

# Fertility and Sterility

## A systematic review identifying fertility biomarkers in semen: a clinical approach through -OMICs to diagnose male infertility --Manuscript Draft--

<b>Manuscript Number:</b>	FandS34614R3
<b>Article Type:</b>	Systematic Review or Meta-Analysis
<b>Keywords:</b>	sperm; seminal plasma; infertility; molecular biomarkers; OMICs
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<b>Abstract:</b>	<p><b>Objective:</b> To identify the most robust molecular biomarkers in sperm and seminal plasma for the diagnosis of male infertility, and to evaluate their clinical use.</p> <p><b>Design:</b> Systematic review.</p> <p><b>Setting:</b> N/A.</p> <p><b>Patients:</b> Accessible studies reporting well-defined (in)fertile populations and semen molecular biomarkers were included in this review.</p> <p><b>Intervention:</b> A systematic search of the literature published in MEDLINE-PubMed and EMBASE databases was performed, following PRISMA guidelines.</p> <p><b>Main outcome measure:</b> The primary outcome was the content, expression, or activity of molecular biomarkers in human semen samples. Only studies reporting ROC analysis were included.</p> <p><b>Results:</b> Eighty-nine studies were included. Direct evaluation of sperm DNA damage has high potential as a diagnostic biomarker of fertility and ART outcomes (area under the curve; AUCs median=0.67). Regarding strand break-associated chromatin modifications, <math>\gamma</math>H2AX levels show good predictive value for the diagnosis of male infertility (AUCs median=0.93). Some non-coding RNA exhibit excellent predictive values; miR-34c-5p in semen is the most well-characterized and robust transcriptomic biomarker (AUCs median=0.78). While many proteins in semen show fair diagnostic value for sperm quality and fertilizing capacity, the levels of some such as TEX101 in seminal plasma have an excellent diagnostic potential (AUCs median=0.69). Although both individual metabolites and metabolomic profiles in seminal plasma present good predictive value, the latter seem to be better than the former when inferring sperm quality and fertilizing capacity.</p> <p><b>Conclusions:</b> The current review supports that some OMICs (e.g., DNA structure and integrity, genomics and epigenomics, transcriptomics, metabolomics, and proteomics) could be considered relevant molecular biomarkers that may help identify infertility etiologies and fertilization prognosis with cost-effective, simple, and accurate diagnosis.</p>

1 **Title**

2 A systematic review identifying fertility biomarkers in semen: a clinical approach through -  
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4 3 OMICs to diagnose male infertility  
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10 6 Fertility molecular biomarkers in semen  
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28 **ABSTRACT**

1  
2 29 **Objective:** To identify the most robust molecular biomarkers in sperm and seminal plasma for  
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4 30 the diagnosis of male infertility, and to evaluate their clinical use.  
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6 31 **Design:** Systematic review.  
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8 32 **Setting:** N/A.  
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10 33 **Patients:** Accessible studies reporting well-defined (in)fertile populations and semen molecular  
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12 34 biomarkers were included in this review.  
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14 35 **Intervention:** A systematic search of the literature published in MEDLINE-PubMed and  
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16 36 EMBASE databases was performed, following PRISMA guidelines.  
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18 37 **Main outcome measure:** The primary outcome was the content, expression, or activity of  
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20 38 molecular biomarkers in human semen samples. Only studies reporting a Receiver-Operating  
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22 39 Characteristic (ROC) analysis values were included.  
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24 40 **Results:** Eighty-nine studies were included. Direct evaluation of sperm DNA damage has high  
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26 41 potential as a diagnostic biomarker of fertility and ART outcomes (area under the curve; AUCs  
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28 42 median=0.67). Regarding strand break-associated chromatin modifications,  $\gamma$ H2AX levels show  
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30 43 good predictive value for the diagnosis of male infertility (AUCs median=0.93). Some non-  
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32 44 coding RNA exhibit excellent predictive values; miR-34c-5p in semen is the most well-  
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36 46 in semen show fair diagnostic value for sperm quality and fertilizing capacity, the levels of some  
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38 47 such as TEX101 in seminal plasma have an excellent diagnostic potential (AUCs median=0.69).  
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40 48 Although both individual metabolites and metabolomic profiles in seminal plasma present good  
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42 49 predictive value, the latter seem to be better than the former when inferring sperm quality and  
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44 50 fertilizing capacity.  
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46 51 **Conclusions:** The current review supports that some OMICs (e.g., DNA structure and integrity,  
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48 52 genomics and epigenomics, transcriptomics, metabolomics, and proteomics) could be considered  
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50 53 relevant molecular biomarkers that may help identify infertility etiologies and fertilization  
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52 54 prognosis with cost-effective, simple, and accurate diagnosis.  
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56 **Keywords:** Sperm, seminal plasma, infertility, molecular biomarkers, OMICs.

57 **Capsule:** The present study is the first in compiling semen robust biomarkers that show high

58 diagnostic value for male sperm quality and fertility disorders.

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## 59 INTRODUCTION

1  
2 60 In humans, infertility affects 8-12 % of couples worldwide. As a male factor is involved in 50 %  
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4 61 of cases (1), prediction of men fertility is very important (1,2). Despite the growing interest in  
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6 62 reproductive health, there is still a lack of biomarkers able to predict male fertility with high  
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8 63 accuracy and sensitivity. Traditionally, the prognosis of men fertility has been performed through  
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10 64 conventional semen analysis, which provides general information on quantitative parameters such  
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12 65 as the ejaculate volume, sperm morphology, count and concentration, and motility. While the  
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14 66 spermogram is a relatively simple, fast, informative and economical assessment, it does not  
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16 67 provide information about sperm physiology, because it leaves aside essential molecular aspects  
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18 68 such as DNA integrity, sperm oxidative status and the presence of sperm-oocyte binding proteins,  
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20 69 amongst others (3,4). The application of conventional semen analysis for the prognosis and  
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22 70 diagnosis of male fertility has been under debate for many years (3,5). In this regard, exploring  
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24 71 new and robust molecular biomarkers in sperm providing additional information on their  
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26 72 functional status is of great interest for assisted human reproduction.

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29 73 OMICs are high-throughput measurements of specific molecular groups, such as proteins,  
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31 74 deoxyribonucleic acid (DNA), ribonucleic acid (RNA) or metabolites among others, which are  
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33 75 increasingly studied in the andrology field. OMICs technologies and their derivatives are in  
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35 76 constant development, allowing for the characterization of proteins, genes, metabolites and  
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37 77 epigenetic traits associated to male infertility (6). Along these lines, the advent of OMICs has  
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39 78 uncovered relevant molecular biomarkers that may help identify infertility etiologies and  
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41 79 fertilization prognosis with cost-effective, simple and accurate diagnosis. The aim of this  
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43 80 systematic review, therefore, is to identify the most robust molecular biomarkers in sperm and  
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45 81 seminal plasma for the diagnosis of male infertility, and to evaluate their potential clinical use. A  
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47 82 comprehensive review of high-quality studies published to date investigating reliable molecular  
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49 83 biomarkers in semen may assist physicians in the diagnosis of the conditions causing sperm  
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51 84 quality impairments and male fertility disorders. To the best of our knowledge, this is the first  
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53 85 well-designed systematic review of observational studies, based on Receiver-Operating  
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86 Characteristic (ROC) analysis outcomes, that critically appraises the quality of the current body  
87 of literature on relevant molecular biomarkers in human semen.

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## 89 MATERIAL AND METHODS

### 90 Systematic review registration

91 The protocol of the present systematic review has been registered in the international database for  
92 the prospective registration of systematic reviews (PROSPERO 2020: CRD42020176417).

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### 94 Data sources and search strategy

95 A systematic search of the literature published in MEDLINE-PubMed  
96 (<http://www.ncbi.nlm.nih.gov/pubmed>) and EMBASE databases  
97 (<https://www.embase.com/#search>) was performed, in accordance with the guidelines of the  
98 Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) (7,8). The  
99 strategy performed for literature search combined keywords and Medical Subject Heading  
100 (MeSH) terms. The search was focused on “semen”, “male (in)fertility” and “biomarkers” related  
101 words. The full search strategy and applied filters are available in **Supplemental File 1**.

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### 103 Study selection, eligibility, and data extraction

104 Titles and abstracts were screened by two expert authors in the field of male fertility (AD-B and  
105 ML), and discrepancies were re-evaluated together with two additional authors (AS-H and MY).  
106 Moreover, a PICOS (Patient, Intervention, Comparator, Outcome, Study) design structure was set  
107 to develop the study questions and the inclusion/exclusion criteria (**Supplemental Table 1**). The  
108 accessible studies reporting well-defined (in)fertile populations and semen molecular biomarkers  
109 were included in this review. The primary outcome of the present article was the content,  
110 expression, or activity of molecular biomarkers in human semen samples; only studies reporting  
111 a ROC analysis were considered. We excluded animal studies, review articles, editorial/opinions,  
112 case-reports articles, and studies measuring (in)fertility biomarkers in blood or samples other than  
113 semen. After primary screening (assessing the scope of study) and evaluating the quality in

114 accordance with inclusion/exclusion criteria, the full text of selected articles was obtained. The  
115 following information was extracted from each selected study: author/s, year of publication, study  
116 design, infertility status, sample size, sample type, measured biomarkers, measurement method,  
117 area under the curve (AUC), sensitivity, specificity, *p*-value and main conclusion.

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### 119 Quality assessment

120 The quality of selected observational studies was evaluated and scored using the quality  
121 assessment tool of NHLBI-NIH for Case-Control studies to assess the quality of each study  
122 (<https://www.nhlbi.nih.gov/health-topics/study-quality-assessment-tools>). The quality scores  
123 were assessed in parallel by two authors (AD-B and ML), and discrepancies were re-evaluated  
124 altogether to reach a consensus. Studies with a score between 0 and 5 points were considered of  
125 low-quality (excluded) and those with a score greater than 5 were considered as of moderate to  
126 high-quality (included for subsequent analysis).

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## 128 **RESULTS**

### 129 Identification and selection of the articles

130 The primary search by MEDLINE-PubMed and EMBASE identified a total of 37,854 articles.  
131 We screened the titles and abstracts, and excluded a total of 36,979 studies for duplication or not  
132 meeting the scope of the study; 875 articles were selected for full text evaluation of the  
133 inclusion/exclusion criteria and quality assessment. Out of these articles, 786 were excluded  
134 because they did not meet the inclusion/exclusion criteria or because of deficient quality scoring.  
135 After applying eligibility parameters, 89 studies were included for qualitative synthesis. The 89  
136 selected articles were case-control studies reporting ROC analysis of fertility molecular  
137 biomarkers in sperm and seminal plasma. These studies were classified in five groups: DNA  
138 structure and integrity (n = 41), genomics and epigenomics (n = 6), transcriptomics (n = 8),  
139 proteomics (n = 17) and metabolomics (n = 20). Three reports belonged to more than one group.  
140 The PRISMA Flow Diagram is shown in **Figure 1**.

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142 Primary outcomes of interest

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144 *DNA structure and integrity*

145 A total of 41 studies reporting nine different DNA structure and integrity biomarkers to predict  
146 fertilizing capacity were selected (**Supplemental Table 2**). Diagnostic potential of all biomarkers  
147 was evaluated through ROC curve analysis. Structure and integrity were exclusively evaluated in  
148 sperm DNA but not in cell-free DNA.

149 The terminal deoxytransferasemediated deoxyuridine triphosphate (dUTP) nick end  
150 labeling assay (TUNEL) uses a terminal TdT transferase to label the 3' free DNA ends; therefore,  
151 sperm with fragmented DNA become highly labelled (9). The TUNEL assay measures DNA  
152 damage directly without a prior denaturation step and is coupled with flow cytometry, which  
153 makes this test reliable and reproducible (10). The TUNEL assay was analyzed as a potential  
154 fertility biomarker in 14 different works. The potential of the TUNEL assay as a discriminator of  
155 infertile patients from men with proven fertility has been extensively demonstrated with AUCs  
156 of 0.930 (11), 0.903 (12), 0.757 (13) and 0.608 (14). In addition, Sharma *et al.* (2010, 2016)  
157 (15,16) and Kabartan *et al.* (2019) (17) explored its potential as a diagnostic biomarker to identify  
158 idiopathic infertility due to male factor (with AUCs of 0.820, 0.556 and 0.892, respectively.  
159 Hichri *et al.* (2018) confirmed its potential to differentiate between samples from patients that  
160 conceived after an IUI and samples of patients with oligoasthenoteratozoospermia that ended up  
161 being enrolled in IVF or ICSI cycles; the results of the TUNEL test, therefore, would be a good  
162 prognostic biomarker to choose the best ART strategy (AUC = 0.790). When considering the  
163 potential of the TUNEL test as a prognostic biomarker of pregnancy, results were found to be  
164 variable. On the one hand, Vončina *et al.* (2016) (19) proved its good potential as a prognostic  
165 biomarker of natural conception in normospermic patients that had not been able to conceive after  
166 a year of unprotected intercourse (AUC = 0.700), and Avendaño *et al.* (2010) (20) determined  
167 that it should be useful as a moderate prognostic biomarker of clinical pregnancy in ICSI cycles  
168 (AUC = 0.700). On the other hand, Jin *et al.* (2015) (21) reported poor predictive power of  
169 TUNEL as a prognostic biomarker of successful clinical pregnancy in couples with a reduced

170 ovarian reserve (AUC = 0.594). Moreover, the TUNEL test showed no predictive power as a  
171 predictor of clinical pregnancy in IUI cycles (AUC = 0.675) (22). In addition, Benchaib *et al.*  
172 (2003), Esbert *et al.* (2011), Thomson *et al.* (2011) and Jin *et al.* (2015) (21–24) concluded this  
173 test does not have a significant power as a prognostic biomarker of clinical pregnancy in ICSI  
174 cycles (AUCs of 0.500, 0.552, 0.530 and 0.510, respectively). Similarly, Esbert *et al.* (2011) (24)  
175 explored the potential of the TUNEL test as a prognostic biomarker of successful clinical  
176 pregnancy in IVF/ICSI cycles with couples' or donor oocytes, and concluded that this assay does  
177 not have a significant power for this purpose (AUCs of 0.559 and 0.528, respectively). Finally,  
178 Esbert *et al.* (2011) (24) found that TUNEL has no significant power to predict successful delivery  
179 following IVF/ICSI cycles, regardless of whether all cases are considered together (AUC = 0.666)  
180 or cycles with own and donor oocytes are envisaged separately (AUCs of 0.652 and 0.670,  
181 respectively).

182 H2AX is a histone variant that has different post-translational modifications.  
183 Phosphorylation of Ser-139 from H2AX, a variant known as histone  $\gamma$ -H2AX, is involved in the  
184 cell response to the induction of DNA double-strand breaks (DSBs) during spermatogenesis,  
185 which consists of recombination (25). This post-translational modification spreads several bases  
186 on the DNA strand from the break, acting as an epigenetic mark to start DNA repair (26). Some  
187 DSBs, nevertheless, might remain unrepaired in mature sperm until the male pronucleus meets  
188 the DNA repair molecules provided by the oocyte after fertilization. Levels of  $\gamma$ -H2AX in mature  
189 sperm, therefore, are proportional to the number of DSBs. Remarkably, Zhong *et al.* (2015) (27)  
190 confirmed the excellent potential of  $\gamma$ -H2AX levels as a biomarker capable to differentiate  
191 between fertile and infertile men (AUC = 0.930).

192 Oxidative DNA damage was previously investigated in seven studies. The Comet assay  
193 can be performed under alkaline or neutral conditions, which allows for the differentiation  
194 between single and double strand DNA breaks (ssSDF and dsSDF, respectively) induced by  
195 oxidative damage (28). The alkaline Comet assay was used in four studies to evaluate oxidative  
196 DNA damage in terms of ssSDF. Its power as a diagnostic biomarker of idiopathic male infertility

197 was proven to be excellent by Simon *et al.* (2011), Ribas-Maynou *et al.* (2013) and Fernandez-  
198 Encinas *et al.* (2016) (12,29,30) with AUCs of 0.970, 0.937 and 0.994, respectively. It was also  
199 confirmed as a predictor of clinical pregnancy in IVF cycles with AUCs of 0.648 and 0.905  
200 (Simon *et al.*, 2010; 2011) (29,31), but not in ICSI cycles (AUC = 0.601; Simon *et al.*, 2010) (31).  
201 The predictive power of dsSDF evaluated through the neutral Comet assay was also assessed in  
202 two different studies; neither Fernandez-Encinas *et al.* (2016) (30) nor Ribas-Maynou *et al.* (2013)  
203 (12) were able to confirm its power as a good fertility biomarker, with AUCs of 0.373 and 0.516,  
204 respectively. Finally, oxidative DNA damage can also be determined through the measurement  
205 of 7,8-dihydro-8-oxo-2'-deoxoguanosine (8-OHdG), which is a modified DNA base that is prone  
206 to become a DSB and is thus a marker of latent DNA damage (32,33). Its potential as a fertility  
207 biomarker was investigated in two different works, and the potential of 8-OHdG as a prognostic  
208 biomarker of clinical pregnancy was good in IUI, but failed in ICSI cycles (22) (AUCs of 0.794  
209 and 0.496, respectively). Considering that this biomarker is indicative of latent DNA damage,  
210 Simon *et al.* (2010) (31) evaluated whether the treatment of sperm samples with  
211 formamidopyrimidine DNA glycosylase (FPG), which converts 8-OHdG into strand breaks  
212 before the alkaline Comet assay, improved the power of this technique. Indeed, this pre-treatment  
213 of samples increased the power of the alkaline Comet assay as a prognostic biomarker of clinical  
214 pregnancy in IVF cycles (AUC = 0.776) (31).

215 Another interesting parameter is sperm toroid integrity (STI), whose evaluation allows  
216 determining the compaction of sperm DNA in toroids. It can detect latent DNA damage and  
217 abnormal or unstable chromatin structures that might not be detected through other tests only  
218 sensible to DNA strand breaks (34). It was evaluated as a fertility biomarker by Chan *et al.* (2015)  
219 (34), who confirmed it as a good predictor of miscarriage (AUC = 0.710), but not of pregnancy,  
220 after an ICSI treatment.

221 Other methods base the detection of SDF on the denaturing capacity of sperm chromatin.  
222 The Sperm Chromatin Structure Assay (SCSA) is based on the use of acridine orange (AO) to  
223 stain dsDNA and ssDNA in different colors (35), whereas sperm with intact DNA present a halo  
224 that is absent from those with fragmented DNA in the Sperm Chromatin Dispersion (SCD) test

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225 (36). Jiang *et al.* (2011) (37) showed that the percentage of AO-stained sperm evaluated through  
226 fluorescence microscopy was a good predictor of clinical pregnancy in ICSI cycles (AUC =  
227 0.750). Six studies analyzed AO staining through flow cytometry. Chromatin decondensation  
228 evaluated through SCSA was proven to be an excellent diagnostic biomarker of infertility in  
229 Venkatesh *et al.* (2011) (38), and its potential was confirmed to be good by Ribas-Maynou *et al.*  
230 (2013) (12), with AUCs of 0.919 and 0.792, respectively. In addition, this assay was found to  
231 provide a robust diagnostic and prognostic biomarker in idiopathic recurrent pregnancy loss  
232 (RPL) following spontaneous conception (39,40) or IVF treatment (41), with AUCs of 0.830,  
233 0.752 and 0.713, respectively. Its power as a predictor of spontaneous clinical pregnancy in  
234 patients with varicocele was also good with an AUC of 0.762 (42).

235         The potential of the sperm chromatin dispersion (SCD) test as a fertility biomarker was  
236 evaluated through Halosperm G2 in twelve different works. The SCD test exhibited a good  
237 potential to distinguish between samples presenting normal sperm characteristics according to  
238 WHO criteria and samples not meeting these quality standards with an AUC = 0.753 (43). Ribas-  
239 Maynou *et al.* (2013) (12) confirmed SCD was also an excellent diagnostic biomarker of fertility  
240 with an AUC of 0.869. In addition, Esteves *et al.* (2015) (44) evaluated the diagnostic potential  
241 of SCD in infertile men with varicocele, which was confirmed to be excellent (AUC = 0.942).  
242 The SCD test also proved its ability to predict fertilization rates  $\geq 50\%$  in conventional IVF cycles  
243 (45) and in ICSI cycles (46) (AUCs of 0.664 and 0.680, respectively). Breznik *et al.* (2013) (45)  
244 and Tandara *et al.* (2014) (47) found that the percentage of sperm presenting chromatin dispersion  
245 had a good predictive value for embryo quality after conventional IVF cycles (AUCs of 0.771  
246 and 0.710, respectively); Tandara *et al.* (2014) (47) also reported the percentage of sperm with  
247 undamaged DNA as an excellent predictor of embryo quality (AUC = 0.830). Finally, seven  
248 works evaluated the potential of SCD as a predictor of pregnancy after conventional IVF and ICSI  
249 cycles, but the conclusions of these studies were not consistent. The percentage of sperm with  
250 chromatin dispersion was found to be a good prognostic biomarker for clinical pregnancy after  
251 IVF cycles by Tandara *et al.* (2014), Bounartzi *et al.* (2016) and Comhaire *et al.* (2018) (with  
252 AUCs of 0.670, 0.700 and 0.830, respectively) (47–49), similarly to the percentage of sperm with

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253 undamaged DNA (47) (AUC = 0.750). Yet, Sun *et al.* (2018) (50) did not confirm this parameter  
254 as a good predictor for the achievement of clinical pregnancy after IVF (AUC = 0.543). When  
255 considering ICSI cycles alone, Gosálvez *et al.* (2013) (51) reported SCD as a good prognostic  
256 biomarker of clinical pregnancy when using donor oocytes (AUC = 0.711), but again the results  
257 from Sun *et al.* (2018) (50) were in disagreement (AUC = 0.477). When IVF and ICSI cycles  
258 were considered together, López *et al.* (2013) (52) found SCD was a poor predictor of clinical  
259 pregnancy with an AUC = 0.546, and the results from Muriel *et al.* (2006) (53) evidenced it did  
260 not have a significant power to predict clinical pregnancy (AUC = 0.597).

261 Chromatin maturity can be assessed through the evaluation of the successful replacement  
262 of histones by protamines. Whereas CMA3 binds to the DNA's minor groove similarly to  
263 protamines and allows for the detection of deficient protamination (54), AB stains persistent  
264 histones in the sperm nucleus (55). Chromatin protamination assessed through the CMA3 assay  
265 was evaluated as a fertility biomarker in four different works. Esterhuizen *et al.* (2000a, 2000b)  
266 (56,57) determined the good potential of CMA3 to predict a fertilization rate >60% in IVF cycles  
267 (AUCs of 0.740 and 0.760, respectively), and Tarozzi *et al.* (2009) (58) evaluated the good  
268 potential of CMA3 as a predictor of successful fertilization after IVF (AUC = 0.769). Finally,  
269 Marchiani *et al.* (2017) (59) evaluated the potential of CMA3 as a predictor of embryo quality,  
270 and demonstrated its good potential as a biomarker (AUC = 0.778). Histone persistence measured  
271 through aniline blue (AB) staining as a fertility biomarker was evaluated in two different works.  
272 Marchiani *et al.* (2017) (59) determined the fair prognostic value of AB as a predictor of good  
273 fertilization rate in males of infertile couples with an AUC of 0.611. In addition, AB staining  
274 proved its fair potential as a prognostic biomarker of successful clinical pregnancy in couples  
275 with male factor infertility after IUI cycles with an AUC of 0.653 (60).

276 In summary, whereas the TUNEL test and the levels of histone variant  $\gamma$ -H2AX were  
277 confirmed to identify infertile patients, the oxidative damage measured through the alkaline  
278 Comet assay showed slightly higher sensitivity and specificity. The TUNEL assay showed a  
279 highly variable potential to identify the etiology of infertility and was also observed to predict the  
280 success of IUI. While the TUNEL assay was also useful to predict clinical pregnancy in natural

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281 conceptions, almost all works concurred that this test did not have a good prognostic power in  
282 IVF and ICSI treatments. On the contrary, the alkaline Comet assay was found to exhibit a  
283 variable prognostic value to predict clinical pregnancy after IVF. In addition, the measurement of  
284 8-OHdG, when used alone, had a good diagnostic power for infertility but, when combined with  
285 the alkaline Comet assay, it also exhibited a good prognostic power of clinical pregnancy after  
286 IVF and ICSI cycles. Both SCSA and SCD tests are excellent diagnostic biomarkers for infertility.  
287 In patients with varicocele, both might be excellent as a non-invasive diagnostic tool and a good  
288 prognostic biomarker of spontaneous pregnancy, respectively. These two techniques, therefore,  
289 could be utilized to assess sperm quality in fertility clinics and establish a proper treatment to  
290 solve this potential cause of infertility, thus helping decide which ART strategy is better for each  
291 patient. The SCD test was found to show a fair power as a predictor of fertilization rates following  
292 IVF and ICSI, and a good to excellent power as a biomarker of embryo quality. As there is  
293 evidence for and against the prognostic value of SCD as a clinical pregnancy biomarker in IVF  
294 and ICSI cycles, it could be important for each laboratory to establish their own cut-off values;  
295 the standardization of this technique, therefore, would be more difficult than others. Regarding  
296 SCSA, there is evidence supporting its potential as a good pregnancy biomarker in ICSI cycles.  
297 Finally, both CMA3 and AB have proven their power as prognostic biomarkers of the outcome  
298 of different ARTs, both being accurate to predict successful fertilization after IVF and ICSI. In  
299 addition, CMA3 has good potential as an embryo quality biomarker after IVF, and AB is a fair  
300 prognostic biomarker of clinical pregnancy after IUI. In the light of the aforementioned, it is  
301 evident that reproductive clinics would benefit from the use of these techniques during sperm  
302 quality assessment, thus contributing to the election of the best ART strategy.

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#### 304 *Gene expression and epigenomics*

305 Regulation of gene expression can be evaluated through the detection of epigenetic marks or  
306 through the measurement of the products of gene expression. There are few studies, nevertheless,  
307 evaluating this type of biomarkers in semen samples. A total of six studies reporting nine different  
308 gene expression and epigenomics biomarkers for predicting fertilizing ability were selected

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309 (Supplemental Table 2). ROC curve analysis was used to assess the diagnostic potential of all  
310 these biomarkers. Gene expression and epigenomics features were evaluated in both sperm DNA  
311 and cell-free DNA as potential biomarkers.

312 In terms of sperm DNA, Bonache *et al.* (2012) (61) defined an expression signature that  
313 was an excellent biomarker of clinical pregnancy rate after IUI (AUC = 0.910), which included  
314 the evaluation of the expression of *EIF5A*, *RPL13*, *RPL23A* and *RPS27A*. This panel includes  
315 genes that encode a translation factor and three ribosomal proteins and, thus, they are essential  
316 for the basic cell function (62,63). The other three studies evaluating sperm DNA identified  
317 different methylation patterns as fertility biomarkers. On the one hand, global methylation  
318 patterns showed fair power to differentiate between fertile and infertile men, as well as to predict  
319 embryo quality after IVF (64) (AUCs of 0.670 and 0.640, respectively). Furthermore, the top 500  
320 most differentially methylated CpGs identified in the aforementioned study showed an excellent  
321 power as a diagnostic biomarker of male infertility (64) (AUC = 0.930). These results evidence  
322 that the analysis of differential methylation in site-specific CpG has higher diagnostic power as a  
323 biomarker of infertility than the global methylation pattern. Finally, whereas sperm methylation  
324 status of the *MLH1* promoter was proposed as a fair candidate biomarker for oligozoospermia,  
325 this was not the case of *MSH2* (65) (AUCs of 0.610 and 0.600, respectively). In fact, *MLH1* and  
326 *MSH2* are involved in DNA mismatch repair system, but only *MLH1* is related to a decrease in  
327 sperm production in mice, which is in agreement with the relationship with these results (66,67).  
328 Finally, the methylation status of the *MTHFR* promoter was confirmed as a good diagnostic  
329 biomarker of infertility (68) (AUC = 0.730). This gene encodes the enzyme  
330 methylenetetrahydrofolate reductase, which is essential in folate metabolism, that is crucial for  
331 methionine synthesis which, in turn, is the donor of the methyl group in DNA methylation (69).

332 With regard to cell-free DNA, two different studies evaluated the potential of cell-free  
333 DNA in semen as a fertility biomarker. Whereas cell-free DNA concentration in semen did not  
334 have a significant predictive value as a clinical pregnancy success biomarker in IVF cycles (48)  
335 (AUC = 0.600), the methylation pattern of the *CCNA1* promoter from cell-free DNA showed a  
336 fair power to predict successful sperm retrieval in non-obstructive azoospermia (NOA) patients

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337 (70) (AUC = 0.670). This gene encodes cyclin A1, which is essential for the passage of  
338 spermatocytes into meiosis I and, in fact, null mice for this gene are healthy but infertile due to  
339 cell cycle arrest in spermatogenesis (71). This last finding has a potential application in IVF  
340 clinics, because this determination could provide a non-invasive establishment of NOA etiology.

341 The elevated cost of these techniques and the difficult translation into the clinical  
342 environment might be a reason for the lack of exhaustive studies regarding the potential of these  
343 biomarkers in semen samples.

344

### 345 *Transcriptomics*

346 Non-coding RNAs are known to be essential regulatory elements in biological systems, and  
347 reproductive biology processes do not escape from their regulation (72). Specifically, microRNAs  
348 (miRNAs) and piwi-interacting RNAs (piRNAs) are short and single-stranded non-coding RNAs  
349 that act as regulatory elements. miRNA regulate gene expression at the transcriptional level in  
350 many cell types, whereas piRNA represses transposons at the transcriptional or post-  
351 transcriptional level in the germline and gonadal somatic cells (73,74). In this regard, non-coding  
352 RNAs present in semen could evidence dysregulations in spermatogenesis leading to semen  
353 quality and fertility disorders. Some studies, indeed, suggested the potential of non-coding RNAs  
354 as biomarkers for reproductive diseases or for reproduction success (75). Herein, we compiled  
355 robust miRNAs and piRNAs biomarkers present in semen samples showing high diagnostic value  
356 for sperm quality and fertility disorders. A total of eight studies reporting 31 high-quality non-  
357 coding RNA biomarkers (22 miRNAs and 9 piRNAs) to predict semen quality and/or fertility  
358 were selected (**Supplemental Table 2**). All RNAs were validated by qRT-PCR. To date, miRNAs  
359 and piRNAs are the only types of non-coding RNAs showing robust diagnostic value in semen  
360 samples. While miRNAs exhibited high-quality prediction results in both sperm and seminal  
361 plasma, piRNAs were reported to exclusively perform as good quality biomarkers in seminal  
362 plasma but not in sperm.

363 Few studies in the literature reported robust transcriptomic biomarkers for male idiopathic  
364 infertility. A panel of 5-miRNA (hsa-miR-34b-5p, 34b-3p, 34c-5p, 122-5p and 429) (76) and a

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365 panel of four independent sperm miRNAs (hsa-miR-122-5p, 34b-3p, 34b-5p and 34c-5p) (77)  
366 were found to be strong predictors of semen quality and ICSI pregnancy rates. Specifically, a  
367 study by Cui *et al.* (2015) (77) tested sperm hsa-miR-34c-5p and hsa-miR-34b-3p in 162 patients  
368 with idiopathic male infertility undergoing ICSI cycles, and established hsa-miR-34c-5p, but not  
369 hsa-miR-34b-3p, as an indicator of embryo quality, implantation, clinical pregnancy, and live  
370 birth following ICSI. Thus, sperm hsa-miR-34c-5p is the only non-coding RNA in semen showing  
371 a robust predictive value for male idiopathic infertility undergoing ICSI cycles, being associated  
372 to embryo quality, implantation, clinical pregnancy and live birth in ICSI treatment outcomes. On  
373 the other hand, Abu-Halima *et al.* (2014) (76) validated a set of five microRNAs (hsa-miR-34b-  
374 5p, 34b-3p, 34c-5p, 122-5p and 429) using qRT-PCR in a cohort of 226 men attending an  
375 infertility clinic and reported these miRNAs to show good diagnostic value for both  
376 oligozoospermia and non-obstructive azoospermia, whereas hsa-miR-429 was described  
377 exclusively as a biomarker for oligozoospermia. The potential application of these non-coding  
378 RNAs as non-invasive semen biomarkers could minimize or avoid surgical sampling for the  
379 diagnosis of this type of sperm disorders.

380 On the other hand, a greater number of miRNA predictors of semen quality have been  
381 described in seminal plasma. A total of ten seminal plasma miRNAs (hsa-miR-122-5p, 146-5p,  
382 181a-5p, 205-5p, 210-3p, 31-5p, 34c-5p, 374b-5p, 509-5p and 513a-5p) and a panel of three  
383 miRNA (hsa-miR-141, 429 and 7-1-3p) were reported to have good to excellent diagnostic  
384 potential for sperm quality disorders (60-62). Good diagnostic power was reported for  
385 azoospermia (hsa-miR-122-5p, 146-5p, 181a-5p, 34c-5p, 374b-5p, 509-5p and 513a-5p) (78),  
386 non-obstructive azoospermia (panel of 3-miRNA [hsa-miR-141, 429 and 7-1-3p]) (80),  
387 asthenozoospermia (hsa-miR-122-5p, 146-5p, 181a-5p, 34c-5p, 374b-5p, 509-5p and 513a-5p)  
388 (78) and varicocele-induced dyszoospermia (hsa-miR-210-3p) (79). Furthermore, seminal plasma  
389 miRNAs showed predictive value for discriminating among different types of sperm quality  
390 conditions, such as asthenozoospermia and azoospermia (hsa-miR-122-5p, 146-5p, 181a-5p, 34c-  
391 5p, 374b-5p, 509-5p and 513a-5p) (78), as well as non-obstructive and obstructive azoospermia  
392 (hsa-miR-31-5p, hsa-miR-205-5p) (81). The same study, however, reported four miRNAs (hsa-

393 miR-182-3p, 449a, 539-5p, 941) not to be sufficient to discriminate between non-obstructive and  
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2 394 obstructive azoospermia.

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4 395 Other research tested the diagnostic potential of sperm and seminal plasma piRNAs.  
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6 396 Seminal plasma piRNAs showed good diagnostic potential for azoospermia and  
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8 397 asthenozoospermia. Hong *et al.* (2016) (82) performed high-throughput sequencing technology  
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10 398 in a cohort of 302 men and identified a panel of 61 piRNAs differentially expressed between  
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12 399 normozoospermic donors and infertile patients. After qRT-PCR validation, a panel of five  
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14 400 individual piRNAs (piR-30198, 31068, 31925, 43771 and 43773) were found to be significantly  
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16 401 down-regulated in seminal plasma of both azoospermia and asthenozoospermia patients, when  
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18 402 compared to normozoospermic men. The same authors also tested the diagnostic potential of these  
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20 403 piRNAs combined in a panel of five piRNAs (piR-31068, 31925, 43771, 43773 and 30198) and  
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22 404 another of four piRNAs (piR-31068, 31925, 43771 and 43773). They found increased diagnostic  
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24 405 value for azoospermia in the panel of five piRNAs. Furthermore, these authors reported piR-  
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26 406 30198 to be able to discriminate between asthenozoospermia and azoospermia patients, whereas  
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28 407 Barceló *et al.* (2018) (81) showed piR-58527 as a useful biomarker to differentiate non-  
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30 408 obstructive from obstructive azoospermia. On the contrary, although piRNAs from sperm were  
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32 409 found to correlate with sperm concentration and fertilization rates after ICSI, they did not show a  
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34 410 good diagnostic value either for sperm quality or male fertility (83).

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36 411 Along these lines, several non-coding RNA (miRNAs and piRNAs) in semen have shown  
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38 412 excellent predictive values, showing good to excellent diagnostic value for sperm quality  
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40 413 disorders, such as azoospermia, oligozoospermia, asthenozoospermia, oligoasthenozoospermia  
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42 414 and varicocele-induced dyszoospermia. The potential application of these semen biomarkers in  
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44 415 fertility clinics could lead to faster and reliable diagnostics for men reproductive disorders, as  
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46 416 they show high sensitivity and specificity (AUCs ranging from 0.730 to 0.990). Yet, hsa-miR-  
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48 417 34c-5p in sperm and seminal plasma is the most well-characterized and robust transcriptomic  
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50 418 biomarker for the diagnosis of sperm quality disorders and male factor infertility. In this regard,  
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52 419 the relatively cheap and simple quantification methods for non-coding RNAs make these  
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54 420 molecular biomarkers suitable candidates for their implementation in fertility clinics and should  
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421 be tested before assisted reproduction procedures to predict their success. Further validation and  
422 implantation strategies, however, should be envisaged before their clinical use in fertility clinics.

423

424 *Proteomics*

425 The role of semen proteins as a diagnostic tool for male reproduction disorders was also reviewed  
426 in the present study. Contrary to other molecular biomarkers, proteins are the most time-saving,  
427 cheaper and simpler diagnostic tools since they can be measured using cheap, simple and quick  
428 techniques such as rapid colloidal gold immunochromatography, ELISA or spectrophotometry.  
429 In the present study, 17 studies reporting a total of 32 semen protein biomarkers for different  
430 parameters predicting sperm quality, functionality and/or fertilizing capacity were selected  
431 (**Supplemental Table 2**). Protein concentration was measured using highly sensitive and specific  
432 technics such as ELISA, LC-MS/MS, Western blot and flow cytometry, whereas their activity  
433 was quantified through spectrophotometry.

434 The concentration or activity of sperm or seminal plasma candidate biomarkers were  
435 characterized to explore their putative diagnostic value. Seminal plasma levels of Testis-  
436 expressed protein 101 (TEX101) (84) (AUC = 0.990) and enzymatic activity of N-acetyl-b-D-  
437 hexosaminidase (85) (AUC = 0.800) were identified as robust biomarkers for the diagnosis of  
438 azoospermia. In addition, the concentration of NT-proCNP (86) (AUC = 0.733) and PELP1 (87)  
439 (AUC = 0.781) in seminal plasma was established as a putative diagnostic tool for  
440 asthenozoospermia and oligozoospermia, respectively. Furthermore, Intasqui *et al.* (2016) (88)  
441 conducted a proteomic analysis using a cohort of 156 normozoospermic men and revealed some  
442 seminal plasma proteins that were able to identify ejaculated sperm showing low mitochondrial  
443 activity (proteomic profile of Annexin A7 and CD63; AUC = 0.993), altered acrosome integrity  
444 (proteomic profile of PLTP and COL12A1; AUC = 0.972) and high DNA fragmentation  
445 (CRISPLD1; AUC = 0.882). In this regard, the previously mentioned protein biomarker  
446 candidates showed high diagnostic value for sperm disorders, such as azoospermia (TEX101 and  
447 N-acetyl-b-D-hexosaminidase), asthenozoospermia (NT-proCNP,) and oligozoospermia  
448 (PELP1), as well as for sperm physiology alterations, such as mitochondrial activity (Annexin A7

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2 449 and CD63, combined), acrosome stability (PLTP and COL12A1, combined) and DNA integrity  
3 450 (CRISPLD1), thus being promising candidate biomarkers for clinical diagnosis of male  
4 451 reproduction disorders.

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6 452 Other sperm and seminal plasma proteins have been demonstrated to predict ejaculate  
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8 453 fertility. Concentration of sperm BAG6 and HIST1H2BA (89), the nuclease activity corrected by  
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10 454 sperm count (30) and PON-1 activity in seminal plasma (90) were able to discriminate between  
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12 455 fertile and infertile men showing abnormal semen analysis, with AUCs of 0.921, 0.935, 0.705 and  
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14 456 0.950, respectively. Similarly, PON-1 activity in seminal plasma did also show an excellent  
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16 457 predictive value for subfertility diagnosis (90) (AUC = 0.950). The study of Marsillach *et al.*  
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18 458 (2011) (91), however, explored the subfertility diagnostic power of PON-1 concentration and  
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20 459 activity in a cohort of 93 men attending an infertility clinics, but found no significant diagnostic  
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22 460 value. Moreover, the study of Korbakis *et al.* (2017) (84) explored the potential of TEX101 as a  
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24 461 diagnostic tool for idiopathic male infertility, although they did not show a significant predictive  
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26 462 value. Along these lines, although lacking conclusive results, PON-1, BAG6 and HIST1H2BA  
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28 463 are putative protein biomarker candidates to predict male (in)fertility, even though further studies  
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30 464 with larger cohorts would be warranted.

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35 465 Similarly, some proteins in semen did show robust results as predictors of the success of  
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37 466 assisted reproduction techniques (ART). The study of Martinez-Soto *et al.* (2018) (92) reported  
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39 467 that total but not active uPA in seminal plasma was able to predict ART outcomes with an AUC  
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41 468 of 0.720. Similarly, the study of Bøllehuus Hansen *et al.* (2019) (93) disclosed the percentage of  
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43 469 CYP24A1-positive sperm as a good biomarker of the IUI-clinical pregnancy success (AUC =  
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45 470 0.710). Moreover, the study of Ovayolu *et al.* (2016) (94) identified the levels of Presepsin (a  
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47 471 soluble CD14 subtype) in seminal plasma as a significant biomarker for live birth and chemical  
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49 472 pregnancy after ICSI, although it showed limited robustness (AUCs of 0.634 and 0.677,  
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51 473 respectively). Finally, CATSPER1 expression in sperm measured by fluorescence intensity using  
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53 474 flow cytometry showed predictive value for ART success, being able to discriminate between  
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55 475 poor quality- and good quality-embryos (59).

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58 476 Additionally, protein biomarkers in semen were observed to be able to predict the etiology  
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477 of male fertility disorders, discriminating between non-obstructive and obstructive azoospermia  
478 as well as predicting the etiology of azoospermic men (vasectomy or testicular defects). In effect,  
479 seminal plasma levels of TEX101 (66), CRISP1/PAP (71) and  $\alpha$ -glucosidase (71) were reported  
480 to be able to discriminate between non-obstructive and obstructive azoospermia, showing AUCs  
481 of 0.670, 0.929 and 0.609, respectively. Moreover, seminal plasma proteins showed the ability to  
482 predict the success of surgical procedures such as testicular sperm extraction (TESE) and to verify  
483 the success of vasectomy. Concentrations of TEX101 (84) and inhibin B (95) in seminal plasma  
484 were found to predict the success of TESE, showing AUCs of 0.690 and 0.910, respectively.  
485 Similarly, TEX101 concentration (84) and  $\alpha$ -glucosidase activity (96) were reported to be  
486 significant validators of successful vasectomy procedures, showing AUCs of 1 and 0.730,  
487 respectively. Finally, the activity of  $\alpha$ -glucosidase (96) and concentration of transferrin receptors  
488 (97) in seminal plasma were related to the etiology of azoospermic men (vasectomy or testicular  
489 defects), with AUCs of 0.760 and 0.630, respectively.

490 In short, protein biomarkers for the prediction of male fertility and sperm quality should  
491 be further tested in clinical trials, as they could facilitate and improve diagnosis and prognosis of  
492 male fertility disorders.

493

#### 494 *Metabolomics*

495 Recently, the sperm metabolome has been increasingly studied in both humans and farm animals.  
496 Anabolic and catabolic reactions are known to be essential processes in sperm, and their  
497 substrates, products, and byproducts could be used as indicators of sperm metabolic status. In this  
498 regard, the application of metabolomics as a promising tool to uncover biomarkers of sperm  
499 quality and fertilizing capacity is of great interest for the field of andrology (98). Twenty studies  
500 exploring the predictive potential of metabolites for sperm quality and/or fertility disorders were  
501 selected (**Supplemental Table 2**). All biomarkers were analyzed by specific techniques such as  
502 chemiluminescence or complex and sensitive analytical procedures such as MALDI-TOF MS and  
503  $^1\text{H-NMR}$ .

504 Oxidative stress (OS) reflects the imbalance between the production of reactive oxygen  
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2 505 species and the antioxidant capacity of sperm (99). The diagnosis of male OS with highly sensitive  
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4 506 metabolomic biomarkers is essential to achieve better clinical outcomes. In this study, three  
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6 507 methods for the detection of sperm OS - reactive oxygen species (ROS), total antioxidant capacity  
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8 508 (TAC) and oxidation-reduction potential (ORP) - were reviewed. Physiological ROS levels are  
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10 509 known to be essential for an adequate sperm function. In the present review, six studies were  
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12 510 found to report ROS to show high diagnostic potential for male infertility. ROS levels in the entire  
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14 511 ejaculate measured by chemiluminescence exhibited fair to excellent diagnostic value for  
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16 512 infertility, reporting AUCs of 0.683 (100) and 0.833 (101). When measured in sperm cells, ROS  
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18 513 also exhibited a good predictive value with an AUC of 0.789 (102). Regarding the diagnostic  
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20 514 potential for idiopathic infertility, ROS levels in the entire ejaculate, despite exhibiting limited  
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22 515 robustness, were reported to be able to predict recurrent pregnancy loss, with an AUC of 0.630  
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24 516 (103), and to diagnose teratozoospermia, with an AUC of 0.614 (104). An excellent diagnostic  
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26 517 potential, however, was observed to discriminate between ejaculates with high and low number  
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28 518 of polymorphonuclear leukocytes (PMN; AUC of 0.888) (105). Finally, a fair diagnostic power  
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30 519 was seen for seminal plasma ROS to differentially diagnose varicocele (AUC of 0.689), and an  
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32 520 excellent diagnostic power in the diagnosis of varicocele with prostatitis (AUC of 0.948) (106).  
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34 521 On the other hand, total antioxidant capacity (TAC) is known to be a parameter that indicates  
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36 522 sperm oxidative status. TAC in seminal plasma was studied by Sharma *et al.* (1999) (106) to  
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38 523 explore its diagnostic value in male reproduction. They reported seminal plasma TAC to  
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40 524 differentially diagnose between varicocele with prostatitis (AUC = 0.828) and varicocele (AUC  
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42 525 = 0.802), as well as to predict normozoospermic idiopathic infertility (AUC = 0.818). Yet, another  
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44 526 study from Roychoudhury *et al.* (2016) (107), even though significant, reported fair diagnostic  
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46 527 power for seminal plasma TAC in the prediction of male infertility (AUC = 0.608). Furthermore,  
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48 528 because of the relationship between ROS and TAC, both indicating sperm oxidative status, as  
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50 529 well as their good diagnostic power when assessed individually, Sharma *et al.* (1999) (106)  
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52 530 explored their male fertility diagnostic potential when combined. They reported an excellent  
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54 531 diagnostic value for ROS-TAC in seminal plasma to predict idiopathic infertility (AUC = 0.845)  
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532 and to differentially diagnose varicocele with prostatitis (AUC = 0.932) and varicocele (AUC =  
533 0.808) from normozoospermic men. Finally, oxidation–reduction potential (ORP) is a measure  
534 reflecting the balance between ROS and TAC of sperm, which is determined by the MiOXSYS™  
535 System based on a galvanostatic measure of electrons (108). ORP in the entire ejaculate has been  
536 explored as a new diagnostic tool by Agarwal and collaborators (108–112). Semen ORP,  
537 evaluated through a MiOXSYS™ system, has been established as a good diagnostic tool for  
538 oligozoospermia (109) (AUC = 0.754), asthenozoospermia (AUCs of 0.751 (109) and 0.648  
539 (110)) and teratozoospermia (109) (AUC = 0.693). The differentiation between normozoospermic  
540 and abnormal sperm using ORP in seminal plasma was also explored in different studies,  
541 reporting AUCs of 0.765 (111), 0.596 (112) and 0.809 (109). Finally, they also explored the  
542 potential of seminal plasma ORP to diagnose primary or secondary male infertility and found a  
543 good predictive AUC value (113) (AUC = 0.770). Along these lines, increased ROS formation  
544 and/or decreased TAC, however, were found to lead to an unbalanced oxidation-reduction and  
545 subsequent sperm quality and fertility disorders (114). Based on the reviewed literature, ROS and  
546 TAC in the ejaculate exhibit good to excellent diagnostic value for male factor infertility and  
547 varicocele. Interestingly, the combination of both biomarkers shows better predictive values for  
548 both reproductive disorders. Notwithstanding, ROS levels in the ejaculate are able to diagnose  
549 the presence of PMN in semen. Similarly, the reviewed literature supports that ORP is a robust  
550 biomarker for oligozoospermia, asthenozoospermia, teratozoospermia and primary or secondary  
551 male factor infertility. Remarkably, the prediction of male infertility using ORP shows similar  
552 results than the combination of ROS and TAC. Along these lines, OS biomarkers such as ROS,  
553 TAC and ORP seem to be strong predictors of sperm quality and fertility disorders, as they are  
554 indicators of sperm metabolic status.

555 On the other hand, metabolomic fingerprints in seminal plasma evaluated by MALDI-  
556 TOF MS and <sup>1</sup>H-NMR were established as excellent biomarkers for male infertility disorders  
557 such as idiopathic infertility (115) (AUC = 0.994), oligozoospermia (115) (AUC = 0.993) and  
558 asthenozoospermia (116) (AUC = 0.927), as well as indicators of sperm physiological status, such  
559 as high sperm DNA fragmentation (117) (AUC = 0.925) and lipid peroxidation (117) (AUC =

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0.974). The study of Rivera-Egea *et al.* (2018) (118) tested sperm lipids as biomarkers for pregnancy rates following ICSI through UHPLC-time-of-flight (TOF) MS. Some ceramides (e.g., Cer(d18:1/24:0)), phosphatidylcholines, phosphatidylethanolamines and sphingomyelins showed a good predictive value for ICSI clinical pregnancy, with AUCs ranging from 0.700 to 0.770. Another study by Tang *et al.* (2017) (119) used gas chromatography mass spectrometry (GC/MS) to determine the potential of fatty acids in seminal plasma (L-valine, cholecalciferol, D-pinitol, hexadecanoic acid, Oleic acid, nonadecanoic acid and benzoic acid) to diagnose asthenozoospermia, with AUCs ranging from 0.729 to 0.862. Lipid hormones such as testosterone or estradiol in seminal plasma showed a good predictive value for sperm recovery in non-obstructive azoospermia patients (120). Whereas testosterone showed an AUC of 0.771 for discriminating between NOA patients with and without successful sperm recovery, the relation testosterone/estradiol AUC was 0.886. Finally, the study of Tunc *et al.* (2010) (121) reported nitro blue tetrazolium in the entire ejaculate normalized by sperm concentration to be able to predict male factor infertility with high sensitivity and specificity, showing an AUC of 0.880. Thus, sperm metabolomic analysis for predicting male fertility disorders has been proven as a robust technique, as it provides relevant information for the diagnosis of male factor infertility.

576           In short, the available literature supports the high diagnostic value of ROS, TAC, ORP,  
577 metabolite profiles and individual lipids in sperm and seminal plasma for male sperm quality and  
578 fertility disorders. Moreover, the quantification of metabolite profiles in seminal plasma by <sup>1</sup>H-  
579 NMR or MALDI-TOF MS has been shown to be better than that of individual metabolites when  
580 predicting sperm quality and fertility. Nevertheless, the need of highly specialized technicians  
581 and expensive instruments required for the analysis of metabolomic biomarkers may hinder its  
582 implementation in fertility clinics.

583

## 584 **DISCUSSION**

585 The current review supports that some OMICs (e.g., DNA structure and integrity, genomics and  
586 epigenomics, transcriptomics, metabolomics, and proteomics) could be considered relevant  
587 molecular biomarkers that may help identify infertility etiologies and fertilization prognosis with

588 cost-effective, simple, and accurate diagnosis.

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2 589 The identification of reliable molecular biomarkers in semen could help in the diagnosis  
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4 590 and treatment of conditions causing semen quality and male fertility disorders. In this sense,  
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6 591 exploring semen biomarkers showing high diagnostic value is of great interest to determine their  
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8 592 potential to become clinical tools for the diagnosis of sperm quality dysfunctions and predict male  
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10 593 fertility and ART success. Implementation of these novel tools in fertility clinics may be  
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12 594 translated into non-invasive, time-saving, cheaper and robust diagnostics for men reproductive  
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14 595 disorders. In the present study, many molecular biomarkers of sperm and seminal plasma showing  
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16 596 high diagnostic power have been evaluated. To the best of our knowledge, the present study is  
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18 597 the first in compiling semen robust biomarkers that show high diagnostic value for male sperm  
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20 598 quality and fertility disorders (**Figure 2**).

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22 599 The differential diagnosis and/or etiology of male factor infertility by conventional semen  
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24 600 analysis often remains elusive, which makes the prognosis and treatment of infertile patients  
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26 601 difficult. The advent of OMICs techniques, nevertheless, has uncovered relevant molecular  
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28 602 biomarkers that may help identify infertility etiologies with cost-effective, simple and accurate  
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30 603 diagnosis. Although highly specific and robust (in)fertility biomarkers have been unearthed using  
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32 604 OMICs techniques, an accurate prediction of sperm physiological status and/or (in)fertility should  
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34 605 envisage the integration of data from each OMICs field. The combination of independent  
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36 606 biomarkers to reach a system biology approach is currently in its infancy in the andrology field.  
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38 607 The advent of diagnostic tools incorporating independent molecular biomarkers, however, could  
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40 608 be of great interest for spermatology because it would improve the identification of male fertility  
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42 609 disorders through highly accurate and robust diagnostics.

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44 610 The use of these novel biomarkers in IVF clinics could be useful since their  
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46 611 implementation might be translated into cost-effective, non-invasive, time-saving and accurate  
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48 612 diagnosis of men reproductive disorders. Yet, although OMICs techniques have uncovered a wide  
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50 613 range of highly accurate molecular biomarkers, the translation of such results into a clinical  
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52 614 setting is often challenging. The high costs of some OMICs techniques and the need of highly  
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54 615 specialized technicians are two major limitations for the implementation of such diagnostic tools.  
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616 In spite of this, the continuous innovation, simplification, and cost-reduction of some OMICs can  
617 make them to become a routine tool for the diagnosis of male fertility disorders.

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#### 619 Limitations and strengths

620 The observational studies revised in the present review reported ROC analysis of the molecular  
621 biomarker candidates. ROC analysis provides an objective statistical method to assess the  
622 diagnostic accuracy of biomarkers and indicate the diagnostic power for the assessment of male  
623 (in)fertility (122). Nonetheless, some of the studies reported herein had limited sample size, which  
624 could generate biases in ROC analysis. Furthermore, some of the articles evaluated for inclusion  
625 did not report essential information regarding the studied population and ROC analysis and,  
626 consequently, could not be included even though corresponding authors were contacted by e-mail  
627 to ask for those data. Moreover, there is a very limited number of studies linking biomarkers with  
628 clinical outcomes using ROC and OR/RR and therefore a diagnostic test accuracy is,  
629 unfortunately, not possible. On the other hand, we also detected a disparity in the analytical  
630 techniques and methodology thus hindering the comparison between molecular biomarkers.  
631 Finally, due to the heterogeneity of studies, approaches, and methodologies, it was not possible,  
632 despite intended, to undertake a meta-analysis. Further studies and clinical trials with a larger  
633 number of samples, standardized methodology and well-characterized cohorts are required before  
634 these molecular diagnostic tools may be implemented in IVF clinics.

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#### 636 **CONCLUSIONS**

637 The current review presents the largest evidence to date supporting that some OMICs have  
638 revealed relevant molecular biomarkers that may help identify infertility etiologies and  
639 fertilization prognosis with cost-effective, simple, and accurate diagnosis.

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640 **ACKNOWLEDGEMENTS**

641 The authors acknowledge the support from the Ministry of Science and Innovation, Spain (Grants:  
642 IJC2019-039615-I to A.S-H.; PRE2018-083488 to A.D-B.; FPU18/00666 to M.L.), the European  
643 Union's Horizon 2020 research and innovation scheme under the Marie Skłodowska-Curie grant  
644 agreement n° 801342 to J.R-M. (Techniospring INDUSTRY; TECSPR-19-1-0003) and the  
645 Regional Government of Catalonia (2017-SGR-1229 to M.Y.). Figure 2 created with BioRender,  
646 <http://biorender.io>.

647

648 **AUTHOR CONTRIBUTIONS**

649 A.S-H. and M.Y. initiated the idea and designed the review. A.D-B. and M.L. collected and  
650 selected the data, assessed the articles, and wrote the manuscript. A.S-H. and M.Y. contributed to  
651 the drafting and critically reviewed the article for important intellectual content. J.R-M. critically  
652 revised the Manuscript. All the authors approved the final manuscript.

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**Table 1.** Summary table of the statistically significant biomarkers identified in the systematic review.

BIOMARKER	TYPE	CASE	CONTROL	METHODS	AUC	REF.
<b>A. DNA structure and integrity</b>						
<b>Sperm</b>						
SDF - 3' free ends	SDF	Infertile (n=348)	Fertile (normo) (n=86)	TUNEL	0.757	(13)
		Infertile (no clinical pregnancy after 1 year) (n=427)	Fertile (proven fertility) (n=40)		0.608	(14)
		Infertile (n=72)	Fertile (proven fertility) (n=21)		0.903	(12)
		Infertile (no pregnancy after 1 year) (n=66)	Fertile (proven fertility) (n=47)		0.930	(11)
		Infertile, seeking for treatment (n=194)	Fertile (normo) (n=25)		0.820	(15)
		Infertile, seeking for treatment (n=261)	Fertile (normo) (n=95)		0.556	(16)
		Infertile (no pregnancy after 1 year), no clinical pregnancy within observation period (n=59)	Infertile (no pregnancy after 1 year), clinical pregnancy within observation period (n=26)		0.700	(19)
		Infertile, no clinical pregnancy after ICSI (n=21)	Infertile, clinical pregnancy after ICSI (n=15)		0.700	(20)
		Infertile, undergoing IVF/ICSI cycles (n=65)	Clinical pregnancy through natural conception or IUI (n=57)		0.790	(18)
		Partners with reduced ovarian reserve, no clinical pregnancy after ICSI (n=255)	Partners with reduced ovarian reserve, clinical pregnancy after ICSI (n=72)		0.594	(21)
		Infertile, idiopathic oligoasthenoteratozoospermia (n=73)	Fertile (normo) (n=20)		0.892	(17)
$\gamma$ -H2AX levels	SDF	Infertile (n=100)	Fertile (proven fertility) (n=100)	Flow cytometry with FITC-conjugated anti- $\gamma$ H2AX	0.927	(27)
Single strand DNA breaks (ssSDF)	SDF - oxidative DNA damage	Normo idiopathic infertile, astheno, terato, asthenoteratozoospermic, azoospermic (n=83)	Fertile (normo) (n=11)	Alkaline Comet	0.994	(30)
		Infertile, no clinical pregnancy after IVF (n=180)	Infertile, clinical pregnancy after IVF (n=39)		0.648	(31)
		Infertile, enrolled in IVF (n=70)	Fertile (normo) (n=28)		0.970	(29)
		Infertile, no clinical pregnancy after IVF (n=50)	Infertile, clinical pregnancy after IVF (n=20)		0.905	(29)
		Infertile (n=133)	Fertile (proven fertility) (n=50)		0.937	(12)
8-OHdG bases	SDF - oxidative DNA damage	Infertile, no clinical pregnancy after IUI (total n=53)	Infertile, clinical pregnancy after IUI (total n=53)	Immunohistochemistry using FITC-labeled 8-OHdG-specific protein	0.794	(22)

		Infertile, no clinical pregnancy after IVF (n=63)	Infertile, clinical pregnancy after IVF (n=10)	Alkaline comet+formamidopyrimidine DNA glycosylase treatment	0.776	(31)
		Infertile, no clinical pregnancy after ICSI treatment (n=38)	Infertile, clinical pregnancy after ICSI (n=15)		0.704	(31)
STI	Chromatin structure	Infertile, miscarriage after ICSI (n=6)	Infertile, pregnancy with livebirth after ICSI (n=15)	STI	0.710	(34)
Chromatin decondensation	SDF	Infertile, idiopathic recurrent pregnancy loss (n=45)	Fertile (normo) (n=20)	SCSA	0.830	(39)
	SDF	Infertile with varicocele, no clinical pregnancy (n=66)	Varicocele, spontaneous pregnancy (n=22)		0.762	(42)
	SDF	Infertile (n=74)	Fertile (proven fertility) (n=49)		0.792	(12)
	SDF	Idiopathic infertility (n=100)	Fertile (recently proven fertility, 2 years) (n=100)		0.919	(38)
	SDF	Infertile, recurrent spontaneous abortion (n=139)	Fertile (recently proven fertility, 2 years) (n=200)		0.752	(40)
	SDF	Infertile, recurrent pregnancy loss (RPL) after IVF (n=461)	Infertile, clinical pregnancy after IVF (n=411)		0.713	(41)
	SDF	Infertile, no clinical pregnancy after ICSI (n=39)	Infertile, clinical pregnancy after ICSI (n=24)	Acridine orange	0.750	(37)
	SDF	Infertile, no clinical pregnancy (n=88)	Fertile (proven fertility) (n=58)	Halospem (SCD)	0.546	(52)
	SDF	Infertile (n=74)	Fertile (proven fertility) (n=49)		0.869	(12)
	SDF	Infertile, embryos of low quality (CES 1, 2 or 3) after IVF (n=43)	Infertile, embryos of high quality (CES 4 or 5) after IVF (n=37)		0.710	(47)
	Undamaged DNA (big halo)	Infertile, embryos of low quality (CES 1, 2 or 3) after IVF (n=43)	Infertile, embryos of high quality (CES 4 or 5) after IVF (n=37)		0.830	(47)
	SDF	Infertile, no clinical pregnancy after IVF (n=61)	Infertile, clinical pregnancy after IVF (n=27)		0.670	(47)
	Undamaged DNA (big halo)	Infertile, no clinical pregnancy after IVF (n=61)	Infertile, clinical pregnancy after IVF (n=27)		0.750	(47)
	SDF	Infertile, poor fertilization rates after ICSI (total n=135)	Infertile, good fertilization rates after ICSI (total n=135)		0.680	(46)
	SDF	Infertile, no clinical pregnancy after IVF (n=44)	Infertile, clinical pregnancy after IVF (n=11)		0.700	(48)
	SDF	Infertile, fertilization rate <50% after conventional IVF (n=29)	Infertile, fertilization rate ≥50% after conventional IVF (n=104)		0.664	(45)
	SDF	Cycles with total embryo development arrest (n=15)	Cycles of at least one developed blastocyst (n=97)		0.771	(45)
SDF	Infertile with varicocele (n=98)	Fertile (n=80)	0.942		(44)	
SDF	Non-normo (n=434)	Fertile (normo) (n=234)	0.753	(43)		
SDF	Infertile, no clinical pregnancy after ICSI (n=32)	Infertile, clinical pregnancy after ICSI (n=49)	0.711	(51)		

	SDF	Infertile, no pregnancy after IVF (total n=38)	Infertile, pregnancy after IVF (total n=38)		0.830	(49)
Deficient protamination	Chromatin maturity	Infertile, fertility rate ≤60% after IVF (total n=140)	Infertile, fertility rate >60% after IVF (total n=140)	CMA3 staining	0.760	(57)
		Infertile, fertility rate ≤50% after IVF (n=28)	Infertile, fertility rate >50% after IVF (n=43)		0.740	(57)
		Infertile, <50% embryos of A quality after IVF/ICSI (n=133)	Infertile, ≥50% embryos of A quality after IVF/ICSI (n=9)		0.778	(59)
		Infertile, no fertilization after IVF (n=37 non-fertilized oocytes of a total of 235 inseminated oocytes from 82 different patients, each in a single IVF cycle)	Infertile, fertilization after IVF (n=198 fertilized oocytes of a total of 235 inseminated oocytes from 82 different patients, each in a single IVF cycle)		0.769	(58)
Histone persistence	Chromatin maturity	Infertile with mild male factor or unexplained infertility, no clinical pregnancy after IUI (n=221)	Infertile with mild male factor or unexplained infertility, clinical pregnancy after IUI (n=22)	Aniline blue staining	0.653	(60)
		Infertile, fertilization rate <80% after IVF/ICSI (n=89)	Infertile, fertilization rate ≥80% after IVF/ICSI (n=117)		0.611	(59)
<b>B. Gene expression and epigenomics</b>						
<b>Sperm</b>						
Expression model (EIF5A + RPL13 + RPL23A + RPS27A)	Expression signature	Low IUI clinical pregnancy rate (<13.6%) (n=17)	High IUI clinical pregnancy rate (>13.6%) (n=51)	TaqMan Arrays	0.910	(61)
Sperm global DNA methylation pattern	Methylation pattern	All IVF patients (female factor previously excluded) (n=127)	Normo, fertile donors (n=54)	GW sperm DNA methylation	0.670	(64)
		IVF patients (female factor previously excluded) with poor embryogenesis (n=72); either with positive (n=42) or negative (n=30) chemical pregnancies after IVF	IVF patients (female factor previously excluded) with good embryogenesis and positive chemical pregnancy (n=55)		0.640	(64)
Sperm site-specific DNA methylation pattern	Methylation pattern	All IVF patients (female factor previously excluded) (n=127)	Normo fertile donors (n=54)	Bisulphite conversion and methylation microarray	0.930	(64)
Methylation of <i>MLH1</i> promoter	Methylation pattern	Oligo men (n=10)	Samples from normo men (n=29)	Bisulphite modification and methylation-specific polymerase chain reaction	0.611	(65)
Hypermethylation of MTHFR promoter region	Methylation pattern	Idiopathic infertile men (n=40)	Samples from donors with proven fertility (n=40)	Bisulfite Pyrosequencing	0.734	(68)
<b>Seminal plasma</b>						
<i>CCNA1</i> promoter methylation from cell-free DNA	Cell-free DNA methylation	NOA patients with SCO and with round spermatid MA (n=42)	NOA patients with hypospermatogenesis (HO) (n=26)	Bisulfite treatment of DNA and MethyLight analysis	0.668	(70)
<b>C. Transcriptomics</b>						
<b>miRNA in sperm</b>						

hsa-miR-122-5p	miRNA	Oligo (n=80)	Normo (n=90)	qRT-PCR	0.777	(123)
		NOA (n=40)	Normo (n=16)		0.988	(123)
hsa-miR-34b-3p	miRNA	Oligo (n=80)	Normo (n=90)	qRT-PCR	0.944	(123)
		NOA (n=40)	Normo (n=16)		0.852	(123)
hsa-miR-34b-5p	miRNA	Oligo (n=80)	Normo (n=90)	qRT-PCR	0.798	(123)
		NOA (n=40)	Normo (n=16)		0.948	(123)
hsa-miR34c-5p	miRNA	Oligo (n=80)	Normo (n=90)	qRT-PCR	0.776	(123)
		NOA (n=40)	Normo (n=16)		0.978	(123)
		No clinical pregnancy after ICSI (n=97)	Clinical pregnancy after ICSI (n=65)		0.750	(77)
hsa-miR-429	miRNA	Oligo (n=80)	Normo (n=90)	qRT-PCR	0.980	(123)
hsa-miR-34b-5p, 34b-3p, 34c-5p, 122-5p, 429	miRNA profile	NOA (n=40)	Normo (n=16)	qRT-PCR	0.999	(123)
		Oligo (n=80)	Normo (n=90)		0.987	(123)
<b>miRNA in seminal plasma</b>						
hsa-miR-122-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.921	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.733	(78)
		Astheno (n=73)	Azoo (n=73)		0.967	(78)
hsa-miR-146-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.825	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.789	(78)
		Astheno (n=73)	Azoo (n=73)		0.963	(78)
hsa-miR-181a-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.875	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.781	(78)
		Astheno (n=73)	Azoo (n=73)		0.976	(78)
hsa-miR-205-5p	miRNA	Secretory azoo (n=14)	OA (n=13)	miRCURY LNA™ array and qRT-PCR	0.838	(81)
hsa-miR-210-3p	miRNA	Varicocele (dyszoospermia) (n=204)	Normo (n=30)	qRT-PCR	0.940	(79)
hsa-miR-31-5p	miRNA	Secretory azoo (n=14)	OA (n=13)	miRCURY LNA™ array and qRT-PCR	0.963	(81)
hsa-miR-34c-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.894	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.783	(78)

		Astheno (n=73)	Azoo (n=73)		0.990	(78)
hsa-miR-374b-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.839	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.813	(78)
		Astheno (n=73)	Azoo (n=73)		0.984	(78)
hsa-miR-509-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.822	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.836	(78)
		Astheno (n=73)	Azoo (n=73)		0.983	(78)
hsa-miR-513a-5p	miRNA	Azoo (n=73)	Normo fertile (n=68)	Seq and qRT-PCR	0.825	(78)
		Astheno (n=73)	Normo fertile (n=68)		0.806	(78)
		Astheno (n=73)	Azoo (n=73)		0.966	(78)
hsa-miR-141, 429, 7-1-3p	miRNA profile	NOA (n=96)	Normo fertile (n=96)	TLDA and qRT-PCR	0.833	(124)
<b>piRNA in seminal plasma</b>						
piR-30198	piRNA	Azoo (n=52)	Normo fertile (n=58)	Seq and qRT-PCR	0.986	(82)
		Astheno (n=74)	Azoo (n=52)		0.955	(82)
piR-31068	piRNA	Astheno (n=74)	Normo fertile (n=58)	Seq and qRT-PCR	0.985	(82)
		Azoo (n=52)	Normo fertile (n=58)		0.996	(82)
piR-31068, 31925, 43771, 43773	piRNA profile	Astheno (n=74)	Normo fertile (n=58)	Seq and qRT-PCR	0.894	(82)
piR-31068, 31925, 43771, 43773, 30198	piRNA profile	Azoo (n=52)	Normo fertile (n=58)	Seq and qRT-PCR	0.991	(82)
piR-31925	piRNA	Astheno (n=74)	Normo fertile (n=58)	Seq and qRT-PCR	0.932	(82)
		Azoo (n=52)	Normo fertile (n=58)		0.967	(82)
piR-43771	piRNA	Astheno (n=74)	Normo fertile (n=58)	Seq and qRT-PCR	0.903	(82)
		Azoo (n=52)	Normo fertile (n=58)		0.954	(82)
piR-43773	piRNA	Astheno (n=74)	Normo fertile (n=58)	Seq and qRT-PCR	0.796	(82)
		Azoo (n=52)	Normo fertile (n=58)		0.880	(82)
piR-58527	piRNA	Secretory azoo (n=14)	OA (n=13)	miRCURY LNA™ array and qRT-PCR	0.744	(81)
<b>D. Metabolomics</b>						
<b>Sperm</b>						

ROC (AU)	ROS	Infertile patients (n=133)	Normo (n=91)	Chemiluminescence (luminol)	0.789	(102)
Cer(d18:1/24:0)	Ceramide	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.700	(118)
Cer(d18:1/22:0)	Ceramide	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.710	(118)
Cer(d18:1/23:0)	Ceramide	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.700	(118)
Phosphatidylcholines (O-22:0/20:4)	Phosphatidylcholines	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.770	(118)
Phosphatidylethanolamines (P-16:0/18:2)	Phosphatidylethanolamines	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.700	(118)
Sphingomyelins (38:1)	Sphingomyelins	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.700	(118)
Sphingomyelins (d18:1/22:0)	Sphingomyelins	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.720	(118)
Sphingomyelins (42:1)	Sphingomyelins	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.720	(118)
Sphingomyelins (d18:1/25:0)	Sphingomyelins	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.740	(118)
Phosphatidylcholines (0:0/20:0)	Phosphatidylcholines	No clinical pregnancy after ICSI (n=16)	Clinical pregnancy after ICSI (n=22)	UHPLC-time-of-flight (TOF)-MS	0.710	(118)
<b>Seminal plasma</b>						
ROC (AU)	ROS	Idiopathic infertility (n = 28)	Normo fertile (n=24)	Chemiluminescence	0.743	(106)
		Infertile varicocele (n = 55)	Normo fertile (n=24)		0.689	(106)
		Infertile varicocele with prostatitis (n = 8)	Normo fertile (n=24)		0.948	(106)
TAC (AU)	TAC	Idiopathic infertility (n = 28)	Normo fertile (n=24)	Chemiluminescence	0.818	(106)
		Infertile varicocele (n = 55)	Normo fertile (n=24)		0.802	(106)
		Infertile varicocele with prostatitis (n = 8)	Normo fertile (n=24)		0.828	(106)
TAC (uM Trolox equivalent)	TAC	Infertile (n=279)	Normo fertile (n=46)	TAC assay kit	0.608	(107)
ROS-TAC (AU)	ROS/TAC	Idiopathic infertility (n = 28)	Normo fertile (n=24)	Chemiluminescence	0.845	(106)
		Infertile varicocele (n = 55)	Normo fertile (n=24)		0.808	(106)
		Infertile varicocele with prostatitis (n = 8)	Normo fertile (n=24)		0.932	(106)
Lipid fingerprint 1	Metabolomic profile	High lipid peroxidation levels (spectrophotometry)	Low lipid peroxidation levels (spectrophotometry)	MALDI-TOF MS	0.974	(117)
Lipid fingerprint 2	Metabolomic profile	High SDF (Comet Assay)	Low SDF (Comet Assay)	MALDI-TOF MS	0.925	(117)

Lactate, alanine, choline, citrate, glycerophosphocholine, glutamine, tyrosine, histidine, phenylalanine, and uridine	Metabolomic profile	Infertile normo (n=65)	Normo fertile (n=60)	H-NMR	0.994	(115)
Lactate, alanine, choline, citrate, glycerophosphocholine, glutamine, tyrosine, histidine, phenylalanine, and uridine	Metabolomic profile	Infertile oligo (n=60)	Normo fertile (n=60)	H-NMR	0.993	(115)
Cholesterol, 5 $\alpha$ -cholesterol, 7-ketocholesterol, lipids, citrate, $\alpha$ -ketoglutaric acid, creatine, choline, phosphocholine, glycerophosphocholine, uridine, cytidine, cysteine, glutamine, glutamate, phenylalanine, tyrosine, histidine, taurine	Metabolomic profile	Astheno (n=10)	Normo (n=11)	H-NMR	0.927	(116)
L-Valine	Aminoacid	Astheno (n=30)	Normo (n=30)	GC/MS	0.801	(119)
Cholecalciferol	Vitamin D	Astheno (n=30)	Normo (n=30)	GC/MS	0.762	(119)
D-Pinitol	Cyclic polyol	Astheno (n=30)	Normo (n=30)	GC/MS	0.804	(119)
Hexadecanoic acid	LCFA	Astheno (n=30)	Normo (n=30)	GC/MS	0.813	(119)
Oleic acid	LCFA	Astheno (n=30)	Normo (n=30)	GC/MS	0.729	(119)
Nonadecanoic acid	Straight-chain fatty acid	Astheno (n=30)	Normo (n=30)	GC/MS	0.820	(119)
Benzoic acid	Aromatic carboxylic acids	Astheno (n=30)	Normo (n=30)	GC/MS	0.862	(119)
Testosterone (nM)	Hormone	NOA patients without sperm (n=26)	NOA patients with sperm (n=30)	Competitive immunoassay	0.771	(120)
Testosterone/E2	Hormone	NOA patients without sperm (n=26)	NOA patients with sperm (n=30)	Competitive immunoassay	0.886	(120)
<b>Ejaculate</b>						
ROS (mv/30min/million sperm)	ROS	Infertile (n=48)	Normo fertile (n=41)	Chemiluminescence	0.833	(101)
ROS (RLU/s/10 <sup>6</sup> sperm)	ROS	Infertile (normo and abnormal sperm) (n=318)	Normo fertile (n=56)	Chemiluminescence	0.683	(100)
		Partners of women with RPL (n=50)	Normo (n=33)		0.630	(103)

		Terato (n=79)	Normo (n=56)		0.614	(104)
		High number of PMN (n=41)	Normo (n=94)		0.888	(105)
ORP (mV/10 <sup>6</sup> sperm/mL)	ORP	Primary or secondary infertility (n=106)	Normo (n=51)	MiOXSYSTEM System	0.770	(113)
		Abnormal motility (<40%) (n=15)	Normal motility (>40%) (n=44)		0.648	(110)
		Abnormal sperm (at least 1 abnormal WHO semen parameter; n=152)	Normo (n=42)		0.809	(109)
		Oligo (n=92)	Normo (n=42)		0.754	(109)
		Asthenozoospermia (n=102)	Normo (n=42)		0.751	(109)
		Terato (n=95)	Normo (n=42)		0.693	(109)
		Abnormal sperm (n=292)	Normo fertile (n=15)		0.596	(112)
		Abnormal sperm (at least 1 abnormal semen parameter; n=1893)	Normo (n=199)		0.765	(111)
NBT (µg formazan/10 <sup>7</sup> sperm)	NBT	Infertile (n = 36)	Normo fertile (n=21)	Photometry (colorimetric nitro blue tetrazolium)	0.880	(121)
<b>E. Proteomics</b>						
<b>Sperm</b>						
BAG6	Regulatory protein	Infertile (n=16)	Normo fertile (n=7)	LC-MS/MS and Western blot	0.921	(89)
CatSper1	Calcium channel	Bad quality embryos (EQA>50%) (n=16)	Good quality embryos (EQA<50%) (n=120)	Flow cytometry (fluorescence intensity)	0.682	(59)
CYP24A1	Enzyme	No clinical pregnancy after IUI (n=68)	Clinical pregnancy after IUI (n=15)	Immunocytochemistry (% positive cells)	0.710	(93)
HIST1H2BA	Histone	Infertile (n=16)	Normo fertile (n=7)	LC-MS/MS and Western blot	0.935	(89)
Nuclease activity corrected by sperm count	Enzymatic activity	Idiopathic infertile, astheno, terato, asthenoteratozoospermic, azoo (n=83)	Normo fertile (n=11)	SRED method	0.705	(30)
PELP1	Scaffolding protein	Oligospermic (n=26)	Normo (n=17)	ICC + FACS analysis	0.781	(87)
<b>Seminal plasma</b>						
CRISP1/PAP	Glycoprotein	NOA (n=14)	OA or pre-vasectomy (n=14)	Western blot	0.929	(125)
Inhibin B	Hormone	Failed TESE (n=45)	Successful TESE (n=17)	Two-site ELISA	0.910	(95)
PON1 activity	Antioxidant enzyme	Subfertile (n=32)	Normo fertile (n=30)	Spectrophotometry	0.950	(90)
PON1 activity (U/L)	Antioxidant enzyme	Infertile with abnormal semen parameters (n=32)	Normo fertile (n=30)	Spectrophotometry (colorimetric test)	0.950	(90)

Presepsin	CD24 subunit (inflammatory response)	Non-live birth (n=86)	Live birth (n=28)	PATHFAST chemiluminescence immunoassay analyzer	0.634	(94)
		No chemical pregnancy after ICSI (n=81)	Chemical pregnancy after ICSI (n=33)		0.677	(94)
Annexin A7 i CD63	Proteomic profile	Low mitochondrial activity (n=12)	Normal mitochondrial activity (n=12)	LC-MS/MS	0.993	(88)
CRISPLD1	Protein	High SDF (Comet Assay) (n=12)	Low SDF (Comet Assay) (n=12)	LC-MS/MS	0.882	(88)
PLTP and COL12A1	Proteomic profile	Altered acrosome integrity (PNA) (n=12)	Normal acrosome integrity (PNA) (n=12)	LC-MS/MS	0.972	(88)
TEX101	Glycoprotein	NOA (n=81)	OA or pre-vasectomy (n=93)	ELISA	0.670	(84)
		Azoo (n=137)	Normo (n=64)		0.990	(84)
		Fertile pre-vasectomy (n=64)	Fertile post-vasectomy (n=57)		1.000	(84)
		No sperm retrieval in NOA (n=11)	Sperm retrieval in NOA (n=15)		0.690	(84)
Total uPA	Enzyme	No clinical pregnancy after AI (AIH or ICSI) (n=23)	Clinical pregnancy after AI (AIH or ICSI) (n=23)	ELISA	0.720	(92)
Transferrin receptors	Protein receptors	Azoo (n=25)	Post-vasectomy (n=40)	ELISA	0.630	(97)
$\alpha$ -glucosidase	Enzymatic activity	Azoo (vasectomy) (n=27)	Azoo (testicular defects) (n=33)	Spectrophotometry	0.760	(96)
		Successful vasectomy (n=27)	Unsuccessful vasectomy (n=11)		0.830	(96)
$\alpha$ -glucosidase	Enzyme concentration	NOA (n=14)	OA or pre-vasectomy (n=14)	Immunoblotting	0.610	(125)

Abbreviations: 8-OHdG, 8-hydroxydeoxyguanosine;  $\gamma$ -H2AX, Gamma-H2A.X; AI, Artificial insemination; AIH, Artificial insemination by husband; Astheno, Asthenozoospermic; Azoo, Azoospermia; BAG6, BAG Cochaperone 6; CMA3, Chromomycin A3; CRISP1, Cysteine-rich secretory protein 1; CYP24A1, Vitamin D inactivating enzyme; E2, Estradiol; ELISA, Enzyme-linked immunosorbent assay; FACS, Fluorescence-activated cell sorting; GW, genome wide; HIST1H2BA, Histone H2B type 1-A; H-NMR, Proton nuclear magnetic resonance; HO, hypospermatogenesis; ICC, Immunocytochemistry; ICSI, Intracytoplasmic sperm injection; IUI, Intrauterine insemination; IVF, *In vitro* fertilization; LCFA, Long-chain fatty acids; LC-MS/MS, Liquid Chromatography with tandem mass spectrometry; MA, Maturation arrest; miRNA, MicroRNA; NBT, Nitro blue tetrazolium; NOA, Non-obstructive azoospermia; Normo, Normozoospermic; OA, Obstructive azoospermia; Oligo, Oligozoospermic; ORP, oxidation-reduction potential; PELP1, Proline, Glutamate And Leucine Rich Protein 1; piRNA, piwi-interacting RNA; PMN, Polymorphonuclear Leukocytes; PNA, Peanut agglutinin; PON1, Paraoxonase 1; qRT-PCR, Real-Time Quantitative Reverse Transcription polymerase chain reaction; ROS, Reactive oxygen species; RPL, recurrent pregnancy loss; SCD, Stearoyl Coenzyme A Desaturase; SCO, Sertoli cell only; SDF, Sperm DNA fragmentation; Seq, Sequencing; STI, Sperm toroid integrity; T, Testosterone; TAC, total antioxidant capacity; Terato, Teratozoospermic; TESE, Testicular sperm extraction; TEX101, Testis expressed protein 101; TLDA, TaqMan Low Density Arrays; TUNEL, Terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate-nick end labeling assay; UHPLC, Ultra-High-Performance Liquid Chromatography; uPA, Urokinase-type plasminogen activator.

**FIGURE CAPTIONS**

**Figure 1.** Flowchart of the systematic review.

**Figure 2.** Schematic summary of proposed well-characterized molecular fertility biomarkers in semen with a potential clinical application.

Abbreviations: 8-OHdG, 8-hydroxy-2' -deoxyguanosine; CMA3, Chromomycin A3; Me3, tri-methylation; miRNA, micro ribonucleic acid; NT-proCNP, N-terminal C-type natriuretic propeptide; ORP, oxidation-reduction potential; PELP1, proline-, glutamic acid- and leucine-rich protein 1; piRNA, piwi ribonucleic acid; PON-1, Paraoxonase 1; ROS, reactive oxygen species; SCSA, sperm chromatin structure assay; STI, sperm toroid integrity; TAC, total antioxidant capacity; TEX101, testis-expressed protein 101; TUNEL, terminal deoxy-transferase-mediated deoxy-uridine triphosphate (dUTP) nick end labeling.

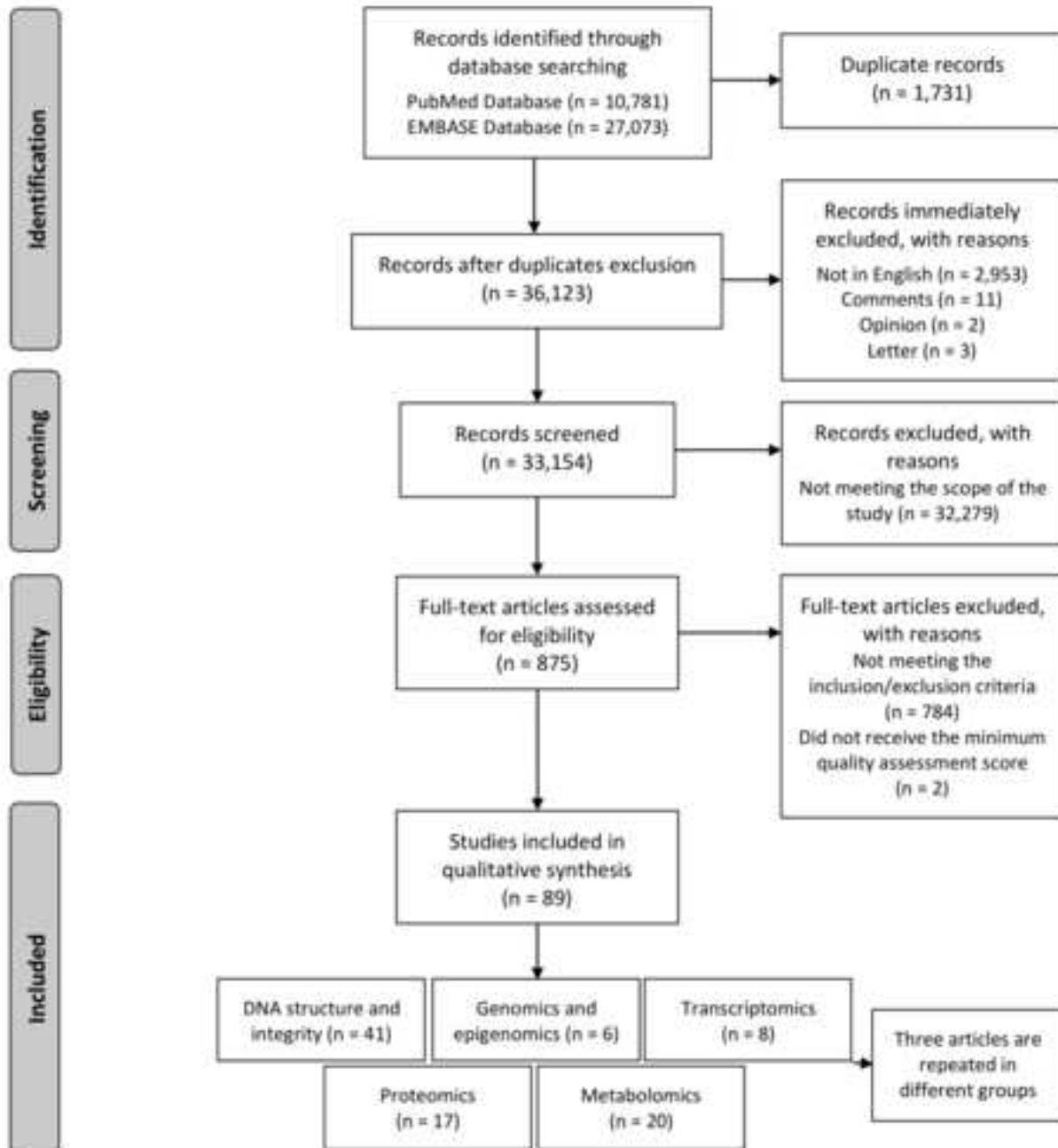
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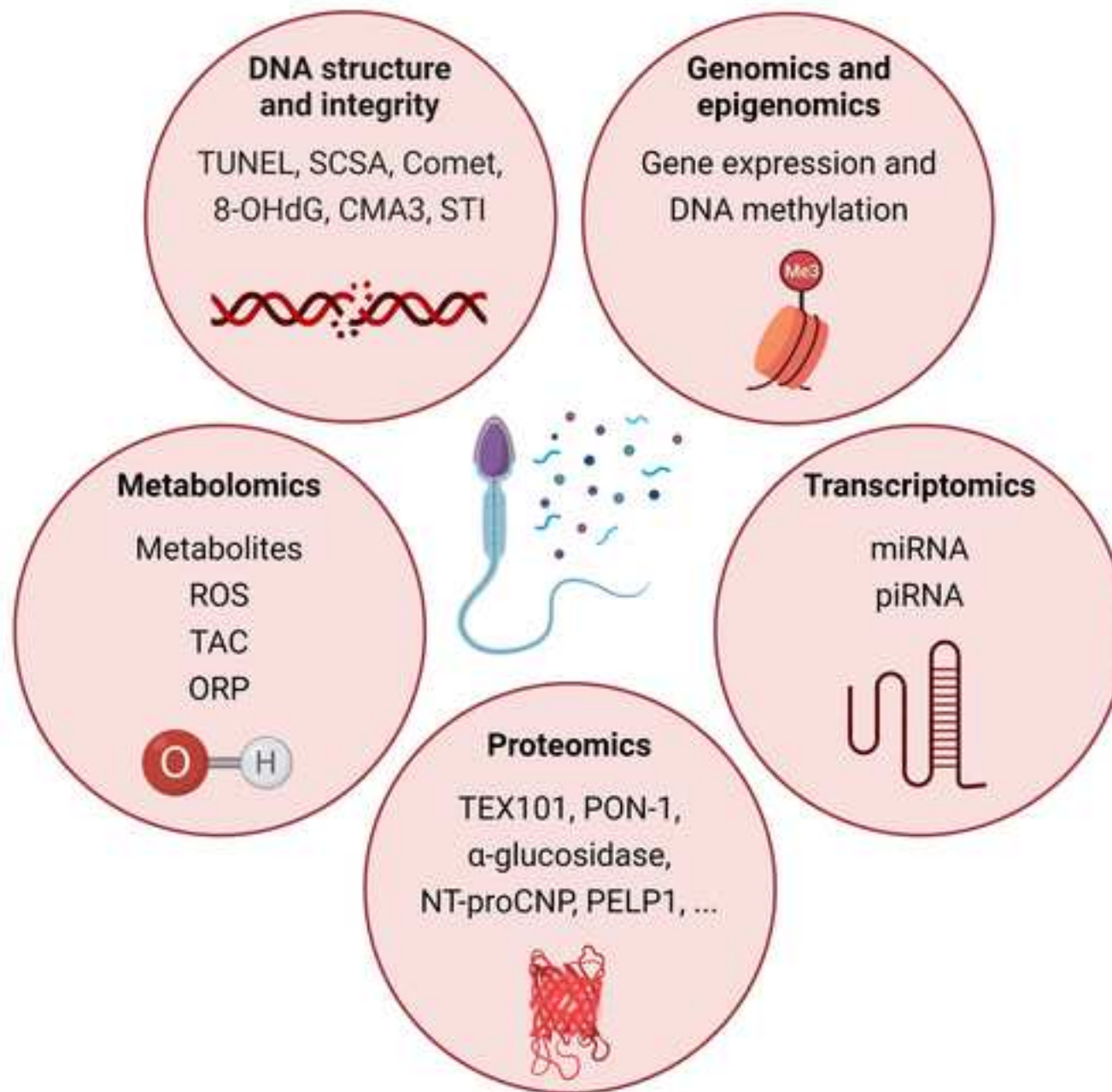
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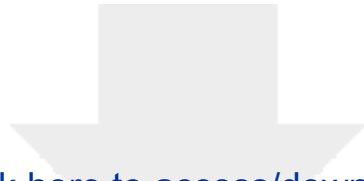
**Supplemental File 1.** Complete search strategy.

**Supplemental Table 1.** PICOS Table.

**Supplemental Table 2.** Studies included in the systematic review.





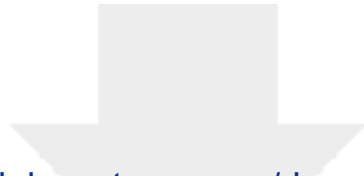


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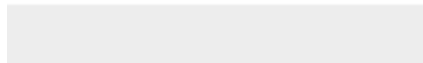


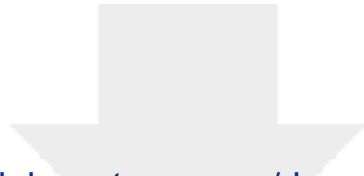


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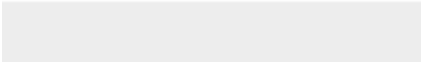
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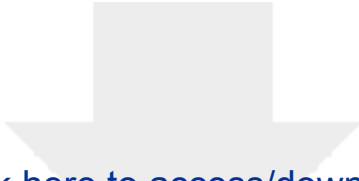




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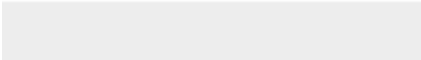


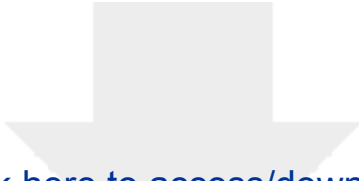


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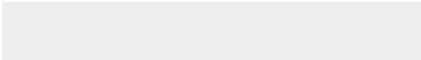


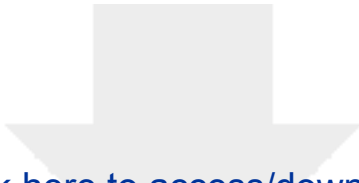


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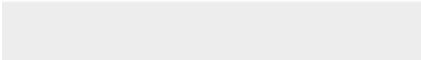




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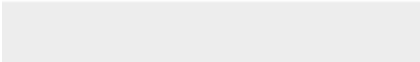
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## STATEMENT OF AUTHORSHIP

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Each author is required to submit a signed Statement of Authorship upon submission. This applies to all submission types including Editorials, Letters to the Editor, etc.

**Date:** January 17, 2022

**Manuscript # (if available):**

**Manuscript title:** A systematic review identifying fertility biomarkers in semen: a clinical approach through -OMICs to diagnose male infertility

**Corresponding author:** Albert Salas-Huetos and Marc Yeste

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### Authors may either sign the same form or submit individually

---

**I am an author on this submission, have adhered to all editorial policies for submission as described in the Information for Authors, attest to having met all authorship criteria, and disclosed all potential conflicts of interest for inclusion on the title page of the submission.**

**Signatures are required - typed signatures are unacceptable.**

Typed or CLEARLY Printed Name:

Marc Llavanera

**Signature:**

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Ariadna Delgado-Bermudez

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Typed or CLEARLY Printed Name:

Albert Salas-Huetos

**Signature:**

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Typed or CLEARLY Printed Name:

Marc Yeste

**Signature:**

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Typed or CLEARLY Printed Name:

**Signature:**

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## PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
<b>TITLE</b>			
Title	1	Identify the report as a systematic review.	1
<b>ABSTRACT</b>			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	2
<b>INTRODUCTION</b>			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	3-4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	3-4
<b>METHODS</b>			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	4-5 and Additional File 2
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	4
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Additional File 1
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	4-5
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	4-5
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	4-5 and Additional File 2
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	Additional File 2
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	5 (quality assessment)
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	N/A
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	4-5 and Additional File 2
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	4-5 and Additional File 2
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	4-5 and Additional File 2
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	4-5 and Additional File 2
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	N/A
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	5 (quality assessment)



# PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A
<b>RESULTS</b>			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	5 and Figure 1
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	N/A
Study characteristics	17	Cite each included study and present its characteristics.	5-17 and Additional File 3
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	N/A
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	5-17 and Additional File 3
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	5-17 and Additional File 3
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	N/A
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	N/A
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
<b>DISCUSSION</b>			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	17-25
	23b	Discuss any limitations of the evidence included in the review.	25
	23c	Discuss any limitations of the review processes used.	25
	23d	Discuss implications of the results for practice, policy, and future research.	24-25
<b>OTHER INFORMATION</b>			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	4 and PROSPERO 2020: CRD42020176417
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	4 and PROSPERO 2020: CRD42020176417
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	4 and PROSPERO 2020: CRD42020176417
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	26
Competing interests	26	Declare any competing interests of review authors.	26



## PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	PROSPERO 2020: CRD42020176417

*From:* Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ* 2021;372:n71. doi: 10.1136/bmj.n71

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