter release at the NMJ.

In this work we have identified a signaling pathway specific of the presynaptic motoneuron. This has been possible because we selected PKC isoforms and targets that participate in neurotransmitter release and are exclusively expressed at the presynaptic terminal of the NMJ.<sup>21-23</sup> We performed several tests to verify the location of the signaling in this study: (i) we confirmed by immunohistochemistry the presynaptic location of these molecules at the NMJ, (ii) we demonstrated that the effect of  $M_2$  blockade on PKC $\beta$ I, PKC $\epsilon$ , Munc18-1, and SNAP-25 is associated to the synaptic area of the diaphragm, reinforcing that this particular signaling occurs at the presynaptic terminal, and (iii) we checked the effect of mAChR antagonists over the PKCa isoform, which is preferentially expressed in the postsynaptic muscles, showing the communication between cells through the mAChR signaling and the complexity of the mAChR regulation in the tripartite cellular NMJ.

Altogether, our observations provide in vivo examples of muscarinic modulation in a physiological model. Identifiying how muscarinic inhibitors and PKC isoforms participate in neurotransmission is important for prospective therapies. For instance, drugs in development depend upon the balance between the various isoenzymes present.<sup>88</sup> PKC isoforms are key for neurotransmitter release at the NMJ and are affected in symptomatic and presymptomatic stages of amyotrophic lateral sclerosis.<sup>89,90</sup> The dual modulation of  $M_1$  and  $M_2$  mAChRs could be used to readjust neuromuscular function and preserve neuromuscular function and preserve neuromuscular paralysis, fall prevention, aging, and neuromuscular disorders such as amyotrophic lateral sclerosis and Duchenne muscular dystrophy.

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### CONFLICT OF INTEREST

The authors declare no competing interests.

### ETHICS STATEMENT

The animals were cared for in accordance with the guidelines of the European Community Council Directive of 24 November 1986 (86/609/EEC) for the humane treatment of laboratory animals. All the procedures realized were revised and authorized by the Animal Research Committee of the Universitat Rovira i Virgili (Reference number: 0289).

### AUTHOR CONTRIBUTIONS

Conceived and designed the experiments: MAL, JT, NG. Performed the experiments: VC, LJ, AP, MD, MT. Analyzed the data: VC, MAL, JT. Wrote the paper: VC, NG, MAL, JT.

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22 of 23

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