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Bio-inspired porous ZnO nanomaterials from fungal polysaccharides: advanced materials with unprecedented low toxicity *in-vitro* for human cells

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Abstract

Mechanochemically synthesized ZnO-polysaccharide nanohybrids prepared from fungal polysaccharides were proved to exhibit remarkable surface properties and structures for biomedical applications. The synthesized ZnO nanomaterials possessed an unprecedented low cytotoxicity against human cell lines A549 and SH-SY5Y (EC50: 50-100 $\mu\text{g mL}^{-1}$) as compared to commercial ZnO nanomaterials due to the stability and low release of Zn^{2+} and reduced interaction nanoparticle/cells due to the high biocompatibility of the nanohybrids.

Keywords: ZnO; mechanochemistry; cytotoxicity; bionanomaterials

Introduction

Nature serves as inspiration to scientists in innovation and the design of advanced materials able to serve the basis of the expected future demands in resource scarcity, water, energy and food. The miniaturisation and efficiency achieved by common entities in nature in the production of energy, biometabolites, photo-processing and resource maximisation has always been attractive to imitate based on fundamental and rational understanding.^[1,2] The field of nanomaterials has experienced remarkable advances in recent years motivated by fascinating discoveries and progress brought by both unique and excellent properties of nanoentities conferred by their small sizes, high surface areas and energies as well as degenerated density of energy states. A number of advanced nanomaterials have been therefore designed for a large number of applications including biomedical devices, electronics, catalysis, information technologies, food packaging and preservation, personal care products, as well as environmental technologies.^[3]

Generally speaking, most preparation protocols of advanced materials for various applications possess inherent shortcomings which include an excessive use of solvents, high temperatures and/or pressures, expensive reagents (e.g. noble metals) and hazardous chemicals and/or reaction conditions, sophisticated equipment and tedious workup protocols, etc. The paradigm of benign by design synthesis of nanomaterials was promoted in recent years in our aim to switch to more environmentally (bio)compatible materials and products with comparable efficiencies and cost-competitive with respect to current possibilities for a more sustainable society.^[4]

Mechanochemistry recently emerged as a highly promising technology that makes use of the power of grinding/milling to promote chemical changes in the internal structures of materials.^[5] The mechanochemical reaction happens through the fracturing of the original

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3 structure of the starting materials that cause the incorporation of the new species within the
4 lattice or the structure. Because of high energy collisions between reactants and/or solids,
5 changes in materials can be promoted at much lower temperatures.^[6] This non-traditional
6 synthetic approach features an extreme simplicity, cleanliness, reproducibility and versatility,
7 being already demonstrated to be highly useful for the development of a range of advanced
8 nanomaterials including MOFs, supported metal and metal oxide nanoparticles and
9 nanocomposites with diverse applications in catalysis, sensing, drug delivery and
10 adsorption.^[5, 7] Most importantly, the activities and specificities of mechanochemically
11 synthesized materials have been extensively demonstrated to significantly predate those of
12 conventionally synthesized materials in various applications including bio-compatibility
13 studies.^[7, 8]

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16 Improved catalytic activities, conductivities, reactivities and related improved
17 properties achieved in designer advanced nanomaterials can also be accompanied by altered
18 interactions with biological systems at cellular level.^[9] These unknown interactions can affect
19 biological functions that would not otherwise be observed with bulk materials (not in the
20 nano-range). In fact, recent studies on potential nanotoxicity to human health and the eco-
21 environment have drawn the attention of both government agencies and the general public.^{[10,}
22 ^{11]} A number of studies have recently shown that nanoparticles can contribute to adverse
23 health effects which have been attributed to reactive oxygen species (ROS) generation. For
24 example, cytotoxicity studies of TiO₂ nanoparticles demonstrate oxidative stress in various
25 human cell lines such as human skin fibroblast cells^[12] and human bronchial epithelial
26 cells.^[13] Moreover, genotoxicity studies in various cell lines have shown that nanoparticles
27 could cause DNA damage and increase the mutation frequency.^[14-15]

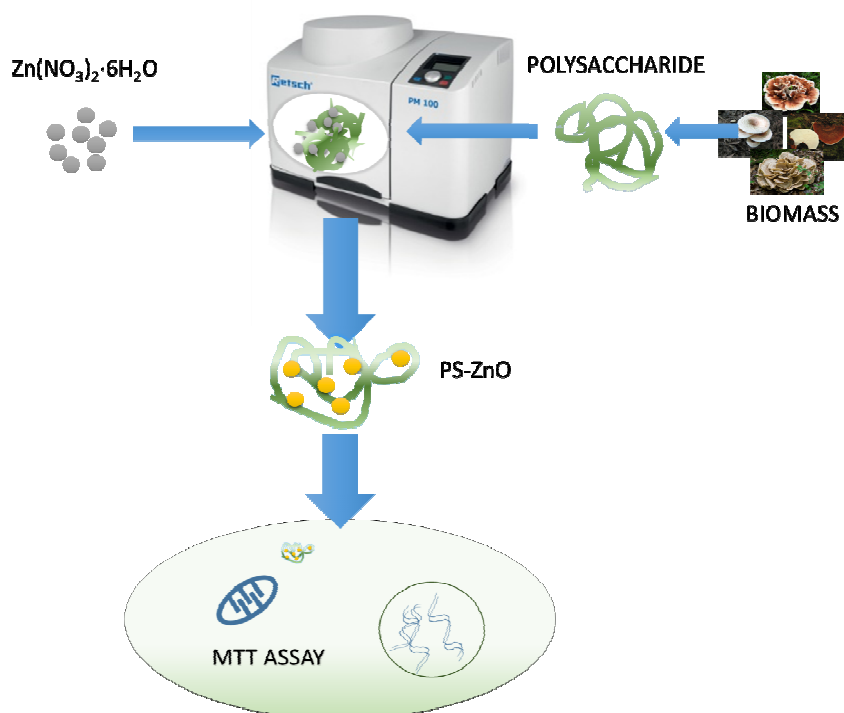
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30 With the increasing presence of nanomaterials and nanoparticles in daily lives and
31 routine exposure to such nanoentities, the understanding of their interactions in human cells

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3 as well as their toxicities are matter of utmost importance in scientific research. As examples,
4 ZnO and TiO₂ nanoparticles are currently present in sunscreen formulations and other
5 common applications where UV protection from transparent coating is required (e.g. creams,
6 beauty treatments, varnishes to protect wood, etc.).^[16-17] However, restricted studies are
7 available on their interactions with the skin and/or human cells (e.g. migration to internal
8 organs) during uptaking or after repeated/long-term exposure.
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20 ZnO as well as TiO₂ nanoparticles have been extensively investigated in the field of
21 photocatalysis^[8d, 18]. Particularly ZnO nanoparticles have been demonstrated to be very toxic
22 at moderate concentrations for a wide variety of biological systems including epidermal
23 cells.^[19] ZnO nanomaterials are also toxic to T cells at concentrations above 5 mM,^[20] being
24 toxic to neuroblastoma cells above 1.2 mM.^[21] Furthermore, ZnO nanoparticles were more
25 cytotoxic to microorganisms such as *E. coli* as compared to other metal oxide nanoparticles
26 such as Fe₂O₃, Y₂O₃, TiO₂ and CuO.^[22] The plausible reason for the observed toxicity is that
27 nanosized ZnO (similar to TiO₂) is an excellent photocatalyst that generates excessive ROS
28 (reactive oxygen species) that can damage cellular proteins, lipids and DNA, leading to fatal
29 cell lesions.^[19] However, recent studies indicated that ZnO nanoparticles may also exhibit a
30 preferential ability to kill cancerous cells as compared with normal line cells,^[23] potentially
31 emerging as a promising new modality of cancer therapy, the so-called photodynamic therapy
32 (PDT). PDT promises a better selectivity for tumors that are accessible to light, low systemic
33 toxicity, and fewer side effects in comparison to radiation therapy and chemotherapy.^[24-25]
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51 Based on these premises to improve the efficiency and biocompatibility of ZnO
52 nanoparticles in view of potential biomedical applications, the proposed study was aimed to
53 demonstrate an improved biocompatibility of novel ZnO-polysaccharide advanced
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nanohybrids synthesized using a recently developed innovative mechanochemical protocol.^[26] Polysaccharides extracted from fungal microorganisms were utilised both as nanoparticle carriers and sacrificial templates^[27] to minimise Zn^{2+} release (related to cytotoxicity) as investigated in MTT assays (Scheme 1).



Scheme 1. Mechanochemical preparation of biocompatible PS-ZnO materials.

Experimental section

Synthesis of ZnO-polysaccharide nanohybrids

The preparation of ZnO-polysaccharide nanohybrids was carried out using a previously reported ball milling protocol.^[26] Polysaccharides were obtained by extraction from different fungal microorganisms including *Abortiporus biennis* (PS1), *Lentinus tigrinus* (PS2), *Rigidoporus microporus* (PS5) and *Ginkgo polypore* (PS10), being some of these fungi autoctonous from China. In a typical experiment, the desired quantity of zinc precursor

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3 [typically $\text{Zn}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$] was ground with a certain quantity of polysaccharide at 2:1 zinc
4 precursor/polysaccharide w/w ratio in a 125 mL stainless recipient of a Retsch-PM100
5 planetary ball mill at 350 rpm for 30 min (optimized conditions). Eighteen stainless steel
6 balls of 1 cm diameter were employed. Upon milling, the obtained jelly-like materials were
7 oven-dried for 24 h. After powderising, the dried solids were transferred to ceramic vessels
8 and subsequently calcined in air at 600 °C for 3 h in order to remove the unbound organic
9 compounds. The obtained materials were labelled according to the type of polysaccharides
10 used as PS1-ZnO, PS2-ZnO, PS5-ZnO and PS10-ZnO.
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24 *Materials characterisation*

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27 The structure regularity of the samples was determined by XRD on a Siemens D-5000
28 (40 kV, 30 mA) using Cu $\text{K}\alpha$ ($\lambda=0.15418$ nm) radiation. Scans were performed over a 2θ
29 range from 10 to 80 at step size of 0.018 °, with a counting time per step of 20 s.
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34 Nitrogen adsorption measurements were carried out at 77° K using an ASAP 2000
35 volumetric adsorption analyser from Micromeritics. Samples were degassed for 24 h at 150°C
36 under vacuum ($p < 10^{-2}$ Pa) prior to adsorption measurements. Surface areas were calculated
37 according to the BET (Brunauer-Emmet-Teller) equation. Pore volumes (V_{BJH}) and pore
38 size distributions (D_{BJH}) were obtained from the N₂ desorption branch.
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46 The size and morphology of carbonaceous materials were investigated using a
47 Electron Microscopy. Scanning Electron Microscopy (SEM) and elemental analysis were
48 recorded on a JEOL 173 JSM-6300 Scanning Microscope with energy dispersive X-ray
49 analysis (EDX) at 20 kV. Samples were coated with Au/Pd on a high resolution sputtering
50 SC7640 instrument at a sputtering rate of 1.5 kV per minute, up to 7 nm 177 thickness.
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3 Transmission Electron Micrographs (TEM) were recorded on a JEOL JEM-2010HR
4 instrument operated at 300 kV. Samples were suspended in ethanol and deposited
5 straightaway on a copper grid prior to analysis.
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10 DRIFT experiments were conducted in an FTS 6000 Bio-Rad instrument with a
11 resolution up to 0.15 cm^{-1} . Spectra were scanned at room temperature in transmittance mode
12 over the wavenumber range of $4000\text{--}650\text{ cm}^{-1}$, with a scan speed of $0.20\text{ }209\text{ cm s}^{-1}$ and 30
13 accumulations at a resolution of 4 cm^{-1} . A background spectrum of air was scanned under the
14 same instrumental conditions before each series of measurements.
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20 Thermal analysis was performed by simultaneous thermal gravimetric and differential
21 thermal analysis (TG-DTA) measurement using a Setsys 12 Setaram thermobalance and α -
22 Al_2O_3 as the reference material, and a Pt/Pt-Rh (10%) thermopar for temperature control.
23 Samples were heated in air (50 mL min^{-1}) at $30\text{--}900\text{ }^\circ\text{C}$ of temperature range and at a heating
24 rate of $10\text{ }^\circ\text{C min}^{-1}$.
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33 XPS measurements were performed in an ultra-high vacuum (UHV) multipurpose
34 surface analysis system (SpecsTM model, Germany) operating at pressures of $<10^{-10}$ mbar
35 using a conventional X-ray source (XR-50, Specs, Mg K, 1253.6 eV) in a “stop-and-go”
36 mode to reduce potential damage due to sample irradiation. The survey and detailed Fe and
37 Cu high-resolution spectra (pass energy 25 and 10 eV, step size 1 and 0.1 eV, respectively)
38 were recorded at room temperature with a Phoibos 150-MCD energy analyser. Powdered
39 samples were deposited on a sample holder using double-sided adhesive tape and
40 subsequently evacuated under vacuum ($<10^{-6}$ Torr) overnight. Eventually, the sample holder
41 containing the degassed sample was transferred to the analysis chamber for XPS studies.
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Cell cultures

The two human cell lines used in this study (A549 and SH-SY5Y) were obtained from American Type Culture Collection (Manassas, VA, USA). A549 lung adenocarcinoma cell line was grown in Ham's F-12K (Kaighn's) medium. In turn, SH-SY5Y neuroblastoma cell line was grown in MEM nutrient medium, supplemented with 1% MEM non-essential amino acids and L-glutamine (2 mM). The media for both cell lines were supplemented with 10% (v/v) fetal bovine serum, 10 units mL⁻¹ penicillin, and 100 mg mL⁻¹ streptomycin. Cells were grown at 37°C in a humidified incubator with 5% CO₂ and 95% air.

Cell treatments and measurement of cell viability

Cell viability was colorimetrically quantified using the metabolic dye MTT. When cultures were confluent (70-80 %), cells were seeded in 96-well tissue culture plates at density of 1×10^4 cells/well in complete medium. After 24 h of cell attachment, the cells were exposed to ZnO-polysaccharide materials (suspended in deionized water using sonication for 15 minutes in an ice bath) at final concentrations between 10 and 400 $\mu\text{g mL}^{-1}$ for 24, 48 or 72 h at 37 °C. MTT was added to the cells 3 h. prior to the end of the experiment at a final concentration of 0.5 mg mL⁻¹. During that time, MTT was reduced to produce a dark blue formazan product. The medium was then removed, with cells dissolved in DMSO. Formazan production was measured by the change in absorbance at 595 nm using a microplate reader (BioTek Power Wave XS). The viability results were expressed as a percentage of control (untreated cells). EC50 (50% effective concentration) was computationally calculated using GraphPad Prism v4.0 for Windows (GraphPad Software, San Diego CA, USA; <http://www.graphpad.com>).

Statistical analysis

Levene's test of homogeneity was applied to test the variance of the data. After testing the normality and homogeneity of variances, statistical significance was assessed by one-way ANOVA, followed by a Tukey *post hoc* test. Statistical analyses were carried out using the version 19 of SPSS (SPSS Sciences, Chicago, Illinois). Significance was defined as a *p* value less than 0.05. Results are displayed as mean values \pm SD for at least four independent experiments.

Dissolved zinc concentrations in the cell culture medium

To examine the dissolution of the different types of ZnO-polysaccharide nanohybrids in cell culture media, the concentrations of zinc ions released from ZnO-NPs were quantified using inductively-coupled-plasma mass-spectrometry (ICP-MS).

Firstly, concentrations of different ZnO-polysaccharide nanohybrid (10, 100 and 200 $\mu\text{g}/\text{mL}$ for Ham's F-12K medium and 10, 50 and 100 $\mu\text{g}/\text{mL}$ for MEM nutrient medium, respectively) were dispersed in 10 % FBS supplemented media and further incubated during 24 h in 5% CO_2 at 37 $^\circ\text{C}$ with 95% humidity. Aliquots (1 mL) were then withdrawn, centrifuged (15,000g, 20 min) and supernatants were introduced in a microsampling quartz insert, using 10 % nitric acid (Suprapur, E. Merck) to digest the samples. The microsampling inserts were then introduced in Teflon vessels and put into a microwave oven Star D (Milestone, Sorisole, Italy).²⁸

All materials were previously washed with 10% nitric acid in order to avoid any potential contamination. Zn concentrations were determined by means of a computer-controlled sequential ICP-MS (Perkin Elmer Elan 6000) according to DIN EN ISO

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3 17294-2. The detection limit, which was calculated as three times the standard deviation of
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5 the blank signal, was 0.02 $\mu\text{g/mL}$ for Zn.
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10 **Results and discussion**

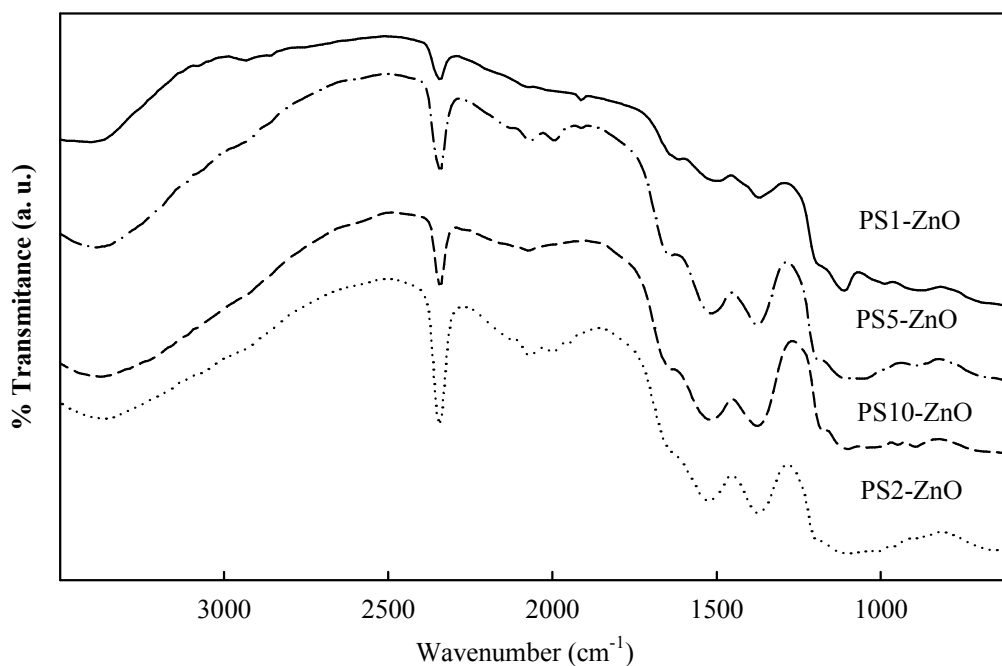
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14 Surface areas of synthesized materials (Table 1) were in the range of 15-20 $\text{m}^2 \text{g}^{-1}$,
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16 with a pore diameter from 20 to 28 nm. Results indicate that some mesoporosity was
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18 developed in the mechanochemically synthesized materials after calcination, with only subtle
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20 differences between PS1 and PS10-ZnO nanohybrids in terms of textural properties. These
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22 differences could be due to the more defined internal structure of ZnO materials.²⁹ The
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24 internal crystalline structures of the nanohybrids are not entirely consistent with those
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26 reported in literature³⁰, most probably due to layer stacking of the crystal structure of
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28 incorporated ZnO within the polysaccharide matrix.^{8d}
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33 DRIFT Spectra of ZnO-polysaccharide nanohybrids clearly show the incorporation of
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35 the metal into the structure of the polysaccharide considering the calcinations step (Figure 1).
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37 This step was performed to remove unbound organic compounds for the design of the ZnO
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39 nanohybrids. The apparent presence of $-\text{OH}$ ($\sim 3500 \text{ cm}^{-1}$) and $\text{C}=\text{C}$ ($\sim 2300 \text{ cm}^{-1}$) bonds in
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41 the materials corresponds to the complexation of Zn with these functional groups, to form
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43 strongly coordinated covalent bonds which were not removed under slow heating during
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45 calcination.³¹ C content in ZnO nanohybrids is under 10% (as determined by elemental
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47 analysis), also unique in these type of nanomaterials. These results also confirmed the
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49 occurrence of a mechanochemical reaction between polysaccharides and the Zn precursor, in
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51 good agreement with previous reports and confirmed in the Zn^{2+} concentration/determination
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53 experiments.^{5, 7, 8}
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Table 1. Textural properties of synthesized ZnO-polysaccharide nano hybrids.

| Material | $S_{\text{BET}}^{\text{a}}$ (m^2g^{-1}) | $D_{\text{BJH}}^{\text{b}}$ (nm) | $V_{\text{BJH}}^{\text{c}}$ (cm^3g^{-1}) |
|----------|---|----------------------------------|--|
| PS1-ZnO | 18 | 28 | 0.12 |
| PS2-ZnO | 15 | 19 | 0.06 |
| PS5-ZnO | 16 | 21 | 0.08 |
| PS10-ZnO | 20 | 28 | 0.13 |

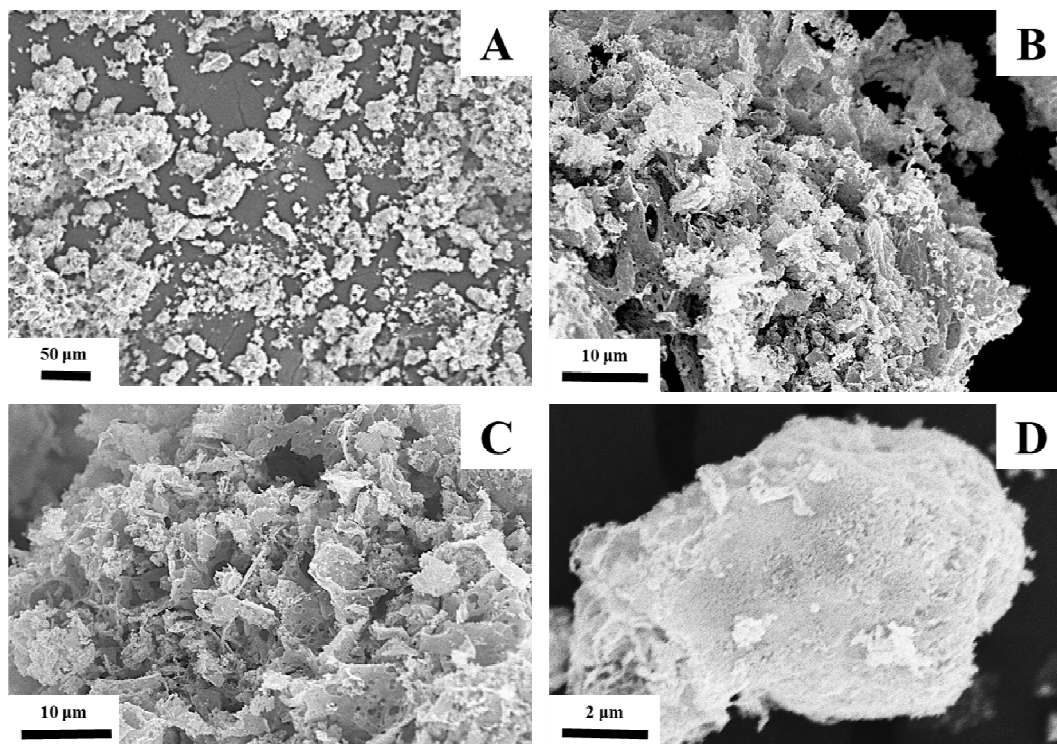
^a S_{BET} : specific surface area was calculated by the Brunauer-Emmett-Teller (BET) equation. ^b D_{BJH} : mean pore size diameter was calculated by the Barret-Joyner-Halenda (BJH) equation. ^c V_{BJH} : pore volumes were calculated by the Barret-Joyner-Halenda (BJH) equation.

**Figure 1.** DRIFT spectra of ZnO-polysaccharide materials.

The presence of other groups including C-O and C=O can be also hinted from the spectra, oxidized species that may have formed during the ball-milling step and/or during the heat treatment (calcinations) in air at 600°C. On one hand, dehydration reactions within the polysaccharide can also explain the presence of a large amount of water formed after the mechanochemical process (a jelly-like wet material was obtained upon milling).³²

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3 Additionally, the change in colour of the materials from white to grey-ish may also indicate
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5 the formation of new chemical species via mechanochemistry.
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8 SEM micrographs included in Figure 2 depicted no significant differences in terms of
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10 morphology between different synthesized materials. These nanohybrids exhibited a porous
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12 and fibrous-like particulate morphology with a number of large particle sizes (10-50 μm ,
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14 Figure 2D) which seem to be present as aggregates of small material bits with an interesting
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16 similar roughness to previously reported alginic acid and starch biotemplated ZnO.^{8d} The
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18 observed morphology is a consequence of the milling technique which is known to cause a
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20 deformation and/or exfoliation/breaking down of microparticles to smaller nanoparticles
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22 under different conditions.
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52 **Figure 2.** SEM micrographs of (A) PS1-ZnO; (B) PS2-ZnO; (C) and (D) PS5-ZnO.
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55 X-ray diffraction (XRD) was utilised to assess the crystal structure and size of
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57 prepared ZnO-polysaccharides nanohybrids. Figure 3 depicts the diffraction patterns of
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different PS-ZnO materials. All patterns have characteristic diffraction lines corresponding to a wurtzite crystal structure (Zincite, #36-1451),³³ verifying that all ZnO-polysaccharides nanomaterials have an extremely similar and high crystallinity. Interestingly, the unit cell was found to be significantly reduced ($a=2.79$; $c=4.48$ Å) as compared to typical wurtzite ZnO ($a=3.24$; $c=5.20$ Å) which supported the observations by DRIFTS, SEM and TEM of the differences between literature ZnO materials and present mechanochemically synthesized nanohybrids. The average nanoparticle crystal size for the samples were ~ 30 nm as was estimated using the Scherrer's equation.³⁴ Additional diffraction lines could be observed in the XRD pattern (e.g. $2\theta = 32$ and 47) which correspond to additional phases present in the materials from the polysaccharide impurities (results not shown) including Ca, Si and Al.

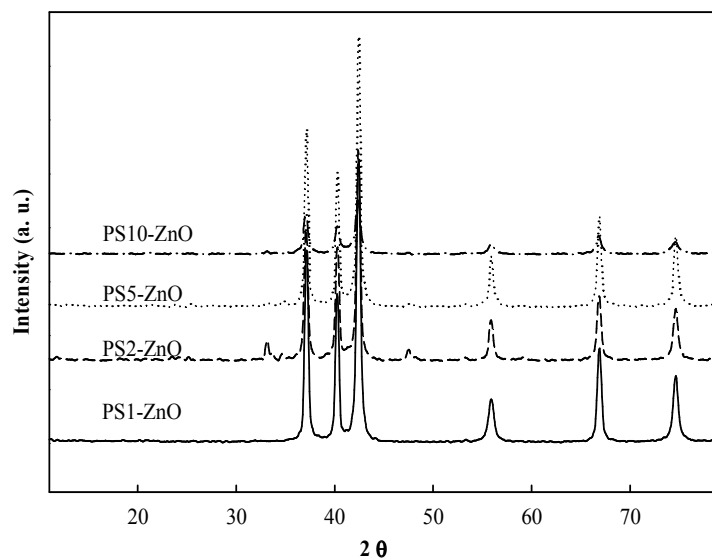


Figure 3. X-ray diffraction patterns of PS-ZnO materials.

The calculated average crystal size by XRD was in good agreement with TEM micrographs of the ZnO nanomaterials as visualised in Figure 4. TEM images proved the presence of homogeneously distributed nanocrystals in the materials, with nanocrystal diameters generally between 20 to 40 nm in size (Figure 4B and C). In most cases, the porous and fibrous morphology of particles observed by SEM was also clearly visualised in TEM

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3 Importantly, the presence of unremoved C species from the polysaccharides upon
4 heating at 600°C may support the mechanochemical reaction between functional groups of
5 polysaccharides (e.g. carboxyl, hydroxyl) with the Zn precursor. Traces of other elements
6 including Ca, Al, Si and Cl could also be detected in the final PS-ZnO materials. However,
7 the content of these elements was found to be under 2 wt% (typically 0.5-1.8 wt.%). Based on
8 these findings, the content of ZnO in the materials was quantified to be between 88% and
9 94%, essentially containing 5-10% lower purity as compared to commercial pure ZnO
10 materials.
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21 Thermogravimetric results of uncalcined nanohybrids have been depicted in Figure 5.
22 There were not significant differences between synthesized materials. A rather large mass
23 loss is clearly visible under 300 °C which could be due to the removal of the unbound organic
24 part of the polysaccharide, accompanied by an endothermic peak at 100 °C due to elimination
25 of physisorbed or occluded water within the pores of the materials. TGA analysis also
26 confirmed the presence of C (ca. 25-30%) from the different mass losses at temperatures over
27 200°C as indicated by TGA-MS (results not shown).
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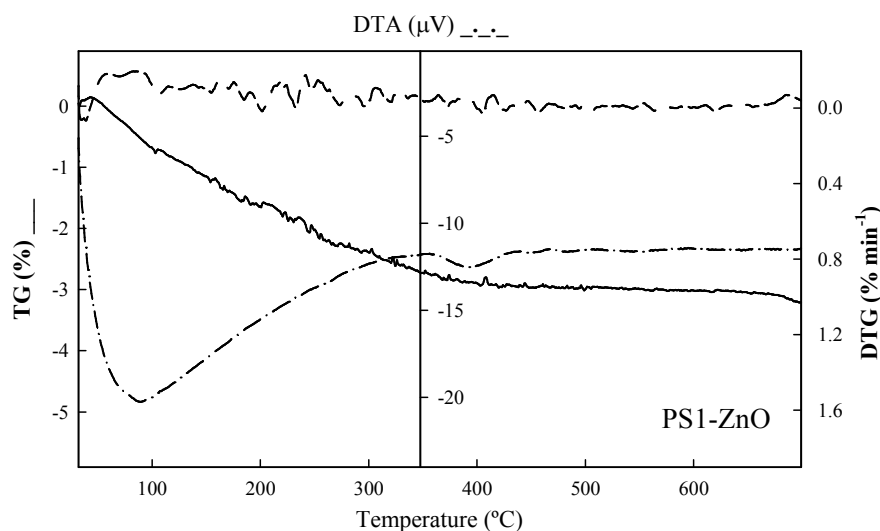


Figure 5. TG-DTA profiles of PS1-ZnO.

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3 Importantly, there was almost no mass loss in the materials after 400-500°C despite
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5 the observed C content of 5-10 wt.% in final calcined materials at 600°C. These interesting
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7 findings are also in good agreement with the proposed mechanochemical reaction between
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9 functional groups of the polysaccharide and the Zn precursor, further confirmed by the low
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11 release of Zn²⁺ ions for certain PS-ZnO nanohybrids (e.g. PS10-ZnO).
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15 XPS spectra of various polysaccharide-metal hybrid materials are depicted in
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17 Figure 6. C1s spectra mainly show the presence of both C-C (285 eV) and C-O (286 eV)
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19 species in the surface of the materials. These carbons species are consistent with the presence
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21 of C-containing functional groups of polysaccharides on the surface, in good agreement with
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23 previous TGA and DRIFT results. The presence of these remaining C-containing
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25 functionalities even after materials calcination at 600°C again support the suggested
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27 mechanochemical reaction in the preparation of the materials which led to highly stable
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29 C-containing ZnO nanohybrids. Oxidised carbon species can be also observed in peaks at
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31 ~292 eV.³⁵⁻³⁶ The positions of the peaks for carbon are also consistent with values reported
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33 for aromatic materials and graphene. However, evidences derived from other characterisation
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35 techniques do not suggest the presence of these species. Figure 6 also shows the spectra of
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37 O1s, confirming the presence of oxygen in the surface associated with C-O bonds.³⁵ In the
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39 case of the Zn 2p spectra, two interesting peaks were found. The peak at ~1022 eV (for some
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41 materials ~1028 eV) corresponds to Zn2p_{3/2} (contribution from ZnO) as commonly reported
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43 in literature³⁷, with the second peak at much higher binding energies corresponding to
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45 Zn2p_{1/2}.³⁸ The peak distance between these two peaks is a signature of the presence of ZnO
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47 nanoparticles,³⁹ in good agreement with XRD data.
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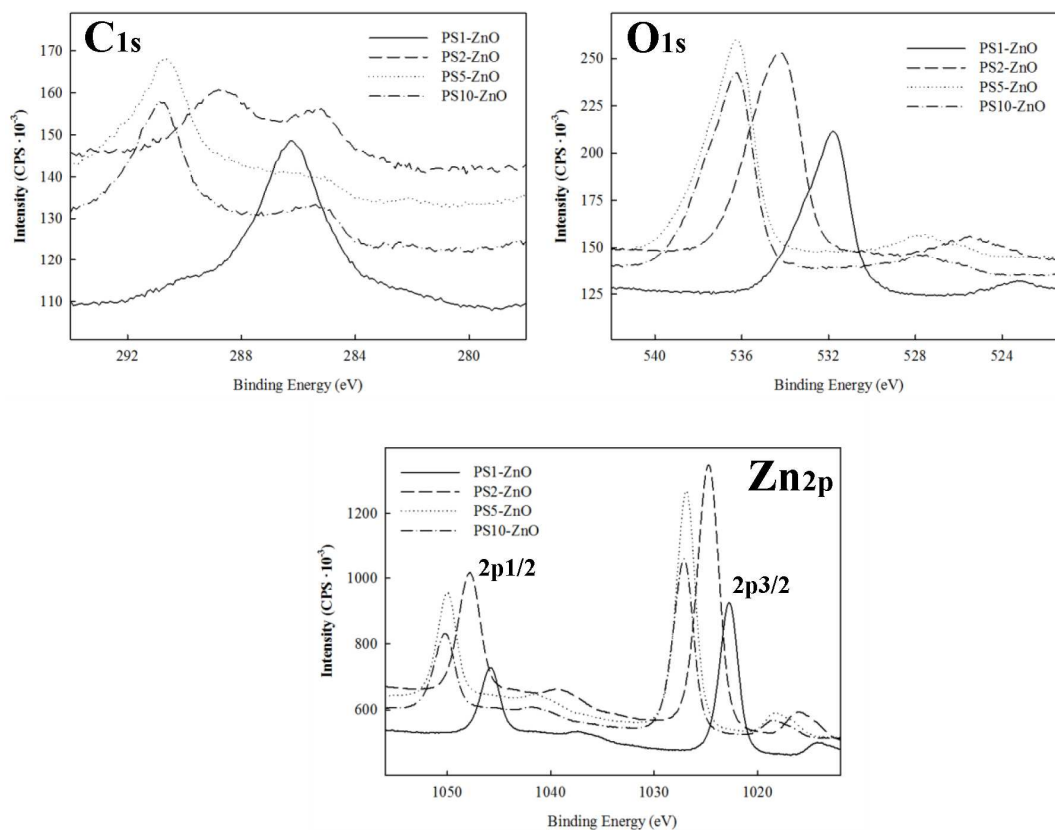


Figure 6. XPS spectra of different ZnO-polysaccharide hybrid materials.

Toxicity studies of ZnO-polysaccharides nanohybrids in human carcinoma cells

Upon materials characterisation, ZnO nanohybrids were subsequently evaluated in a number of toxicity studies. Cell viability was assessed by the MTT assay, which measures mitochondrial reductase activity. The cytotoxicity effects to increasing concentrations of PS-ZnO nanohybrids (10-200 $\mu\text{g mL}^{-1}$) after 24 h of exposure have been summarised in Figure 7. Interestingly, PS-ZnO materials induced very unique dose dependent cytotoxic effects on both SH-SY5Y and A549 cells, being only statistically significant ($p < 0.001$) at concentrations higher than 50 $\mu\text{g mL}^{-1}$, as compared to their respective control experiments.

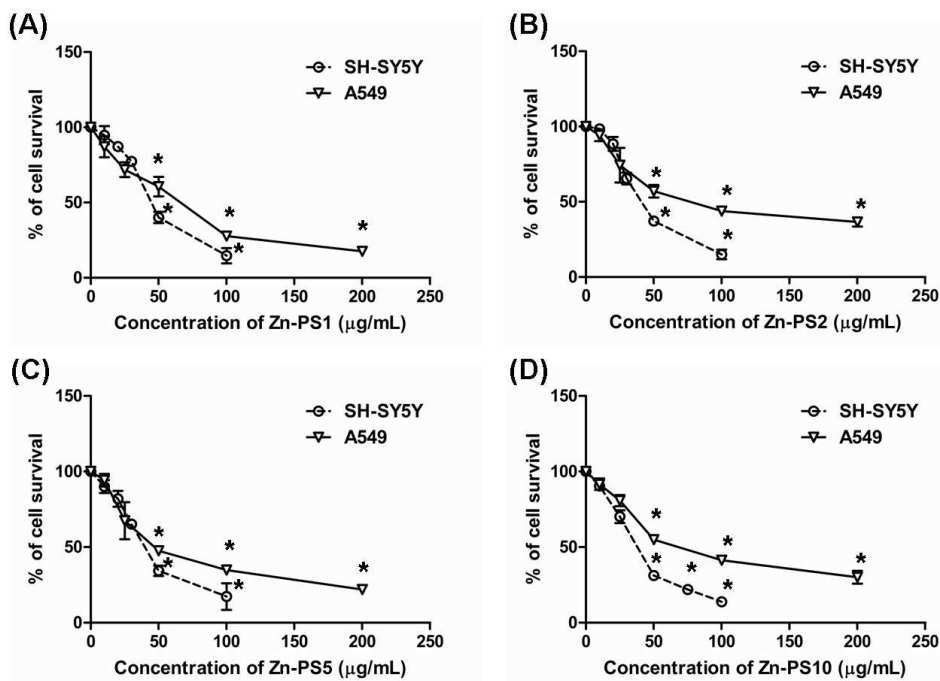


Figure 7. Viability percentage measured by MTT assay on A549 and SH-SY5Y cell lines exposed to 10-200 $\mu\text{g mL}^{-1}$ of different PS-ZnO nanohybrids (A: PS1-ZnO, B: PS2-ZnO, C: PS5-ZnO, and D: PS10-ZnO) for 24 h. An OD value of control cells (unexposed cells) was considered as 100% viability (negligible cytotoxicity). Data were reported as mean values \pm SD of three independent experiments (an asterisk indicates significant different from control: $p < 0.001$).

No significant differences were noted among EC50 values (the effective concentration causing 50 % of maximum effect) obtained from different treatments of PS-ZnO materials for each cell line (Table 2). Unexpectedly, A549 cells were also less susceptible to PS-ZnO treatment with respect to SH-SY5Y cells, showing EC50 values greater to those of SH-SY5Y. EC50 values for SH-SY5Y cells were all approximately $50 \mu\text{g mL}^{-1}$, while for A549 cells were $100 \mu\text{g mL}^{-1}$, both unprecedented in similarly reported 20-30 nm ZnO literature nanomaterials, most observed under $25 \mu\text{g mL}^{-1}$ (Table 3).⁴⁰⁻⁴²

Table 2. Effective concentration causing 50% maximum effect (EC50) in two different cell lines after exposure to PS1-ZnO, PS2-ZnO, PS5-ZnO and PS10-ZnO NPs for 24 hours.

| Cell lines | EC50 ($\mu\text{g mL}^{-1}$) based on MTT assay | | | |
|------------|---|------------------|----------------|-----------------|
| | PS1-ZnO | PS2-ZnO | PS5-ZnO | PS10-ZnO |
| A549 | 90.8 ± 4.8 | 121.8 ± 10.2 | 93.6 ± 6.4 | 112.3 ± 2.1 |
| SH-SY5Y | 53.4 ± 4.5 | 50.21 ± 0.6 | 49.1 ± 5.6 | 48.3 ± 0.8 |

Results as expressed as mean values \pm SD, of four independent replicate experiments performed for each cell line.

Table 3. A comparison between PS-ZnO materials and literature data for materials cytotoxicity (expressed as EC50, ZnO dosage) for A549 cells after exposure for 24 hours.

| Materials | Preparation conditions | Particle size (nm) | EC50 ($\mu\text{g mL}^{-1}$) | Reference |
|-----------------------|---|--------------------|--------------------------------|-----------|
| NanoZnO | Solvothermal process, zinc acetate as precursor | 15-48 | 8-10 | 42 |
| nZnO | Uncoated commercial ZnO powder | 20-30 | ^a | 46 |
| Nano ZnO | Coprecipitation of zinc acetate dehydrate in NaOH | 30 | 15 | 47 |
| Nano ZnO ^b | Uncoated commercial ZnO powder | 20-30 | 15-20 | 48 |
| Nano ZnO | Uncoated commercial ZnO powder | 50-70 | <20 | 49 |
| Micro-ZnO | Uncoated commercial ZnO powder | <1,000 | <20 | 49 |
| Nano ZnO | Commercial ZnO treated with H ₂ O ₂ | 14-98 | <50 | 50 |
| PS2-ZnO | Mechanochemical, fungal polysaccharides + Zn precursors | 30 | 110-130 | This work |

^aAcute cytotoxicity was developed within 1.5 h (100 $\mu\text{g mL}^{-1}$ nZnO treatment).

^bData from experiments showed that 26-nm ZnO NPs appeared to have the highest toxicity for Caco-2 cells.

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3 Furthermore, some differences could be particularly observed for materials PS2-ZnO
4 (from *Lentinus tigrinus*) and PS10-ZnO (from *Ginkgo polypore*) in terms of a markedly low
5 toxicity for A549 cells. Polysaccharides extracted from such fungi species have not been fully
6 characterised but the differences in toxicity as well as the unprecedentedly observed low
7 toxicity of PS-ZnO nanohybrids has been proved to be due to the low solubility of ZnO
8 which results in a lower release of free intracellular Zn^{2+} . ICP-MS measurements of the
9 soluble zinc supernatant of PS-ZnO nanohybrids dispersions in supplemented cell culture
10 media summarised in Table 4 support these claims. Released Zn^{2+} concentration values were
11 found to be relatively similar for most PS-ZnO nanohybrids at the same concentrations, with
12 the exception of PS1-ZnO in A549 cell culture medium, which was twice as high with respect
13 to average values obtained for PS-ZnO nanohybrid samples at 200 $\mu\text{g/mL}$ (ca. 66 $\mu\text{g/mL}$ vs
14 typically 26-30 $\mu\text{g/mL}$, Table 4) and PS10-ZnO which generally exhibited reduced Zn^{2+}
15 concentrations as compared to the remaining nanohybrids.
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32 Remarkably, concentrations of zinc released were significantly higher in A549 cell
33 culture medium with respect to SH-SY5Y medium, particularly at higher dosages of PS-ZnO.
34 In any case, PS10-ZnO exhibited the lowest zinc release in both mediums while PS1-ZnO
35 and PS5-ZnO presented a high zinc release in A549 and SH-SY5Y cell culture medium,
36 respectively. These values of Zn^{2+} release correlate well with the presence of C content in the
37 nanohybrids, with PS10-ZnO and PS2-ZnO (higher C content) exhibiting an unprecedentedly
38 low toxicity associated to a reduced Zn^{2+} release in such materials (Tables 3 and 4). An
39 increase of Zn^{2+} concentration can be correlated to reduced cell viability (increased toxicity).
40 Zn is a component of many enzymes (e.g., alcohol dehydrogenase, matrix metalloproteinase)
41 and transcription factors (eg, zinc finger protein transcription factors). Consequently,
42 disruption of cellular Zn homeostasis has been linked to cytotoxicity, oxidative stress, and
43 mitochondrial dysfunction.⁴³⁻⁴⁵ The porous nature of PS-ZnO nanohybrids as well as its C
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content in mechanochemically synthesized materials reduces the release of Zn^{2+} ions as compared to any commercial nano ZnO systems.

Table 4. Analysis of released Zn (II) ions in cell culture media from ZnO polysaccharide nanohybrids.

| A549 Cell Culture Media | | | |
|--|---------------------|----------------------|----------------------|
| PS-ZnO nanohybrid concentration in experiment | 10 $\mu\text{g/mL}$ | 100 $\mu\text{g/mL}$ | 200 $\mu\text{g/mL}$ |
| Zn (II) release ($\mu\text{g/mL}$) from PS1-ZnO | 6.6 ± 0.7 | 31.9 ± 0.3 | 66.7 ± 5.3 |
| Zn (II) release ($\mu\text{g/mL}$) from PS2-ZnO | 7.5 ± 0.7 | 29.2 ± 1.4 | 29.2 ± 1.0 |
| Zn (II) release ($\mu\text{g/mL}$) from PS5-ZnO | 8.9 ± 0.9 | 28.2 ± 2.1 | 33.7 ± 0.5 |
| Zn (II) release ($\mu\text{g/mL}$) from PS10-ZnO | 5.8 ± 1.1 | 20.6 ± 4.5 | 26.8 ± 0.1 |
| SH-SY5Y Cell Culture Media | | | |
| PS-ZnO nanohybrid concentration in experiment | 10 $\mu\text{g/mL}$ | 50 $\mu\text{g/mL}$ | 100 $\mu\text{g/mL}$ |
| Zn (II) release ($\mu\text{g/mL}$) from PS1-ZnO | 7.2 ± 0.8 | 13.5 ± 0.6 | 15.1 ± 1.6 |
| Zn (II) release ($\mu\text{g/mL}$) from PS2-ZnO | 6.3 ± 0.6 | 14.3 ± 0.7 | 14.2 ± 1.0 |
| Zn (II) release ($\mu\text{g/mL}$) from PS5-ZnO | 8.3 ± 0.9 | 14.5 ± 1.4 | 17.1 ± 2.8 |
| Zn (II) release ($\mu\text{g/mL}$) from PS10-ZnO | 4.7 ± 0.6 | 11.9 ± 0.1 | 13.3 ± 1.4 |

Results are presented as mean \pm SD ($n=3$).

Interestingly, results obtained for Zn^{2+} release in MEM medium were lower as compared to Ham's F-12K medium (see experimental). The observed differences can be attributed to the distinct composition between both media. Buffer solutions and cell culture media contain phosphate ions able to destroy ZnO nanoparticles within a time span from less than one hour to one day⁵¹. Solubility of ZnO nanomaterials can be also affected by various physical properties including particle size, specific surface area and surface modification. Our results (Table 4) are somehow similar to those previously reported in literature⁵²⁻⁵⁵ although

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3 Zn²⁺ release was particularly reduced in PS10-ZnO (nanohybrid containing the highest C
4 content). A549 cells exposed to 100 µg/mL of PS10-ZnO produced a release of Zn²⁺ of ca.
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6 26.8 µg/mL, leading to a decrease of cell viability of approx. 65%. Comparatively, the closest
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8 literature studies by Fukui *et al.* reported an over 80 % decrease in cell viability upon
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10 exposure of A549 cells to a concentration of 20 µg/mL of Zn²⁺ ions (30% inferior to that of
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12 the present study).⁵²
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17 Another additional reason for the decrease in the cytotoxicity of the ZnO nanohybrids
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19 may be related with a decrease in NP-cell contact, which decreases reactive oxidized species
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21 (ROS) production and protection of the membrane integrity.⁴³⁻⁴⁵ This might also relate to the
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23 surface functionalities in PS-ZnO materials (OH, C-O, C-C and C=C bonds) as compared to
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25 conventionally synthesized ZnO nanomaterials which together with the C content can
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27 potentially confer a higher stability to PS-ZnO nanohybrids in cell culture media with the
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29 observed reduced release of Zn²⁺ ions.
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33 Further studies are currently ongoing using dermal cell lines to ascertain whether the
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35 observed low cytotoxicity can be also extended to different types of cell lines, of particular
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37 interest to the development of highly effective, biocompatible UV blocking formulations (e.g.
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39 sunscreens).^{17b}
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45 **Conclusions**

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48 In this study, polysaccharide-ZnO nanohybrids were synthesized using a reactive milling
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50 protocol under mild conditions with low-toxicity at high concentrations. Characterisation
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52 studies showed that C-containing ZnO nanomaterials were formed after the mechanochemical
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54 process, forming mesoporous nanomaterials (ca. 15-20 m²g⁻¹) with nanoparticle sizes of ca.
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56 30 nm. Remarkably, the synthesized bio-inspired nanomaterials exhibited an unprecedented
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3 cytotoxicity for human cell lines (A549 and SH-SY5Y) at high ZnO concentrations
4 (>100 $\mu\text{g mL}^{-1}$) as compared to the best to date reported ZnO nanomaterials. The reasons for
5 the low cytotoxicity essentially relate to the low release of ZnO in PS-ZnO nanohybrids (with
6 Zn^{2+} being slowly released into solution) as well as the reduced interaction NPs-cells due to
7 the different surface functionalities present in the PS-ZnO nanohybrids as confirmed by XPS,
8 DRIFTS and related techniques. However, NPs of different chemical compositions and
9 properties follow different uptake pathways and employ different mechanisms toward their
10 final biological responses, hence being difficult to determine toxicity profiles based on a
11 single type of NP. Further studies are currently ongoing with different types of nanoparticles
12 (e.g. Ag and AgO) as well as various parameters (i.e. nanoparticle sizes, crystalline structure,
13 shapes, etc.) to provide additional insights into nanomaterials interaction with cell
14 membranes and organelles as well as their transport mechanisms in cells.
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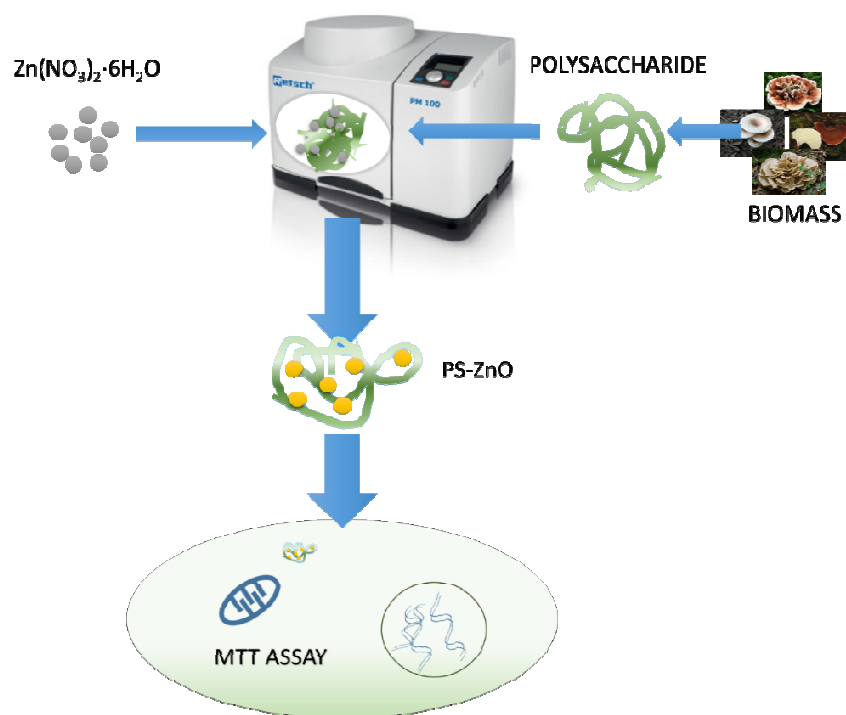
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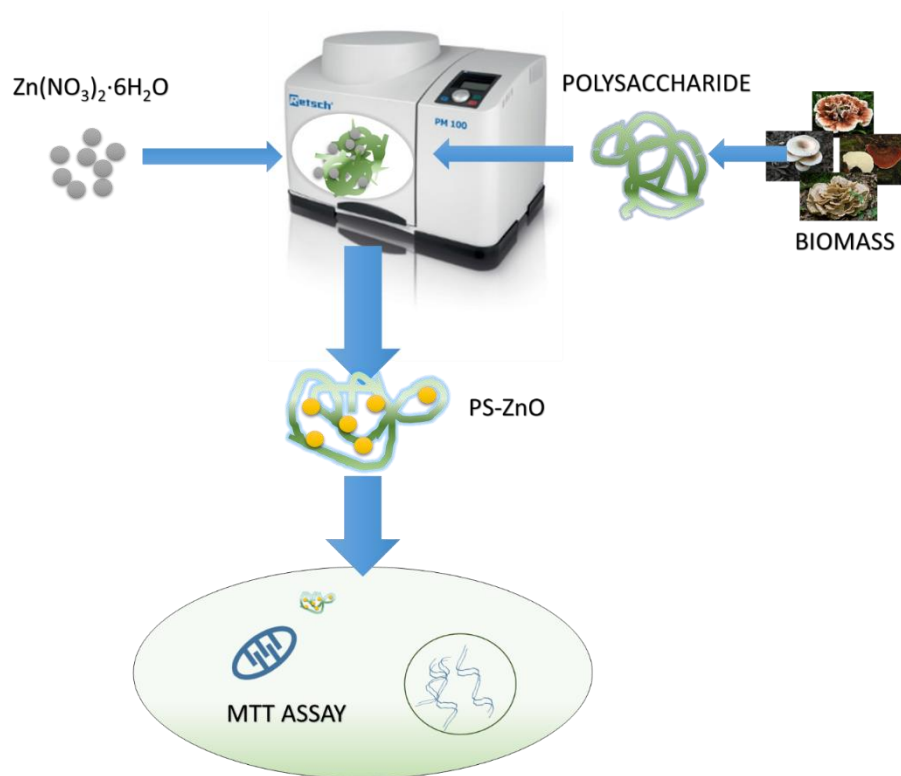
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Mechanochemically synthesized ZnO nanohybrids using a sustainable dry milling protocol exhibited remarkably low toxicities for *in-vitro* human cell experiments as compared to commercial and literature materials



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Mechanochemically synthesized ZnO nanohybrids were found to exhibit remarkably low toxicities for *in-vitro* human cell experiments as compared to commercial and literature materials