

1 Mechanisms for antihypertensive effect of CocioanOX, a polyphenol-rich cocoa  
2 powder, in spontaneously hypertensive rats

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10 **Running title:** Mechanisms of action of a polyphenol-rich cocoa powder

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16 **Abbreviations**

17 spontaneously hypertensive rats (SHR); malondialdehyde (MDA); angiotensin  
18 converting enzyme (ACE); N<sup>W</sup>-nitro-L-arginine methyl ester (L-NAME).

19

20 **Key words:** Angiotensin converting enzyme, Cocoa, Nitric oxide, Oxidative  
21 stress, Polyphenols.

22 **Abstract**

23 We investigate the mechanisms involved in the long-term  
24 antihypertensive effect of a polyphenol-rich cocoa powder, named CocoanOx®  
25 (CCX), in spontaneously hypertensive rats (SHR). We have carried out two  
26 different batches of experiments. For the first batch of experiments, forty 3  
27 week-old male SHR were randomly divided with *ad libitum* intake into four  
28 groups of 10 animals, that respectively received the following drinking fluids  
29 until the 20-week of life (treatment period): tap water (control), CCX 100  
30 mg/kg/day, CCX 200 mg/kg/day and CCX 400 mg/kg/day. Five 20-weeks-old  
31 rats of each group were sacrificed by decapitation. From the 20<sup>th</sup> to 24 week of  
32 life all the remaining animals were given tap water (follow-up period), and all of  
33 them were sacrificed at the end of the follow-up period. Plasma  
34 malonildialdehyde (MDA), reduced-glutathione in the liver, plasma and aorta  
35 angiotensin converting enzyme (ACE) activity and plasma angiotensin II were  
36 determined in all the sacrificed SHR that were included in this batch of  
37 experiments. Plasma MDA decreased and reduced-glutathione increased in the  
38 liver from the 20 week-old CCX treated SHR. These effects were not observed  
39 in the rats that were sacrificed after the follow-up period. CCX treatment did  
40 not modify aorta ACE activity, but the activity of ACE and the levels of  
41 angiotensin II increased in the plasma of the SHR treated with the highest  
42 dose of CCX. ACE activity returned to basal values in the SHR that were  
43 sacrificed after the follow-up period. However, angiotensin II levels were  
44 slightly higher after withdrawal of CCX.

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47           For the second batch of experiments we used aorta rings obtained from  
48 untreated SHR, and we evaluated the relaxation caused by CCX in different  
49 aorta preparations. CCX relaxed the intact aorta preparations but this cocoa  
50 did not relax the endothelium-denuded aorta rings from the untreated SHR. L-  
51 NAME, but not indomethacin, inhibited the relaxation caused by CCX in the  
52 SHR aorta rings. We postulate that the antihypertensive effect of CCX might  
53 be mediated by an improvement of endothelial release of nitric oxide and by a  
54 reduction of oxidative stress. The inhibition of ACE, could ~~also~~ be implicated in  
55 the antihypertensive effect of CCX.

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57

## 58 1. Introduction

59 Several studies have shown that consumption of foods rich in flavonoid  
60 compounds is associated with lower incidence of cardiovascular disease  
61 (Hollenberg et al., 1997; Schroeter, Holt, Orozco, Schmitz, & Keen, 2003;  
62 Stoclet et al., 2004). Foods with high polyphenolic flavonoid content include  
63 many fruits and vegetables such as apples, onions, tea, red wine and cocoa.  
64 Cocoa and cocoa derivatives have been shown to have the highest content of  
65 flavanols, particularly flavan-3-ols and procyanidins (Arts, Hollman, &  
66 Kromhout, 1999; Lee, Kim, Lee, & Lee, 2003). An important epidemiological  
67 study related the high consumption of chocolate with lower blood pressure and  
68 lower risk of cardiovascular disease (Buijsse, Feskens, Kok, & Kromhout,  
69 2006). Other studies carried out in humans have also shown an improvement  
70 in endothelial function after cocoa (Hung et al., 2004, Heiss et al., 2005) wine  
71 (Diebolt, Bucher, & Andriantsitohaina, 2001) and tea (Duffy et al., 2001)  
72 consumption. However, the biochemical mechanisms that explain the benefits  
73 of flavonoids on the cardiovascular system have not been completely  
74 elucidated.

75 Different mechanisms may justify the antihypertensive properties of  
76 polyphenols. The vasodilatation occasioned by these compounds has been  
77 related to the production of nitric oxide (Emura, Yokomizo, Toyoshi, &  
78 Moriwaki, 2007), the inhibition of angiotensin converting enzyme (ACE) (Li et  
79 al., 2005, Liu et al., 2003) and the reduction of oxidative stress (Duarte et al.,  
80 2001; Negishi et al., 2004; Peng et al., 2005). ~~Only~~ A better understanding of  
81 the mechanism and the determining factors of the antihypertensive activity of

82 polyphenols will allow a rational development of rich polyphenol functional  
83 foods for blood pressure control.

84 Cocoa beans are rich in polyphenols. In particular, they are rich in  
85 flavanols, but the concentration of these compounds in cocoa products not  
86 only depends on the initial flavanol content of the cocoa beans. The  
87 processing steps are also ~~very~~ important to condition the final content of  
88 flavanols in cocoa derivatives. CocioanOX (CCX) is a cocoa powder prepared  
89 by an industrial procedure to prevent polyphenol degradation (Tomás-  
90 Barberán et al., 2007). ~~CCX has therefore a high content in polyphenols (162~~  
91 ~~mg/g).~~ In these studies, the characterization of this product was carried out by  
92 our research group and we demonstrated that this product had a high content  
93 in polyphenols (162 mg/g). In this same work we also demonstrated the  
94 antihypertensive properties of CCX after a single oral administration in  
95 spontaneously hypertensive rats (SHR) (Cienfuegos-Jovellanos et al., 2009).  
96 Later, we also evaluated the long-term antihypertensive effect of CCX in SHR  
97 (Quiñones et al., 2010). Scientific evidence of bioactivity is required to market  
98 functional foods, and it is advisable to explain the mechanism involved in their  
99 beneficial effects. Since CCX is a polyphenol rich cocoa powder, the aim of  
100 this study was to evaluate different biomarkers implicated in the  
101 antihypertensive properties of these compounds.

102

103

104 **2. Material and Methods**

105           CocoanOX was supplied by Natraceutical Group (Valencia, Spain). This  
106 product, obtained via an enzymatic patented process, was previously  
107 characterized physico-chemically (Table 1). We have already demonstrated  
108 the short-term (Cienfuegos Jovellanos et al., 2009) and the long-term  
109 (Quiñones et al., 2010) antihypertensive effect of this product in SHR. In this  
110 study, we carried out two different batches of experiments. In the first one we  
111 used different tissues (plasma, aorta and liver) that had been obtained from  
112 CCX long-term treated SHR, and in the second one we used aorta ring  
113 preparations obtained from untreated SHR.

114           All the above-mentioned experiments were performed as authorized for  
115 scientific research (European Directive 86/609/CEE and Royal Decree  
116 223/1988 of the Spanish Ministry of Agriculture, Fisheries and Food).

117

## 118 *2.1. First batch of experiments*

### 119 *2.1.1. General protocol to treat the SHR and to obtain the tissues for the* 120 *different determinations*

121           After being weaned at 3 weeks, male SHR (Charles River Laboratories  
122 Spain S.A.) were housed in groups of five rats at a temperature of 23° C with  
123 12 h light/dark cycles. They were in turn randomly divided with *ad libitum*  
124 intake into four groups of 10 animals, and during the experimental period (until  
125 the rats were 24-weeks-old), the SHR of these groups were fed on a solid  
126 standard diet (A04 Panlab, Barcelona, Spain). Until the rats were 20-week-old,  
127 the drinking fluids in these groups were tap water (control), CCX 100  
128 mg/kg/day, CCX 200 mg/kg/day or CCX 400 mg/kg/day. Therefore, we

129 consider the period of time elapsed from 3 weeks of life until 20 weeks of life in  
130 the animals as the treatment period. Body weight, solid and liquid intake and  
131 systolic blood pressure values in these rats are described in detail in Quiñones  
132 et al. (Quiñones et al., 2010). After over-night fasting, five 20-week-old rats of  
133 each group were sacrificed by decapitation. Blood samples were obtained from  
134 the sacrificed rats to carry out the analysis of plasma malondialdehyde (MDA),  
135 plasma ACE activity and plasma angiotensin II. Aorta samples were also  
136 obtained to determine ACE activity in this tissue, and liver samples were also  
137 obtained to assess reduced-glutathione in this tissue. We describe below the  
138 procedures to evaluate all these parameters. The drinking fluid was always tap  
139 water in all groups of animals from the 20<sup>th</sup> to 24<sup>th</sup> week of life, and we  
140 consider this time as the follow-up period. At the end of the experimental  
141 period, the 24-week-old rats were sacrificed by decapitation after over-night  
142 fasting, and the same determinations and procedures described above were  
143 done

144

#### 145 *2.1.2 Plasma, aorta and liver preparations for biochemical determinations*

146 Blood samples from the sacrificed animals were collected into tubes  
147 containing lithium heparin as anticoagulant. These samples were centrifuged  
148 at 2500 g for 20 minutes at 4°C to obtain the plasma which was divided into  
149 aliquots and kept frozen at -80°C until analysis of MDA and ACE activity. Aorta  
150 and liver tissue were homogenized at 4 °C in a Potter with PBS (0.01 M PBS,  
151 0.15 M NaCl, pH 7.4), the homogenates were centrifuged at 5000g for 15 min  
152 at 4 °C and the supernatant was recovered. The supernatants of the

153 centrifuged samples were kept frozen at – 80 °C until used for evaluate ACE  
154 activity and reduced-glutathione, respectively. The protein content of the  
155 homogenates was determined by the Bio-Rad protein assay (Bio-Rad  
156 Laboratories, Hercules, CA, USA), using bovine serum albumin as standard.

157

### 158 *2.1.3 Malondialdehyde determination*

159 Plasma malondialdehyde (MDA) levels were measured by a  
160 thiobarbituric acid assay based on that proposed by Rodríguez-Martínez et al.  
161 (Rodríguez-Martínez, & Ruiz-Torres, 1992) and modified as previously  
162 described Manso et al. (Manso et al., 2008). The plasma MDA values were  
163 expressed as nmol MDA.

164

### 165 *2.1.4 Reduced-glutathione determination*

166 Reduced-glutathione in the liver was measured by the  
167 monoclorobimane fluorimetric method (Kamencic, Lyon, Paterson, & Juurlink,  
168 2000). For this, 90 µl of liver homogenized supernatant were mixed with 10  
169 µl of glutathione S-transferase solution (1U/ml), obtained from horse liver  
170 (Sigma-Aldrich, USA), and monoclorobimane (Fluka Biochemical, Switzerland)  
171 (100 mM). This reaction is catalysed by glutathione S-transferase. The levels  
172 of glutathione were quantified by a fluorimeter (Multiscan Ascent Labsystems,  
173 Spain) and were expressed as µmol/g tissue protein.

174

### 175 *2.1.5 Determination of ACE activity in plasma and aorta*

176 ACE activity in plasma and aorta were measured by a fluorimetric  
177 method as explained in (Miguel, Manso, Aleixandre, & López-Fandiño, 2007).  
178 ACE activity was expressed as mU ACE /ml in plasma samples, and as mU  
179 ACE/mg tissue protein in aorta samples.

180

#### 181 *2.1.6 Determination of angiotensin II in plasma*

182 Angiotensin II (Ang II) was assayed by enzyme-linked immunosorbent  
183 assay (ELISA) using a commercial kit (Assay Pro, USA) according to the  
184 manufacturer's instructions. Angiotensin II levels were expressed as ng/ml  
185 plasma.

186

#### 187 *2.2 Second batch of experiments: experiments in aorta ring preparations*

188 For these experiments we used 17-22 week old non-treated SHR. The  
189 animals were sacrificed by decapitation. The thorax was opened, and the aorta  
190 from the aortic arch to the diaphragm was rapidly excised and transferred to a  
191 beaker containing Krebs-Henseleit Solution with the following composition  
192 (mmol/L): NaCl, 118.2; KCl, 4.7; CaCl<sub>2</sub>, 2.5; KH<sub>2</sub>PO<sub>4</sub>, 1.2; MgSO<sub>4</sub>, 1.2;  
193 NaHCO<sub>3</sub>, 25; and glucose, 10.0. Excess fat and connective tissue were  
194 removed from the aorta and the tissue was cut into rings (approximately 4 mm  
195 in length). The aortic rings were mounted between two steel hooks in isolated  
196 tissue chambers also containing Krebs-Henseleit Solution. The medium was  
197 maintained at 37°C, and continuously bubbled with a 95% O<sub>2</sub>-5% CO<sub>2</sub> mixture,  
198 which gave a pH of 7.4. An optimal resting tension of 2 g was applied to all  
199 aortic segments. This tension was adjusted every 15 min during a 60-90 min

200 equilibration period before adding drugs. Isometric tension was recorded by  
201 using an isometric force displacement transducer connected to an acquisition  
202 system (Protos 5, Panlab, Spain). After the equilibration period, the rings were  
203 first contracted by 80 mmol/L KCl to assess their functionality and when the  
204 contraction had reached the steady state (about 15 min. after the  
205 administration), the preparations were washed until the basal tension was  
206 recovered. Then the rings were exposed to  $10^{-6}$  mol/L methoxamine, and dose-  
207 response curves to CCX ( $10^{-4}$  mg/ml – 1 mg/ml) were performed in the  
208 methoxamine-precontracted rings. Relaxant responses to CCX were  
209 expressed as a percentage of the precontraction induced by methoxamine.

210 The previously described procedure was applied to intact and  
211 endothelium-disrupted tissue. It was also applied to another two groups of  
212 intact preparations; one with the addition of  $N^W$ -nitro-L-arginine methyl ester  
213 (L-NAME) ( $10^{-4}$  M), an *in vivo* and *in vitro* inhibitor of NO-synthase, and the  
214 other one with the addition of indomethacin ( $10^{-5}$  M), a drug that inhibits  
215 cyclooxygenase and prostacyclin synthesis, to the bath solution 30 minutes  
216 before methoxamine administration. The denuded endothelium preparations  
217 were prepared by gently rubbing the tissue before it was cut into rings, and the  
218 efficacy of the procedure used to remove the endothelial cells was judged by  
219 the loss of acetylcholine-induced relaxation in the aorta preparations  
220 precontracted with methoxamine, as these cells, according to the studies  
221 published by Furchgott in 1980 and in 1999 (Furchgott, & Zawadzki, 1980;  
222 Furchgott, 1999), are necessary for this response.

223

## 224 2.8 Statistical analysis

225 The results are expressed as mean values  $\pm$  S.E.M. for at least 5 rats or  
226 5 determinations, and were analyzed by one or two-way analysis of variance  
227 (ANOVA), using the GraphPad Prism software. Differences between the  
228 groups were assessed by the Bonferroni test. Differences between the means  
229 were considered to be significant when  $P < 0.05$ .

230

231

## 232 3. Results

233 The concentration of MDA was significantly lower in the plasma of all  
234 the different groups of CCX treated rats than in the plasma of the non-treated  
235 rats. Nevertheless, the withdrawal of CCX caused an increase in plasma MDA  
236 concentration, and at the end of the follow up period, the concentration of this  
237 metabolite was similar in all the rats that had been treated with CCX and in the  
238 non-treated rats (Figure 1).

239 Long-term intake of CCX increased the levels of reduced glutathione in  
240 the liver of the SHR. Reduced glutathione decreased after the follow-up period  
241 and returned to basal values in the liver from the animals that had received  
242 100 mg/kg or 200 mg/kg of CCX. Nevertheless, the 24 week-old animals that  
243 had been treated with 400 mg/kg of CCX maintained high levels of reduced  
244 glutathione in the liver after the follow-up period (Figure 2).

245 Long-term intake of CCX did not modify ACE activity in the aorta of the  
246 SHR (data not shown). However, ACE activity was higher in the plasma of the  
247 rats treated with 200 mg/kg or 400 mg/kg of CCX than in the plasma from the

248 non-treated SHR (Figure 3). Angiotensin II plasma levels also increased in the  
249 groups of rats treated with 200 mg/kg or 400 mg/kg of CCX. Plasma ACE  
250 activity decreased when we interrupted these treatments, and four weeks after  
251 the withdrawal of CCX the activity of this enzyme returned to basal values.  
252 However, angiotensin II levels were slightly higher after withdrawal of CCX  
253 (Figure 4).

254 CCX relaxed the intact aorta ring preparations from the untreated SHR,  
255 but CCX did not relax the endothelium-denuded aorta ring preparations from  
256 these animals. In addition, the relaxations caused by CCX in the  $10^{-4}$  M L-  
257 NAME treated aorta ring preparations were lower than the relaxations caused  
258 by this cocoa powder in the non-treated aorta ring preparations, but the  
259 presence of  $10^{-5}$  M indomethacin in the bath solution did not modify the  
260 relaxations induced by CCX in this tissue (Figure 5).

261

262

#### 263 **4. Discussion**

264 Hypertension is a multifactorial pathology that is conditioned by different  
265 environmental and social factors, as well as by different endocrine, genetic and  
266 metabolic disorders. CCX is a cocoa powder that has demonstrated  
267 antihypertensive effects (Cienfuegos-Jovellanos et al., 2009; Quiñones et al.,  
268 2010). In this paper, we have clearly demonstrated that the long-term  
269 treatment with CCX could decrease plasma MDA and could also increase liver  
270 reduced glutathione. These effects disappear when the treatment with CCX  
271 was removed. Therefore, the treatment with this cocoa powder, improves the

272 redox state and decreases oxidative stress. Since hypertension has been  
273 associated with free radical production, lipid peroxidation and oxidative stress  
274 (Pudu, Puddu, Cravero, Rosati, & Muscari, 2008; Harrison & Gongora, 2009).  
275 It is nowadays assumed that plasma MDA reflects all these alterations. On the  
276 contrary, reduced glutathione is a molecule which can scavenge reactive  
277 oxygen species and other free radicals. Its production is ~~very~~ important in the  
278 liver reaching other organs when levels are adequate. Therefore, the balance  
279 between plasma MDA and liver reduced glutathione enable us to know the  
280 redox state and the antioxidant protection degree of the organism.

281 In addition, it is known that endothelial dysfunction could justify, at least  
282 in part, the increased blood pressure of hypertensive subjects. In 1980,  
283 Furchgott reported that endothelial cells have an obligatory role in the  
284 relaxation of arteries by acetylcholine and related muscarinic agonists  
285 (Furchgott, 1999). The relaxation results from the stimulation by the muscarinic  
286 agonist, of the release from the endothelial cells of a very labile diffusible factor  
287 that was later characterized as nitric oxide (NO) (Furchgott & Zawadzki, 1980).  
288 It has been demonstrated that polyphenol could improved endothelial function  
289 and could release NO (Grassi et al., 2008; Schmitt & Dirsch, 2009). We have  
290 previously demonstrated that the responses to acethylcholine improved in the  
291 aorta from the CCX treated SHR (Quiñones et al., 2010). The endothelial  
292 activity could be therefore implicated in the antihypertensive effect of CCX. In  
293 this paper, we have demonstrated that the vasorelaxant effect of this cocoa  
294 powder is, in fact, endothelium dependent, because this cocoa powder did not  
295 relax the endothelium denuded aorta preparations from SHR. Moreover, the

296 effect of CCX in the aorta preparations was impaired when NO synthase was  
297 inhibited. These results correlate CCX activity with the release of NO. On the  
298 contrary, prostacyclin seems not to participate in the vasodilator effect of CCX,  
299 because this cocoa powder clearly relaxed the aorta tissue when  
300 indomethacin, a COX inhibitor, was present in the organ bath.

301 It has been demonstrated that a variety of tissues, including blood  
302 vessels, heart and kidney contain all the essential components of the rennin-  
303 angiotensin system (Takai, Jin, Sakaguchi, & Miyazaki, 2004). In our study, we  
304 obtained plasma and aorta samples from CCX treated SHR to measure ACE  
305 activity. ACE activity in aorta samples from the CCX treated SHR was very  
306 similar to ACE activity in aorta from non treated rats. However, the ACE activity  
307 in the plasma from the SHR treated with 200 mg/kg/day or 400 mg/kg/day  
308 CCX, was significantly higher than the ACE activity in the plasma from non  
309 treated rats. Angiotensin II was also higher in the plasma obtained from the  
310 rats that had been treated with these doses of CCX than in the plasma from  
311 non treated SHR. CCX is a cocoa powder rich overall in monomers through  
312 trimers of flavonoids, and it has been described that the procyanidins are the  
313 flavonoids that mainly inhibits ACE (Actis-Goretta, Ottaviani, Keen, & Fraga,  
314 2003; Ottaviani, Actis-Goretta, Villordo, & Fraga, 2006). Our results could be  
315 justified having in mind these ideas, because the long-term decrease in arterial  
316 blood produces compensatory mechanisms that try to increase this variable.  
317 Our results in fact indicate that CCX could also have ACE inhibitory properties.  
318 An elevation in plasma ACE concentration has been documented in humans  
319 and rats treated with ACE inhibitors (Fyhrquist, Forslund, Tikkanen, &

320 Grönhagen-Riska, 1980; Boomsma, Debruyn, Derkx, & Schalekamp, 1981;  
321 Wu & Ding, 2001). In previous works, our research group also demonstrated  
322 increased ACE activity in the plasma from SHR that had been long-term  
323 treated with captopril (Miguel et al., 2007). Costerousse et al. (1998) indicated  
324 that the increase in circulating ACE levels in rats treated with ACE inhibitors  
325 was associated to a generalized increase in ACE gene transcription and ACE  
326 synthesis in somatic cells. According to these researchers, this may be due to  
327 an adaptative response to the inhibition of the enzyme, but it could be  
328 independent of angiotensin II suppression. The consequences of ACE  
329 induction during inhibition of the enzyme are not known, but it does not seem  
330 to reduce the therapeutic effect of these drugs (Costerousse, Allegrini, Clozel,  
331 Ménard, & Alhenc-Gelas, 1998). It is also true those other mechanisms than  
332 ACE inhibition could justify the therapeutic effect of ACE inhibitors (Takai, Jin,  
333 Sakaguchi, & Miyazaki, 2004). In our study, ACE activity returned to basal  
334 values after the follow up period. However, angiotensin II levels were slightly  
335 higher after withdrawal of CCX. This could also be understood, because the  
336 feedback that could be produced when ACE is inhibited for a long time,  
337 disappears when the block of this enzyme is finished, and in turn a ~~massive~~  
338 synthesis of this vasoconstrictor peptide occurs.

339         The results obtained in this study have demonstrated that the  
340 antihypertensive effect of CCX is endothelium dependent. CCX effect is  
341 mediated, at least in part, by endothelial release of NO and by a reduction of  
342 oxidative stress. Other mechanisms, like ACE inhibition could also justify the  
343 effect of this cocoa powder. In conclusion, we have described some

344 mechanisms implicated in the antihypertensive effect of CCX, a cocoa powder  
345 that could be used as a functional food ingredient for controlling blood  
346 pressure and other related disorders. However, we are aware that before CCX  
347 was marketed as antihypertensive ingredient, it would be necessary to carry  
348 out clinical studies to demonstrate their antihypertensive efficiency in humans.  
349

350 **Acknowledgements**

351           This study was supported by Natraceutical Group (36/2007 U.C.M.  
352 Project). We also thank Manuel Bas Caro, Technician in Pharmacology, for his  
353 excellent care of the rats. Miguel M is recipient of a Ramon y Cajal contract  
354 from MICINN.

355

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358

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484

485 **Figure legends**

486

487 **Figure 1.** Histograms of plasma malondialdehyde (MDA) from 20 (■) and 24  
488 week-old (□) spontaneously hypertensive rats. The animals had received the  
489 following different daily treatments from weaning until the 20<sup>th</sup> week of life: tap  
490 water, CocoanOX (CCX) 100 mg/kg, CCX 200 mg/kg and CCX 400 mg/kg. All  
491 rats drank tap water from the 20<sup>th</sup> week of life until the 24<sup>th</sup> week of life. The  
492 group that drank always tap water is considered the control group, and the  
493 other groups have been defined by the treatment that received until the 20<sup>th</sup>  
494 week of life. Data are mean values  $\pm$  S.E.M. for 5 animals. \* P < 0.05 vs the  
495 rats of the same age in the control group. # P < 0.05 vs 20 week-old rats.

496

497 He redactado otra vez la figura 1. Por mucho que el referee pretenda modificar  
498 la redacción esta debe incluir los tratamientos, y desde luego está mucho más  
499 claro lo que significa cada cosa aludiendo a la edad de los animales. No se  
500 deben quitar los tratamientos de las animales. He definido el grupo control y  
501 en las figuras debe ponerse en el eje de las X control NO tap water

502

503 HAY QUE HACER LA REDACCIÓN DE TODAS LAS FIGURAS EN BASE A  
504 LA 1 QUE HE REDACTADO.

505

506 HAY QUE QUITAR LA FIGURA 4 Y REHACER NÚMEROS

507 **Figure 1.** Histograms of plasma malondialdehyde (MDA). (■) = treatment, (□)  
508 wash-out. ~~The animals had received from weaning until the 20<sup>th</sup> week of life~~

509 ~~different daily treatments: tap water (control), CocoanOX (CCX) 100 mg/kg,~~  
510 ~~CCX 200 mg/kg and CCX 400 mg/kg. All rats drank tap water from the 20<sup>th</sup>~~  
511 ~~week of life until the 24<sup>th</sup> week of life.~~ Data are mean values  $\pm$  SEM. for 5  
512 animals. \* $P < 0.05$  vs tap water (control). # $P < 0.05$  vs 20 week-old treated  
513 animals. ~~There are not significant differences between 20 week-old and 24~~  
514 ~~week-old rats~~

515

516 **Figure 2. REDACTAR COMO LA 1** Histograms of the reduced-glutathione in  
517 the liver from 20 ( ) and 24 week-old ( ) spontaneously hypertensive rats. The  
518 animals had received from weaning until the 20<sup>th</sup> week of life different daily  
519 treatments: tap water (control), CocoanOX (CCX) 100 mg/kg, CCX 200 mg/kg  
520 and CCX 400 mg/kg. All rats drank tap water from the 20<sup>th</sup> week of life until  
521 the 24<sup>th</sup> week of life. Data are mean values  $\pm$  S.E.M. for 5 animals. \* $P < 0.05$  vs  
522 tap water (control); ~~There are not significant differences between 20 and 24~~  
523 ~~week-old rats. # $P < 0.05$  vs 20 week-old treated rats.~~

524

525 **Figure 3. REDACTAR como la 1** Histograms of the plasma angiotensin  
526 converting enzyme activity (ACE) from 20 ( ) and 24 week-old ( )  
527 spontaneously hypertensive rats. The animals had received from weaning until  
528 the 20<sup>th</sup> week of life different daily treatments: tap water (control), CocoanOX  
529 (CCX) 100 mg/kg, CCX 200 mg/kg and CCX 400 mg/kg). All rats drank tap  
530 water from the 20<sup>th</sup> week of life until the 24<sup>th</sup> week of life. Data are mean  
531 values  $\pm$  S.E.M. for 5 animals. \* $P < 0.05$  vs control tap water (control); # $P < 0.05$   
532 vs 20 week-old treated animals.

533

534 **Figure 4. REDACTAR COMO LA 1** Histograms of angiotensin II plasma  
535 levels from 20 ( ) and 24 week-old ( ) spontaneously hypertensive rats. The  
536 animals had received from weaning until the 20<sup>th</sup> week of life different daily  
537 treatments: tap water (control), CocoanOX (CCX) 100 mg/kg, CCX 200 mg/kg  
538 and CCX 400 mg/kg). All rats drank tap water from the 20<sup>th</sup> week of life until  
539 the 24<sup>th</sup> week of life. Data are mean values  $\pm$  S.E.M. for 5 animals. \*P<0.05 vs  
540 tap water (control); #P<0.05 vs 20 week-old treated animals.

541

542 **Figure 5. REDACTAR COMO LA 1.** Cumulative dose-response curves to  
543 CocoanOX (CCX) ( $10^{-4}$  mg/ml – 1 mg/ml) in different aorta ring preparations  
544 from spontaneously hypertensive rats: intact (●), endothelium denuded (○), L-  
545 NAME ( $10^{-4}$  M)-treated (▲) and indomethacin ( $10^{-5}$  M)-treated (■). The results  
546 (mean  $\pm$  SEM for at least 8 preparations and 3 animals) are expressed as the  
547 percentage of the previous methoxamine induced contraction. \*P<0.05 vs  
548 intact preparations.

549

550

551 **Table 1.** Concentration of theobromine and flavan-3-ols (mg/g) of the industrial batch  
552 of CocoanOX™.

<b>Compound</b>	<b>[mg/g]</b>
<b>Theobromine</b>	15.95 ± 0.05
<b>Total flavan-3-ols <sup>1</sup></b>	42.64 ± 0.25
<b>(+) Catechin</b>	5.18 ± 0.09
<b>(-) Epicatechin</b>	19.36 ± 0.03
<b>Procyanidin B2</b>	16.85 ± 0.06
<b>Procyanidin B1</b>	1.25 ± 0.07

553 The results are expressed on a wet basis as mean ± SD (n=2).

554 <sup>1</sup> DAD-HPLC

555 ~~Taken from~~ Taken from Cienfuegos-Jovellanos et al., 2009.

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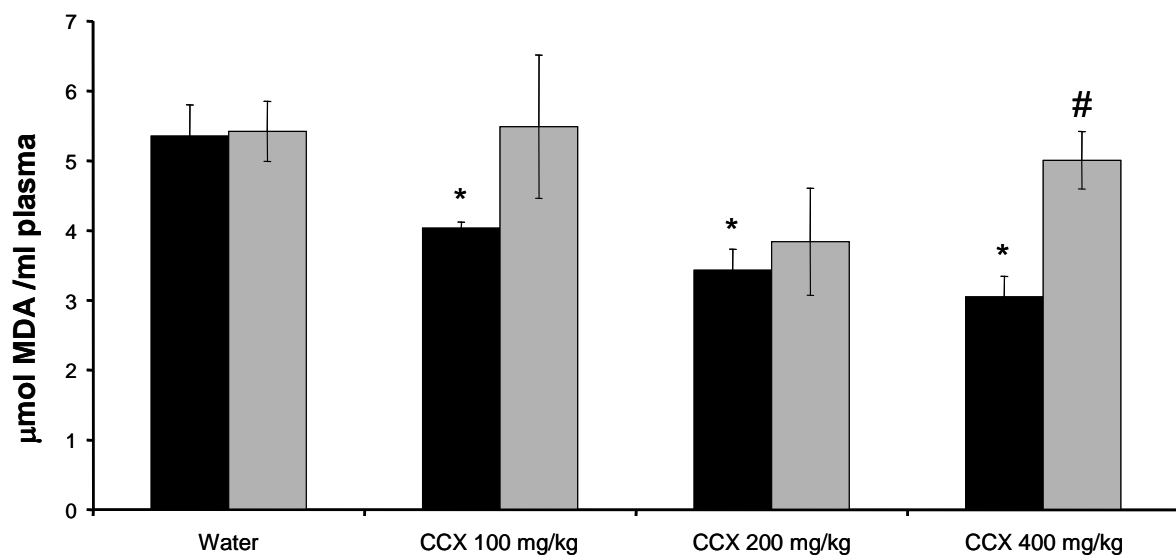
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559 **Figure 1**

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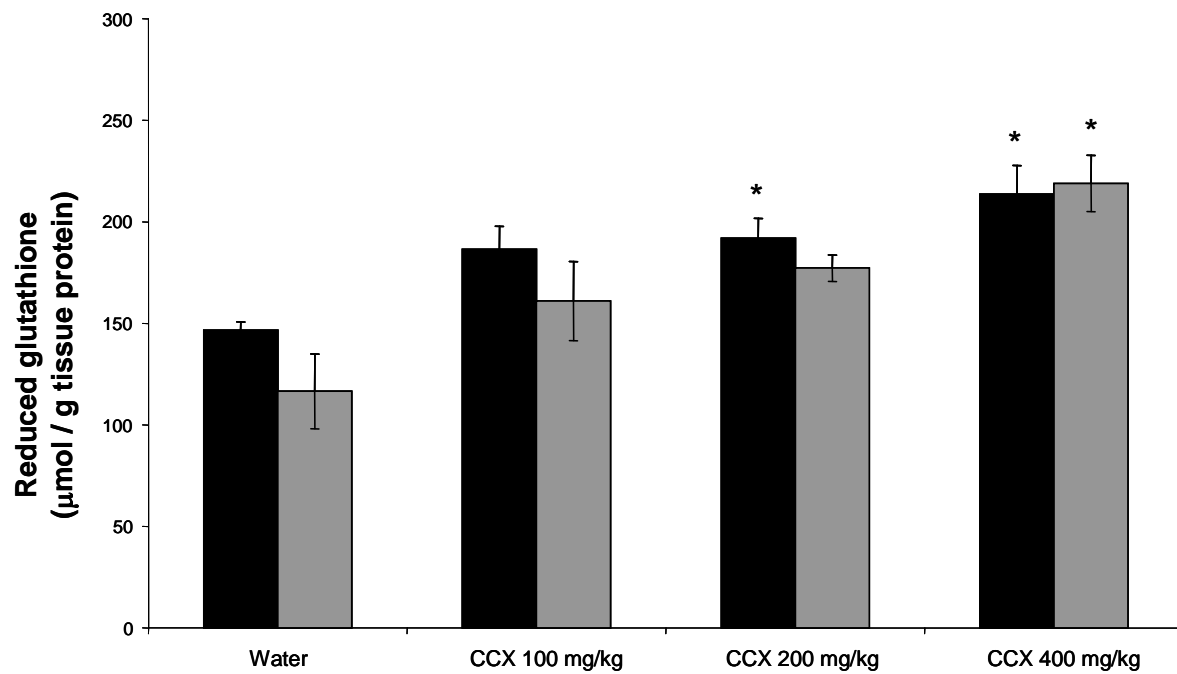


562 **Figure 2**

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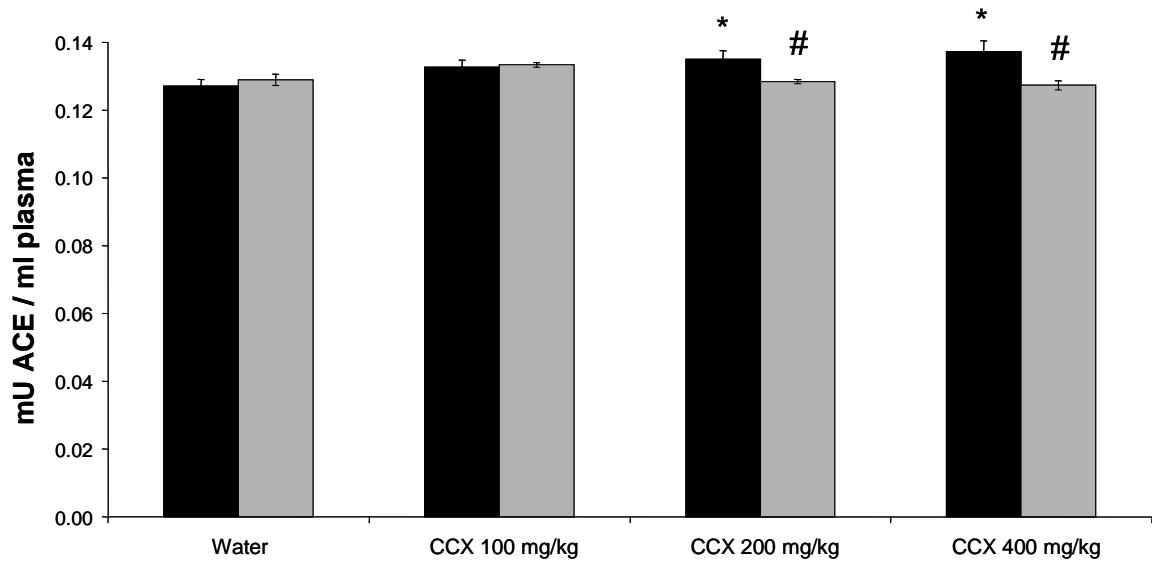
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566 **Figure 3**

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569 **Figure 4**

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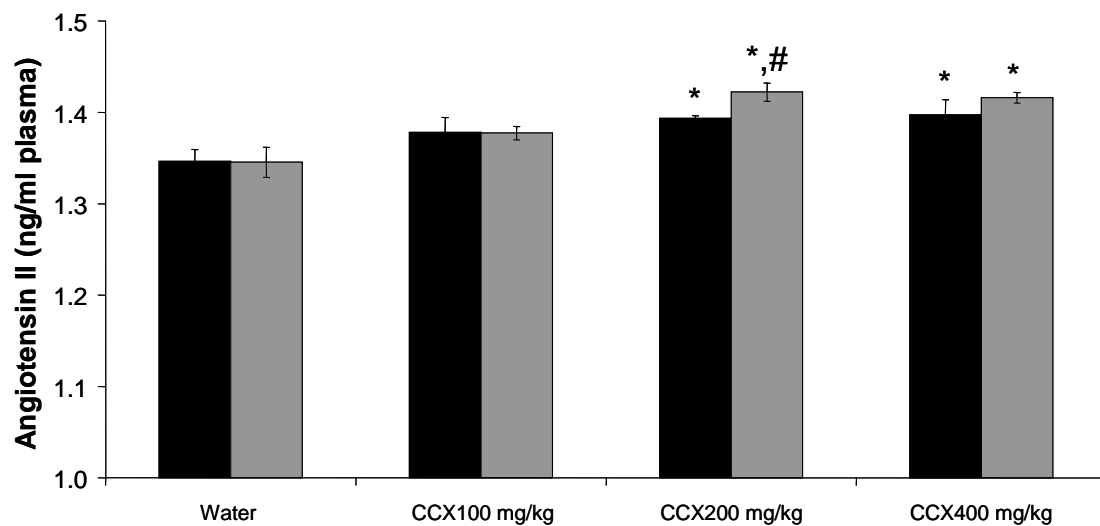


Figure 5

